

WINTER RETREAT

February 13th - 17th

arrival day/time can flex slightly for individual needs

OVERVIEW OF EVENTS

THURSDAY EVE ARRIVAL

Group Dinner + Connection + Rooms & Spaces Blessings

FRIDAY

Breakfast + Yoga + Opening & Preparation Circle + Ceremony1 + Dinner + Fire Share

SATURDAY

Breakfast + Yoga + Integration & Preparation Circle + Ceremony2 + Dinner + Fire Share

SUNDAY

Breakfast + Yoga + Integration & Closing Circle + Lunch + Dinner + Fire Share

MONDAY MORN DEPARTURE

Goodbye Coffee & Light Breakfast, Optional

ALL INCLUSIVE COSTS

Two trained and experienced facilitators, all necessary materials, hot tub, sound healing and instrumentation, vinyasa yoga, all food and drink with dietary needs considered, guided meditation, moderated preparation and integration, beautiful and private accommodations, trail excursions, follow up notes and memorabilia, art materials, and more!

- Bunk in Shared Room \$800pp (2 available)
- Queen Bed in Shared Room \$900pp or \$1k if solo (1 available)
- Queen Bedroom w/ Private Bath \$1,200pp (requires 2ppl, 1 available)
 - King Bedroom w/ Private Bath \$1,400pp **BOOKED**

to hold a room, a 50% deposit is required with balance due Friday, January 31st

