

# ENTP (DEVELOPING YOUR CO-PILOT)



### ENTP DEVELOPING YOUR CO-PILOT

Practical Activities to Get Into "Accuracy" (Introverted Thinking)



GOAL: Develop the ENTP Co-Pilot function of "Accuracy."

**Core idea:** The leverage point for all type development is exercising and growing the Co-Pilot function. While it is not the complete picture, it starts the process of growth by avoiding loops and acts as a natural foundation while learning to balance the Co-Pilot with your 10-Year-Old process of Harmony (Extraverted Feeling).

It is not enough to simply use the Co-Pilot function. Like a muscle in the body, it must be stretched out of its comfort zone and progressively pushed to become stronger.

## A note on Accuracy (Introverted Thinking):

As a function designed to understand deeper truths, Accuracy shifts our focus from obvious assumptions to deeper analysis. The systems that govern our lives are complex and require more than a passing judgment. They require deductive reasoning, defining, categorizing, and weighing odds and risks. What we think we know changes as new information is introduced, and ground frequently has to be revisited. Whether it's learning a new skill or model, tinkering with mechanics or contemplating existence, we all need core principles, frameworks, and leverage to gain expertise.

Many people take these for granted and may find the depth of the ideas hard to grasp. That's why it's so crucial for people who have a strength for Accuracy to develop it.

	Action 1: Listen to the "Developing Your Co-Pilot" recording in your Personality Development Starter Kit Toolbox.
	Action 2: Implement exercises and activities below to activate Accuracy.

## **Exercise #1: "Steelman" the other side of an argument.**

To "steelman" is to look for the strongest elements of your opponent's argument. Find a subject you tend to disagree with others about and seek all the points you find strong and persuasive. You may do this as inner dialogue (argue with yourself). If you are engaged in a debate with another person, communicate these strengths before you counter them with your own perspective.

Ask yourself how finding common ground alters your opinion and if your belief is more balanced in any way.

# **Exercise #2: Integrate a new mental model.**

Personality typology is a mental model that helps organize information. Continue to look for ways to apply this system, or how information beyond your personal identity can be organized into it. You can also add other typology systems, or learn the discipline of systems thinking.

# **Exercise #3: Build a new skill through self-competition.**

Is there a skill you've been wanting to pick up or improve upon? Use self-competition to increase your proficiency. It can be a physical or mental skill (e.g. chess or tennis). Look for leverage points and try to improve your capacity by at least 5% each day.

	Action 3: Use the journal prompts below to take control of your personal relationship with Accuracy (Introverted Thinking).			
[Journal prompt] List your current relationship to Accuracy.				
The tale	ents Accuracy can give me are:			
The wa	ays I usually use Accuracy are:			

I'm going to develop Accuracy more by:	
List three ways you can start growing your Accuracy process today	y:

### **Co-Pilot Growth**

Accuracy is one of the highest leverage points for growth in your personality. It encourages an ENTP to be honest, transparent and not overly influenced by relationships to determine beliefs and truths. Here are some ways that an ENTP can phrase questions using their Accuracy process:

- Can I improve my thinking to become more clear and consistent?
- How can I deepen my expertise in a subject or skill?
- What are the core principles I use to determine the majority of my decisions?

As an ENTP, your Accuracy process can help you make a real impact on your world.