

Co-Parents...

If my daughter asks to spend time with her dad on MY time...

I will say Yes.

If my daughter asks to call her dad at 8am on the way to school because she is thinking about him...

I am going to dial his number, so she can talk with him.

If my daughter asks me to send her dad a photo of the Oreo ice cream sandwiches that we have so he can buy them for his house...

I'm going to send him a picture, so she can have her favorite treat when she is there.

If my ex asks me to send him a photo of our daughter on my weekend because he is missing her...

I will, without hesitation.

There are days when children need certain parents.

Some days children need to hear the voice of their mom or dad.

Some days only one parent can empathize with what the child is going through.

Children should never be involved in grown up relationships.

They should never get anxiety about speaking about one parent in front of the other.

They should never feel like they missed a big event or big party or fun activity because one parent was choosing to punish another because of an adult issue they can't resolve.

There is no room for spite in this situation.

The children are more important.

If you're thinking "Well I can't do that...because they did X, Y, or Z to me..."

Listen...

The goal is to be adults for the children.

The goal is that the child has a great life.

Which means, sometimes, we have to put our ego... and differences... and heartache...and hurt aside so that can happen.