

Side Trip Side Trip Side Trip

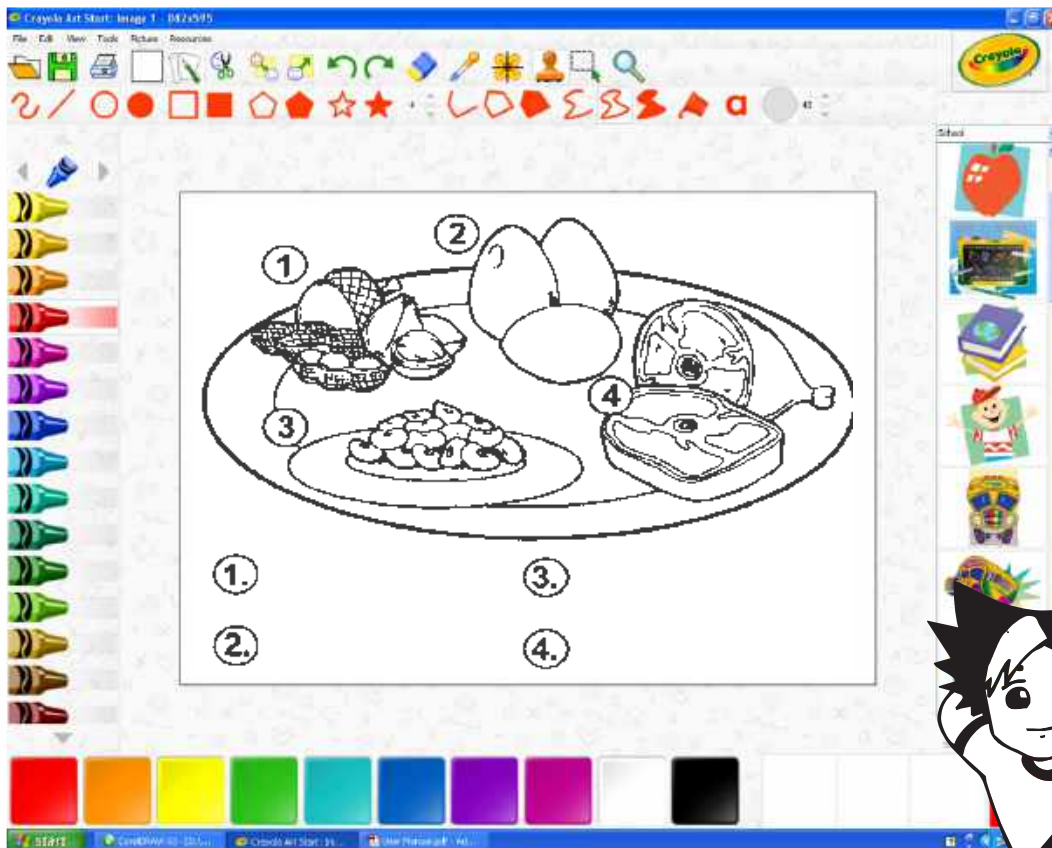


Growing Fast

Your body needs foods to grow and change. Different foods help your body in different ways. The grow foods help you grow. They are body building foods that help build your muscles. These foods are rich in protein, vitamins and minerals.

Directions: Look at the foods which belong to the Grow group. Identify each one of them and color too. Use the Text tool to type in the names; make use of the Paint Bucket to color the foods. Complete the activity in Crayola.

Preview:



Save the file as **GROWINGFAST**.