

What the deck? Why are people obsessed with tarot card reading?

Although it is impossible to foretell the future, many are willing to do the same in one way or another. Despite the fact that people who do it are misleading, we are still willing to get some “reliable predictions.”

Surprisingly, people have developed a number of creative ways of attempting to get information about the future, each of which has a name. One of those ways is the reading of Tarot cards.

Tarot card reading is a type of “cartomancy” in which practitioners are said to be able to predict the past, present, or future. They create a question first, then deal out cards to answer it.

A standard Tarot deck contains 78 cards divided into two sections: the Major Arcana and the Minor Arcana (“Arcana” comes from the Latin word for “Mysteries,” so “the Greater Mysteries” and “the Lesser Mysteries”). The Major Arcana traditionally consists of twenty-two cards, numbered 0-21, and in many modern decks, this numbering starts with the Fool and ends with the World (some earlier decks place the Fool after the World, or alternately between the last two cards of the Major Arcana). The Minor Arcana is divided into four suits, similar to a playing deck, with suits of Cups, Coins (also known as Pentacles and Discs), Swords, and Wands (also known as Rods and Staves). There are ten numbered cards (1-10) and four court cards in each suit: Page, Knight, Queen, and King (variations of these are common in decks.)

What is the buzz?

As a tool to aid decisions

Common reasons for consulting a fortune teller are to receive some sort of assurance regarding the uncertainties of the future. Especially during the fast paced changes in society, people are anxious to face reality. To aid their decisions, people put their trust in fortune tellers, in this case, tarot card reading.

Tarot card reading is primarily based on our interpretation of the cards. Assume a COVID vaccine recipient who is anxious decides to consult a deck of tarot cards. If he receives the death card on his first pick, they might think negatively. However, if they proceed to pick the second and third time and receives the health and strength cards, they may believe that receiving the vaccine will improve their health and strength, reducing their chances of death.

As a therapy

You would visit a counsellor or therapist. Some individuals follow the same schedule with a teller. It is thought that a fortune teller can assist with mental health concerns by teaching one how to manage and control their emotions. Some people also seek help for their marriages or to solve family problems.

Tarot cards or not

Tarot cards do not foretell the future. However, reading them may assist you in determining yours. But most importantly, to avoid becoming caught up in “reassurance-seeking”, a change in perspective, a readiness to experience uncertainty, and the acceptance of doubt and its discomforts are important.