

Estonia Long-Term Care A Cluster Analysis

DAT-DC-10 PROJECT

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This project will attempt to identify groups of elderly by care needs, and mental/physical health to aid policy on health services provisions

CONTEXT

- Among its population, the elderly in Estonia are amongst the most vulnerable.
- Due to declining fertility rates, Estonia will age and its already small population is projected to shrink.
- Current long-term care for the elderly are minimal, and most elderly rely on informal care through family and relatives.
- Compared to elderly in other EU countries, mental and physical health scores are low.

Technical

Data: Survey of Health, Ageing and Retirement in Europe (SHARE)

- Type of elderly care
- Household characteristics
- Costs
- Disabilities

Sample: Population 65+ and their families.

Methods: Using clustering techniques can aid in the development of efficient strategies for servicing the elderly and caring for the mental and physical health needs.