Data Exploration through Tableau
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Data Set Link:

https://public.tableau.com/views/StarbucksDrinksInformationv1_0_2/Sheet1?:language=en-US&:display_count=n&:origin=viz_share_link

Observation 1: WIth coffees from starbucks whether they be roasted or not and their sizes, have one of the lowest calorie counts. FOr example a Black coffee roast has only 5 calories for a veinte which is Starbucks "large". A majority of teas from starbucks are low or zero calories meaning having a tea drinks from starbucks will have a low impact in your food consumption

Observation#2: Drinks that were of the frappuccino variety contained a large amount of calories in them in addition to drinks that contained chocolate in them. So if you want to have a drink with chocolate or of the frappuccino variety, it is best know that it will drastically increase one's daily calorie count.

Observation 3: Drinks that can be gotten in the trenta size seem to be drinks of the iced tea ,lemonade and iced coffee variety as they seem to be simple drinks that could be made.

Observation 4: Large serving sizes mean there will be a large amount of calories a drink contains unless they are from straight tea or coffee varieties.

Observation 5: Sodium content in a drink played a major role in calorie content for most drinks, where drinks that contained a moderate amount of sodium tended to have a larger calorie count than drinks with lowered sodium content.