# PROFESSIONAL PROFILE

A self-motivated and highly focused team player with a broad range of experience gained whilst undertaking a number of roles within pharmacy and business project management. Proven organisational and communication skills rounded of by a desire to pursue a career, which will continually provide challenges, facilitate professional and personal development and promote career progression based on performance.

**EDUCATION AND COURSES**

**Independent prescribing course (IPresc)** *University of Manchester, Oct 2020-Feb 2021*

**GCP Training course** *Royal Marsden Hospital, Chelsea Dec 2018*

**PRINCE2 Project Management** *Westminster Business School, London 2018*

**GMP, GCP Training course** *Guys and St Thomas’ Hospital 2014*

**NHS Project Management Course** *Central and North West London NHS Trust 2013*

**Clinical Diploma in General Pharmacy** *UCL School of Pharmacy 2009-2012*

**Practice (PG Dip GPP)**

**Master of Pharmacy MPHARM (2.1)** *UCL School of Pharmacy 2003-2007*

**A-Levels Biology Chemistry Physics**

**Psychology (AABA)** *Woodford County High (Grammar school)*



# CAREER EXPERIENCE AND OVERVIEW

* + Worked as an EPMA pharmacist building drug protocols and cycles on chemocare for cancer drugs
  + Analysed and reviewed data that was originally added to a previous programme used at the trust and transferring information to chemocare
  + Liaising with members of the team and holding meetings
  + Creating and using spreadsheets to monitor work and forecast task completion
  + Planning and co-ordinating tasks, people and resources to complete business projects on time and on budget.



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* + Responsible for release of unlicensed medicines received at Guys and St Thomas’ hospital after ensuring they are of acceptable quality and have been received with a certificate of analysis/conformance stating that they have been manufactured to GMP standard.
  + Technical/medical writing experience of oncology drug monographs with additions/amendments where

required.

* + Review of clinical trial documentation, quality assurance check of labels. Checked clinical trial medication
  + against trial folders ensuring that all required parts are dispensed correctly
  + Validation and quality systems implementation and maintenance.
  + Support change control and new product development work
  + Support for and co-ordinate quality investigations i.e. CAPA/complaint handling and root cause investigations into non-conforming products
  + Significant experience in interviewing, hiring and managing staff which were key to the launch of the business.
  + Managing busy oncology, parenteral nutrition and clinical trials units and ensuring the work is carried out by the team members quickly and accurately.
  + Responsible for the day-to-day provision of clinical services to both in-patients, out-patients and chemotherapy day unit.
  + Contribution to the oncology multidisciplinary teaching, guideline development and clinical audit to actively manage risk and maintain high standards of care.
  + Educating pharmacists and medical students rotating into oncology role on the local and national
  + protocols used for treatment of solid tumors.

# EMPLOYMENT HISTORY

10/2021- Present **PCN Clinical pharmacist** *Virtual Pharmacist Cygnet*

05/2021- 10/2021 Maternity leave

11/2020- 05/2021 **EPMA Chemocare Pharmacist** *Princess Alexandra Hospital*

* + - * + Building drug protocols and cycles on chemocare
        + creating spreadsheet to filter work
        + Working as a project manager in ensuring the deadlines for project are met
        + Liaising with team
        + Understanding of blueteq drugs and national drugs fund and how it applies to the trust

01/2020- 11/2020 **Senior Clinical pharmacist** *Mayfair Health Clinic, London*

* prescribing advisor for psychiatrists working at the clinic
* delivering effective medicines optimisation within intermediate care and the community
* undertake clinical medication review, provide advice on medicine usage and deliver education and support to maximise patient’s independence with medicines.
* Responsible for the drugs budget for the clinic and advising psychiatrists about high cost drugs and changing to alternative where possible
* Awareness and understanding of ICS systems across different geographical areas

11/2018- 01/2019 **Clinical Trials Pharmacist** *Royal Marsden Hospital, Chelsea*

|  |
| --- |
| 01/2018-11/2018 Maternity Leave    07/2017- 12/2017 **Paediatric Parenteral Nutrition Pharmacist** *GOSH, London* |

* Final checked tpn bags for nicu patients
* Calculated nutrition requirement for children who may be at risk of refeeding syndrome.
* Clinical checks of drug charts and medication doses prescribed on the children’s ward
* Attended nutrition ward rounds with consultant and multidisciplinary team

06/2016-06/2017 **Project Manager**, *Amazing Tutors* *Londonderry Ireland*

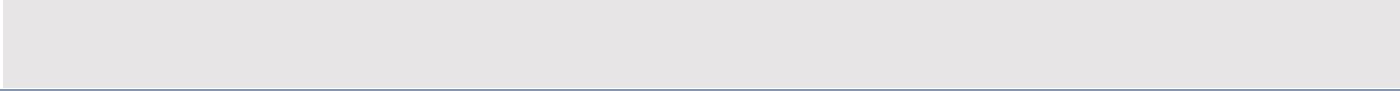
* Responsible for company website creation, marketing and logo design.
* Successfully running a pilot for the business
* Interviewing hiring and managing staff
* Teaching pharmacy students on how to perfect exam technique



03/2016-04/2016 **Quality Assurance Pharmacist (Locum)**,*Barts Health Pharmaceuticals*



* KPI and Quality Matrix
* Assist with Quality management systems and compliance



09/2015

-

02/2016

**Career Break**

**-**

**Travelling**

Travelled around Middle East, United States, Canada and the Far East

02/2015-08/2015 **Production Pharmacist, Guys** *and St Thomas’ Hospital*

* Final releasing batches of creams prepared by the non-sterile team
* Monitored production activities and ensured compliance with GMP.

01/2014-02/2015 **Quality Assurance Pharmacist (Locum)**, *Guys and St Thomas’ Hospital*

* Final releasing aseptic batches on a daily basis after satisfactory assessment of its quality, satisfactory quality
* Conducted regular log meetings with the principal technicians in Aseptics, PNU, CIVAS and radio pharmacy and discussing any exceptions/deviations and reviewing data on a regular basis and assessing procedural changes required.
* A point of contact for any defects, complaints or any other issues related to medicines received at Guys hospital and assist in the complaints procedure with various companies.
* Assistance in training of the rotational band 7 pharmacists coming into the Quality Assurance department.

11/2013-01/2014 **Clinical Trials and Outpatients Pharmacist (Locum),** *Barts Health NHS Trust*



* Review of clinical trial folders, ensuring that all documentation for the dispensing of trials are in place
* Final checking dispensed clinical trials
* Liaising with health professionals and the company ensuing that trial information is available to all

02/2013-10/2013 **Oncology Pharmacist (Locum),** *Royal Free NHS Trust*



* Amending and updating chemotherapy drug monographs for aseptic manufacture
* Conduct internal audits and completion of standard operating procedures for the department
* Final release of chemotherapy drugs based on patient’s body surface area and in accordance with local protocols.

01/2013-02/2013 **Chemotherapy Pharmacist (Locum),** *Royal Marsden NHS Trust Sutton*



* Final releasing chemotherapy drugs reconstituted in the unit
* Final releasing chemotherapy clinical trial medication reconstituted in the unit

11/2010 - 01/2013 **Specialist Mental Health Pharmacist,** *St Charles hospital London CNWL*



* Participation in multi-disciplinary ward rounds with regular interventions in complex cases and drug dose titrations
* Present in teaching sessions for nursing, pharmacy and medical staff

09/2008-10/2010 **STEP Pharmacist,** *University Hospital Lewisham*



* Rotational pharmacist gaining experience in mental health, paediatrics, general medicine, old age wards and within dispensary, medicines information and aseptics
* Mentored pre-registration students, medical students and pharmacy students on clinical skills in Admissions and
* Surgical ward

10/2009-03/2010 **Gastrosurgery and TPN Pharmacist,** *Guys and St Thomas NHS Trust*

* Participation in multidisciplinary nutrition ward rounds prescribing TPN based on patient’s requirements
* Final releasing TPN for children and adults at the Guys aseptic unit

08/2007-08/2008 **Pre-registration Pharmacist,** *Royal Free Hospital NHS Trust*

# PERSONAL DETAILS

**Languages** Fluent in English, Urdu and Punjabi. Enjoy learning languages such as French, Italian and

Arabic.

**Driving licence** Full, clean UK driving license

**Memberships** Member of Medical Science Liaison Association

**Interests** Setting up businesses; studying and analysing commodities and forex markets. Travelling, bikram yoga, gym and occasional charity work

***REFERENCES ARE AVAILABLE ON REQUEST***