

# Engagement Survey Technical Report

Eagle I.O

Most recently updated 2021-06-01



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# Home



This is a report that documents the technical details regarding the development of the Eagle I.O Engagement survey.

This report was written with `bookdown` [Xie, 2021a] within `rMarkdown` [Allaire et al., 2019] using R version 4.0.5 [R Core Team, 2021].



# Chapter 1

## Introduction



### 1.1 Definitions of Engagement

The roots of employee [aka work; e.g., Schaufeli and Bakker, 2010] engagement research likely started with theoretical expansions of forms of employee participation [see, for example, Ferris and Hellier, 1984] and job involvement [e.g., Elloy et al., 1991]. This exploration extended into broader considerations of attitudes and emotions [Staw et al., 1994] and were informed by further exploration of the dimensionality of constructs such as organizational commitment [Meyer and Allen, 1991]. The 1990's saw focused development and refinement [for example,

a dissertation; Leone [1995] or actual semantic reference; Kahn]. Staw et al. [1994] investigated the relationships between *positive emotions* and favourable work outcomes, and although they do not use the word, “engagement”, their distinction between felt and expressed emotion was likely a stimulating influence upon the burgeoning interest in the engagement construct. Gallup is also widely acknowledged as an early pioneer in the measurement of the construct [see, for example, Coffman and Harter, 1999].

- Personal engagement: Personal engagement is described as the employing or expressing of oneself physically, cognitively, and emotionally during work role performances. When engaged, an employee is understood to be physically involved, cognitively vigilant, and emotionally connected [Kahn].
- Engagement/Burnout: Burnout is defined as a psychological syndrome characterized by exhaustion, cynicism, and inefficacy, which is experienced in response to chronic job stressors. Engagement is understood to be the direct opposite of burnout and exist on a continuum—with engagement on one end and burnout on the other. Exhaustion (low energy), cynicism (low involvement), and inefficacy (low efficacy) are characteristic of burnout; whereas, high energy, high involvement, and high efficacy are characteristic of engagement (Maslach and Leiter, 1997) [Leiter and Maslach].
- Work engagement: Work engagement refers to a positive, fulfilling, work-related state of mind that is characterized by vigor, dedication, and absorption. Vigor is characterized by high levels of energy and mental resilience while working. Dedication refers to being strongly involved in one’s work and experiencing a sense of significance, enthusiasm, inspiration, pride, and challenge. Absorption is characterized by being fully concentrated and happily engrossed in one’s work, whereby time passes quickly and one has difficulties with detaching oneself from work [Schaufeli et al.] - The Utrecht Work Engagement Scale (UWES), a self-report questionnaire first developed by Schaufeli and Bakker (2003) [Schaufeli and Bakker, a] includes the three aspects of work engagement: vigor, dedication, and absorption. - we have to make note of how we are different from this!
- Employee engagement: Employee engagement refers to the “individual’s involvement and satisfaction as well as enthusiasm for work” [Harter et al., b] Work engagement is the mental state where employees...
  - ...feel full with physical energy (**Vigor**)
  - ...are enthusiastic about the content of their work and the things they do (**Dedication**)
  - ...are so immersed in their work activities that time seems to fly (**Absorption**)

The tripartite substantive model of employee engagement is also partially informed by the definitions provided with the Utrecht Work Engagement Scale [Schaufeli and Bakker, c].

# Chapter 2

## Instrument creation



### 2.1 Intended Structure

At some point we decided to attempt an *a priori* bi-factor structure, whereby each of the substantive dimensions (Dedication, Vigor, and Absorption)<sup>1</sup> could further be deconstructed into the attitudinal elements of Cognition, Affect, and

---

<sup>1</sup>We also discovered at this point that some contagious agent has infiltrated the minds of people working on this project, such that the word, “absorption” confounds our spelling abilities, and roughly 50% of the time ends up being spelled (misspelled?), “absorbtion”...

Behavior [see, for example, Eagly and Chaiken, Rosenberg, 1960].

Through item-writing and revision, it began to dawn on us that the substantive elements may already reflect the Cognition (Vigor), Affect (Absorption), and Behavioral (Dedication) dimensions. As of August, 2020, however, we could not locate a source article that made this potential confound explicit, so we persisted through crafting items that reflected cognitive, affective, and behavioral indicators of each substantive dimension.<sup>2</sup>

The most relevant acknowledgement of this potential confound was made by Schaufeli et al. (pp. 74-75):

Hence, engagement is defined as a positive, fulfilling, work-related state of mind that is characterized by vigor, dedication, and absorption. Rather than a momentary and specific state, engagement refers to a more persistent and pervasive affective cognitive state that is not focused on any particular object, event, individual, or behavior. *Vigor* is characterized by high levels of energy and mental resilience while working, the willingness to invest effort in one's work, and persistence even in the face of difficulties. *Dedication* is characterized by a sense of significance, enthusiasm, inspiration, pride, and challenge. Instead of involvement we prefer to use the term dedication. Although, involvement – like dedication (see above) – is usually defined in terms of psychological identification with one's work or one's job (Kanungo, 1982; Lawler and Hall, 1970), whereby the latter goes one step beyond, both quantitatively as well as qualitatively. In a qualitative sense, dedication refers to a particularly strong involvement that goes one step further than the usual level of identification. In a qualitative sense, dedication has a wider scope by not only referring to a particular cognitive or belief state but including the affective dimension as well. The final dimension of engagement, *absorption*, is characterized by being fully concentrated and deeply engrossed in one's work, whereby time passes quickly and one has difficulties with detaching oneself from work.

The survey is intentionally complex in terms of item and scale associations. There are three substantive engagement dimensions as well as three attitudinal dimensions, and item cross-loadings are intended to fully exhaust the 3 x 3 conditions (e.g., each item loads on one substantive and one attitudinal dimension):

Substantive	Attitudinal
Dedication	Affective
Absorption	Behavioral

---

<sup>2</sup>We did, however, find some criticisms of the tripartite model of attitudes as originally specified by Rosenberg [1960], although there has also been a recent attempt to reintroduce and improve upon the original model [Kaiser and Wilson, 2019] as well as repurposing of the framework as a *process* [e.g., thoughts and feelings leading to behavior; Pachankis [2007]].

Substantive	Attitudinal
Vigor	Cognitive

The feedback report uses the terms, “feel”, “do”, and “think” instead of the Psychological literature-based affect, behavior, and cognition.

## 2.2 Item generation

After content validation but prior to settling on 4 candidate items per 3x3 condition, there was a dearth of items within some of the Affective, Cognitive, or Behavioral item groupings. We generated additional candidates at this point and have these items located here (Montclair State University e-mail needed to access). It was from this larger list of (reduced) candidate items that the 36 pilot candidates were identified (and in some cases modified, edited, or otherwise further crafted)

## 2.3 Content Validation

7 Eagle I.O consultants were twice instructed to place each of 34 items into one of three categories: Absorption, Dedication, or Vigor, and Cognitive, Affective, or Behavioral. Instructions asked each rater to:

INSTRUCTIONS: Place an “X” in the column that you feel is the best fit for each item (only one “X” per row please)

The substantive scale definitions provided for ratings were:

- *Absorption*: Being fully immersed in one’s work, where time passes quickly and one has difficulty detaching from work tasks
- *Vigor*: Experiencing persistent levels of energy, effort, and enthusiasm while working
- *Dedication*: Experiencing pride and challenge in ones work, as well as strong feelings of support from and loyalty toward the organization

The attitudinal scale definitions were:

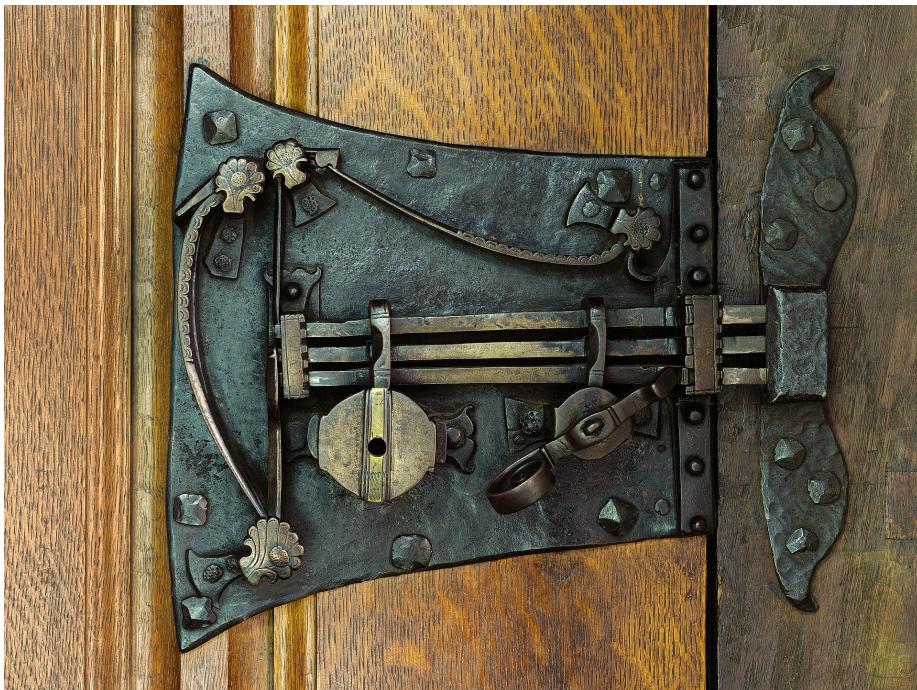
- *Cognitive*: Pertaining to thoughts or general mental processes (for example what someone thinks)
- *Affective*: Pertaining to feelings or emotions (for example, how someone feels)
- *Behavioral*: Pertaining to acts or actions (for example, what someone does)

The goal was to identify item(s) that were equally and heavily implicated with one substantive and one attitudinal scale.



# Chapter 3

## Procedure



### 3.1 Pilot

The pilot administrations consisted of 36 items that were presented in one of four administration groupings (see Appendix B): 1) within substantive dimension (attitudinally grouped [but randomized within blocks of 4]), 2) within attitudinal dimension (substantively grouped [but randomized within blocks of 4]), 3)

within substantive dimension (randomly distributed by attitude), and 4) within attitudinal dimension (randomly presented by substance).<sup>1</sup>

The four “experimental” conditions therefore prioritized and reflected the 3x3 groupings *or* one of the organization schemes (cognitive, affective, and behavioral *or* dedication, absorption, and vigor).

We chose to control the order of item administration because of our *a priori* specification of a bi-factor structure, with the expectation that item ordering would serve as a response cue, yielding stronger factor structural support based on the organization scheme.

### 3.1.1 Sampling strategy (pilot)

The pilot sampling strategy consisted of snowball (aka referral) sampling as well as questionnaire posting within social media platforms (LinkedIn and facebook). The pilot goal was to reduce the final instrument from 36 candidate items (4 per “cell”) to 18 retained items (2 per “cell”). We hoped to obtain about 250 total responses viable for analysis.

The launch was informed by research looking at different “days of the week” and their effectiveness regarding response rate. This was both commercial as well as academic [e.g., Anseel et al.].

Eagle I.O members sent a template email asking working adults to take the survey and forward it to family and friends who also qualify as participants. Eagle I.O members were also tasked with reaching out to other students, alumni, friends, and family through the following:

- Facebook post on MSU I/O group page
- LinkedIn profiles of all Eagle I.O members
- Email first and second year students directly
- Email MSU alumni directly
- Email I/O professors
- Mentors reached out to mentees individually
- Survey was posted on the Eagle I.O webpage

#### 3.1.1.1 Pilot analyses

A Confirmatory Bi-Factor Analysis will be performed to determine the best candidate items for the final assessment.

---

<sup>1</sup>Decision was made on 10/13 to have the order of presentation *randomized* within each of the broader organization blocks (for example, Condition 3: all Affective, Cognitive, and Behavioral Absorption items were randomly administered, then all ABC Dedication items, etc [although DAC was also randomized by block such that not every respondent had the same DAC ordering])

## 3.2 Demographic Information

These are to be included in future administrations in an attempt to develop marketable norms:

- Employees who work overtime vs. those who do not
- Employees who get paid for overtime vs. those who don't receive compensation for extra hours worked<sup>2</sup>

---

<sup>2</sup>I was thinking about this because at my job I have been working 12+ hours some days yet I do not get overtime pay. Not sure if this would work for what we are doing and I know my work experiences are not universal (nor should they be) haha!



# Chapter 4

## Analyses



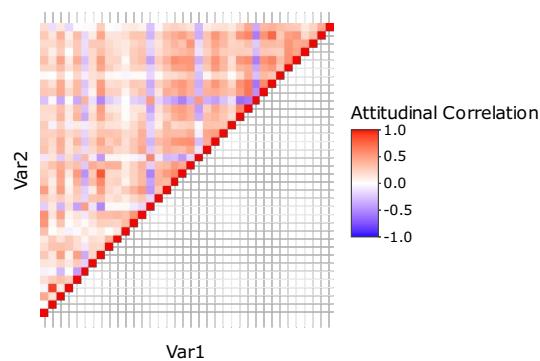
### 4.1 Pilot analyses

282 people responded. We may want to further screen these 282 responses for short response durations. According to communications with Qualtrics in early December, this is the number of seconds to complete the entire survey. Currently, the “number of people who clicked on the assessment link (330)” versus valid  $n$

(282) may take care of our very low duration respondents. The shortest response duration in the 330 datafile is 101 whereas the lowest in the 282 datafile is 43. All analyses were performed via R version R version 4.0.5 (2021-03-31) [R Core Team, 2021].

### 4.1.1 Classical test theory

In addition to the below interactive plot [via `plotly` version 4.9.3; Sievert et al. [2021]], a full inter-item correlation matrix is located in Appendix C.



```
## Some items ( I find it difficult to mentally disconnect from work. ) were negatively
## probably should be reversed.
## To do this, run the function again with the 'check.keys=TRUE' option
```

#### 4.1.1.1 Internal consistency estimates

Condition 1 administered items within the substantive dimensions (with successive randomized blocks of Cognitive, Affective, and Behavioral items). Condition 2 administered items within the attitudinal dimensions (with successive randomized blocks of Absorption, Vigor, and Dedication items). Condition 3 stressed the substantive dimensions (with items fully randomized regardless of attitudinal association). Condition 4 stressed the attitudinal dimensions (with items fully randomized within attitudinal dimension regardless of substantive scale association, see Chapter 3.1 and Appendix B). All internal consistency estimates were generated via `psych` version 2.1.3 [Revelle, 2021]. Alphas for the candidate 12-item scales were:

Dimension	Undifferentiated	Condition 1	Condition 2	Condition 3	Condition 4
Affective	0.87	0.88	0.84	0.88	0.87
Behavioral	0.79	0.73	0.84	0.76	0.87
Cognitive	0.81	0.79	0.85	0.8	0.87
Absorption	0.74	0.72	0.77	0.72	0.87
Vigor	0.85	0.8	0.88	0.84	0.87
Dedication	0.9	0.9	0.91	0.91	0.87

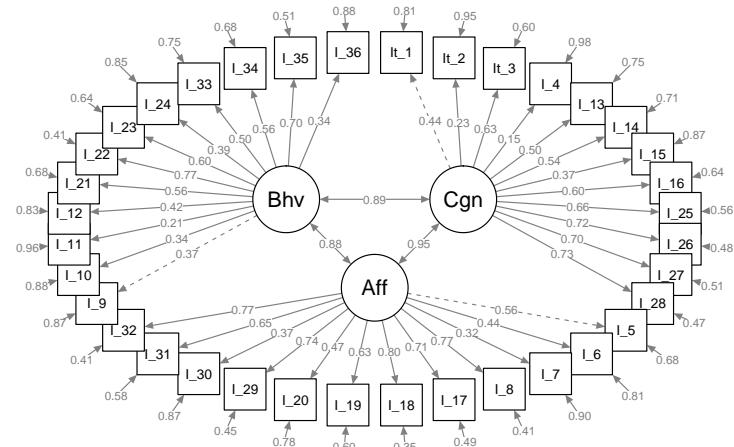
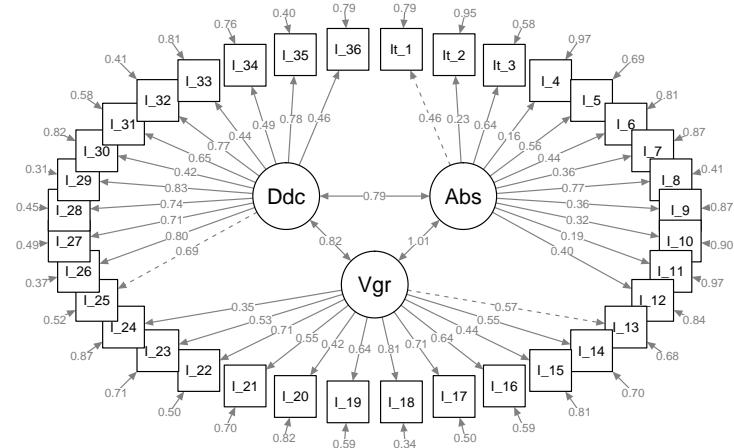
“Cell” level alphas (4 items each scale, responses collapsed across administrative conditions) were:

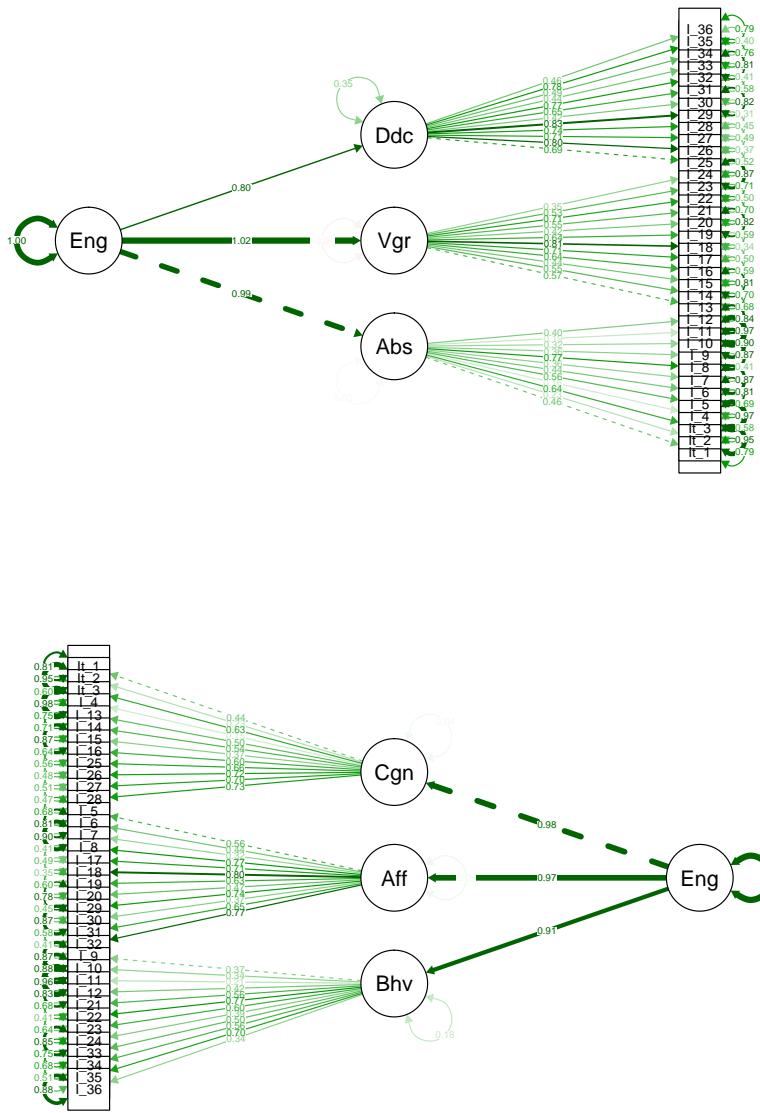
Cell	Alpha
Affective - Absorption	0.66
Affective - Vigor	0.71
Affective - Dedication	0.75
Behavioral - Absorption	0.56
Behavioral - Vigor	0.7
Behavioral - Dedication	0.64
Cognitive - Absorption	0.59
Cognitive - Vigor	0.62
Cognitive - Dedication	0.83

Corrected item-total correlations are presented in Appendix D

#### 4.1.2 Confirmatory factor analyses

We used `lavaan` version 0.6.8 [Rosseel et al., 2021] and `semPlot` version 1.1.2 [Epskamp, 2019]





Model	$\chi^2$	df	RMSEA	SRMR	CFI	TLI	AIC
3-factor substantiv	2159.21	591	0.11	0.1	0.64	0.62	25481.97
Hierarchical substantiv	2159.21	591	0.11	0.1	0.64	0.62	25481.97
3-factor attitudinal	2318.92	591	0.11	0.1	0.6	0.58	25641.68

Model	$\chi^2$	df	RMSEA	SRMR	CFI	TLI	AIC
Hierarchical attitudinal	2318.92	591	0.11	0.1	0.6	0.58	25641.68

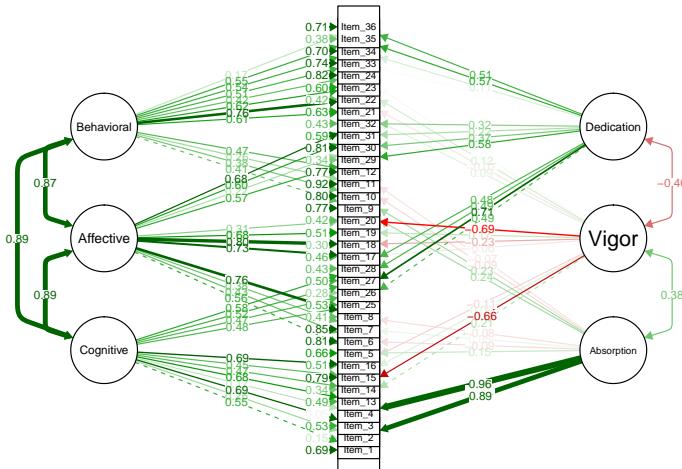
#### 4.1.2.1 Multigroup analyses

- using experimental condition as “multiple groups” (measurement invariance)

#### 4.1.2.2 Bifactor analyses

bifactor analysis are most commonly applied in the exploration of common method variance [see, for example, Reise, Rodriguez et al.]. Giordano et al. provide an overview regarding past and potential applications of *exploratory* bifactor analysis and cite Reise as an influential impetus for the resurgence of bifactor models in general.

#### Initial pilot bifactor analysis (36 candidate items)



```
## lavaan 0.6-8 did NOT end normally after 820 iterations
## ** WARNING ** Estimates below are most likely unreliable
##
## Estimator                               ML
## Optimization method                     NLMINB
## Number of model parameters              114
## 
## Used                           Total
## Number of observations                239   282
```

```

##  

## Model Test User Model:  

##  

## Test statistic NA  

## Degrees of freedom NA  

##  

## Parameter Estimates:  

##  

## Standard errors Standard  

## Information Expected  

## Information saturated (h1) model Structured  

##  

## Latent Variables:  

##  

## Estimate Std.Err z-value P(>|z|)  

## Cognitive =~  

## Item_1 1.000  

## Item_2 0.516 NA  

## Item_3 1.090 NA  

## Item_4 0.353 NA  

## Item_13 1.130 NA  

## Item_14 0.838 NA  

## Item_15 0.798 NA  

## Item_16 1.098 NA  

## Item_25 0.988 NA  

## Item_26 0.909 NA  

## Item_27 1.080 NA  

## Item_28 0.999 NA  

## Affective =~  

## Item_5 1.000  

## Item_6 0.656 NA  

## Item_7 0.475 NA  

## Item_8 1.242 NA  

## Item_17 0.933 NA  

## Item_18 1.372 NA  

## Item_19 1.044 NA  

## Item_20 0.536 NA  

## Item_29 0.841 NA  

## Item_30 0.381 NA  

## Item_31 0.724 NA  

## Item_32 1.063 NA  

## Behavioral =~  

## Item_9 1.000  

## Item_10 1.109 NA  

## Item_11 0.572 NA  

## Item_12 1.176 NA  

## Item_21 1.362 NA

```

```

##   Item_22      1.573    NA
##   Item_23      0.873    NA
##   Item_24      0.890    NA
##   Item_33      0.707    NA
##   Item_34      0.879    NA
##   Item_35      1.237    NA
##   Item_36      0.369    NA
## Absorption =~
##   Item_1       1.000
##   Item_2      19131.383   NA
##   Item_3      -390.734   NA
##   Item_4      21074.473   NA
##   Item_5      2937.496   NA
##   Item_6     -1569.896   NA
##   Item_7       727.592   NA
##   Item_8     -1533.787   NA
##   Item_9      4326.028   NA
##   Item_10     5122.173   NA
##   Item_11     -1534.018  NA
##   Item_12     -1356.265  NA
## Vigor =~
##   Item_13      1.000
##   Item_14     -3.413    NA
##   Item_15      0.449    NA
##   Item_16     -0.517    NA
##   Item_17     -0.246    NA
##   Item_18     -1.152    NA
##   Item_19      0.766    NA
##   Item_20     -3.510    NA
##   Item_21      0.381    NA
##   Item_22     -0.278    NA
##   Item_23      0.324    NA
##   Item_24      0.093    NA
## Dedication =~
##   Item_25      1.000
##   Item_26      1.378    NA
##   Item_27      1.009    NA
##   Item_28      0.830    NA
##   Item_29      0.885    NA
##   Item_30      0.650    NA
##   Item_31      0.274    NA
##   Item_32      0.512    NA
##   Item_33      0.010    NA
##   Item_34      0.122    NA
##   Item_35      0.888    NA
##   Item_36      0.783    NA

```

```

##  

## Covariances:  

##           Estimate Std.Err z-value P(>|z|)  

## Cognitive ~~  

##   Affective      0.549     NA  

##   Behavioral     0.363     NA  

## Affective ~~  

##   Behavioral     0.372     NA  

## Absorption ~~  

##   Vigor          0.000     NA  

##   Dedication    -0.000     NA  

## Vigor ~~  

##   Dedication    -0.082     NA  

## Cognitive ~~  

##   Absorption     0.000  

##   Vigor          0.000  

##   Dedication     0.000  

## Affective ~~  

##   Absorption     0.000  

##   Vigor          0.000  

##   Dedication     0.000  

## Behavioral ~~  

##   Absorption     0.000  

##   Vigor          0.000  

##   Dedication     0.000  

##  

## Variances:  

##           Estimate Std.Err z-value P(>|z|)  

## .Item_1       1.343     NA  

## .Item_2       0.350     NA  

## .Item_3       0.786     NA  

## .Item_4       0.124     NA  

## .Item_13      0.809     NA  

## .Item_14      0.659     NA  

## .Item_15      1.471     NA  

## .Item_16      0.760     NA  

## .Item_25      1.350     NA  

## .Item_26      0.629     NA  

## .Item_27      1.282     NA  

## .Item_28      0.763     NA  

## .Item_5       1.324     NA  

## .Item_6       1.195     NA  

## .Item_7       0.845     NA  

## .Item_8       0.688     NA  

## .Item_17      0.484     NA  

## .Item_18      0.559     NA

```

```

##   .Item_19      0.771    NA
##   .Item_20      0.780    NA
##   .Item_29      0.479    NA
##   .Item_30      1.514    NA
##   .Item_31      0.538    NA
##   .Item_32      0.667    NA
##   .Item_9       1.293    NA
##   .Item_10      1.961    NA
##   .Item_11      1.288    NA
##   .Item_12      1.342    NA
##   .Item_21      0.894    NA
##   .Item_22      0.510    NA
##   .Item_23      0.338    NA
##   .Item_24      1.026    NA
##   .Item_33      0.401    NA
##   .Item_34      0.532    NA
##   .Item_35      0.547    NA
##   .Item_36      0.984    NA
##   Cognitive     0.593    NA
##   Affective     0.639    NA
##   Behavioral    0.283    NA
##   Absorption    0.000    NA
##   Vigor          0.072    NA
##   Dedication    0.596    NA

```

Currently pretty messed up prior to item deletion (Vigor especially). Model also technically not converging need Renata to fix.

Deese guys also do bifactor stuff: Mansolf and Reise [2017]

#### 4.1.3 Summary

Recommendation for final instrument based on consideration of all of the above pieces of evidence

## 4.2 Construct and Criterion-related Validation

Use Gallup for construct validation [Thackray, Harter et al., a]. Also the Utrecht Work Engagement Scale [UWES; Schaufeli et al.; Schaufeli and Bakker [b]]

# Chapter 5

## Future plans



Most effort is currently dedicated to the technical report. We also need feedback reports and a user manual. The feedback report(s) are the most secondarily important.

The development of the feedback report will occur in stages:

1. static .pdf
2. “static” .html (standard template but potentially interactive elements)
3. “static” `xaringan` [Xie, 2021b]
4. dynamic `xaringan`
  - user-generated presenter notes
  - user-selected visuals (taken from .html report)

### 5. Dynamic dashboard

The intent is to lean on the `xaringan` presentation as the central marketable piece. Initial templates should be able to do client colors and fonts via chunk specification, but evolved templates should be client-driven, such that figures can be selected and annotated from the .html, generating a user-selected and annotated `xaringan` presentation that can be hosted by Eagle but accessed via password protection by the client.

Eventually Eagle could optimize interpretation via contributions of cognitive psychologists, graphic designers, etc.

## 5.1 Things to do

- Finalize items
- Get survey into Qualtries for pilot testing
- Work on feedback report
- Generate User Manual

## 5.2 Research projects



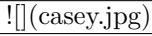
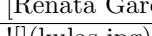
Figure 5.1: SIOP 2022

Three projects are being targeted for SIOP 2022:

1. Engagement instrument development
2. Measurement invariance across the 4 pilot administration conditions
3. Engagement instrument validation (data collection summer 2021)

## Chapter 6

### Author bios

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## Chapter 7

## References



# Appendix A

## Timeline of events

### A.1 Spring 2019

This is believed to be Eagle I.O's initial definition of engagement:

A state of personal immersion in work characterized by enthusiasm, dedication, and personal investment, expressed cognitively, affectively, and behaviorally in the proactive pursuit of advancing organizational goals.

This definition was created by Eagle IO Spring 2019, and modified by Kulas and Renata the following Fall semester of 2019 to include the *four* dimensions of Fulfillment, Absorbtion, Dedication, and Vigor.

### A.2 Spring 2020

We considered removing fulfillment.

*Fulfillment:* finding meaning in one's work, while having a sense of autonomy, growth, usefulness, achievement, and feeling appreciated by org. [Satisfaction(?)]

It was decided to operationalize fulfillment as an *outcome* of engagement rather than a definitional element

#### A.2.1 February 4, 2020

We lost the document where we had saved the citations for the creation of our engagement dimensions. we found it today (02/04/2020).

Three out of the four dimensions (Dedication, Vigor, and Absorbtion) came from Schaufeli et al., and we are trying to find where Fulfillment came from. We are also trying to improve the definition of each domain by looking at the current

items and conducting a Modified Q sort (not correct name) to create piles of items that have commonalities within each domain.

### A.2.2 February 24, 2020

Definitional amendment notes and considerations:

*Absorption:* being fully concentrated and happily immersed in ones work [time passes quickly and has difficulty detaching from ones work; Schaufeli et al.]

*Dedication/Commitment:* being strongly involved in one's work and experiencing a sense of enthusiasm, inspiration, pride, and challenge. [Schaufeli et al.] Identifying as an organizational member/ambassador

This includes conceptual elements of identification with the organization, a sense of “oneness”, seeking continuous learning and improvement. We got rid of “challenge” altogether and moved the “inspiration” and “pride” elements to other categories.

*Dedication:* seeking continuous improvement and demonstrating initiative

*Vigor:* investing consistent effort, persistence, energy, and mental resilience while working [Schaufeli et al.] maybe add enthusiasm here as well

*Vigor:* Experiencing persistent levels of energy and enthusiasm while working

### A.2.3 Structural considerations

It was considered to potentially change from a focus on affective, cognitive, and behavioral to whether their engagement stems from content/satisfaction with the organization or the people they work with. This idea was however abandoned Spring 2020.

After completing individual Q-sorts (Kulas and Renata) we decided to revisit the originally specified substantive definitions and build them up a little to make the difference between them more noticeable (and we also retained the affect, behavior, cognition focus).

## A.3 Summer 2020

Definitions as of 5/19/2020:

*Absorption:* Being fully immersed in one's work, where time passes quickly and one has difficulty detaching from work tasks

*Vigor:* Experiencing persistent levels of energy, effort, and enthusiasm while working

*Dedication:* Experiencing pride and challenge in ones work, as well as strong feelings of support from and loyalty toward the organization

The development team “content validation” as well as the broader content validation to inform the pilot administration (see Chapter 2.3) retained these definitions we ordered all the items according to the ones we individually selected for each category and created an item bank with the remaining items. Together we placed the items in the bank into the agreed upon categories.



## **Appendix B**

## **Pilot conditions**

Our four orderings of items were randomized within dimension (Affective, Behavioral, Cognitive or Dedication, Absorption, Vigor), “block” (Qualtrics designation for groupings of items), and item. The elements that were randomized are identified in the following tables by randomized element (A, B, C, or D):

Table B.1: Pilot administration ordering Condition 1

Condition1	Substantiv
I'm able to concentrate on my work without distractions	Absorption
I have a hard time detaching mentally from my work	Absorption
Time passes quickly while I'm working	Absorption
I find it difficult to mentally disconnect from work	Absorption
I enjoy thinking about work even when I'm not at work	Absorption
Most days, I feel happiest when the workday is soon to be complete (r)	Absorption
I am happiest when I am immersed in a project	Absorption
I love starting my workday.	Absorption
I devote more time than is expected of me.	Absorption
I have to be reminded to take breaks while I'm at work	Absorption
I never miss a work deadline.	Absorption
I never allow distractions to interfere with my work	Absorption
I devote my full attention to my work tasks throughout the day	Vigor
Thinking about work saps my energy (r)	Vigor
I would rather direct my focus toward a work task than a personal task	Vigor
I'm able to maintain good levels of energy throughout the workday	Vigor
I enjoy spending time completing my job tasks.	Vigor
Most days I feel enthusiastic about starting my work day.	Vigor
I feel motivated to go beyond what is asked of me	Vigor
This job drains my energy (r)	Vigor
When work is slow I find ways to be productive.	Vigor
I express enthusiasm for my job while at work	Vigor
I try my best to perform well at work	Vigor
If I notice my energy level is low, I take corrective steps to re-energize.	Vigor
I plan my future with this company.	Dedication
I believe this company cares about my career goals	Dedication
I often think about finding another job (r)	Dedication
This organization challenges me to work at my full potential	Dedication
I am proud to be a member of this organization.	Dedication
I feel supported by my supervisor when I fail at a task	Dedication
I feel proud of my accomplishments within this organization	Dedication
My job makes me feel like I'm part of something meaningful	Dedication
I make valued contributions to the organization	Dedication
I embrace challenging situations at work.	Dedication
I speak positively about this organization to others.	Dedication
This organization provides the resources necessary for me to successfully perform my job	Dedication

Table B.2: Pilot administration ordering Condition 2

Condition2	Substantive	Attitudinal
I'm able to concentrate on my work without distractions	Absorption	Cognitive
I have a hard time detaching mentally from my work	Absorption	Cognitive
Time passes quickly while I'm working	Absorption	Cognitive
I find it difficult to mentally disconnect from work	Absorption	Cognitive
I devote my full attention to my work tasks throughout the day	Vigor	Cognitive
Thinking about work saps my energy (r)	Vigor	Cognitive
I would rather direct my focus toward a work task than a personal task	Vigor	Cognitive
I'm able to maintain good levels of energy throughout the workday	Vigor	Cognitive
I plan my future with this company.	Dedication	Cognitive
I believe this company cares about my career goals	Dedication	Cognitive
I often think about finding another job (r)	Dedication	Cognitive
This organization challenges me to work at my full potential	Dedication	Cognitive
I enjoy thinking about work even when I'm not at work	Absorption	Affective
Most days, I feel happiest when the workday is soon to be complete (r)	Absorption	Affective
I am happiest when I am immersed in a project	Absorption	Affective
I love starting my workday.	Absorption	Affective
I enjoy spending time completing my job tasks.	Vigor	Affective
Most days I feel enthusiastic about starting my work day.	Vigor	Affective
I feel motivated to go beyond what is asked of me	Vigor	Affective
This job drains my energy (r)	Vigor	Affective
I am proud to be a member of this organization.	Dedication	Affective
I feel supported by my supervisor when I fail at a task	Dedication	Affective
I feel proud of my accomplishments within this organization	Dedication	Affective
My job makes me feel like I'm part of something meaningful	Dedication	Affective
I devote more time than is expected of me.	Absorption	Behavioral
I have to be reminded to take breaks while I'm at work	Absorption	Behavioral
I never miss a work deadline.	Absorption	Behavioral
I never allow distractions to interfere with my work	Absorption	Behavioral
When work is slow I find ways to be productive.	Vigor	Behavioral
I express enthusiasm for my job while at work	Vigor	Behavioral
I try my best to perform well at work	Vigor	Behavioral
If I notice my energy level is low, I take corrective steps to re-energize.	Vigor	Behavioral
I make valued contributions to the organization	Dedication	Behavioral
I embrace challenging situations at work.	Dedication	Behavioral
I speak positively about this organization to others.	Dedication	Behavioral
This organization provides the resources necessary for me to successfully perform my job	Dedication	Behavioral

Table B.3: Pilot administration ordering Condition 3

Condition3		Substantiv
I'm able to concentrate on my work without distractions		Absorption
I enjoy thinking about work even when I'm not at work		Absorption
I devote more time than is expected of me.		Absorption
I have a hard time detaching mentally from my work		Absorption
Most days, I feel happiest when the workday is soon to be complete (r)		Absorption
I have to be reminded to take breaks while I'm at work		Absorption
Time passes quickly while I'm working		Absorption
I am happiest when I am immersed in a project		Absorption
I never miss a work deadline.		Absorption
I find it difficult to mentally disconnect from work		Absorption
I love starting my workday.		Absorption
I never allow distractions to interfere with my work		Absorption
I devote my full attention to my work tasks throughout the day		Vigor
I enjoy spending time completing my job tasks.		Vigor
When work is slow I find ways to be productive.		Vigor
Thinking about work saps my energy (r)		Vigor
Most days I feel enthusiastic about starting my work day.		Vigor
I express enthusiasm for my job while at work		Vigor
I would rather direct my focus toward a work task than a personal task		Vigor
I feel motivated to go beyond what is asked of me		Vigor
I try my best to perform well at work		Vigor
I'm able to maintain good levels of energy throughout the workday		Vigor
This job drains my energy (r)		Vigor
If I notice my energy level is low, I take corrective steps to re-energize.		Vigor
I plan my future with this company.		Dedication
I am proud to be a member of this organization.		Dedication
I make valued contributions to the organization		Dedication
I believe this company cares about my career goals		Dedication
I feel supported by my supervisor when I fail at a task		Dedication
I embrace challenging situations at work.		Dedication
I often think about finding another job (r)		Dedication
I feel proud of my accomplishments within this organization		Dedication
I speak positively about this organization to others.		Dedication
This organization challenges me to work at my full potential		Dedication
My job makes me feel like I'm part of something meaningful		Dedication
This organization provides the resources necessary for me to successfully perform my job		Dedication

Table B.4: Pilot administration ordering Condition 4

Condition4	Substantive	Attitudinal
I'm able to concentrate on my work without distractions	Absorption	Cognitive
I devote my full attention to my work tasks throughout the day	Vigor	Cognitive
I plan my future with this company.	Dedication	Cognitive
I have a hard time detaching mentally from my work	Absorption	Cognitive
Thinking about work saps my energy (r)	Vigor	Cognitive
I believe this company cares about my career goals	Dedication	Cognitive
Time passes quickly while I'm working	Absorption	Cognitive
I would rather direct my focus toward a work task than a personal task	Vigor	Cognitive
I often think about finding another job (r)	Dedication	Cognitive
I find it difficult to mentally disconnect from work	Absorption	Cognitive
I'm able to maintain good levels of energy throughout the workday	Vigor	Cognitive
This organization challenges me to work at my full potential	Dedication	Cognitive
I enjoy thinking about work even when I'm not at work	Absorption	Affective
I enjoy spending time completing my job tasks.	Vigor	Affective
I am proud to be a member of this organization.	Dedication	Affective
Most days, I feel happiest when the workday is soon to be complete (r)	Absorption	Affective
Most days I feel enthusiastic about starting my work day.	Vigor	Affective
I feel supported by my supervisor when I fail at a task	Dedication	Affective
I am happiest when I am immersed in a project	Absorption	Affective
I feel motivated to go beyond what is asked of me	Vigor	Affective
I feel proud of my accomplishments within this organization	Dedication	Affective
I love starting my workday.	Absorption	Affective
This job drains my energy (r)	Vigor	Affective
My job makes me feel like I'm part of something meaningful	Dedication	Affective
I devote more time than is expected of me.	Absorption	Behavioral
When work is slow I find ways to be productive.	Vigor	Behavioral
I make valued contributions to the organization	Dedication	Behavioral
I have to be reminded to take breaks while I'm at work	Absorption	Behavioral
I express enthusiasm for my job while at work	Vigor	Behavioral
I embrace challenging situations at work.	Dedication	Behavioral
I never miss a work deadline.	Absorption	Behavioral
I try my best to perform well at work	Vigor	Behavioral
I speak positively about this organization to others.	Dedication	Behavioral
I never allow distractions to interfere with my work	Absorption	Behavioral
If I notice my energy level is low, I take corrective steps to re-energize.	Vigor	Behavioral
This organization provides the resources necessary for me to successfully perform my job	Dedication	Behavioral



# Appendix C

## Correlations

### C.1 Inter-Item correlations

I enjoy thinking about work even when I'm not at work.

Most days, I feel happiest when the workday is soon to be complete.

I am happiest when I am immersed in a project.

I love starting my workday.

I enjoy spending time completing my job tasks.

Most days I feel enthusiastic about starting my work day.

I feel motivated to go beyond what is asked of me.

This job drains my energy.

I am proud to be a member of this organization.

I feel supported by my supervisor when I fail at a task.

I feel proud of my accomplishments within this organization.

My job makes me feel like I'm part of something meaningful.

I devote more time than is expected of me.

I have to be reminded to take breaks while I'm at work.

I never miss a work deadline.

I never allow distractions to interfere with my work.

When work is slow I find ways to be productive.

I express enthusiasm for my job while at work.

I try my best to perform well at work.	
If I notice my energy level is low, I take corrective steps to re-energize.	
I make valued contributions to the organization.	
I embrace challenging situations at work.	
I speak positively about this organization to others.	
This organization provides the resources necessary for me to successfully perform my job.	
I devote my full attention to my work tasks throughout the day.	
Thinking about work saps my energy.	
I would rather direct my focus toward a work task than a personal task.	
I'm able to maintain good levels of energy throughout the workday.	
I plan my future with this company.	
I believe this company cares about my career goals.	
I often think about finding another job.	
This organization challenges me to work at my full potential.	
I'm able to concentrate on my work without distractions.	
I have a hard time detaching mentally from my work.	
Time passes quickly while I'm working.	
I find it difficult to mentally disconnect from work.	
I enjoy thinking about work even when I'm not at work.	
1.00	
0.42	
0.27	
0.49	
0.40	
0.51	
0.33	
0.25	
0.36	
0.21	
0.30	

0.43

0.18

0.17

-0.03

0.10

0.24

0.38

0.25

0.10

0.28

0.28

0.35

0.00

0.15

0.40

0.24

0.29

0.38

0.33

0.37

0.36

0.16

0.26

0.34

0.25

Most days, I feel happiest when the workday is soon to be complete.

0.42

1.00

0.19

0.36

0.35

0.47  
0.23  
0.36  
0.25  
0.07  
0.20  
0.28  
0.10  
-0.05  
-0.13  
-0.02  
0.15  
0.24  
0.18  
0.08  
0.15  
0.13  
0.17  
-0.01  
0.10  
0.50  
0.18  
0.21  
0.37  
0.27  
0.39  
0.20  
0.06  
0.03  
0.30  
0.00

I am happiest when I am immersed in a project.

0.27

0.19

1.00

0.21

0.35

0.27

0.43

0.09

0.14

0.16

0.18

0.20

0.21

0.17

0.05

0.13

0.20

0.25

0.18

0.12

0.20

0.28

0.10

-0.02

0.22

0.12

0.30

0.10

0.19

0.13

0.13

0.06

0.13

0.12

0.22

0.12

I love starting my workday.

0.49

0.36

0.21

1.00

0.59

0.82

0.35

0.43

0.50

0.20

0.46

0.50

0.19

0.14

0.11

0.25

0.34

0.46

0.31

0.23

0.33

0.28

0.46

0.26

0.35
0.51
0.33
0.49
0.46
0.50
0.52
0.53
0.29
0.12
0.49
0.06
I enjoy spending time completing my job tasks.
0.40
0.35
0.35
0.59
1.00
0.59
0.52
0.28
0.47
0.19
0.47
0.58
0.21
0.24
0.06
0.23
0.36
0.52

0.35

0.20

0.32

0.39

0.42

0.24

0.36

0.40

0.39

0.35

0.40

0.46

0.41

0.39

0.30

0.09

0.44

0.04

Most days I feel enthusiastic about starting my work day.

0.51

0.47

0.27

0.82

0.59

1.00

0.43

0.43

0.53

0.24

0.48

0.54

0.20
0.19
0.11
0.24
0.34
0.55
0.35
0.23
0.36
0.31
0.49
0.20
0.37
0.54
0.38
0.51
0.47
0.50
0.55
0.50
0.25
0.17
0.47
0.12
I feel motivated to go beyond what is asked of me.
0.33
0.23
0.43
0.35
0.52
0.43

1.00

0.17

0.41

0.32

0.52

0.53

0.40

0.40

0.10

0.23

0.46

0.57

0.43

0.26

0.41

0.54

0.37

0.14

0.39

0.21

0.32

0.36

0.39

0.40

0.36

0.40

0.20

0.31

0.42

0.27

This job drains my energy.

0.25

0.36

0.09

0.43

0.28

0.43

0.17

1.00

0.36

0.27

0.21

0.34

-0.05

-0.05

-0.02

0.04

0.11

0.28

0.06

0.02

0.12

0.15

0.35

0.31

0.09

0.61

0.09

0.30

0.35

0.42

0.51

0.31

0.10

-0.14

0.22

-0.19

I am proud to be a member of this organization.

0.36

0.25

0.14

0.50

0.47

0.53

0.41

0.36

1.00

0.29

0.52

0.63

0.17

0.19

0.14

0.28

0.37

0.54

0.39

0.21

0.27

0.36

0.75

0.40

0.26

0.36	
0.24	
0.34	
0.57	
0.68	
0.59	
0.59	
0.26	
0.15	
0.44	
0.11	
I feel supported by my supervisor when I fail at a task.	
0.21	
0.07	
0.16	
0.20	
0.19	
0.24	
0.32	
0.27	
0.29	
1.00	
0.27	
0.35	
0.04	
0.02	
-0.04	
0.03	
0.05	
0.22	
0.19	

0.02

0.25

0.33

0.28

0.34

0.02

0.17

0.03

0.18

0.20

0.44

0.27

0.36

0.02

0.00

0.20

-0.01

I feel proud of my accomplishments within this organization.

0.30

0.20

0.18

0.46

0.47

0.48

0.52

0.21

0.52

0.27

1.00

0.56

0.26

0.16

0.09

0.22

0.28

0.52

0.37

0.18

0.55

0.54

0.49

0.29

0.24

0.21

0.20

0.31

0.38

0.43

0.38

0.46

0.22

0.21

0.35

0.16

My job makes me feel like I'm part of something meaningful.

0.43

0.28

0.20

0.50

0.58

0.54

0.53

0.34

0.63

0.35

0.56

1.00

0.21

0.22

0.02

0.27

0.35

0.56

0.38

0.16

0.46

0.43

0.53

0.27

0.34

0.40

0.26

0.40

0.53

0.58

0.56

0.55

0.33

0.15

0.47

0.10

I devote more time than is expected of me.

0.18

0.10  
0.21  
0.19  
0.21  
0.20  
0.40  
-0.05  
0.17  
0.04  
0.26  
0.21  
1.00  
0.38  
-0.01  
0.24  
0.33  
0.24  
0.32  
0.15  
0.22  
0.20  
0.13  
-0.01  
0.34  
0.03  
0.13  
0.20  
0.24  
0.13  
0.22  
0.25

0.17

0.31

0.32

0.29

I have to be reminded to take breaks while I'm at work.

0.17

-0.05

0.17

0.14

0.24

0.19

0.40

-0.05

0.19

0.02

0.16

0.22

0.38

1.00

0.12

0.21

0.20

0.33

0.29

0.14

0.16

0.14

0.14

-0.02

0.37

-0.03

0.19  
0.14  
0.17  
0.11  
0.13  
0.23  
0.11  
0.27  
0.15  
0.28  
I never miss a work deadline.  
-0.03  
-0.13  
0.05  
0.11  
0.06  
0.11  
0.10  
-0.02  
0.14  
-0.04  
0.09  
0.02  
-0.01  
0.12  
1.00  
0.35  
0.18  
0.16  
0.19  
0.08

0.11  
0.11  
0.17  
0.10  
0.32  
-0.03  
0.10  
0.26  
0.01  
0.01  
0.00  
0.06  
0.33  
-0.01  
0.08  
-0.06

I never allow distractions to interfere with my work.

0.10  
-0.02  
0.13  
0.25  
0.23  
0.24  
0.23  
0.04  
0.28  
0.03  
0.22  
0.27  
0.24  
0.21

0.35  
1.00  
0.29  
0.29  
0.21  
0.19  
0.26  
0.21  
0.30  
0.11  
0.54  
0.09  
0.21  
0.39  
0.12  
0.14  
0.20  
0.22  
0.54  
0.04  
0.31  
0.01  
When work is slow I find ways to be productive.  
0.24  
0.15  
0.20  
0.34  
0.36  
0.34  
0.46  
0.11

0.37

0.05

0.28

0.35

0.33

0.20

0.18

0.29

1.00

0.42

0.45

0.31

0.23

0.29

0.31

0.09

0.46

0.23

0.24

0.40

0.34

0.25

0.34

0.41

0.31

0.17

0.40

0.13

I express enthusiasm for my job while at work.

0.38

0.24

0.25

0.46

0.52

0.55

0.57

0.28

0.54

0.22

0.52

0.56

0.24

0.33

0.16

0.29

0.42

1.00

0.50

0.31

0.40

0.46

0.54

0.15

0.40

0.32

0.35

0.41

0.38

0.44

0.41

0.43

0.28

0.19  
0.42  
0.14  
I try my best to perform well at work.  
0.25  
0.18  
0.18  
0.31  
0.35  
0.35  
0.43  
0.06  
0.39  
0.19  
0.37  
0.38  
0.32  
0.29  
0.19  
0.21  
0.45  
0.50  
1.00  
0.30  
0.26  
0.37  
0.38  
0.16  
0.41  
0.19  
0.23

0.36

0.29

0.32

0.26

0.36

0.24

0.24

0.32

0.19

If I notice my energy level is low, I take corrective steps to re-energize.

0.10

0.08

0.12

0.23

0.20

0.23

0.26

0.02

0.21

0.02

0.18

0.16

0.15

0.14

0.08

0.19

0.31

0.31

0.30

1.00

0.25

0.22

0.24

0.11

0.32

0.18

0.08

0.37

0.17

0.21

0.14

0.31

0.27

-0.06

0.24

-0.07

I make valued contributions to the organization.

0.28

0.15

0.20

0.33

0.32

0.36

0.41

0.12

0.27

0.25

0.55

0.46

0.22

0.16

0.11

0.26
0.23
0.40
0.26
0.25
1.00
0.46
0.20
0.12
0.31
0.20
0.18
0.27
0.26
0.25
0.29
0.29
0.24
0.09
0.26
0.00
I embrace challenging situations at work.
0.28
0.13
0.28
0.28
0.39
0.31
0.54
0.15
0.36

0.33

0.54

0.43

0.20

0.14

0.11

0.21

0.29

0.46

0.37

0.22

0.46

1.00

0.34

0.22

0.27

0.16

0.14

0.28

0.24

0.33

0.22

0.36

0.19

0.19

0.30

0.14

I speak positively about this organization to others.

0.35

0.17

0.10

0.46

0.42

0.49

0.37

0.35

0.75

0.28

0.49

0.53

0.13

0.14

0.17

0.30

0.31

0.54

0.38

0.24

0.20

0.34

1.00

0.43

0.30

0.32

0.20

0.35

0.54

0.62

0.56

0.55

0.28

0.13

0.40

0.08

This organization provides the resources necessary for me to successfully perform my job.

0.00

-0.01

-0.02

0.26

0.24

0.20

0.14

0.31

0.40

0.34

0.29

0.27

-0.01

-0.02

0.10

0.11

0.09

0.15

0.16

0.11

0.12

0.22

0.43

1.00

0.06

0.26

-0.03

0.20	
0.25	
0.45	
0.36	
0.37	
0.18	
-0.13	
0.11	
-0.16	
I devote my full attention to my work tasks throughout the day.	
0.15	
0.10	
0.22	
0.35	
0.36	
0.37	
0.39	
0.09	
0.26	
0.02	
0.24	
0.34	
0.34	
0.37	
0.32	
0.54	
0.46	
0.40	
0.41	
0.32	
0.31	

0.27  
0.30  
0.06  
1.00  
0.17  
0.30  
0.53  
0.25  
0.15  
0.24  
0.32  
0.57  
0.13  
0.48  
0.06

Thinking about work saps my energy.

0.40  
0.50  
0.12  
0.51  
0.40  
0.54  
0.21  
0.61  
0.36  
0.17  
0.21  
0.40  
0.03  
-0.03  
-0.03

0.09

0.23

0.32

0.19

0.18

0.20

0.16

0.32

0.26

0.17

1.00

0.17

0.45

0.28

0.41

0.51

0.30

0.21

-0.12

0.32

-0.18

I would rather direct my focus toward a work task than a personal task.

0.24

0.18

0.30

0.33

0.39

0.38

0.32

0.09

0.24

0.03  
0.20  
0.26  
0.13  
0.19  
0.10  
0.21  
0.24  
0.35  
0.23  
0.08  
0.18  
0.14  
0.20  
-0.03  
0.30  
0.17  
1.00  
0.29  
0.12  
0.16  
0.18  
0.14  
0.26  
0.18  
0.26  
0.13  
I'm able to maintain good levels of energy throughout the workday.  
0.29  
0.21  
0.10

0.49  
0.35  
0.51  
0.36  
0.30  
0.34  
0.18  
0.31  
0.40  
0.20  
0.14  
0.26  
0.39  
0.40  
0.41  
0.36  
0.37  
0.27  
0.28  
0.35  
0.20  
0.53  
0.45  
0.29  
1.00  
0.24  
0.33  
0.32  
0.43  
0.50  
0.12

0.50  
0.08  
I plan my future with this company.  
0.38  
0.37  
0.19  
0.46  
0.40  
0.47  
0.39  
0.35  
0.57  
0.20  
0.38  
0.53  
0.24  
0.17  
0.01  
0.12  
0.34  
0.38  
0.29  
0.17  
0.26  
0.24  
0.54  
0.25  
0.25  
0.28  
0.12  
0.24

1.00	
0.60	
0.63	
0.51	
0.18	
0.16	
0.38	
0.10	
I believe this company cares about my career goals.	
0.33	
0.27	
0.13	
0.50	
0.46	
0.50	
0.40	
0.42	
0.68	
0.44	
0.43	
0.58	
0.13	
0.11	
0.01	
0.14	
0.25	
0.44	
0.32	
0.21	
0.25	
0.33	

0.62

0.45

0.15

0.41

0.16

0.33

0.60

1.00

0.57

0.69

0.19

0.19

0.33

0.12

I often think about finding another job.

0.37

0.39

0.13

0.52

0.41

0.55

0.36

0.51

0.59

0.27

0.38

0.56

0.22

0.13

0.00

0.20

0.34
0.41
0.26
0.14
0.29
0.22
0.56
0.36
0.24
0.51
0.18
0.32
0.63
0.57
1.00
0.48
0.26
0.03
0.38
-0.02
This organization challenges me to work at my full potential.
0.36
0.20
0.06
0.53
0.39
0.50
0.40
0.31
0.59
0.36

0.46

0.55

0.25

0.23

0.06

0.22

0.41

0.43

0.36

0.31

0.29

0.36

0.55

0.37

0.32

0.30

0.14

0.43

0.51

0.69

0.48

1.00

0.29

0.27

0.45

0.20

I'm able to concentrate on my work without distractions.

0.16

0.06

0.13

0.29

0.30

0.25

0.20

0.10

0.26

0.02

0.22

0.33

0.17

0.11

0.33

0.54

0.31

0.28

0.24

0.27

0.24

0.19

0.28

0.18

0.57

0.21

0.26

0.50

0.18

0.19

0.26

0.29

1.00

0.01

0.44

-0.04

I have a hard time detaching mentally from my work.

0.26

0.03

0.12

0.12

0.09

0.17

0.31

-0.14

0.15

0.00

0.21

0.15

0.31

0.27

-0.01

0.04

0.17

0.19

0.24

-0.06

0.09

0.19

0.13

-0.13

0.13

-0.12

0.18

0.12

0.16

0.19  
0.03  
0.27  
0.01  
1.00  
0.15  
0.90  
Time passes quickly while I'm working.  
0.34  
0.30  
0.22  
0.49  
0.44  
0.47  
0.42  
0.22  
0.44  
0.20  
0.35  
0.47  
0.32  
0.15  
0.08  
0.31  
0.40  
0.42  
0.32  
0.24  
0.26  
0.30  
0.40

0.11	
0.48	
0.32	
0.26	
0.50	
0.38	
0.33	
0.38	
0.45	
0.44	
0.15	
1.00	
0.09	
I find it difficult to mentally disconnect from work.	
0.25	
0.00	
0.12	
0.06	
0.04	
0.12	
0.27	
-0.19	
0.11	
-0.01	
0.16	
0.10	
0.29	
0.28	
-0.06	
0.01	
0.13	

0.14

0.19

-0.07

0.00

0.14

0.08

-0.16

0.06

-0.18

0.13

0.08

0.10

0.12

-0.02

0.20

-0.04

0.90

0.09

1.00

## C.2 Scale-level correlations

Because of the large inter-construct covariance estimates, we constructed standard unit-weighted scale aggregates (interactive plot of unit-weighted aggregates located below)

### C.2.1 Substantive scales



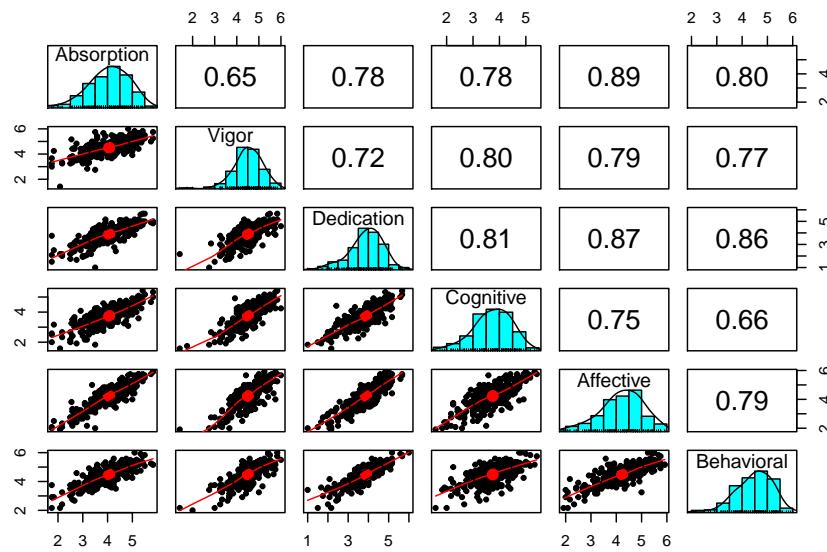
WebGL is not supported by your browser - visit <https://get.webgl.org> for more info

### C.2.2 Attitudinal scales



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Correlation matrix of 3 unit-weighted substantive and 3 unit-weighted attitudinal scales:





## **Appendix D**

### **Corrected item-total correlations**

**D.1 Substantive scale (marginal level)**

**D.2 Substantive scale (cell level)**

Table D.1: Affective Items

	n	r.drop	mean	sd
I enjoy thinking about work even when I'm not at work.	270	0.56	3.1	1.5
Most days, I feel happiest when the workday is soon to be complete.	269	0.40	2.6	1.2
I am happiest when I am immersed in a project.	267	0.35	4.6	1.0
I love starting my workday.	270	0.70	3.6	1.3
I enjoy spending time completing my job tasks.	270	0.65	4.5	1.0
Most days I feel enthusiastic about starting my work day.	269	0.77	3.8	1.4
I feel motivated to go beyond what is asked of me.	269	0.58	4.6	1.2
This job drains my energy.	269	0.43	3.2	1.4
I am proud to be a member of this organization.	268	0.64	4.7	1.2
I feel supported by my supervisor when I fail at a task.	263	0.35	4.5	1.4
I feel proud of my accomplishments within this organization.	268	0.60	5.0	1.0
My job makes me feel like I'm part of something meaningful.	267	0.70	4.6	1.3

Table D.2: Behavioral Items

	n	r.d
I devote more time than is expected of me.	271	0
I have to be reminded to take breaks while I'm at work.	269	0
I never miss a work deadline.	269	0
I never allow distractions to interfere with my work.	271	0
When work is slow I find ways to be productive.	270	0
I express enthusiasm for my job while at work.	271	0
I try my best to perform well at work.	272	0
If I notice my energy level is low, I take corrective steps to re-energize.	271	0
I make valued contributions to the organization.	267	0
I embrace challenging situations at work.	269	0
I speak positively about this organization to others.	269	0
This organization provides the resources necessary for me to successfully perform my job.	270	0

Table D.3: Cognitive Items

	n	r.drop	mean	sd
I devote my full attention to my work tasks throughout the day.	271	0.46	4.1	1.3
Thinking about work saps my energy.	270	0.35	3.6	1.4
I would rather direct my focus toward a work task than a personal task.	269	0.35	3.4	1.4
I'm able to maintain good levels of energy throughout the workday.	271	0.56	4.1	1.2
I plan my future with this company.	265	0.55	3.9	1.6
I believe this company cares about my career goals.	268	0.58	3.9	1.5
I often think about finding another job.	267	0.56	3.5	1.6
This organization challenges me to work at my full potential.	268	0.67	4.3	1.3
I'm able to concentrate on my work without distractions.	270	0.39	3.7	1.4
I have a hard time detaching mentally from my work.	272	0.31	3.7	1.5
Time passes quickly while I'm working.	272	0.60	4.6	1.2
I find it difficult to mentally disconnect from work.	273	0.22	3.7	1.6

Table D.4: Absorption Items

	n	r.drop	mean	sd
I enjoy thinking about work even when I'm not at work.	270	0.46	3.1	1.5
Most days, I feel happiest when the workday is soon to be complete.	269	0.16	2.6	1.2
I am happiest when I am immersed in a project.	267	0.32	4.6	1.0
I love starting my workday.	270	0.50	3.6	1.3
I devote more time than is expected of me.	271	0.46	4.5	1.3
I have to be reminded to take breaks while I'm at work.	269	0.37	3.7	1.6
I never miss a work deadline.	269	0.16	4.5	1.2
I never allow distractions to interfere with my work.	271	0.39	3.2	1.4
I'm able to concentrate on my work without distractions.	270	0.36	3.7	1.4
I have a hard time detaching mentally from my work.	272	0.42	3.7	1.5
Time passes quickly while I'm working.	272	0.51	4.6	1.2
I find it difficult to mentally disconnect from work.	273	0.37	3.7	1.6

Table D.5: Vigor Items

	n	r.drop	mean	sd
I devote my full attention to my work tasks throughout the day.	271	0.50	4.1	1.28
Thinking about work saps my energy.	270	0.49	3.6	1.38
I would rather direct my focus toward a work task than a personal task.	269	0.39	3.4	1.37
I'm able to maintain good levels of energy throughout the workday.	271	0.63	4.1	1.22
I enjoy spending time completing my job tasks.	270	0.62	4.5	1.03
Most days I feel enthusiastic about starting my work day.	269	0.70	3.8	1.40
I feel motivated to go beyond what is asked of me.	269	0.59	4.6	1.20
This job drains my energy.	269	0.34	3.2	1.37
When work is slow I find ways to be productive.	270	0.53	4.5	1.18
I express enthusiasm for my job while at work.	271	0.68	4.8	1.11
I try my best to perform well at work.	272	0.50	5.4	0.70
If I notice my energy level is low, I take corrective steps to re-energize.	271	0.36	4.2	1.14

Table D.6: Dedication Items

	n	r.d
I plan my future with this company.	265	0
I believe this company cares about my career goals.	268	0
I often think about finding another job.	267	0
This organization challenges me to work at my full potential.	268	0
I am proud to be a member of this organization.	268	0
I feel supported by my supervisor when I fail at a task.	263	0
I feel proud of my accomplishments within this organization.	268	0
My job makes me feel like I'm part of something meaningful.	267	0
I make valued contributions to the organization.	267	0
I embrace challenging situations at work.	269	0
I speak positively about this organization to others.	269	0
This organization provides the resources necessary for me to successfully perform my job.	270	0

Table D.7: Affective - Absorption Items

	n	r.drop	mean	sd
I enjoy thinking about work even when I'm not at work.	270	0.57	3.1	1.5
Most days, I feel happiest when the workday is soon to be complete.	269	0.37	2.6	1.2
I am happiest when I am immersed in a project.	267	0.31	4.6	1.0
I love starting my workday.	270	0.51	3.6	1.3

Table D.8: Affective - Vigor Items

	n	r.drop	mean	sd
I enjoy spending time completing my job tasks.	270	0.58	4.5	1.0
Most days I feel enthusiastic about starting my work day.	269	0.63	3.8	1.4
I feel motivated to go beyond what is asked of me.	269	0.47	4.6	1.2
This job drains my energy.	269	0.34	3.2	1.4

Table D.9: Affective - Dedication Items

	n	r.drop	mean	sd
I am proud to be a member of this organization.	268	0.61	4.7	1.2
I feel supported by my supervisor when I fail at a task.	263	0.38	4.5	1.4
I feel proud of my accomplishments within this organization.	268	0.59	5.0	1.0
My job makes me feel like I'm part of something meaningful.	267	0.66	4.6	1.3

Table D.10: Cognitive - Absorption Items

	n	r.drop	mean	sd
I'm able to concentrate on my work without distractions.	270	0.14	3.7	1.4
I have a hard time detaching mentally from my work.	272	0.58	3.7	1.5
Time passes quickly while I'm working.	272	0.29	4.6	1.2
I find it difficult to mentally disconnect from work.	273	0.52	3.7	1.6

Table D.11: Cognitive - Vigor Items

	n	r.drop	mean	sd
I devote my full attention to my work tasks throughout the day.	271	0.40	4.1	1.3
Thinking about work saps my energy.	270	0.32	3.6	1.4
I would rather direct my focus toward a work task than a personal task.	269	0.32	3.4	1.4
I'm able to maintain good levels of energy throughout the workday.	271	0.60	4.1	1.2

Table D.12: Cognitive - Dedication Items

	n	r.drop	mean	sd
I plan my future with this company.	265	0.67	3.9	1.6
I believe this company cares about my career goals.	268	0.70	3.9	1.5
I often think about finding another job.	267	0.65	3.5	1.6
This organization challenges me to work at my full potential.	268	0.65	4.3	1.3

Table D.13: Behavioral - Absorption Items

	n	r.drop	mean	sd
I devote more time than is expected of me.	271	0.36	4.5	1.3
I have to be reminded to take breaks while I'm at work.	269	0.37	3.7	1.6
I never miss a work deadline.	269	0.22	4.5	1.2
I never allow distractions to interfere with my work.	271	0.42	3.2	1.4

Table D.14: Behavioral - Vigor Items

	n	r.drop	mean	sd
When work is slow I find ways to be productive.	270	0.51	4.5	1.18
I express enthusiasm for my job while at work.	271	0.54	4.8	1.11
I try my best to perform well at work.	272	0.54	5.4	0.76
If I notice my energy level is low, I take corrective steps to re-energize.	271	0.40	4.2	1.14

Table D.15: Behavioral - Dedication Items

	n	r.dn
I make valued contributions to the organization.	267	0
I embrace challenging situations at work.	269	0
I speak positively about this organization to others.	269	0
This organization provides the resources necessary for me to successfully perform my job.	270	0

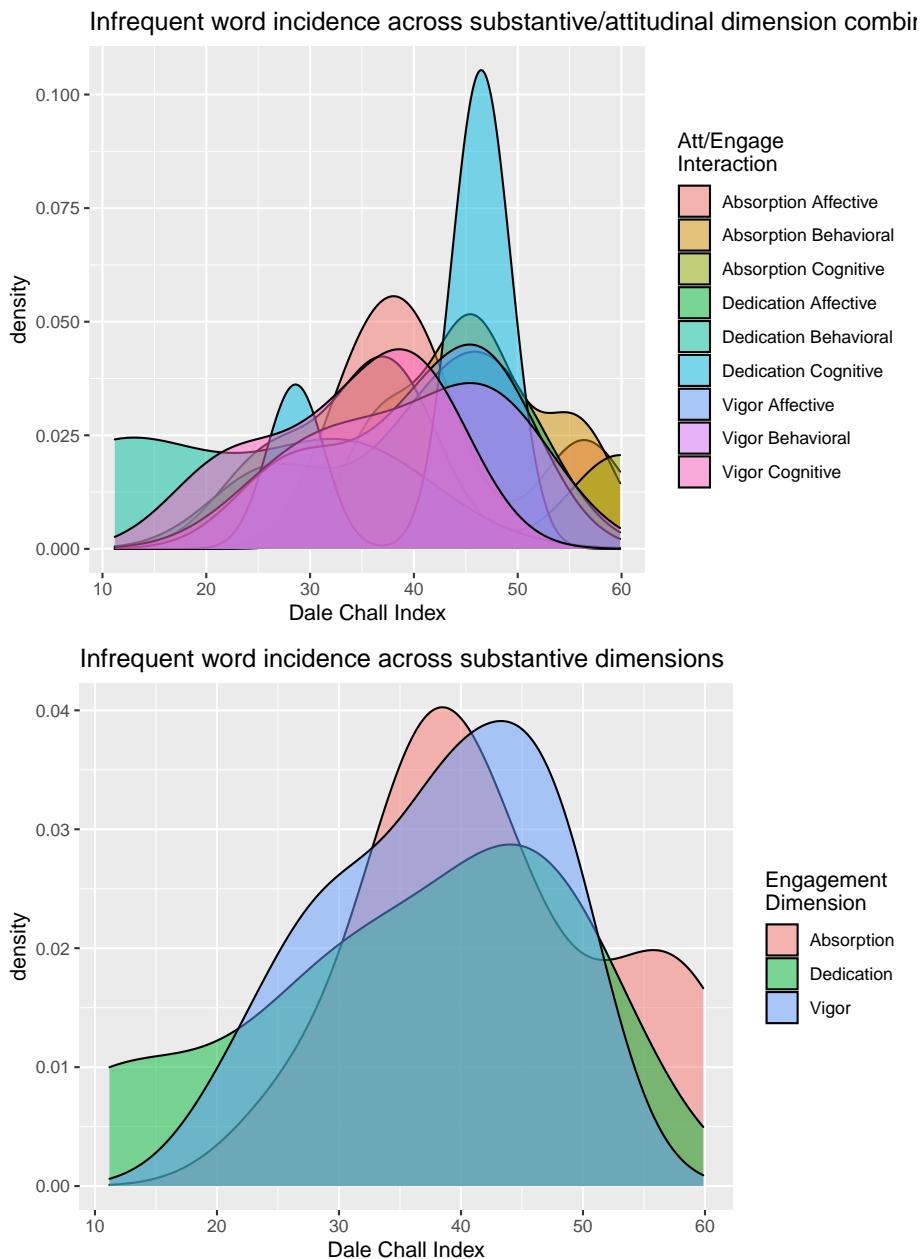
## Appendix E

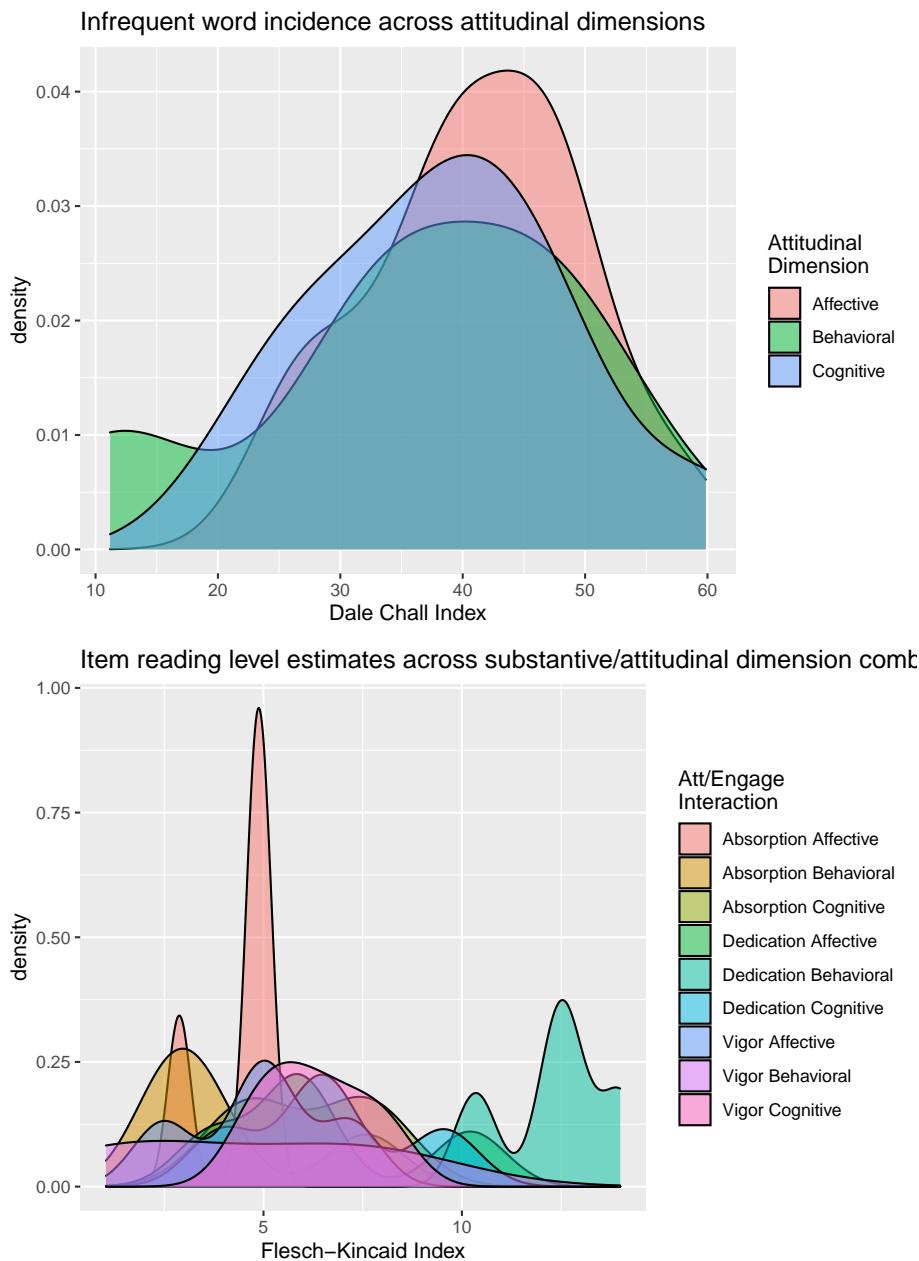
# Qualitative item characteristics

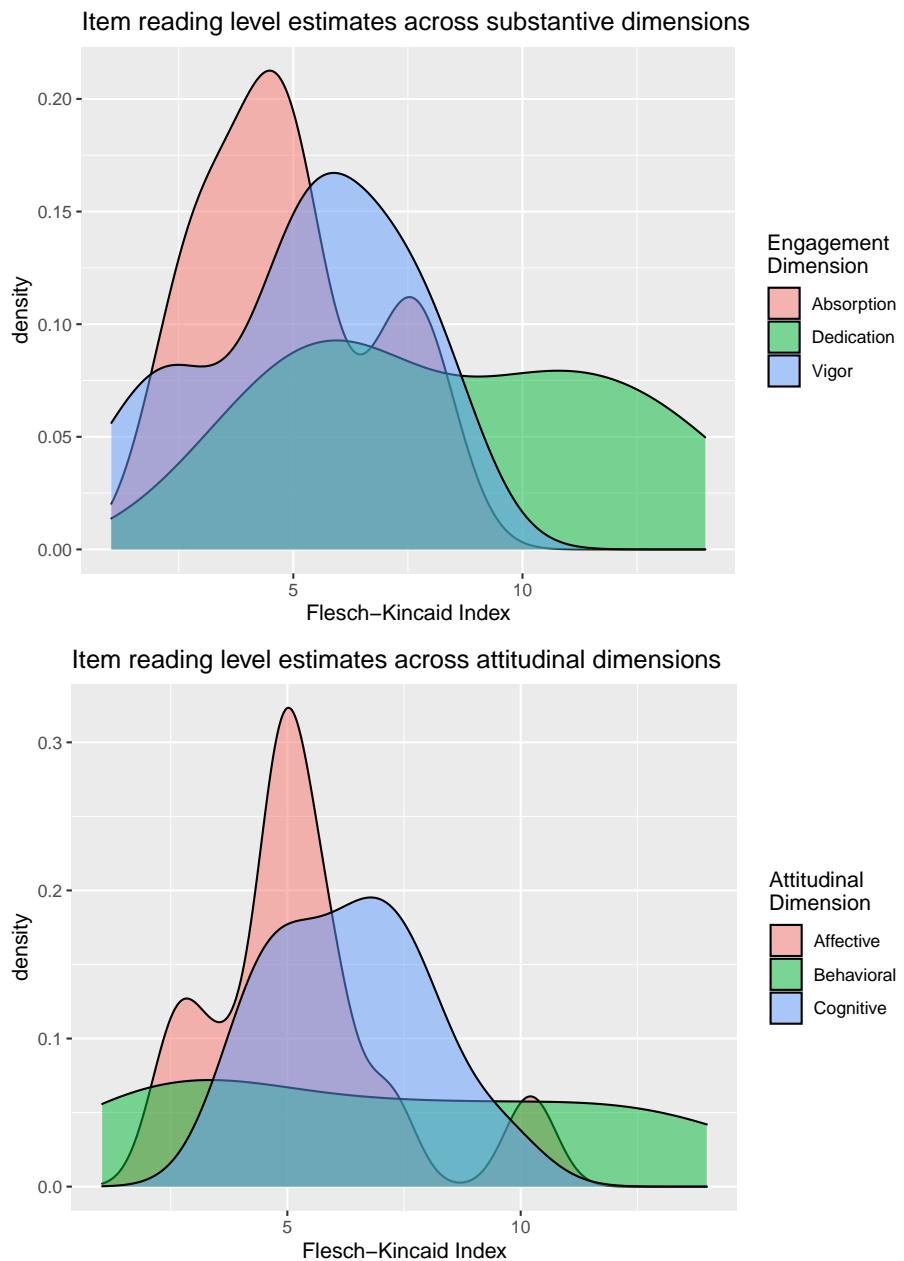
Item reading level information was performed via the package `quanteda` version 2.1.2 [Benoit et al., 2020] in R version 4.0.5 (2021-03-31). Two indices were investigated: “Flesch-Kincaid” is the same grade level index that’s currently used by Microsoft Word [Kincaid et al.] whereas “Dale.Chall” reflects  $N_{wd}$  [“difficulty” of words; Chall and Dale]. These indices are primarily influenced by two qualitative characteristics:  $N_{wf}$ , which is the number of words matching the Dale-Chall List of 3000 “familiar words”, and  $N_{wd}$ , which is the number of “difficult” words not matching the Dale-Chall list of “familiar” words.

The average Flesch-Kincaid (e.g., reading grade) was 6.2 ( $sd = 3.04$ ). The average Dale-Chall index was 38.61 ( $sd = 11.11$ ).

## E.1 Frequency distributions by dimension







## E.2 Tables of qualitative indices

Table E.1: Organized by Flesch-Kincaid aka Reading Level

	document	Substantive	Attribute
36	This organization provides the resources necessary for me to successfully perform my job	Dedication	Belief
35	I speak positively about this organization to others.	Dedication	Belief
33	I make valued contributions to the organization	Dedication	Belief
34	I embrace challenging situations at work.	Dedication	Belief
31	I feel proud of my accomplishments within this organization	Dedication	Affiliation
28	This organization challenges me to work at my full potential	Dedication	Cognition
24	If I notice my energy level is low, I take corrective steps to re-energize.	Vigor	Belief
16	I'm able to maintain good levels of energy throughout the workday	Vigor	Cognition
1	I'm able to concentrate on my work without distractions	Absorption	Cognition
4	I find it difficult to mentally disconnect from work	Absorption	Cognition
12	I never allow distractions to interfere with my work	Absorption	Belief
18	Most days I feel enthusiastic about starting my work day.	Vigor	Affiliation
15	I would rather direct my focus toward a work task than a personal task	Vigor	Cognition
27	I often think about finding another job (r)	Dedication	Cognition
22	I express enthusiasm for my job while at work	Vigor	Belief
26	I believe this company cares about my career goals	Dedication	Cognition
29	I am proud to be a member of this organization.	Dedication	Affiliation
30	I feel supported by my supervisor when I fail at a task	Dedication	Affiliation
14	Thinking about work saps my energy (r)	Vigor	Cognition
17	I enjoy spending time completing my job tasks.	Vigor	Affiliation
6	Most days, I feel happiest when the workday is soon to be complete (r)	Absorption	Affiliation
2	I have a hard time detaching mentally from my work	Absorption	Cognition
7	I am happiest when I am immersed in a project	Absorption	Affiliation
13	I devote my full attention to my work tasks throughout the day	Vigor	Cognition
5	I enjoy thinking about work even when I'm not at work	Absorption	Affiliation
19	I feel motivated to go beyond what is asked of me	Vigor	Affiliation
3	Time passes quickly while I'm working	Absorption	Cognition
25	I plan my future with this company.	Dedication	Cognition
32	My job makes me feel like I'm part of something meaningful	Dedication	Affiliation
9	I devote more time than is expected of me.	Absorption	Belief
8	I love starting my workday.	Absorption	Affiliation
10	I have to be reminded to take breaks while I'm at work	Absorption	Belief
11	I never miss a work deadline.	Absorption	Belief
20	This job drains my energy (r)	Vigor	Affiliation
21	When work is slow I find ways to be productive.	Vigor	Belief
23	I try my best to perform well at work	Vigor	Belief

Table E.2: Organized by Dale Chall aka includes Difficult Words

	document	Subst
36	This organization provides the resources necessary for me to successfully perform my job	Dedic
34	I embrace challenging situations at work.	Dedic
16	I'm able to maintain good levels of energy throughout the workday	Vigor
4	I find it difficult to mentally disconnect from work	Absor
31	I feel proud of my accomplishments within this organization	Dedic
20	This job drains my energy (r)	Vigor
24	If I notice my energy level is low, I take corrective steps to re-energize.	Vigor
28	This organization challenges me to work at my full potential	Dedic
14	Thinking about work saps my energy (r)	Vigor
33	I make valued contributions to the organization	Dedic
6	Most days, I feel happiest when the workday is soon to be complete (r)	Absor
35	I speak positively about this organization to others.	Dedic
1	I'm able to concentrate on my work without distractions	Absor
12	I never allow distractions to interfere with my work	Absor
22	I express enthusiasm for my job while at work	Vigor
2	I have a hard time detaching mentally from my work	Absor
7	I am happiest when I am immersed in a project	Absor
19	I feel motivated to go beyond what is asked of me	Vigor
13	I devote my full attention to my work tasks throughout the day	Vigor
30	I feel supported by my supervisor when I fail at a task	Dedic
15	I would rather direct my focus toward a work task than a personal task	Vigor
8	I love starting my workday.	Absor
11	I never miss a work deadline.	Absor
25	I plan my future with this company.	Dedic
17	I enjoy spending time completing my job tasks.	Vigor
27	I often think about finding another job (r)	Dedic
9	I devote more time than is expected of me.	Absor
23	I try my best to perform well at work	Vigor
26	I believe this company cares about my career goals	Dedic
18	Most days I feel enthusiastic about starting my work day.	Vigor
21	When work is slow I find ways to be productive.	Vigor
29	I am proud to be a member of this organization.	Dedic
32	My job makes me feel like I'm part of something meaningful	Dedic
10	I have to be reminded to take breaks while I'm at work	Absor
5	I enjoy thinking about work even when I'm not at work	Absor
3	Time passes quickly while I'm working	Absor

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