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The subjective experience of O\*NET work experiences as demands and resources

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11 Abstract

O\*NET work characteristics were rated in terms of relevance, perception of demand, and perception as resource.

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The subjective experience of O\*NET work experiences as demands and resources 16 Bakker and Demerouti (2017) 17 and Cavanaugh, Boswell, Roehling, and Boudreau (2000) 18 and Sonnega, Helppie-McFall, Hudomiet, Willis, and Fisher (2018) 19 Bakker and Demerouti (2017) state that, "... research has shown that challenge 20 demands may be experienced as hindrance demands (and vice versa) depending on the 21 context." We extend this acknowledgement by investigating whether some characteristics of work may also vacillate between demand and resource. Methods 24 We report how we determined our sample size, all data exclusions (if any), all 25 manipulations, and all measures in the study. **Participants** Material Procedure Data analysis We used R [Version 4.0.5; R Core Team (2020)] and the R-package papaja [Version 31 0.1.0.9997; Aust and Barth (2020)] for all our analyses. Results 33 Discussion 34

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