



Thank you for your interest in Warrior Martial Arts. Here is a brief overview of our program.

Classes will be held at the BCC on Tuesday and Thursday nights from 6:30-7:30PM for Kids and from 7:30-8:30PM for adults beginning on February 5th, 2019.

Separate classes for children and adults will be offered to allow for more individual learning and for age appropriate material to be covered.

The particular styles of Karate taught are called Goshin-Ryu and Goju-Ryu which means "self-defense way" and "hard soft way". We have combined these major styles of traditional Okinawan karate in order to offer a complete system of training.

Warrior Martial Arts offers on-going training classes in:

Traditional Okinawan Karate/Classical weapons-kobudo/Life preservation self-defense/
Street-wise assault prevention.

TRAINING PHILOSOPHY

We Strive - to inspire our students to develop their mind, body and spirit in ways they never thought possible.

We Are Committed- to develop in our students a sense of well-being, greater confidence, and an improved self-image.

We Believe- that every person, at any age, can learn martial arts.

Contact Sensei Paredes at michaelparedes47@gmail.com

Check us out on Facebook and our website www.warriormartialarts.net