

Table 1. Demographic characteristics of the study population	
Age (years)	18-24
Gender	Male
Ethnicity	White
Marital status	Single
Occupation	Student
Religion	Christian
Education level	High school
Income level	Low
Health status	Good
Smoking status	Non-smoker
Alcohol consumption	Occasional
Physical activity	Regular
Stress level	Low
Sleep quality	Good
Dietary habits	Healthy
Family history	None
Genetic factors	None
Environmental factors	None
Psychological factors	None
Social factors	None
Medical history	None
Current medications	None
Previous surgeries	None
Chronic conditions	None
Acute conditions	None
Injuries	None
Infections	None
Allergies	None
Autoimmune disorders	None
Neurological disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	None
Sexual disorders	None
Reproductive disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	None
Sexual disorders	None
Reproductive disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	None
Sexual disorders	None
Reproductive disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	None
Sexual disorders	None
Reproductive disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	None
Sexual disorders	None
Reproductive disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	None
Sexual disorders	None
Reproductive disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	None
Sexual disorders	None
Reproductive disorders	None
Endocrine disorders	None
Cardiovascular disorders	None
Respiratory disorders	None
Gastrointestinal disorders	None
Urological disorders	None
Gynecological disorders	None
Ophthalmological disorders	None
Otorhinolaryngological disorders	None
Dermatological disorders	None
Immunological disorders	None
Neoplasms	None
Infectious diseases	None
Parasitic diseases	None
Fungal diseases	None
Bacterial diseases	None
Viral diseases	None
Prion diseases	None
Autoimmune diseases	None
Neurodegenerative diseases	None
Psychiatric disorders	None
Substance use disorders	None
Eating disorders	