# Denoising Diffusion Models

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### Abstract

This document provides a concise overview of denoising diffusion models. Most of it is adapted from the excellent slides of Valentin de Bortoli[1]. The discussion begins with a review of classical Langevin sampling, a method that, while not ideally suited for generative modeling, establishes a clear connection between sampling methods, stochastic differential equations (SDEs), and linear partial differential equations (PDEs). We then explore the fundamental concept underlying diffusion models, which is the ability to invert linear SDEs through SDEs of the same class, but with a problem-dependent drift. This inversion involves the so-called "score", defined as the gradient of the log of the evolving density. The final section introduces score matching, a technique to estimate this score from samples of the trajectories. Denoising score matching reframes the problem, recasting it as the computation of an optimal denoiser.

## 1  Langevin sampling

Langevin diffusion is a method to accelerate sampling from a distribution with density $\rho_0(x) \triangleq e^{-f(x)}$, leveraging the smoothness of $f$. In its discrete (and approximate) form, it corresponds to a noisy gradient descent, where the noise is Gaussian

$$Z_{k+1} = Z_k - \tau \nabla f(Z_k) + \sqrt{2\tau} W_k,$$

where $W_k \sim \mathcal{N}(0, \mathrm{Id}_d)$ are i.i.d.

Setting $t = \tau k$, as $\tau \to 0$, this leads to considering the following Langevin stochastic differential equation (SDE)

$$\mathrm{d}Z_t = -\nabla f(Z_t)\mathrm{d}t + \sqrt{2}\mathrm{d}W_t, \tag{1}$$

where $t \mapsto W_t$ is a Wiener process. One can show that, regardless of the distribution of $Z_0$, the law of $Z_t$ converges in law towards a density $e^{-f(x)}$ with respect to Lebesgue measure.

**Convergence issues.** Note that if one replaces $f$ by $f/\varepsilon$, this converges to $e^{-f(x)/\varepsilon}$, so that as $\varepsilon \to 0$ one recovers (noiseless) gradient descent, which converges to stationary points of $f$. The caveat is that the convergence of Langevin will become slower and slower as $\varepsilon$ becomes smaller.

The power of Langevin lies in its independence with respect to initialization. Its weaknesses are its slow convergence for non-convex $f$ and the necessity to have direct access to $\nabla \log(\rho_0) = \nabla f$. For applications

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[1] https://vdeborto.github.io/project/generative_modeling/

to generative models, this is not acceptable because one can only assume to have access to $\rho_0$ from samples. These two drawbacks can somehow be alleviated by the diffusion model framework, which loosely speaking, corresponds to replacing the drift $\nabla \log(\rho_0)$ by $\nabla \log(\rho_t)$ where $\rho_t$ is a suitable smoothing of $\rho_0$.

**PDE interpretation.** For a vector field $v$ (for instance, $v = -\nabla f$ in (1)), the law $\rho_t$ of a process $Z_t$ satisfying

$$\mathrm{d}Z_t = v(Z_t)\mathrm{d}t + \sqrt{2}\mathrm{d}W_t,$$

can be shown to satisfy (in the weak sense) the following heat diffusion equation with drift (also called the Fokker-Planck equation)

$$\partial_t \rho_t = -\mathrm{div}(\rho_t v) + \Delta \rho_t. \tag{2}$$

# 2 Diffusion model

To obtain an exact synthesis process leveraging a time-dependent smoothing, one can invert a forward diffusion process. The disadvantage of this approach is that it only works for a specific initial condition (as opposed to Langevin, which works for any initialization), which is the limit density of the forward diffusion (here a Gaussian).

**Forward flow.** To converge towards a Gaussian, one can consider a Langevin flow with a linear drift, $-x = -\nabla f$ where $f(x) = \frac{\|x\|^2}{2}$, which defines an Ornstein-Uhlenbeck process. The continuous forward flow (noising process) is thus

$$\mathrm{d}X_t = -X_t \mathrm{d}t + \sqrt{2}\mathrm{d}W_t.$$

It converges in law exponentially fast toward $\mathcal{N}(0, \mathrm{Id})$, and more precisely, one has equality in law

$$X_t \sim e^{-t}X_0 + \sqrt{1 - e^{-2t}}Z, \tag{3}$$

where $Z \sim \mathcal{N}(0, \mathrm{Id})$. This means that $\rho_t$ is a Gaussian smoothing (with an increasing bandwidth) of a rescaled version of $\rho_0$

$$\rho_t = \rho_0(\cdot/e^t) \star \mathcal{N}(0, 1 - e^{-2t}), \qquad f \star g(x) = \int f(y)g(x - y)\mathrm{d}y.$$

**Backward flow.** The actual sampling (the generative process) is now done by reverting in time this process, i.e., for a large enough $T \gg 0$, one seeks to approximate $Y_t \triangleq X_{T-t}$. Denoting $\rho_t$ the law of $X_t$ and $\xi_t = \rho_{T-t}$ the law of $Y_t$, the first idea is to reverse in time the Fokker-Planck PDE (2), since $\partial_t \xi_t = -\partial_t \rho_{T-t}$,

$$\partial_t \rho_t = -\mathrm{div}(-\rho_t x) + \Delta \rho_t \quad \Rightarrow \quad \partial_t \xi_t = -\mathrm{div}(\xi_t x) - \Delta \xi_t.$$

This corresponds to a backward heat equation, which is unstable and cannot be computed (and also, it cannot be represented using an SDE).

An alternative approach is to re-write $-\Delta \xi_t$ as a Laplacian plus a drift which is equal to the score $\nabla \log(\xi_t)$, since one has

$$-\Delta \xi_t = \Delta \xi_t - 2\mathrm{div}(\xi_t \nabla \log(\xi_t)) = \Delta \xi_t - 2\mathrm{div}(\xi_t \nabla \log(\xi_t)).$$

One thus has that $\xi_t$ is also a solution of a Fokker-Planck equation

$$\partial_t \xi_t = -\mathrm{div}(\xi_t x + 2\xi_t \nabla \log(\xi_t)) + \Delta \xi_t.$$

This shows that $\xi_t$ is the law of a process $Y_t$, satisfying the following Langevin SDE, initialized with $Y_0 = X_T$

$$\mathrm{d}Y_t = [Y_t + 2\nabla \log(\rho_{T-t})(Y_t)]\mathrm{d}t + \sqrt{2}\mathrm{d}W_t.$$

This can be discretized using an Euler-Maruyama scheme, starting from $Y_0 = X_{T/\tau}$

$$Y_{k+1} = Y_k + \tau Y_t + 2\tau \nabla \log(\rho_{T-t}) + \sqrt{2\tau} W_k. \tag{4}$$

The idea of using Langevin with a score function to perform generative modeling was introduced in [2]. The rigorous backward SDE presented here is due to [3].

**Initialization.** One issue in this approach is that the exact initialization $Y_0 = X_T$ is not possible since in practice $\rho_0$ is only approximately known. This is circumvented by replacing $\rho_T$ by $\rho_\infty = \mathcal{N}(0, \mathrm{Id})$.

# 3 Denoising Score Matching

In order to be able to implement (4), one needs to compute the score $\nabla \log(\rho_t)$, where $\rho_t$ is the density of the distribution of $X_t$, defined as in (3). The idea is to approximate this score using a function computed from samples of $X_t$.

In the following, we denote $X_0$ as $X$ and $X_t$ as $Z$. We denote $\mathbb{P}_{(Z,X)}(z,x)$ as the density of the law of $(Z, X)$ (with respect to some fixed reference measure, such as Lebesgue) and $\mathbb{P}_Z(z)$ the density of $Z$ (so that for diffusion model, $\mathbb{P}_Z = \rho_t$). For the sake of readability, we often drop the subscripts and denote it as $\mathbb{P}(z, x)$. The same goes for $\mathbb{P}_Z(z) = \mathbb{P}(z)$ and the conditionals $\mathbb{P}_{Z|X}(z|x) = \mathbb{P}(z|x)$ and $\mathbb{P}_{X|Z}(x|z) = \mathbb{P}(x|z)$.

The goal is thus to compute an estimator for $\nabla_z \log(\mathbb{P}_Z)$. The following derivation is valid for any pair of random vectors $(X, Z)$ such that one can sample from the pair $(X, Z)$ and has a closed-form expression for the conditional density $\mathbb{P}_{Z|X}(\cdot|x)$ of $Z$ given $X = x$. According to (3), in the special case of a diffusion model, conditioned on $X_0 = x$, $Z$ is a Gaussian random variable with mean $e^{-t}x$ and variance $(1 - e^{-2t})\mathrm{Id}$, so that

$$\log \mathbb{P}_{Z|X}(z|x) = -\frac{\|z - e^{-t}x\|^2}{2(1 - e^{-2t})} \quad \Rightarrow \quad \nabla_z \log \mathbb{P}_{Z|X}(z|x) = -\frac{z - e^{-t}x}{1 - e^{-2t}}. \tag{5}$$

**Score matching for a generic degradation.** One has $\mathbb{P}(z|x) = \frac{\mathbb{P}(z,x)}{\mathbb{P}(x)}$, so that

$$\frac{\nabla_z \mathbb{P}(z|x)}{\mathbb{P}(z|x)} = \nabla_z \log \mathbb{P}(z|x) = \nabla_z \log \frac{\mathbb{P}(z,x)}{\mathbb{P}(x)} = \frac{\nabla_z \mathbb{P}(z,x)}{\mathbb{P}(z,x)}.$$

One also has $\mathbb{P}(z) = \int \mathbb{P}(z,x) \, \mathrm{d}x$, so that using the previous equation

$$\nabla \log \mathbb{P}_Z(z) = \frac{\nabla \mathbb{P}(z)}{\mathbb{P}(z)} = \frac{1}{\mathbb{P}(z)} \int \nabla_z \mathbb{P}(z,x) \, \mathrm{d}x = \frac{1}{\mathbb{P}(z)} \int \mathbb{P}(z,x) \nabla_z \log \mathbb{P}(z|x) \, \mathrm{d}x = \int_x \nabla_z \log \mathbb{P}(z|x) \, \mathrm{d}\mathbb{P}(x|z).$$

The last expression writes $\nabla \log \mathbb{P}(z)$ as an average of $\nabla_z \log \mathbb{P}(z|x)$ according to the probability distribution $\mathbb{P}(x|z)$. This can equivalently be re-written as the minimization of a mean square

$$\nabla \log \mathbb{P}(z) = \underset{\varphi(z) \in \mathbb{R}^d}{\arg\min} \int_x \|\nabla_z \log \mathbb{P}(z|x) - \varphi(z)\|^2 \, \mathrm{d}\mathbb{P}(x|z).$$

Note that the function $\nabla_z \log \mathbb{P}(z|x)$ is assumed to be computable in closed form. In practice, this non-parametric estimation of $\varphi$ is replaced by a parametric estimation $\varphi = \varphi_\theta$, as one has to perform it by sampling $\mathbb{P}(\cdot|z)$ alone. This can be done by integrating over $z$ with random sampling from $\mathbb{P}(z)$, resulting in an integration over $\mathbb{P}(z,x) = \mathbb{P}(z|x)\mathbb{P}(x)$ (from which one can sample by first sampling $x$ and then $z$ according to $\mathbb{P}(z|x)$), so that one solves

$$\nabla \log \mathbb{P}_Z(\cdot) \approx \varphi_\theta \quad \text{where} \quad \min_\theta \int_x \int_z \|\nabla_z \log \mathbb{P}(z|x) - \varphi_\theta(z)\|^2 \, \mathrm{d}\mathbb{P}(z|x)\mathrm{d}\mathbb{P}(x). \tag{6}$$

**Score matching for diffusion.** For the case of diffusion model (3), the function $\varphi$ depends also on time, so that one minimizes

$$\nabla \log \rho_t(z) \approx \varphi_\theta(z, t) \quad \text{where} \quad \min_\theta \int_t \int_x \int_z \| \frac{e^{-t}x - z}{1 - e^{-2t}} - \varphi_\theta(z, t) \|^2 \, d\mathbb{P}(z|x) d\rho_0(x) \lambda_t dt. \tag{7}$$

where $\lambda_t$ is some weighting scheme. The function $\varphi_\theta(\cdot, t) : \mathbb{R}^d \to \mathbb{R}^d$ is usually a neural network but of a specific type because it maps $\mathbb{R}^d$ to itself. For images, a model of choice is U-Nets, which operate similarly to wavelet analysis and synthesis. The minimization of (7) is performed by stochastic gradient descent.

The initial idea of using score matching to perform density estimation was introduced in [1]. The variational formulation as an optimal denoiser is due to [4].

# References

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