Project Kage - Goal Tracking Features

7. Goal Creation and Customization

A flexible system for defining and tailoring personal goals:

- **Multiple Goal Types**: Support for various goal categories (health, career, learning, etc.)
- **Customizable Metrics**: Flexible measurement options (numeric, yes/no, subjective scales)
- **Timeline Settings**: Options for short-term, long-term, or ongoing goals
- **Priority Designation**: Ability to rank goals by importance
- **Visibility Controls**: Options to keep goals private or share with support network
- **Rich Media Integration**: Add images, vision boards, or audio recordings to goals
- **Custom Fields**: Add personalized attributes to track for specific goal types
- **Goal Categories**: Organize goals into meaningful groups
- **Tag System**: Apply multiple tags for flexible organization and filtering
- **Description Formatting**: Rich text editing for detailed goal descriptions
- **Resource Attachment**: Link relevant documents, links, or reference materials
- **Color Coding**: Visual differentiation of goals by type or priority

8. Goal Breakdown using "5 Whys" Methodology

Structured approach to identify true motivations and create meaningful sub-goals:

- **Guided Why Questioning**: Interactive process to discover deeper motivations
- **Motivation Documentation**: Captures and displays core motivations for reference
- **Sub-goal Generation**: Creates actionable components from larger goals
- **Hierarchical Visualization**: Shows relationship between main goal and sub-goals
- **Root Cause Identification**: Helps address underlying issues, not just symptoms
- **Motivation Strength Assessment**: Evaluates how compelling the discovered "why" is
- **Purpose Connection**: Links goals to fundamental personal values
- **Sub-goal Prioritization**: Helps sequence sub-goals for maximum effectiveness
- **Barrier Analysis**: Identifies potential obstacles during breakdown process
- **Alternative Path Mapping**: Explores multiple approaches to goal achievement
- **Complexity Reduction**: Simplifies overwhelming goals into manageable pieces
- **Visual Mind Mapping**: Creates relationship diagrams of goals and sub-goals

9. Goal Templates for Common Objectives

Ready-to-use frameworks for popular goal types to simplify the setup process:

- **Template Library**: Collection of pre-configured goals with proven structures
- **Category Organization**: Templates sorted by life areas (fitness, finance, learning, etc.)
- **Difficulty Levels**: Goal templates marked by commitment and challenge level
- **Time Estimates**: Suggested timeframes based on typical completion periods
- **Success Factor Notes**: Tips and considerations for each template type
- **Customization Prompts**: Guided questions to personalize templates
- **Habit Suggestions**: Recommended habits that support each goal type
- **Resource Recommendations**: Suggested tools, books, or courses for each goal
- **Community Popularity**: Indicators of how many users have adopted similar goals
- **Expert-Crafted Content**: Templates designed with input from subject matter experts
- **Common Pitfall Warnings**: Notes about typical challenges for each goal type
- **Success Stories**: Brief examples of others who achieved similar goals

10. Goal Progress Visualization

Interactive and motivating visual representations of advancement toward goals:

- **Progress Bar Displays**: Clear visual indicators of completion percentage
- **Timeline Views**: Chronological view of milestones and achievements
- **Trend Graphs**: Visual representation of progress over time
- **Milestone Markers**: Highlighted points of achievement along the journey
- **Comparative Views**: Current progress compared to previous periods
- **Forecast Projections**: Estimated completion based on current pace
- **Multi-goal Dashboards**: Unified view of progress across all active goals
- **Custom Visualization Options**: User-selected display types (charts, graphs, etc.)
- **Progress Heatmaps**: Calendar-based intensity views of activity
- **Achievement Badges**: Visual rewards for reaching significant milestones
- **Setback Indicators**: Honest representation of challenges and recoveries
- **Export Capabilities**: Generate shareable or printable progress reports

11. Milestone Tracking and Celebration

System for breaking goals into meaningful checkpoints and acknowledging achievements:

- **Milestone Creation**: Tools to establish significant progress markers
- **Auto-suggested Milestones**: AI-recommended checkpoints based on goal type

- **Completion Recording**: Check-off system with date and note capabilities

- **Celebration Prompts**: Suggestions for meaningful ways to acknowledge achievements

- **Achievement Showcase**: Gallery of completed milestones and celebrations

- **Milestone Reminders**: Notifications of upcoming or just-reached milestones

- **Custom Celebration Types**: Personalized reward definitions for different milestones

- **Reflection Questions**: Prompts to consider lessons learned at each milestone

- **Share Options**: Selective sharing of achievements with support network

- **Progress Perspective**: Shows percentage of milestones completed toward goal

- **Milestone History**: Chronological view of all reached checkpoints

- **Milestone Modification**: Ability to adjust upcoming milestones based on experience

12. Goal-Habit Connection Mapping

Visual and functional linking between long-term goals and supporting daily habits:

- **Bi-directional Linking**: Connect habits to goals and see which goals each habit supports

- **Impact Rating**: Indicate how strongly each habit contributes to associated goals

- **Relationship Visualization**: Graph view showing connections between habits and goals

- **Suggestion Engine**: AI-recommended habits based on specific goal types

- **Consistency Analysis**: Shows how habit adherence correlates with goal progress

- **Gap Identification**: Highlights goals without sufficient supporting habits

- **Balanced Distribution**: Ensures efforts are appropriately spread across important goals

- **Habit Effectiveness Rating**: Scores habits based on their actual contribution to goals

- **Connection Strength Adjustment**: Modify how strongly habits are weighted toward goals

- **Orphaned Habit Detection**: Identifies habits not contributing to any current goals

- **Critical Path Highlighting**: Shows the most essential habits for goal success

- **Sequential Relationship Mapping**: Indicates when habits build on each other toward goals