

**I want to create a mobile and desktop app that is a habit companion. The name of the App will be Kage. This app is not only a regular habit tracker, you should be able to Create a Goal, add day to day tasks, habits you wish to forge, link this habits to a calendar to hold yourself accountable on time and be able to journal about your day and the challenges of these habits or tasks. The idea is that this app is a journal of your life that allows you to be better and hold yourself accountable.**

I envision a dashboard where The top shows Kage's logo then a title of My Goals and the analytics and settings icon at the end. After that on the content part you should be able to see the goal ICON and next to it the title of it. Under that a tasks icon with 0/4 or how many related tasks you have for this goals and a habit icon with the number of habits related to this goal. At the end, a date for your review, a day where you are courage and prompt to entry a journal and track your progress.

The idea of goals > tasks > habits is really important for the app as the Goals remind us what we work for, the tasks are small wins that allow us to set up for success and the habits are the day to day battles we win to get closer to our goal.

This should all be interconnected but also work separately as this is not just a normal habit app but in general a day to day app to track daily life.

I imagine this goals dashboard being simple and compact with the ability to expand to see more details like all related tasks and habits, with the ability to add more, mark them as complete and edit them or delete them.

In the tasks page I want to keep it simple for easy to filter and see what's important, sort by habits or date or maybe both, a simple compact title with a check box and the ability to expand the task to see what needs to be done, by when, where and more.

The habit tab is the most important, for many users will be the reason to open the app daily, to mark the habit they accomplish today this should have multiple views, a simple grid view where you see the habit name - 7 past days with the current day at the end, dates on top of them all and down that line by line the habits to be marked. But also a more detailed view where you can see which habit corresponds to what goal and most importantly when you open your habit you need to be able to do a lot. like selecting if this habit is a one time a day thing or measure by doing it multiple times like drinking 8 glasses of water in which case you can tap to increase your progress and have to tap that desired amount of times to complete the habit, but also a timer in case you want to measure by time like reading for 15 minutes in the morning and 15 more minutes at night or walk for 30 minutes a day. And finally add a time that will import to the calendar

section so you can see what your day has ahead of you.

This calendar should not only be for the habits, you should be able to add any task, event or habits as any other calendar since once more, the app is a day to day companion not only for habits.

Then you should be able to journal, about the habit, tasks, day to day and more. Been able to type or speech to text, record voice notes for your future self in case you want to leave a message of encouragement for the future.

The top of everything, AI Integration. I want to create an AI Agent feel with lots of behavioral knowledge to help everyone be organized, motivated and achieve their best version. This AI should be able to perform all of the app features for you, mark as complete, create new tasks, habits or goals PLAN with you the goals, tasks and habits, JOURNAL with you in case you do not know how to start or what to say also give you feedback on your habit patterns to help you improve your routines and maybe point out that your reading morning completion is below 10% but at night is above 80% so maybe you should reshape your daily reading to only being at night for 20 instead of 15 minutes and many more scenarios and options.

Kage is the power of AI as a true daily companion to encourage you to be better, to not forget things and to accomplish more.

Absolutely fantastic vision! Kage could truly stand out in the productivity and self-improvement space with its holistic approach. Here's a structured product concept and feature breakdown based on your ideas, along with suggestions for UX, functionality, and AI integration.

## **Kage: The Ultimate Habit & Life Companion App**

### **Core Philosophy**

- **Goals → Tasks → Habits:** Hierarchical yet flexible structure to help users break down ambitions into actionable steps and daily routines.
- **Accountability & Reflection:** Journaling, analytics, and calendar integration make Kage a true daily companion, not just a tracker.
- **AI-Powered Guidance:** Kage's AI agent isn't just a tool, but a coach, motivator, and planner.

### **1. Dashboard Design**

#### **Top Bar:**

- Kage Logo (centered or left)
- Title: "My Goals"
- Analytics Icon (quick stats, trends)
- Settings Icon

#### **Goals List (Main Content):**

- **Goal Card** (compact, expandable):
  - Goal Icon + Title
  - Task Icon + Progress (e.g., 2/5 tasks)

- Habit Icon + Count (e.g., 3 habits)
- Next Review Date (prompt for journaling)
- Expand for: Related tasks/habits (add, edit, delete, mark complete), notes, progress.

#### **Quick Actions:**

- Add New Goal/Task/Habit
- Jump to Calendar or Journal

## **2. Tasks Page**

- **Simple List View:** Title + Checkbox
- **Filters/Sort:** By goal, date, priority, habit-linked
- **Expandable Task:** Details (due date, location, notes, subtasks)
- **Quick Add/Edit/Delete**

## **3. Habits Tab**

#### **Grid View:**

- Habit Name (row)
- 7-Day Tracker (columns): Dates on top, today highlighted
- Tap to mark completion

#### **Detailed View:**

- Habit Details: Linked Goal, frequency, type (once, multiple, timed)
- **Progress Input:**
  - Checkbox (done/not done)
  - Counter (e.g., 8 glasses of water)
  - Timer (e.g., reading 15 min)
- **Calendar Sync:** Set reminder time, syncs with calendar

## **4. Calendar**

- **Unified Calendar:** Shows all tasks, habits, events
- **Color-coded entries:** Habits, tasks, events
- **Add/Edit/Delete directly from calendar**
- **Daily/Weekly/Monthly views**

## 5. Journaling

- **Linked Journals:** By goal, task, habit, or general day
- **Input Types:** Text, speech-to-text, voice notes
- **Prompts:** AI-generated prompts for reflection, gratitude, troubleshooting
- **Review & Search:** Tag, filter, search past entries

## 6. AI Integration (Kage AI Agent)

### Capabilities:

- **Conversational Planning:** "Help me set a new goal to run a marathon." Kage suggests tasks, habits, timeline.
- **Smart Completion:** "Mark my reading habit as done today."
- **Pattern Analysis:** "You're more consistent with evening habits. Want to shift your reading to nighttime?"
- **Motivational Nudges:** Encouragement, reminders, positive reinforcement.
- **Journaling Assistance:** "Not sure what to write?" Kage asks reflective questions or summarizes your day.
- **Routine Optimization:** Suggests habit stacking, time adjustments, or task batching based on your data.

## 7. User Experience Principles

- **Minimalist, Clean UI:** Focus on clarity, easy navigation, and quick actions.
- **Customization:** Themes, icons, notification preferences.
- **Accessibility:** Voice commands, large touch targets, dark/light modes.
- **Privacy & Security:** End-to-end encryption for journals and personal data.

## 8. Technical Suggestions

- **Cross-Platform:** Flutter or React Native for mobile + desktop (Electron for desktop if needed).
- **Cloud Sync:** For seamless experience across devices.
- **AI Backend:** Use OpenAI/GPT APIs, with custom behavioral models for habit formation and productivity coaching.
- **Calendar Integration:** Google Calendar, iCal, Outlook support.

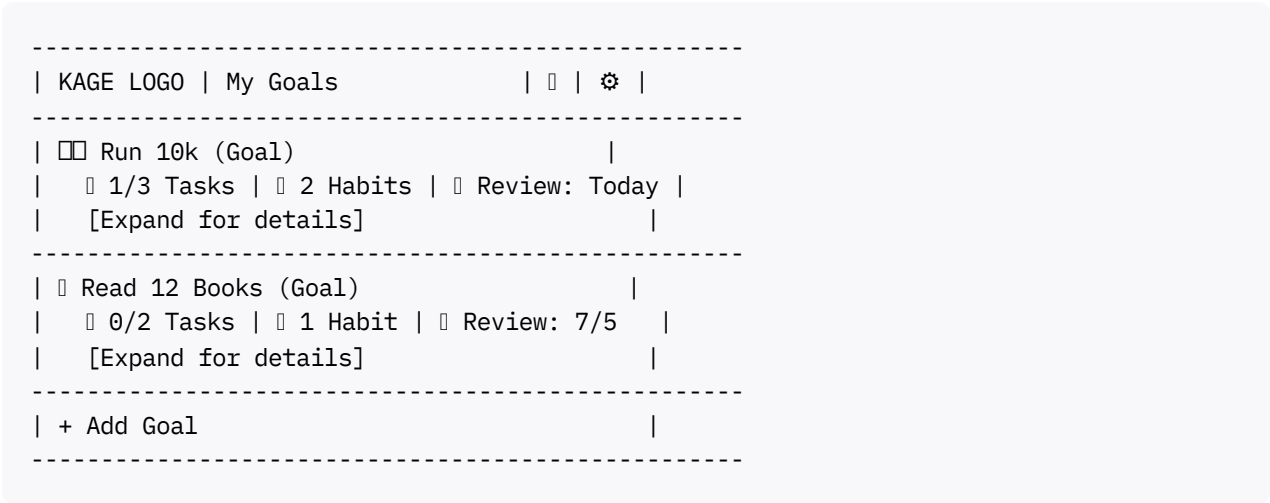
## 9. Monetization & Community

- **Freemium Model:** Core features free, premium for advanced analytics, deeper AI coaching, custom themes, etc.
- **Community Features:** Optionally, allow sharing progress, group challenges, or accountability partners.

10. Example User Flow

- 1. **Set a Goal:** "Run a 10k in 3 months."
- 2. **Break into Tasks:** "Buy running shoes," "Find a training plan," "Sign up for race."
- 3. **Forge Habits:** "Run 3x/week," "Stretch daily," "Log meals."
- 4. **Daily Use:** Mark habits, complete tasks, journal progress.
- 5. **Weekly Review:** Kage AI provides insights, celebrates wins, suggests tweaks.
- 6. **Calendar:** See training runs, race day, and related events all in one place.

11. Sample Dashboard Mockup (Text-based)



12. Next Steps

- **Wireframe the Dashboard and Key Screens**
- **Define Data Models (Goal, Task, Habit, Journal, Event)**
- **Map AI Agent Interactions**
- **Prototype Core Flows**
- **Test with Real Users**

**Kage** isn't just a habit tracker—it's your personal growth companion, blending structure, reflection, and AI-powered wisdom. If you need help with wireframes, data models, or user stories, let me know!