P1T2_food récipe

(Meatballs in Spanish sauce)

Ingredients: Halved bread-1 minced meat (pig)-500g minced meat (veal)-500g Garlic-3 **Parsley** Cheese Parmesan-100g eggs-2 Salt Pepper comino ground-1/2 cucharada Arina-250g Olive oil-6 a 7 cucharadas White wine-500ml Milk-250ml Wáter-250ml **Utensils:**

Steps to follow:

frying pan-1

vessel-1

Dish-1

First you should put the Halved bread in a vessel whit milk and dip it; after you should put the bread in a other vessel whit minced meat (pig) and minced meat (veal) meanwhile you should cut the garlics and put them in the vessel, also pepper, Cheese Parmesan, comino ground, the eggs, salt and parsley after mix it all up, then make balls and when you have all balls, place all them in arina, now in a frying pan add Olive oil and the meat balls, when the olive oil are hot, remember that you should flipping the meat balls in all time, after, you remove the meat balls in a dish meanwhile add to frying pan the white wine, and when the frying pan are hot you need add the water and salt, now put he meat balls in the frying pan and wait a 5 minutes are good and finally remove the meat balls and add it in another dish and enjoy.

