

100 Runners

10 Miles

10 Hours

20 Cities

5 Countries

## Join Miles2Run Today

Capture all your runs, anytime, anywhere.

Miles2Run is a fast and fun way to share your running activities with friends and family.

Sign up, enter an activity, share, and track your progress. It's easy.

Sign up Facebook

Sign up with Google

Sign up with Twitter

## Why join Miles2Run community

CONNECT WITH LOCAL RUNNERS

TRACK YOUR ACTIVITY

SHARE WITH FRIENDS

**DASHBOARD**

TIMELINE

POST ACTIVITY

CALENDAR

FRIENDS

Goal	Covered	Average Pace	Total Activities
10Kms	5Kms	3:00	3

**Recent Activities**

Shekhar Gulati complete a 2 Km running activity.  
2 hours ago

Edit

Delete



Shekhar Gulati completed a 1 Km running activity.  
1 day ago



Shekhar Gulati complete a 2 Km running activity.  
1 week ago

DASHBOARD

***TIMELINE***

POST ACTIVITY

CALENDAR

FRIENDS

## Timeline



**Shekhar Gulati** completed a 10 km running activity. 2 minutes ago  
Feeling great after the activity.

Share



**Arun Gupta** completed a 5 km running activity. 2 days ago  
Awesome experience

Share

DASHBOARD

TIMELINE

***POST ACTIVITY***

CALENDAR

FRIENDS

## Post New Activity

Activity Date



Distance

Distance covered

☒ km ☐ miles

How did it go?

How you are feeling?(max 140 characters)



Post Activity

DASHBOARD

TIMELINE

POST ACTIVITY

CALENDAR

FRIENDS

Your Activity Calendar



January

February

March



DASHBOARD

TIMELINE

POST ACTIVITY

CALENDAR

***FRIENDS***

Here are some people you can follow

User 1

User 2

User 3

Search Users...