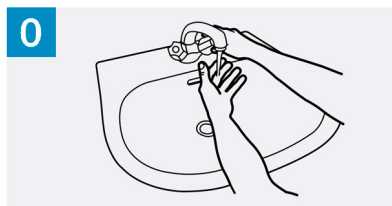
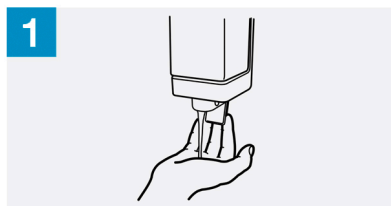


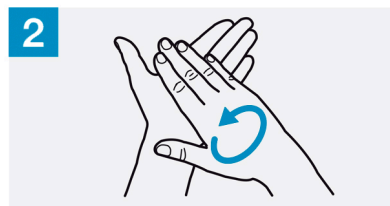
Wash Your Hands for 20 seconds



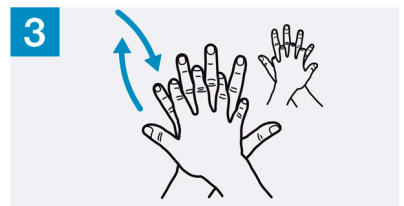
Wet hands with water;



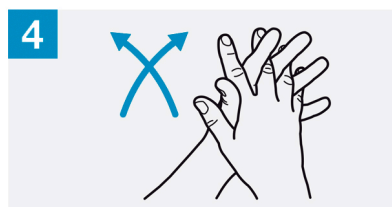
Apply enough soap to cover
all hand surfaces;



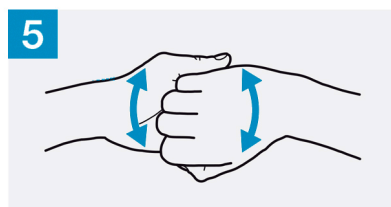
Rub hands palm to palm;



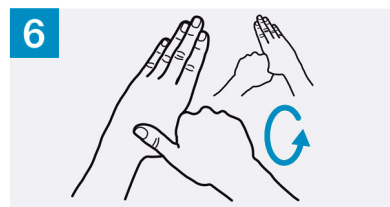
Right palm over left dorsum with
interlaced fingers and vice versa;



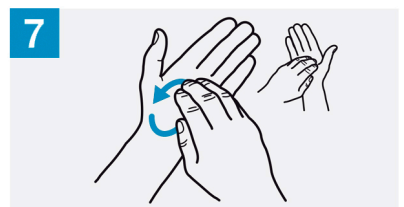
Palm to palm with fingers interlaced;



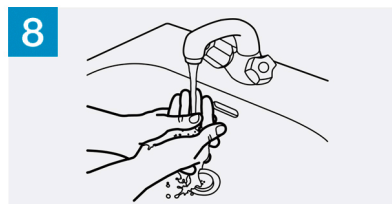
Backs of fingers to opposing palms
with fingers interlocked;



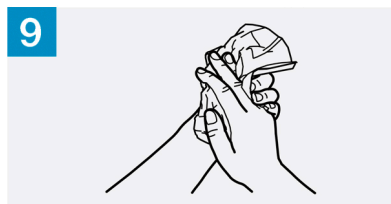
Rotational rubbing of left thumb
clasped in right palm and vice versa;



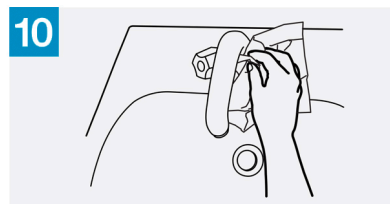
Rotational rubbing, backwards and
forwards with clasped fingers of right
hand in left palm and vice versa;



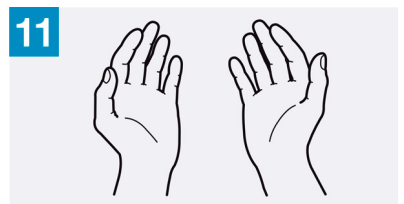
Rinse hands with water;



Dry hands thoroughly
with a single use towel;



Use towel to turn off faucet;



Your hands are now safe.

Try singing these to keep time.

Distance 6ft if harmonizing.

“Happy Birthday” (twice)

“Love on Top” by Beyonce (chorus)

“We Will Rock You” by Queen (chorus 3 times)

“Twinkle, twinkle little star” (twice)

“No Scrubs” by TLC (chorus)

“Truth Hurts” by Lizzo (chorus)

“Livin’ On a Prayer” by Bon Jovi (chorus)

“I Will Survive” by Gloria Gaynor (chorus)

“Heaven on Earth” Belinda Carlisle (chorus)

“Lose Yourself” by Eminem (chorus)

“Africa” by Toto (chorus)

“Stayin’ Alive” by the Beegees (chorus)

“Toxic” by Britney Spears (chorus)

“A Hard Day’s Night” by the Beatles (chorus)

Bonus 30 second cleanse:

Hum the final **Jeopardy Theme Song**