

Juan C. Sanchez-Arias

MD · PHD (NEUROSCIENCE)

545-4678 Elk Lake Drive, Victoria BC, Canada, V8Z 5M1

☎ (+1) 250-885-9486 | ✉ juan@juansanar.com | 🌐 www.juansanar.com | 📷 juansamdphd | 📺 juancsanchezarias | 🐦 @juan_sanar | 🎓

"Any man could, if he were so inclined, be the sculptor of his own brain." Santiago Ramon y Cajal

Education

University of Victoria

Victoria, BC, Canada

PHD IN NEUROSCIENCE

Jan. 2015 - April. 2020

- **Dissertation:** Pannexin 1 regulates dendritic spines in developing cortical neurons.
- **GPA:** 8.2/9.0.
 - **Relevant Coursework:** Developmental neurobiology, Tools for the study of ion channels.

Universidad del Valle - School of Medicine

Cali, Valle, Colombia

DOCTOR OF MEDICINE

Aug. 2007 - Oct. 2014

- **Pre-Diploma Rotatory Internship:** Hospital Universitario del Valle ESE - Universidad del Valle. Cali, Valle, Colombia.
- **Research Internship:** Centro de Estudios Cerebrales (Centre for Brain Studies). Universidad del Valle. Cali, Valle, Colombia
 - **Area of study:** Cerebral cortex cytoarchitectonics, functional neuronatomy, diffuse traumatic brain injury and ischemic stroke models in rats. Supervisors: Prof. Hernan Pimienta, Prof. Marhta Escobar, and Prof. Efrain Buritica.
- **Observership:** Functional Neurosurgery. Department of Neurosurgery. University of Illinois Hospital & Health Sciences System. University of Illinois at Chicago. Chicago, IL, USA. Supervisor: Dr. Konstantin Slavin.
- **Professional elective:** Neurosurgery and Neurocritical Care. Department of Neurosurgery. Hospital Universitario del Valle ESE - Universidad del Valle. Cali, Valle, Colombia.
- **GPA:** 4.4/5.0.
 - **Relevant Coursework:** Functional Neuroanatomy, Cerebral cortex cytoarchitectonics, Scientific Integrity, Bio-statistics, Addiction and Pharmacology, Systems Pathology

Skills

Research	Project management, experimental design, data management, statistical analysis and modeling, scientific writing, delivery of reports and presentation of results to specialized and lay audiences.
Laboratory	Confocal and Stimulated-emission-depletion (STED, super-resolution) microscopy, live cell microscopy, cell culture and transfection (cell lines and primary neurons), immunocyto(histo)chemistry, transgenic mouse colony management and generation of conditional knockouts (Cre-Lox), rodent surgery (stroke induction and viral vector injection), rodent behavioural testing
Programming	R, Python, ImageJ Macro Language (IJM), HTML, Markdown, \LaTeX
Software	Microsoft Office Suite, Adobe Creative Suite, GraphPad, ImageJ/FIJI, MATLAB, RStudio
Languages	English (fluent), Spanish (native)

Research Experience

University of Victoria

Victoria, BC, Canada

GRADUATE FELLOW IN NEUROSCIENCE

Jan. 2015 - Apr. 2020

- Advisor: Leigh Anne Swayne, PhD.
- Area of Study: Area of study: Pannexin 1 channels, dendritic spine plasticity, synapse formation, channel trafficking, neuronal cytoskeleton dynamics, neural stem cells, advanced microscopy for cell biology.
 - * Generated conditional and conditional-inducible knockout models for the study of cerebral cortex development.
 - * Optimized protocols to generate primary neuronal cultures from neonatal mice suitable for network analysis.
 - * Developed methods to visualize dendritic spines and filopodia in tissue sections and living primary neurons.
 - * Established immunocyto(histo)chemistry protocols that preserve the neuronal cytoskeleton.

Centro de Estudios Cerebrales - Universidad del Valle

RESEARCH INTERN IN BIOMEDICAL SCIENCES - NEUROSCIENCE CONCENTRATION

Cali, Valle, Colombia

Feb. 2014 - Jun. 2014

- Advisors: Prof. Martha Escobar, MSc; Prof. Hernan Pimienta, MSc, Prof. Efrain Buritica, PhD.
- Area of study: functional neuroanatomy, cerebral cortex organization, traumatic brain injury, stroke, neuroprotection.
- Performed carotid ligation in Whistar rats using microsurgery techniques.
- Used the weight-drop model of diffuse traumatic brain injury to generate organotypic slice cultures from rats.
- Optimized immunohistochemistry for neuronal and astrocytic markers in thick rat brain tissue sections.

School of Public Health - Universidad del Valle

STUDENT RESEARCHER

Cali, Valle, Colombia

Aug. 2010 - Feb. 2011

- Advisors: Enrique A. Estevez, MD and Elsa P. Muñoz, MD, MPH
- Area of study: Cardiovascular risk factor assessment in spinal cord injured patient assisting to a tertiary-level hospital.
 - Prepared research project proposals, liaised with ethical boards, and established a network of collaborators to complete the study using a standardized survey.
 - Prepared reports and presentations to share project results in local and national meetings.
 - Created a database in EpiInfo 7 for data collection, data management, and statistical analysis.
 - Contributed to the assessment and management of patients with chronic spinal cord injury, including prescribing rehabilitation plans and ordering of radiological and laboratory ancillary tests. Discussed cases with Physical Medicine and Rehabilitation attendings and residents.

Teaching Experience

University of Victoria - Division of Medical Sciences

TEACHING ASSISTANT

Victoria, BC, Canada

Spring 2017, Fall 2018, Spring 2020

- Course: Foundations of Medical Practice I and II
- Program: Island Medical Program - University of British Columbia
 - * MEDD412 - Neuroanatomy Bootcamp #1 (Year 1).
 - * MEDD412 - Neuroanatomy Lab on Cranial Nerves V & VII and Pain (Year 1).
 - * MEDD412 - Neuroanatomy Lab on Eye Movements and Brainstem (Year 1).
 - * MEDD421 - Neuroanatomy Lab on Cerebral Cortex, Functional Areas, and Blood Supply (Year 2).
 - * MEDD421 - Neuroanatomy Lab on Control of Movement and Cerebellum (Year 2).
 - * MEDD422 - Neuroanatomy Lab on Limbic System/Dementia (Year 2).

Service & Leadership

BC Regenerative Network (BCREGMED)

TRAINEE STEERING COMMITTEE

Victoria & Vancouver, BC, Canada

Feb. 2017 - PRESENT

- Co-editor for the BC Regenerative Medicine Network Newsletter.
- Member of the BCREGMED Symposium Organizing and Scientific committee.

CIHR Brain Bee - Victoria Chapter

ORGANIZER

Victoria, BC, Canada

2017 - PRESENT

- Organized and coordinated social media for the Victoria Brain Bee. Mentored high school students from the Greater Victoria Area who participated in the Brain Bee competition.
- Secured funding to sponsor Victoria Brain Bee winners traveling to the CIHR National Brain Bee.

Neuroscience Graduate Student Association (NGSA)

STUDENT MEMBER

Victoria & Vancouver, BC, Canada

2017 - PRESENT

- Student Representative - Division of Medical Sciences.
- Member of the Organizing Committee for the Neuroscience Graduate Program Kick-Off. Liased and recruited keynote speakers for seminar lectures.

Let's Talk Science - UVic

VOLUNTEER

Victoria, BC, Canada

Oct 2018 - PRESENT

- Involved in Neuroscience Outreach talks and high school science excursions at the University of Victoria - Division of Medical Sciences.

Lecturio GmbH

FREELANCE MEDICAL WRITER

Leipzig, Germany

Jun. 2017 - Oct. 2018

- Produced, edited and copyedited medical exam- and licensing exam-like questions (USMLE Step1 and Step 2CK style questions).

UVic's Women in Science

VOLUNTEER

Victoria, BC, Canada

Jan. 2020 - PRESENT

- Involved in the Peer-Mentorship Program as Graduate Mentor.

Honors & Awards

International Gap Junction Conference NB Gilula Star Award, 2019	IGJC2019
John & Myrtle Tilley Graduate Scholarship, 2019	UVic-FGS
BC Regenerative Medicine Travel Award, 2018	BCREGMED
Donald Wagg Graduate Scholarship, 2017 2018	UVic-FGS
Vera Allen Travel Award for Medical Sciences, 2016 2017 2018 2019	UVic-FGS
University of Victoria Student Travel Grant, 2016	UVic-FGS
James A. & Laurette Agnew Memorial Scholarship & Award, 2015 2016 2017 2018 2019	UVic-FGS
University of Victoria Graduate Award, 2015 2017 2018 2019	UVic-FGS
University of Victoria Fellowship Award, 2015	UVic-FGS
Universidad del Valle - School of Medicine Dean's List, 2007 2009 2013 2014	UniValle
Public High School Academic Excellence Scholarship, 2006	InfValle-Colombia

Publications

JOURNAL ARTICLES

Pannexin 1 regulates spiny protrusion dynamics in cortical neurons

Juan C. Sanchez-Arias, Rebecca C. Candlish, Leigh Anne Swayne

bioRxiv (MAR. 5, 2020) P. 973917. COLD SPRING HARBOR LABORATORY, DOI: 10.1101/2020.03.02.973917

Ankyrin-B p.S646F undergoes increased proteasome degradation and reduces cell viability in the H9c2 rat ventricular cardiomyoblast cell line

Lena Chen, Catherine S. W. Choi, **Juan C. Sanchez-Arias**, Laura T. Arbour, Leigh Anne Swayne

Biochemistry and Cell Biology (DEC. 2019). DOI: 10.1139/bcb-2019-0082

Ankyrin B and Ankyrin B variants differentially modulate intracellular and surface Cav2.1 levels

Catherine S. W. Choi, Ivana A. Souza, **Juan C. Sanchez-Arias**, Gerald W. Zamponi, Laura T. Arbour, Leigh Anne Swayne

Molecular Brain 12.1 (SEPT. 2, 2019) P. 75. DOI: 10.1186/s13041-019-0494-8

A novel motif in the proximal C-terminus of Pannexin 1 regulates cell surface localization

Anna L. Epp, Sarah N. Ebert, **Juan C. Sanchez-Arias**, Leigh E. Wicki-Stordeur, Andrew K. J. Boyce, Leigh Anne Swayne

Scientific Reports 9.1 (JULY 5, 2019) P. 9721. DOI: 10.1038/s41598-019-46144-5

Exploring the Pannexin 1 interactome: In silico cross-analyses with postsynaptic proteins and neuropsychiatric disorder susceptibility genes

Simona D. Frederiksen, Leigh E. Wicki-Stordeur, **Juan C. Sanchez-Arias**, Leigh Anne Swayne

bioRxiv (OCT. 11, 2019) P. 801563. COLD SPRING HARBOR LABORATORY, DOI: 10.1101/801563

Pannexin 1 Regulates Network Ensembles and Dendritic Spine Development in Cortical Neurons

Juan C. Sanchez-Arias, Mei Liu, Catherine S. W. Choi, Sarah N. Ebert, Craig E. Brown, Leigh Anne Swayne

eNeuro 6.3 (MAY 22, 2019) ENEURO.0503-18.2019. DOI: 10.1523/ENEURO.0503-18.2019

Probenecid Disrupts a Novel Pannexin 1-Collapsin Response Mediator Protein 2 Interaction and Increases Microtubule Stability

Xiaoxue Xu, Leigh E. Wicki-Stordeur, **Juan C. Sanchez-Arias**, Mei Liu, Maria S. Weaver, Catherine S. W. Choi, Leigh A. Swayne

Frontiers in Cellular Neuroscience 12 (MAY 11, 2018). DOI: 10.3389/fncel.2018.00124

Upregulation of inflammatory mediators in the ventricular zone after cortical stroke

Adrianna N. Gunton, **Juan C. Sanchez-Arias**, Esther O. Carmona-Wagner, Leigh E. Wicki-Stordeur, Leigh Anne Swayne

PROTEOMICS – Clinical Applications 11.9 (MAY 15, 2017) P. 1600092. DOI: 10.1002/PRCA.201600092

Perspectives on the role of Pannexin 1 in neural precursor cell biology

Juan C. Sanchez-Arias, Leigh E. Wicki-Stordeur, Leigh Anne Swayne

Neural Regeneration Research 11.10 (NOV. 4, 2016) PP. 1540–1544. DOI: 10.4103/1673-5374.193221

What Are Neural Stem Cells, and Why Are They Important?

Leigh Anne Swayne, **Juan C. Sanchez-Arias**, Agbay Andrew, Stephanie M. Willerth

Frontiers for Young Minds 4.20 (SEPT. 22, 2016) P. 7. FRONTIERS, DOI: 10.3389/frym.2016.00020

Pannexin 1 Differentially Affects Neural Precursor Cell Maintenance in the Ventricular Zone and Peri-Infarct Cortex

Leigh E. Wicki-Stordeur, **Juan C. Sanchez-Arias**, J. Dhaliwal, Esther O. Carmona-Wagner, Valery I. Shestopalov, Diane C. Lagace, Leigh Anne Swayne

Journal of Neuroscience 36.4 (JAN. 27, 2016) PP. 1203–1210. DOI: 10.1523/JNEUROSCI.0436-15.2016

Presentations

ORAL PRESENTATIONS

International Gap Junction Conference

Star Award Talk: PANNEXIN 1 REGULATES NEURONAL NETWORKS AND DENDRITIC SPINE FORMATION IN CORTICAL NEURONS

Victoria, BC, Canada

July 27-31, 2019

University of Victoria - Neuroscience Graduate Program Kick-Off

PANNEXIN 1 REGULATES CORTICAL DENDRITIC SPINE FORMATION

Victoria, BC, Canada

September 14, 2018

BC Regenerative Medicine Symposium

PANNEXIN 1 IN NEURONAL DEVELOPMENT

Vancouver, BC, Canada

May 10, 2017

XV Health Sciences Research Symposium: Disability and Life Cycle - Universidad del Valle

BEHAVIOURAL RISK FACTORS ASSOCIATED WITH CARDIOVASCULAR DISEASE IN CHRONIC SPINAL CORD INJURY

Cali, Colombia

Oct. 14, 2013

XXI Colombian Student's Congress of Medical Research (CECIM)

A PILOT FOR THE ASSESSMENT OF BEHAVIOURAL RISK FACTORS ASSOCIATED WITH CARDIOVASCULAR DISEASE IN SPINAL CORD INJURY

Bucaramanga, Colombia

May. 5, 2010

POSTER PRESENTATIONS

Pannexin 1 regulates network ensembles and dendritic spine development in cortical somatosensory neurons

Juan C. Sanchez-Arias, Mei. Liu, Catherine S.W. Choi, Sarah N. Ebert, Ana DeLucas-Rius, Craig E. Brown, Leigh Anne Swayne
Canadian Association for Neuroscience Meeting, 2019, May, Toronto, ON, Canada

Pannexin 1 regulates neuronal networks and dendritic spine formation in cortical neurons

Juan C. Sanchez-Arias, Mei. Liu, Catherine S.W. Choi, Sarah N. Ebert, Ana DeLucas-Rius, Craig E. Brown, Leigh Anne Swayne
International Gap Junction Conference, 2019, July, Victoria, BC, Canada

Pannexin 1: a novel regulator of dendritic spine development in the postnatal cerebral cortex

Juan C. Sanchez-Arias, Olga Shetsova, Mei Liu, Weaver Maria S. Leigh Anne Swayne
BC Regenerative Medicine Symposium, 2018, May, Vancouver, BC, Canada

Pannexin 1: a novel regulator of dendritic spine development in the postnatal cerebral cortex

Juan C. Sanchez-Arias, Olga Shetsova, Mei Liu, Weaver Maria S. Leigh Anne Swayne
Canadian Association for Neuroscience Meeting, 2018, May, Vancouver, BC, Canada

Pannexin 1 regulates somatosensory pyramidal neuron dendritic spine density and sensorimotor function

Juan C. Sanchez-Arias, Olga Shetsova, Mei Liu, Leigh Anne Swayne
Society for Neuroscience Meeting, 2018, Nov., San Diego, CA, USA

A novel negative regulator of neurite development in the cerebral cortex

Juan C. Sanchez-Arias, Wicki-Stordeur Leigh E. Leigh Anne Swayne
BC Regenerative Medicine Symposium, 2017, May, Vancouver, BC, Canada

A pannexin 1 blocker modulates the development of dendritic spines in the postnatal cerebral cortex

Juan C. Sanchez-Arias, Wicki-Stordeur Leigh E. Carmona-Wagner Esther O. Leigh Anne Swayne
Canadian Developmental Biology Conference – Satellite Symposium on Forebrain Neurogenesis: From Embryo to Adult, 2016, Mar., Banff, AB, Canada

A pannexin 1 blocker modulates the development of dendritic spines in the postnatal cerebral cortex

Juan C. Sanchez-Arias, Wicki-Stordeur Leigh E. Leigh Anne Swayne
Inaugural University of Virginia Pannexin Conference, 2016, Oct., Charlottesville, VA, USA

A pannexin 1 blocker modulates the development of dendritic spines in the postnatal cerebral cortex

Juan C. Sanchez-Arias, Wicki-Stordeur Leigh E. Leigh Anne Swayne
Society for Neuroscience Meeting, 2016, Nov., San Diego, CA, USA

Science Communication

BC Regenerative Medicine Network Newsletter

EDITOR & WRITER

BCREGMED

2018 - PRESENT

- Contributor to the Translational Research Highlights Section

Neuroscience Graduate Program TEDx Series

SPEAKER

Victoria, BC, Canada

Oct. 31, 2019

- Talk title: Your brain is like play-dough on superpowers, so play with it!

Cafe Scientifique - UVic Centre for Biomedical Research

Victoria, BC, Canada

SPEAKER

Mar. 19, 2019

- Talk title: The developing brain: a shape-shifting powerhouse

Night Shift: After life - Royal BC Museum

Victoria, BC, Canada

SPEAKER

Oct. 27, 2018

- Talk title: Near-death experiences: The mind *in extremis*

Society Membership

Active	Student Member, Canadian Association for Neuroscience	2015 - Present
Active	Student Member, Society for Neuroscience	2016 - Present
Active	Member, Trainee Steering Committee - BC Regenerative Medicine Network	2017 - Present