TRANSPOSE OF LORENTZ TRANSFORMATION*

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Good notations often play central roles in making theoretical advances in the physical sciences, where calculations can easily become lengthy. However, certain notations create more confusion than clarity for beginners.

A quick search reveals widespread confusion regarding index notation or Einstein summation convention among students. In particular, the property

$$(\Lambda^t)^{\mu}_{\ \nu} = \Lambda_{\nu}^{\ \mu} \tag{1}$$

of matrices of Lorentz transformations is often misunderstood (see, for example, Stack Exchange). Of course, (1) is not the usual definition for the transpose of a matrix. To my surprise, I couldn't find any simple proof for the equality. Even worse, in some places the discussion ended up complicating more. Unsatisfied with the answers I found, I decided to write and share this.

Definition. For any square matrix M, the **transpose** of M is defined as

$$(M^t)_{\alpha\beta} = M_{\beta\alpha}.$$
 (*)

Proposition. Let Λ be the matrix of a Lorentz transformation. Then,

$$(\Lambda^t)^{\mu}_{\ \nu} = \Lambda_{\nu}^{\ \mu}.$$

Proof. Let η denote the Minkowski metric. We compute:

$$(\Lambda^t)^{\mu}_{\ \nu} = \eta^{\mu\alpha} (\Lambda^t)_{\alpha\nu}$$
$$= \eta^{\mu\alpha} \Lambda_{\nu\alpha} \quad (*)$$
$$= \Lambda_{..}^{\ \mu}.$$

Remark. It's worth mentioning that the proof of

$$(\Lambda^t)_{\nu}^{\mu} = \Lambda^{\mu}_{\nu}$$

is analogous.

^{*}This is a first draft. In future versions, the text could evolve into lecture notes on tensors and index notation, especially if I come across more confusing things out there.