

Managing Stress for Positive Change

Course completed by Judith Sanchez Oct 03, 2023 at 08:05PM UTC • 53 minutes

Top skills covered

Stress Management

Head of Content Strategy, Learning



Instructional Delivery Method: QAS Self Study
In accordance with the standards of the National Registry of CPE Sponsors,
CPE credits have been granted based on a 50-minute hour.
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Field of Study: Personal Development
Program: National Association of State Boards of Accountancy (NASBA)
Registry ID: #140940
Continuing Professional Education Credit (CPE): 1.40

Certificate ID:

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