



# Why I Left L&T — Even Before Finishing DET Training

Hey everyone, I'm **Jugal Pakhare**, and I couldn't be more excited (and a little nervous) to present my **first blog** ever!

This is the beginning of a raw, unfiltered blog series where I open up about my **personal and professional journey** — answering real questions, even the uncomfortable ones. And today, I'm diving straight into the biggest one I keep hearing:

**"Bro, why did you leave L&T? And that too, during DET training?"**

A fair question. After all, who walks away from **Larsen & Toubro**, one of India's biggest and most respected giants — just a few months into their career?

So buckle up. I'm here to give you the truth — not drama, not excuses — but **real reflections**. This isn't a rant. It's a voice I've kept inside for far too long. And maybe, just maybe, this will help someone else who's also feeling lost in a job that looks perfect from the outside, but doesn't feel right on the inside.

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## 🔪 The Rumors, The Theories & The Truth

Ever since I left, I've heard everything from:

- "Bro couldn't handle the pressure."
- "Maybe he got into some trouble."
- "Found something better, maybe?"
- "He gave up. Burned out."

Let's face it — **people love gossip more than facts**.

When you leave a brand like **L&T**, especially mid-way through training, you become public property for theories.

But today, I'm setting the record straight. This isn't about defending myself — it's about sharing the story that got buried under all the noise.

Because yes — **L&T is a dream company** for many. I felt like I had "made it" the day I got placed. It was a proud moment for my family, my peers, and myself.

But what no one tells you is what's behind that shiny offer letter —  
the **conflict**,  
the **system**,  
the **reality**,  
and that quiet inner voice whispering:  
“Is this where you really belong?”

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### 💔 When the Dream Started Cracking

Inside the system, things started changing.  
What once felt like a dream job started to feel more like a prison.

Every time someone asks,

“Why did you quit L&T?”

My answer is simple:

**“Not one reason. Many.”**

Sure, the **work culture** played a role. But it wasn't the *only* reason. My decision came from layers — some personal, some professional, some deeply introspective.

I wasn't just **running away** from something.

I was also **running towards** something I had lost:

**my purpose.**

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### 🗨️ Not Just Pain — There Were Good Moments Too

Let me be absolutely clear:

Leaving L&T does **not** mean I hate the company.

I'm genuinely thankful for the **lessons, the memories, and the people** I encountered during that time. From orientation to my last goodbye mail — the ride was unforgettable.

And I *will* write a dedicated blog to talk about that phase — like a full chapter of its own.

Because L&T did teach me a lot — just not in the way I expected.

But **this blog** isn't about nostalgia.

It's about **truth. Growth. And choices** that weren't easy.

So now, let's break it down —

**The real reasons I left.**

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## Why I'm Writing This

This blog isn't here to attack or accuse anyone. I'm writing this to:

- Clear the air
- Bust some myths
- Share some behind-the-scenes truths of corporate life — especially in construction/infrastructure

Too many people mistook my **silence** as **guilt**.

But the truth is — I stayed quiet out of respect.

Now, I realize: **Staying silent only fuels the rumors.**

So here I am — sharing **my experience**.

Not to generalize. Not to trigger drama.

But to say honestly:

“This is how it was — *for me.*”

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## Reason 1: No Real Room for Higher Studies — Growth Was Caged

One of the first reality checks hit hard:

**Higher education? Off-limits.**

As a **DET**, you can't pursue any **full-time degree**. Even after training ends, you're allowed only **part-time courses** (with tons of restrictions). You have to:

- Wait 2 years minimum
- Get excellent ratings
- Secure supervisor recommendation
- And even then, *no guarantee* of approval or sponsorship

Let's be honest — in today's world, **a diploma alone doesn't cut it**. You need a **proper degree** to move ahead, qualify for competitive exams, or even switch fields.

Could I do part-time education on my own? Sure.

But **12-hour shifts**, **rigid leave policies**, and **zero support** make it nearly impossible.

And those “shortcuts” people use — fake full-time degrees from Tier-3 colleges while working full-time?

That wasn’t for me. I wanted:

- ✓ Authentic learning
- ✓ Real growth
- ✓ A stable, ethical future

Unfortunately, I couldn’t find that path within L&T.

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## Reason 2: No Real Career Growth — Promotions Felt Like Illusions

Here’s the truth —

**Corporate growth isn’t always about performance.**

It’s about **pleasing your superior**.

You could be the hardest worker, but unless your immediate boss is impressed, **nothing moves**.

Even after 2+ years, when promotions come... it’s usually a salary bump of ₹5,000–₹10,000.

That’s it.

I saw people working like machines, **chasing ratings** for survival. And DETs? Often treated **lesser than GETs** — with fewer opportunities and slower growth.

And let’s not forget the overused corporate myth:

“Work hard and you can go from DET to MD!”

Really?

I wasn’t here for fairy tales.

I was here for **real impact**, **real meritocracy**, and **real career building**.

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## Reason 3: Toxic Work Culture — Labour Laws? Never Heard of Them

Here’s the harshest pill I had to swallow:

**Indian labour laws sound great — on paper. On sites? They barely exist.**

- **12-hour daily shifts**
- **No weekly off** — only after 14 consecutive working days
- **Zero national/religious holidays**

- **Begging for basic leave**
- **Festivals = extra inspections to maintain fear**

None of this was explained during onboarding.

It was a **silent trap**.

And the cherry on top?

If you raise your voice, you're labeled as "weak" or "non-adjustable."

I joined with a promise to myself:

"No job is worth losing mental peace or dignity."

And I stood by it.

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#### **Reason 4: Lack of Professionalism — Hierarchy Over Humanity**

In L&T, **your cadre defines your worth**.

I saw a toxic culture where:

- Freshers and DETs were **looked down upon**
- Seniors demanded respect, but gave none
- Departments constantly **blamed each other**
- Ego ruled over collaboration

Respect became a privilege — not a basic right.

I was scolded for calling someone "Sharma ji" instead of "Sharma Sir." I was told:

"Check your cadre before speaking to me."

Excuse me?

Professionalism shouldn't come from fear or status — it should come from **mutual respect**.

Sadly, I saw the opposite.

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#### **Reason 5: No Real Future Scope — A Road to Nowhere**

Even if I had stayed, worked hard, and earned promotions —  
**nothing significant would have changed.**

- The shifts would stay the same
- The leave policies would still suck
- The work culture would remain toxic
- The salary would barely rise
- The **freedom** to grow or explore new paths? Still absent

And worst of all — the feeling of being **stuck in a loop**.

Just going in circles. Surviving. Not thriving.

That's not a career. That's a **life on pause**.

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### **Some Truths Still Untold...**

Yes, these were the **core reasons** why I left.

But they're not **all** the reasons.

Some are too personal. Some still need time.

And when the time is right — I'll share them too.

Because some truths deserve their own space, and their own moment.

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### **Final Words — Don't Settle**

To anyone reading this who feels stuck in a job that looks good on paper but feels wrong in your heart:

**You're not alone.**

It takes courage to walk away.

And even more courage to start over.

But trust me — **your peace of mind, personal growth, and dreams are worth protecting.**

Don't stay silent. Don't settle.

Your story matters.

And this was mine.