



Mind in Motion

Machine Learning for Depression Classification using Motor Actigraphy Data

Final Presentation

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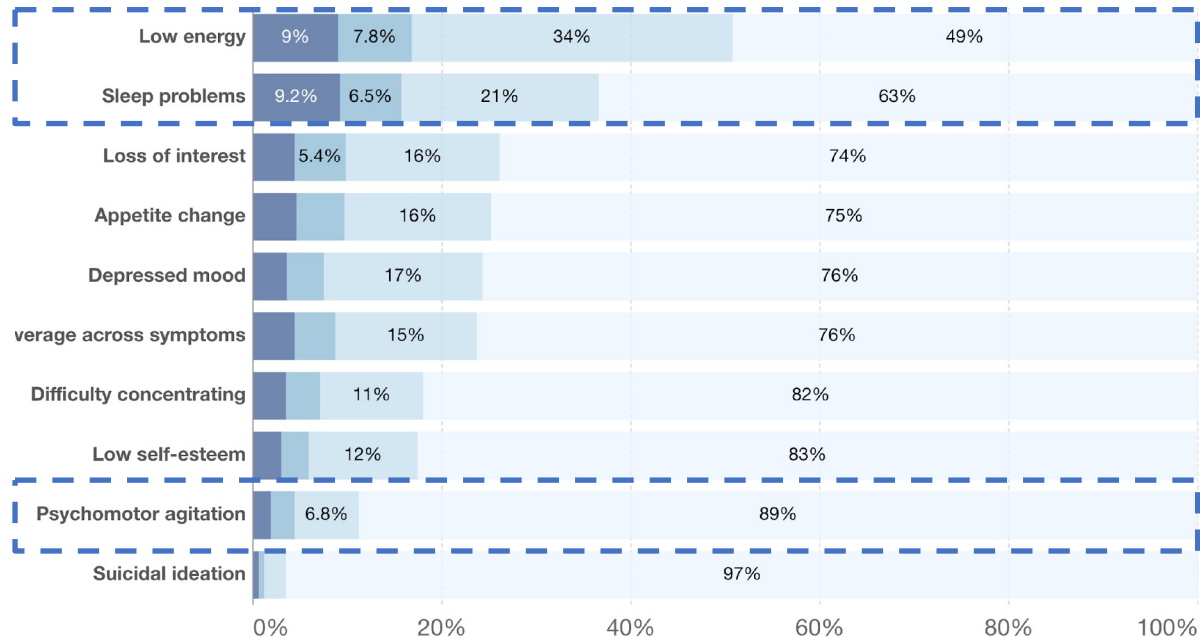
Motivation

Depressive symptoms across the US population, 2014

Survey respondents were asked how frequently they had these symptoms in the previous two weeks.

Our World
in Data

■ Nearly every day ■ More than half the days ■ Several days ■ Not at all



Source: Tomitaka et al. (2018)

OurWorldInData.org/mental-health • CC BY

RELATED TO
MOTOR ACTIVITY

Depression

- World's leading cause of disability
- Associated with disrupted biological rhythms and changes in motor activity
- Subjective diagnosis (DSM-5 criteria)

Motor actigraphy data

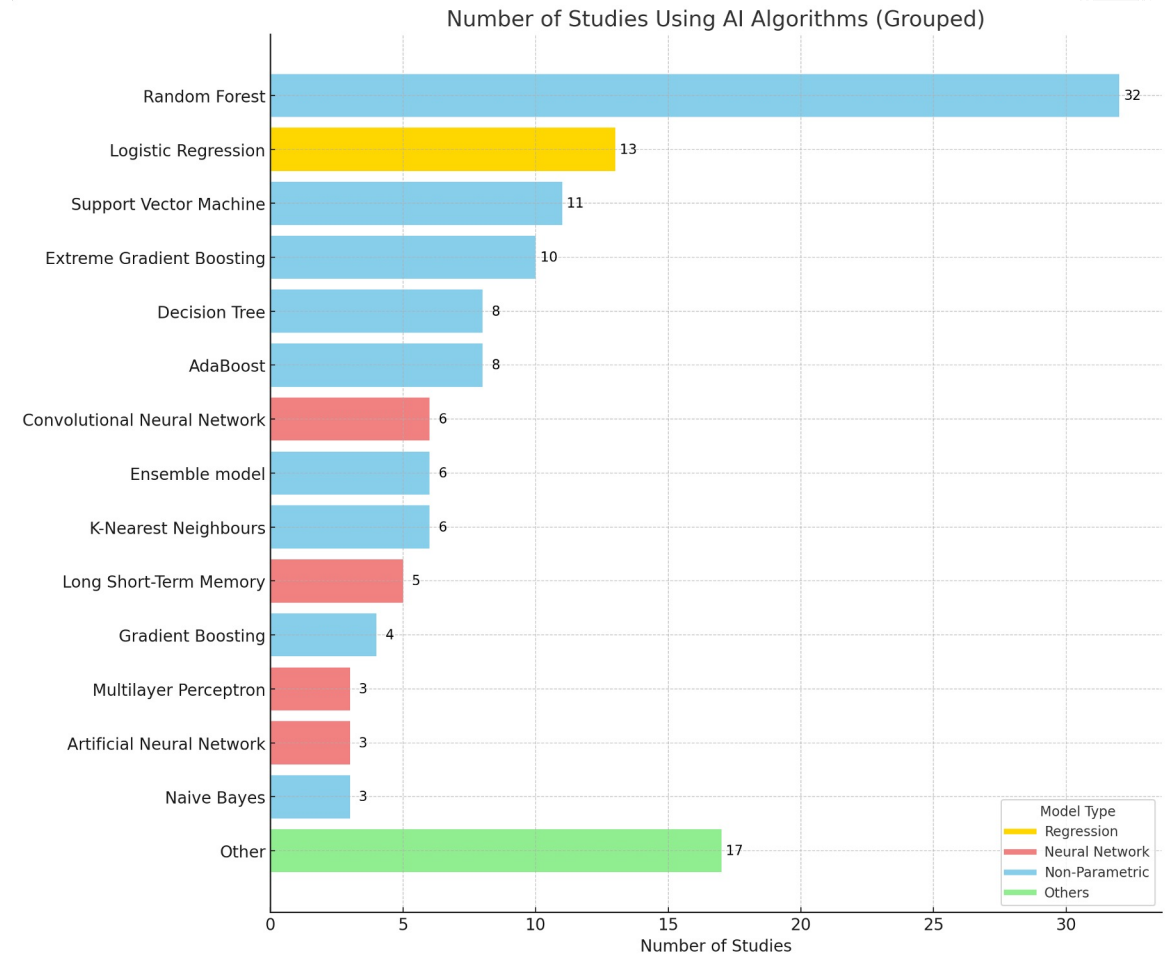
- Non-invasive
- Available through wearables (e.g., Fitbit)
- Potentially objective method of diagnosing depression

Research question

Can machine learning algorithms be used to accurately classify patients into depression status (normal, mild and moderate) using motor actigraphy data?

Past Studies

- **54 studies** used AI with wearables for depression
- **Non-parametric methods** were predominant
- **AI accuracy: 70–89%**
- **AdaBoost** excelled in performance, whereas logistic regression and decision trees were less effective

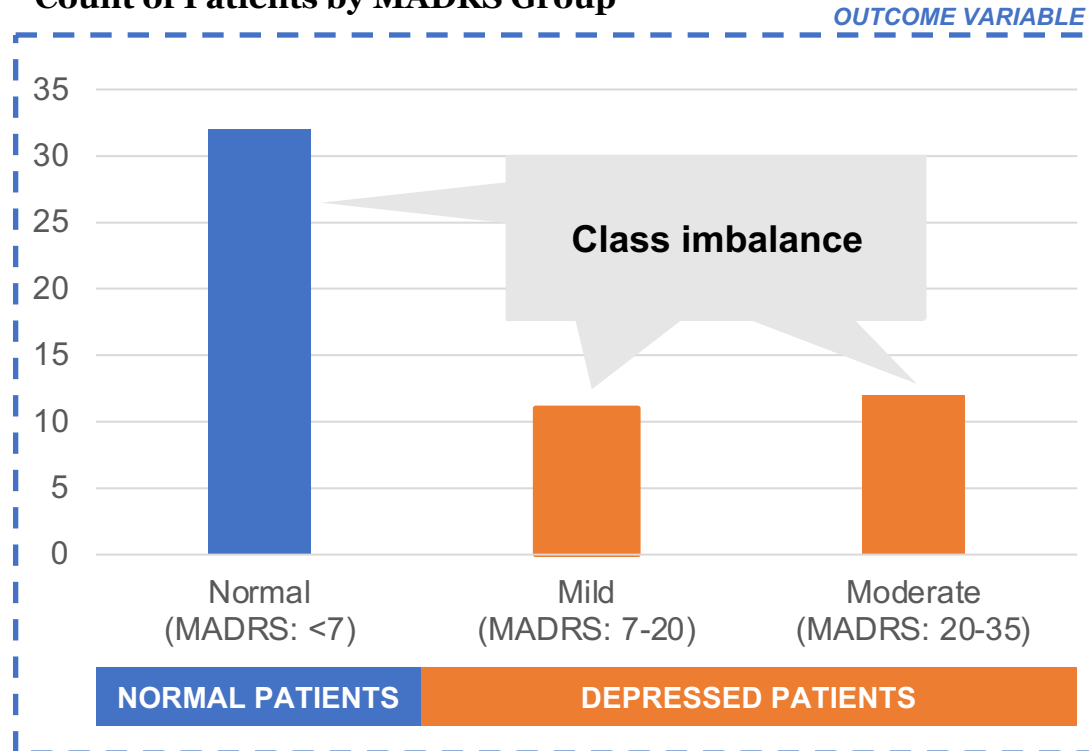


Data Overview

Data Source

Depresjon: A Motor Activity Database of Depression Episodes in Unipolar and Bipolar Patients

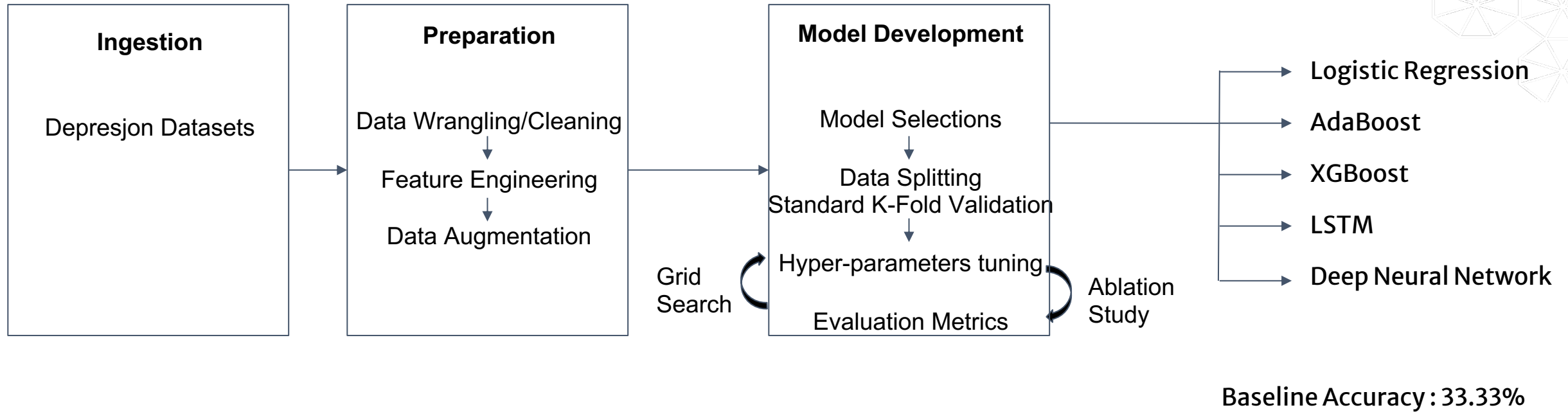
Count of Patients by MADRS Group



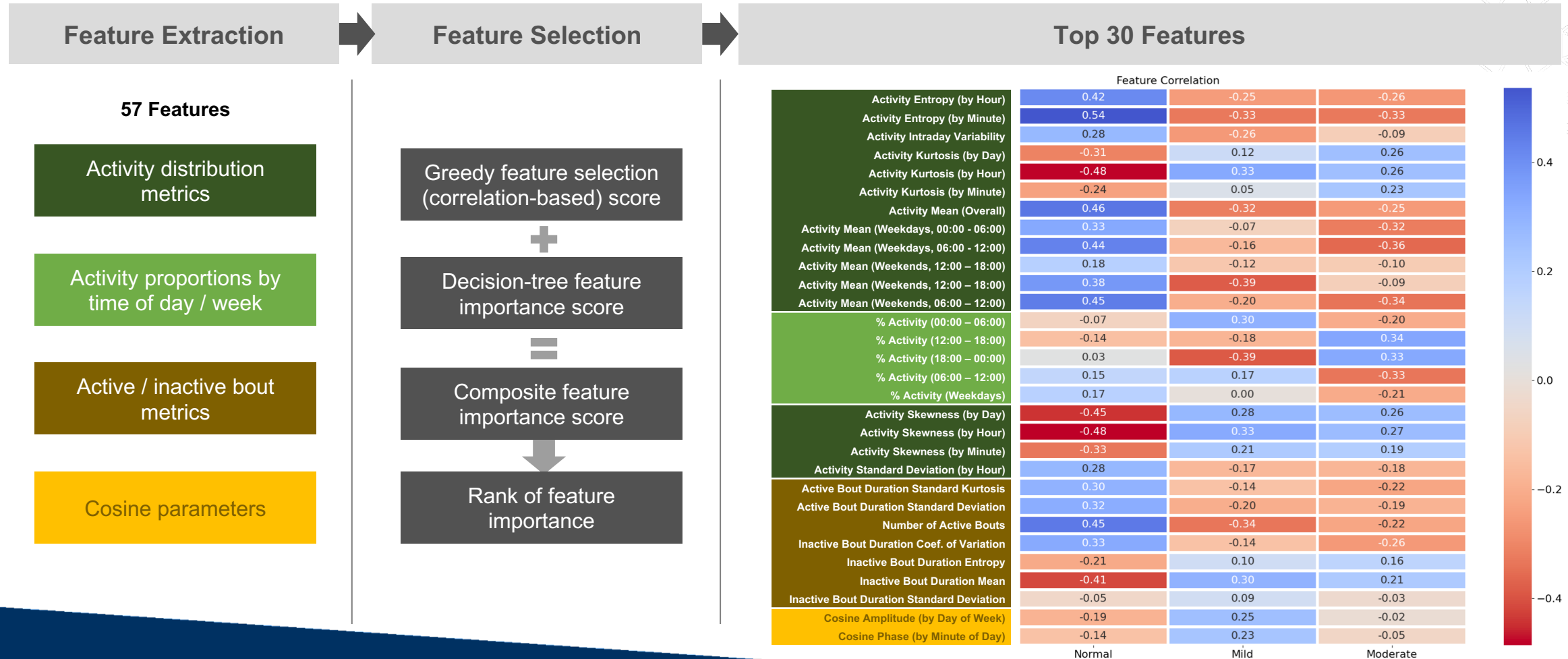
Summary Statistics

Variable	Values	Count	%
Gender	Female	30	55%
	Male	25	45%
Affective Type	Normal	32	58%
	Unipolar	15	27%
	Bipolar	8	15%
Days of Observation	Mean	13 days	
Age	Mean	40 years	
Education	Mean	11 years	

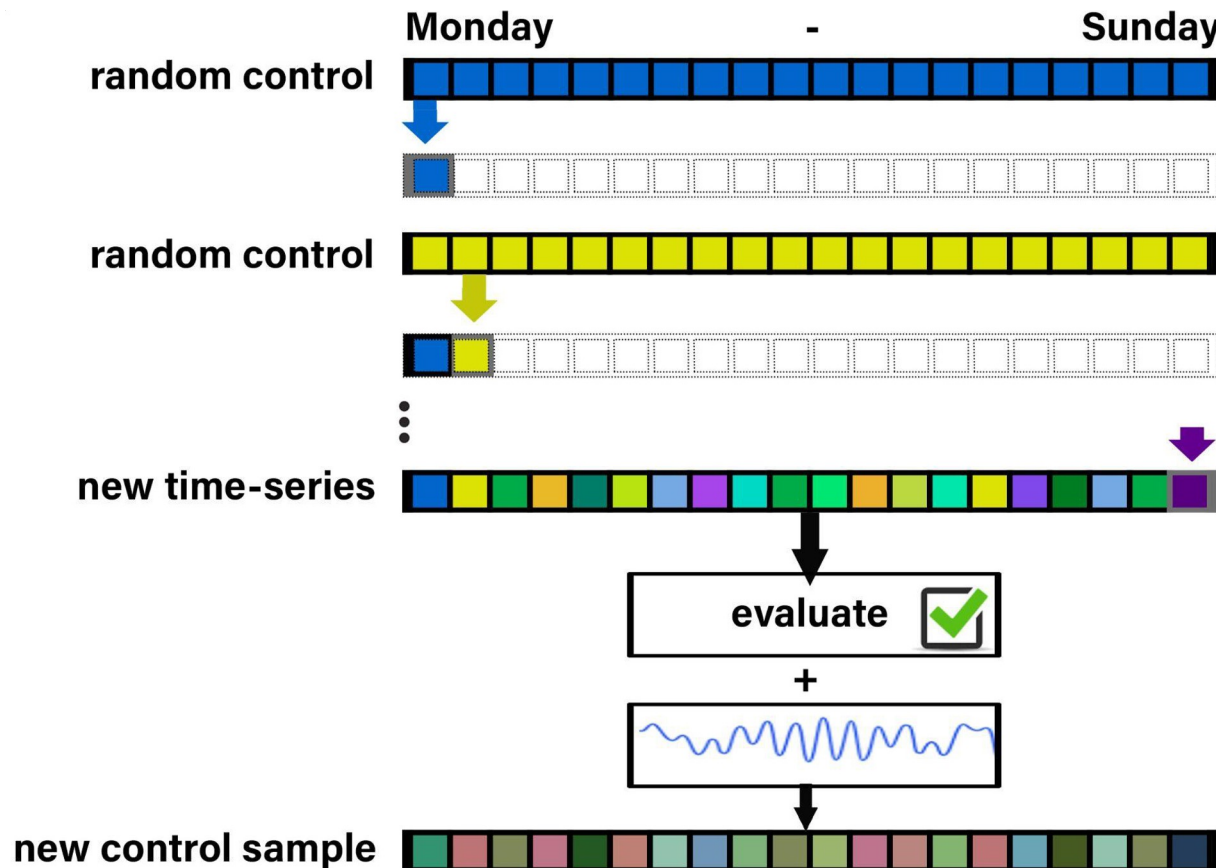
Approach



Feature Engineering



Data Augmentation via Cross-Subject Data Fusion



Process Overview

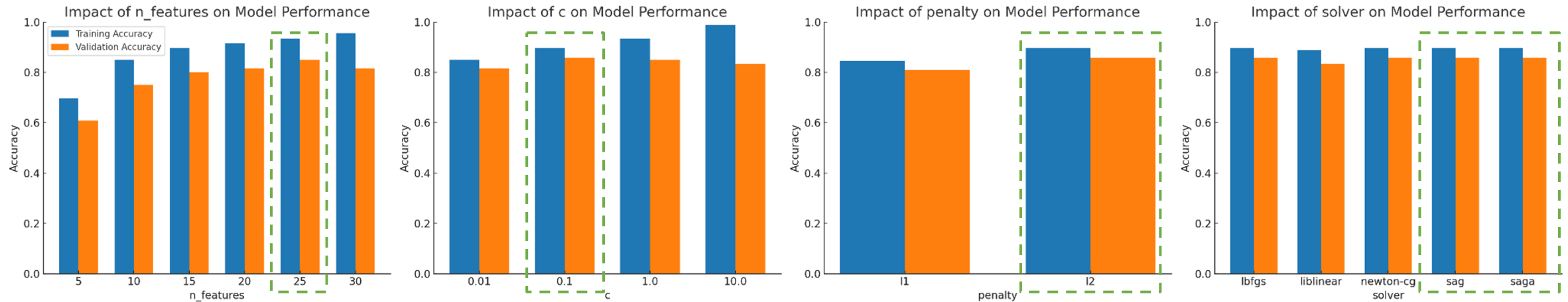
- Randomly select sample
- Time-segment slicing
- Repeat – incorporating slices from different random subjects
- Assess the quality
- Add noise

	Control	Mild	Moderate
Before	23	11	12
After	40	40	40

Logistic Regression

Best hyperparameter(s)

Ablation analysis suggests optimal hyperparameters are: $n_features=25$, $c=0.1$, $penalty=L2$, $solver=sag/saga$



Grid search confirms this

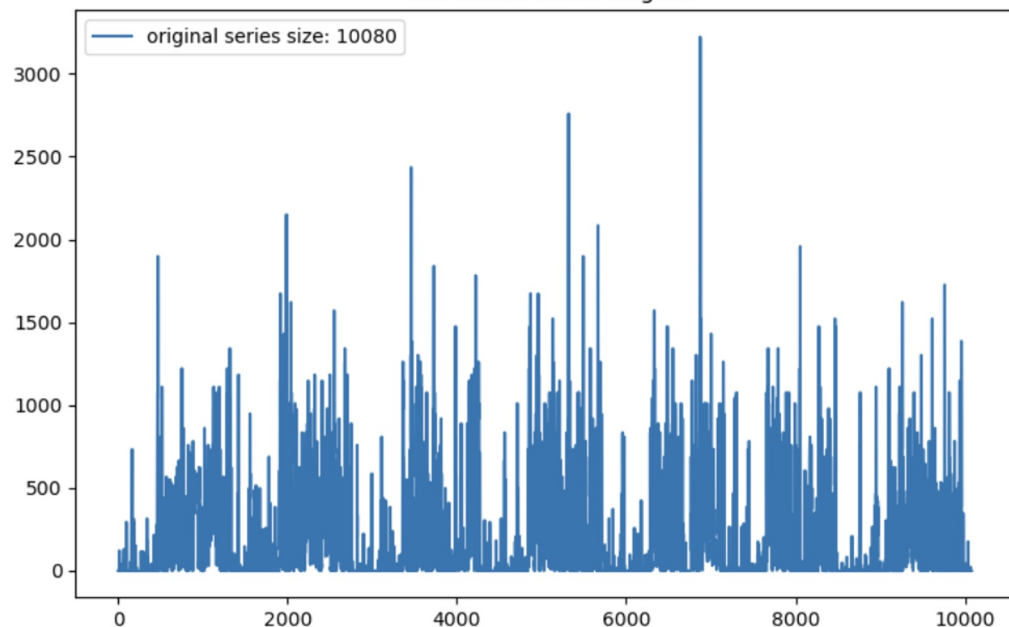
Grid Search Results (Sorted / Ranked by Mean Test Score)

	n_features	param_C	param_penalty	param_solver	mean_train_score	mean_test_score	mean_variance
rank							
1	25	0.1	l2	sag	0.893750	0.858333	0.035417
2	25	0.1	l2	saga	0.893750	0.858333	0.035417
3	25	0.1	l2	newton-cg	0.895833	0.858333	0.037500
4	25	0.1	l2	lbfgs	0.895833	0.858333	0.037500
5	25	1	l2	newton-cg	0.933333	0.850000	0.083333

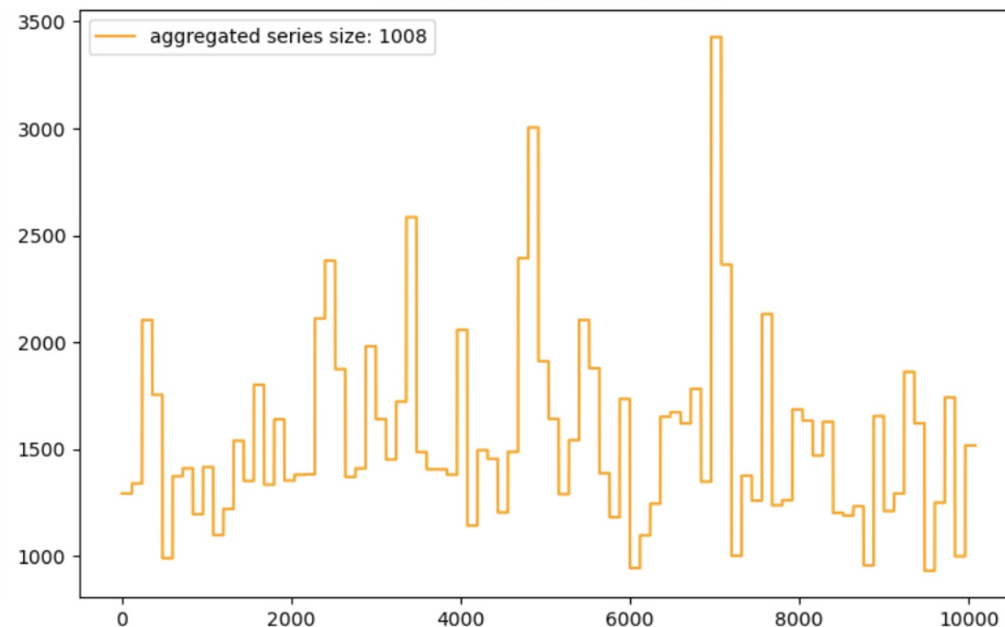
LSTM Recurrent Neural Network

Using only time-series readings

Time-Series Data: Original



Time-Series Data: Condensed



input

bi-directional

LSTM

dropout

bi-directional

LSTM

dropout

bi-directional

LSTM

⋮

output

Dense Neural Network

Using selected extracted features

Model performs on par with our best models:

- Accuracy 82.5%
- Precision 85.1%
- Recall 80.0%
- F1-Score 82.4%

input

Dense

dropout

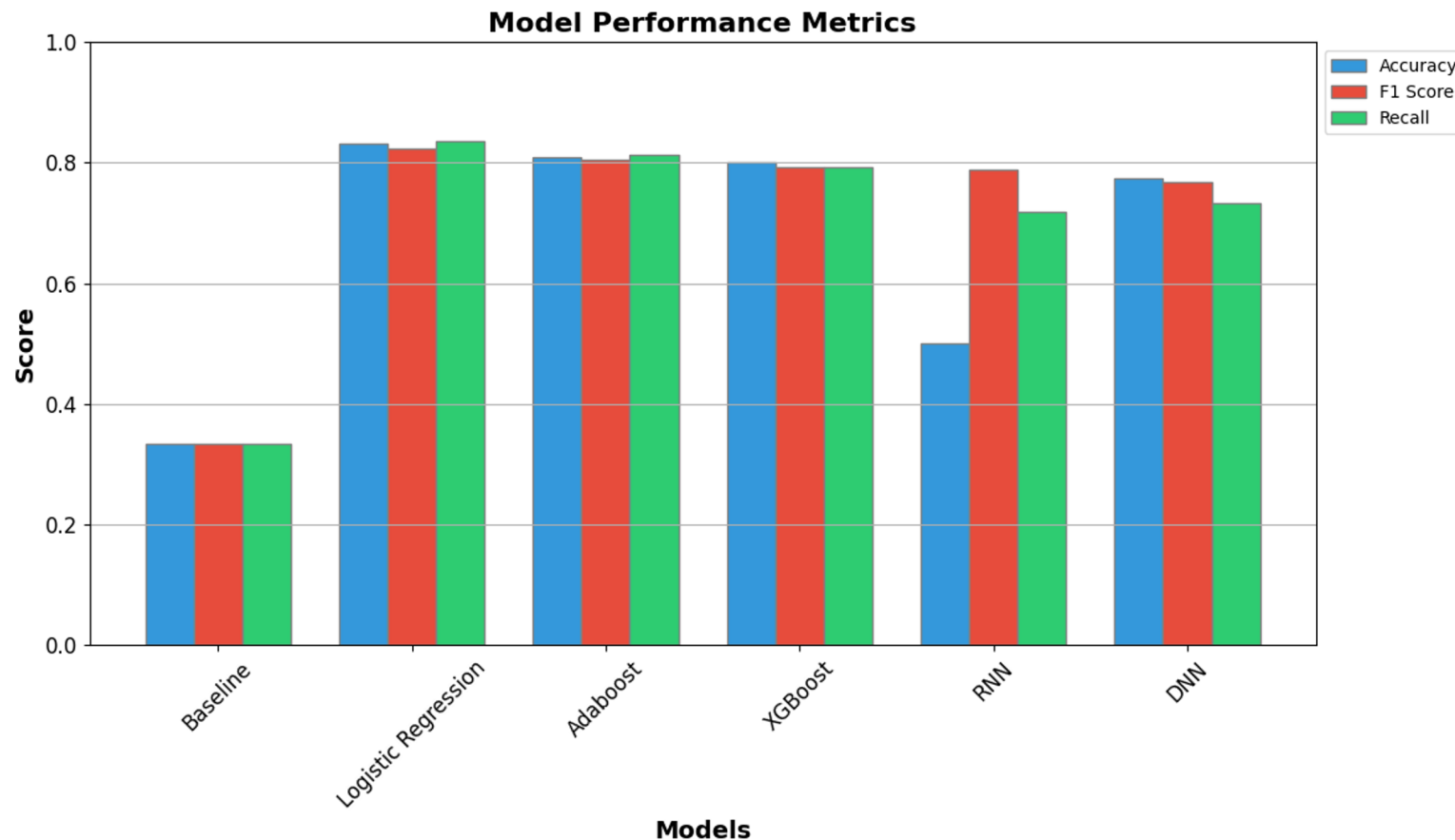
Dense

dropout

Dense

output

Evaluation



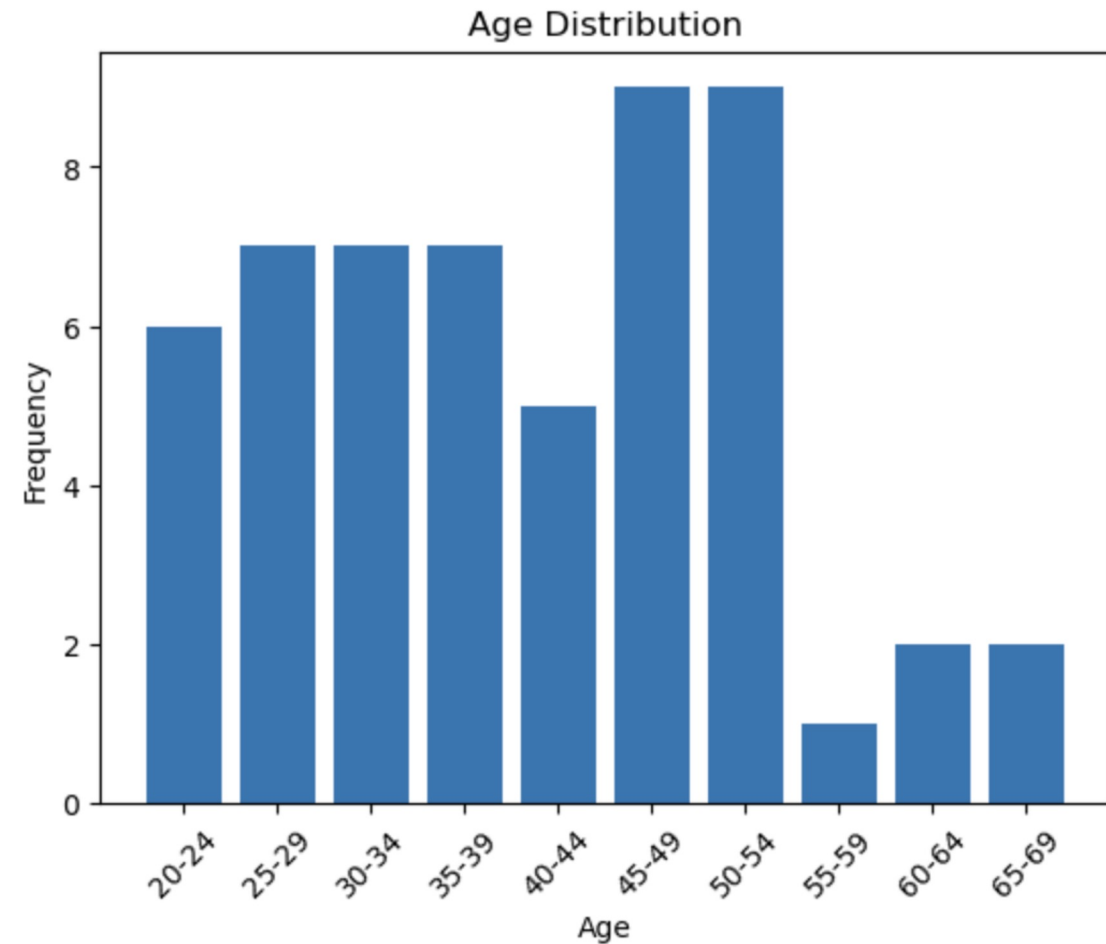
- Statistical tests:
 - ANOVA
 - Post-hoc pairwise comparisons with Bonferroni correction
- Logistic regression significantly outperforms other models
 - 85.83% accuracy
 - 85.74% F1 score
 - 87.8% recall
 - Lowest variance
- Sometimes the simplest model is best!

Limitations

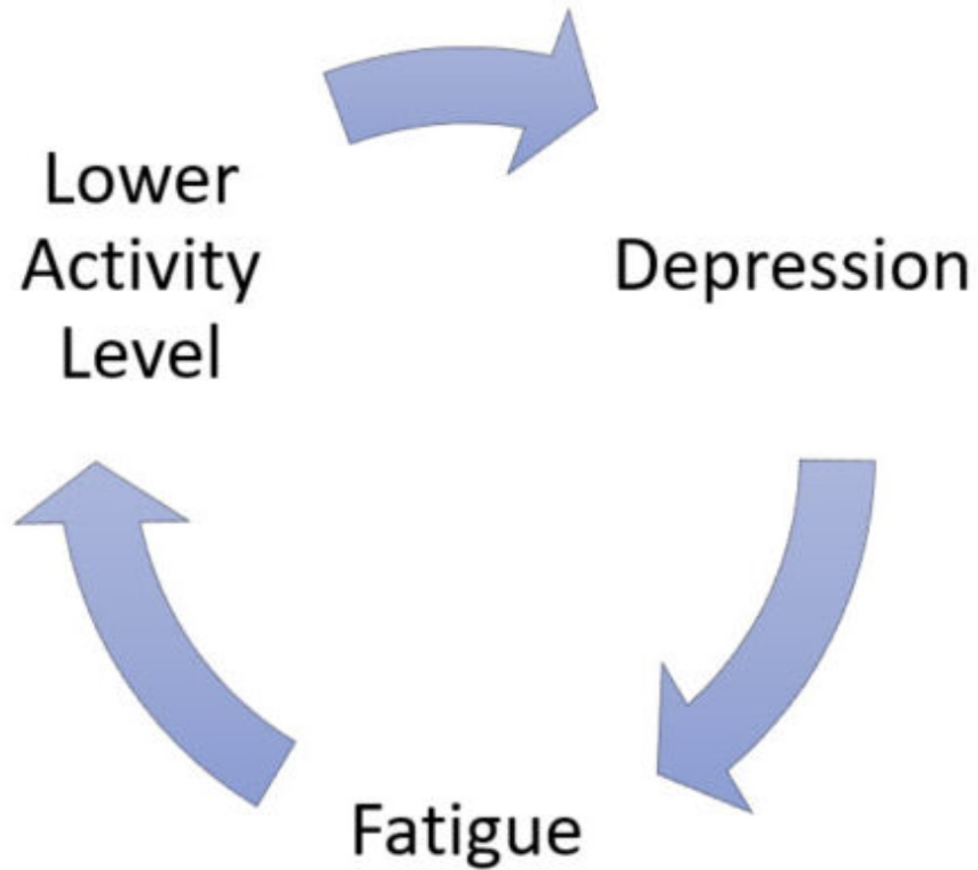
- Small Sample Size
- Unrepresentative Control Group
- Unbalanced Age Group
- Time Period Sampling
- MADRS Score Variability

Biases

- Demographic Balance
- Urban vs. Rural Disparity
- Accessibility Generalization
- Time Period Sampling
- Observer Effect and Compliance



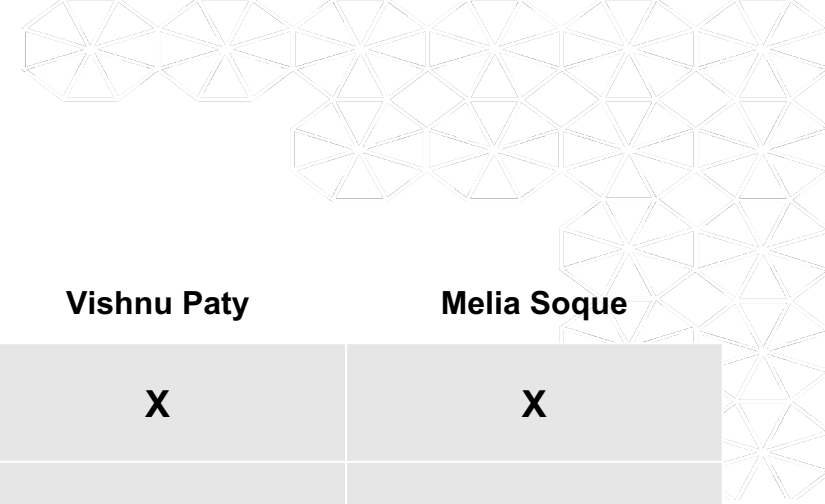
Conclusions



Next Steps:

- Expand the Dataset
- Decide on model: DNN?
- Further fine-tune parameters
- Collaborate with mental health professionals
- Address ethical considerations
- Develop user-friendly tools

Contributions



	Gary Kong	Julia Kauffman	Leo Le	Vishnu Paty	Melia Soque
Literature Search	X	X	X	X	X
Data Wrangling and Cleaning	X				
Feature Extraction and Feature Selection	X				
Data Augmentation		X			
Data Splitting and Cross-validation		X	X	X	X
Model Development and Hyperparameter Tuning	Logistic regression	LSTM Deep neural network	AdaBoost (Lead) XGBoost (Lead)	AdaBoost (Support) XGBoost (Support)	Logistic regression
Model Evaluation				X	