

JULIA EDDELBUETTEL

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EDUCATION

Harvard University

August 2023 – Expected May 2028

Kenneth C. Griffin Graduate School of Arts & Sciences

Ph.D. Candidate in Health Policy, concentration in Methods for Policy Research

National Science Foundation Graduate Research Fellow (2025-2028)

Cornell University

August 2018- December 2021

Jeb E. Brooks School of Public Policy, College of Human Ecology

B.S. Policy Analysis & Management (PAM) with High Distinction, with Honors

EMPLOYMENT

Senior Statistical Programmer Analyst

January 2022- June 2023

Department of Health Policy & Management and Center for Mental Health & Addiction Policy, Johns Hopkins University Bloomberg School of Public Health

Responsibilities include data cleaning, data management, statistical analysis, literature reviews, analytical writing of manuscript drafts, collaboration of study idea generation, and drafting of grant proposals relating to mental health, substance use, and organization-, industry-, and government-level policy evaluation.

Research Assistant & Lab Manager, PAM Lab

2019-2021

Jeb E. Brooks School of Public Policy, Cornell University

Research assistant (Jan 2019-Dec 2021) responsibilities included data management and statistical analysis of individual-level survey and advertising data. Lab manager (Aug 2020-Dec 2021) responsibilities included managing projects, mentoring other undergraduate research assistants, and directing lab activities.

Research & Policy Intern

Summer 2020

Illinois Public Health Institute

Responsibilities included working with the Data Across Sectors for Health (DASH) program to create a policy framework tool to help their grantees readily integrate multi-sector policy concerns into their work.

Pursued this opportunity as a recipient of the Cornell Human Ecology Summer Internship Funding Grant.

PEER-REVIEWED PUBLICATIONS

Eddelbuettel, J.C.P., Daw, J.R., Galbraith, A.G., Gordon, S.H., Kaimal, A., & Garabedian, L.F. New York's Basic Health Program Increased Subsidized Insurance Coverage From Preconception To The Postpartum Period. *Health Affairs*. 2025; 44(12): 1-8. doi:10.1377/hlthaff.2025.00773.

Cawley, J., Eddelbuettel, J., Cunningham, S., Eisenberg, M.D., Mathios, A.D., & Avery, R.J. The Role of Repugnance in Markets: How the Jared Fogle Scandal Affected Patronage of Subway. *Journal of Economic Behavior & Organization*. 2025; 229: 106848. doi:10.1016/j.jebo.2024.106848.

Thornburg, B., McGinty, E.E., Eddelbuettel, J., Kennedy-Hendricks, A., Braun, R.T., & Eisenberg, M.D. Acquisitions of Behavioral Health Treatment Facilities from 2010-2021. *Health Affairs Scholar*. 2024; 2(7): qxae080. doi:10.1093/haschl/qxae080.

Cliff, B.Q., Eddelbuettel, J.C.P., Meiselbach, M.K., & Eisenberg, M.D. Deductible Imputation in Administrative Medical Claims Datasets. *Health Services Research*. 2024; 59(2): 1-7. doi:10.1111/1475-6773.14278

Eddelbuettel, J.C.P., Kennedy-Hendricks, A., Meiselbach, M.K., Stuart, E.A., Huskamp, H.A., Busch, A.B., Hollander, M.A.G., Barry, C.L., & Eisenberg, M.D. Changes in Healthcare Spending Attributable to High Deductible Health Plan Offer Among Enrollees with Co-Morbid Substance Use Disorder and Cardiovascular Disease. *Journal of General Internal Medicine*. 2024; 39: 1993-2000. doi:10.1007/s11606-024-08700-2

Shen, K., Eddelbuettel, J.C.P., & Eisenberg, M.D. The Impact of the COVID-19 Pandemic on Job Flows Into and Out of Healthcare. *JAMA Health Forum*. 2024; 5(1): e234964. doi:10.1001/jamahealthforum.2023.4964

Eddelbuettel, J.C.P., & Sassler, S. State-level Hostility Toward Abortion & Unplanned Births in the Pre-Dobbs Era. *Demography*. 2023; 60(5): 1469-1491. doi:10.1215/00703370-10952575

Meiselbach, M.K., Huskamp, H.A., Eddelbuettel, J.C.P., Kennedy-Hendricks, A., Hollander, M.A.G., Schilling, C., Busch, A.B., Stuart, E.A., Barry, C.L., Eisenberg, M.D. Choice of High-Deductible Health Plans Among Enrollees with a Substance Use Disorder. *Journal of Substance Use & Addiction Treatment*. 2023; 154: 209152. doi:10.1016/j.josat.2023.209152.

Eddelbuettel, J.C.P., Barry, C. L., Kennedy-Hendricks, A., Busch, A.B., Hollander, A. G., Huskamp, H.A., Meiselbach, M.K., Schilling, C., Stuart, E.A., & Eisenberg, M.D. High-Deductible Health Plans and Non-Fatal Opioid Overdose. *Medical Care*. 2023; 61(9): 601-604. doi:10.1097/MLR.0000000000001886

Hollander, M.A.G., Kennedy-Hendricks, A., Schilling, C., Meiselbach, M.K., Stuart, E.A., Huskamp, H.A., Busch, A.B., Eddelbuettel, J.C.P., Barry, C.L., Eisenberg, M.D. 2023. Do High Deductible Health Plans Incentivize Postponing Substance Use Disorder Treatment? *Medical Care Research & Review*. 2023; 80(5): 530-539. doi:10.1177/10775587231180667

Kennedy-Hendricks, A., Eddelbuettel, J.C.P., Bicket, M., Meiselbach, M.K., Stuart, E.A., Huskamp, H.A., Busch, A.B., Hollander, M.A.G., Barry, C.L., Eisenberg, M.D. 2023. Quasi-Experimental Study of the Impact of High Deductible Health Plans on Treatment Use and Out-of-Pocket Spending Among US Adults with Chronic Pain Diagnoses. *American Journal of Preventive Medicine*. 2023; 65(5): 800-808. doi:10.1016/j.amepre.2023.05.008

Avery, R., Cawley, J., Eddelbuettel, J.C.P., Eisenberg, M.D., Mann, C., & Mathios, A. Consumer Responses to Firms' Voluntary Disclosure of Information: Evidence from Calorie Labeling by Starbucks. *American Journal of Health Economics*. 2023; 9(1), 22-46. doi:10.1086/722269

Eisenberg, M.D., Eddelbuettel, J.C.P., & McGinty, E.E. Employment in Office Based and Intensive Behavioral Health Settings in the U.S., 2016-2021. *JAMA*. 2022; 328(16): 1642-1643. doi:10.1001/jama.2022.17613

RESEARCH FUNDING & FELLOWSHIPS

National Science Foundation (NSF) Graduate Research Fellowship
Awardee in the public policy discipline.

2025-2028

Fellowship in Health Policy & Insurance Research, Harvard Pilgrim Health Care Institute 2025-2026
Competitive fellowship awarded to one doctoral student annually to conduct independently led research.

T32 Trainee, National Institute of Mental Health (NIMH) 2024-2025
Second year of doctoral training funded as a predoctoral T32 NIMH trainee.

Independent Research Summer Grant Recipient, Cornell University College of Human Ecology *Summer 2021*
Awarded \$5,000 in competitive grant funding from the Alum 65th Anniversary Fund and Dean's Undergraduate Research Funds to pursue independent research full time for senior honors thesis as a summer internship.

Summer Internship Funding Grant Recipient, Cornell University College of Human Ecology Summer 2020
Awarded \$2,000 in competitive Human Ecology Alumni Sponsored Internship Funding to pursue an unpaid internship opportunity.

AWARDS & HONORS

James F. Burgess Methods Article-of-the-Year Award from *Health Services Research* for “Deductible Imputation in Administrative Medical Claims Datasets.” 2025

Outstanding Senior Award, Cornell Jeb E. Brooks School of Public Policy Undergraduate Program May 2022
Selected as one of the outstanding seniors among the Brooks graduating classes of Fall 2021/Spring 2022.

Dean's List, Cornell University College of Human Ecology / Brooks School of Public Policy 2018-2021
On Dean's List every semester of undergraduate program.

Best in Category for Applied Research, Cornell Undergraduate Research Board Fall Forum *December 2021*
Awarded best honors thesis presentation among all in the applied research (social science) category.

Member, Kappa Omicron Nu, College of Human Ecology Honors Fraternity 2020-2021

CONFERENCE PRESENTATIONS

Oral Presentations:

New York's Basic Health Program Increased & Sustained Insurance Coverage from Preconception to the Postpartum Period. *AcademyHealth Annual Research Meeting (ARM)*, Minneapolis, MN. June 2025.
Invited student presentation to the Women & Gender Health Interest Group session at ARM; selected as

a top scoring student poster abstract that was not previously selected for an oral presentation.

New York's Basic Health Program Increased & Sustained Insurance Coverage from Preconception to the Postpartum Period. *Population Association of America (PAA) Annual Meeting*, Washington, DC. April 2025.

Pregnancy & Policy: An Analysis of State-level Abortion Policy Hostility & Pregnancy Intentions Among Live Births. Oral Presentation. *Population Association of America (PAA) Annual Meeting*, Atlanta, GA. April 2022.

Poster Presentations:

A Behavioral Economics Intervention for Postpartum Primary Care Engagement Among Individuals with Anxiety and Depression: A Secondary Analysis of a Randomized Clinical Trial. *AcademyHealth Annual Research Meeting (ARM)*, Minneapolis, MN. June 2025.

New York's Basic Health Program Increased & Sustained Insurance Coverage from Preconception to the Postpartum Period. *AcademyHealth Annual Research Meeting (ARM)*, Minneapolis, MN. June 2025.

Changes in Healthcare Spending Attributable to High Deductible Health Plan Offer Among Enrollees with Co-Morbid Substance Use Disorder and Cardiovascular Disease. *American Society of Health Economists (ASHEcon) Annual Meeting*. St. Louis, MO. June 2023.

INVITED PRESENTATIONS

Antidepressant Discontinuation During Pregnancy and Maternal Mental Health. Presentation to the Maternal Health Working Group, Center for Maternal Health Innovation, Research, & Action. Department of Population Medicine, Harvard Pilgrim Health Care Institute, Boston, MA. October 2025.

An Analysis of State-level Abortion Policy Hostility and Pregnancy Intentions Among Live Births. Presentation to PAM 3360: Evolving Families: Challenges to Public Policy. Cornell University, Ithaca, NY. October 2022.

Pregnancy & Policy: An Analysis of State-level Abortion Policy Hostility and Pregnancy Intentions Among Live Births. Presentation to PAM 3100: Multiple Regression Analysis. Cornell University, Ithaca, NY. March 2022.

Pregnancy & Policy: An Analysis of State-level Abortion Policy Hostility and Pregnancy Intentions Among Live Births. Presentation to PAM 2030: Population and Public Policy. Cornell University, Ithaca, NY. March 2022.

Pregnancy & Policy: An Analysis of State-level Abortion Policy Hostility and Pregnancy Intentions Among Live Births. Presentation at Cornell University Undergraduate Research Board's Fall Forum, December. 2021.

TEACHING FELLOWSHIPS & ASSISTANTSHIPS

HPM 543: Quantitative Methods for Policy Evaluation

Spring 2025

Masters-level course at the Harvard T.H. Chan School of Public Health, Profs. Cassandra Peitzman & Anas El-Turabi

Responsibilities included engaging with students in lecture discussions, hosting office hours, grading assignments, generating final exam questions. Course teaching evaluation: 4.9/5.

PAM 2030: Population and Public Policy

Spring 2021

Undergraduate course at Cornell University, College of Human Ecology, Prof. Sharon Sassler

Responsibilities included hosting class discussions, office hours and presenting research material in class.

PAM 2250: Social Problems in the US

Fall 2019

Undergraduate course at Cornell University, College of Human Ecology, Prof. Peter Rich

Responsibilities included engaging with students in lecture discussions and grading.

MEDIA COVERAGE

Freakonomics Radio Podcast. *Your brand's spokesperson just got arrested – now what?* June 26th, 2024.

<https://freakonomics.com/podcast/your-brands-spokesperson-just-got-arrested-now-what/>

Axios. *Health care workers kept leaving the industry after pandemic: study.* January 29th, 2024.

<https://wwwaxios.com/2024/01/29/health-care-workers-kept-leaving-the-industry-after-pandemic-study>