

WHAT YOU'LL LEARN

Turk's head knot

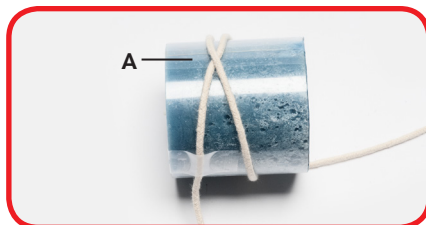
Tie a water-themed charm to your rope bracelet with bright thread.

Rope bracelet

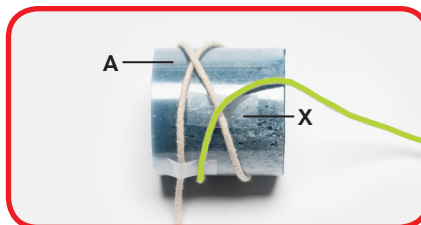
Make a continuous Turk's head knot with one long cord

by Jane Konkel

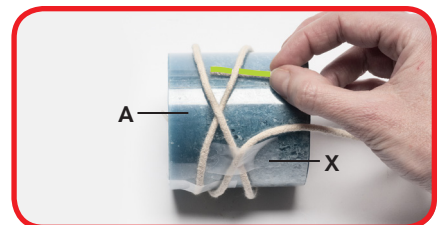
Back in the day, a sailor would make bracelets from the extra ropes on his ship and give them to a loved one to wear for good luck while he was at sea. I'm making one for each of the swim instructors at my neighborhood pool. Make a few this summer as tokens of friendship, good luck, or connectedness, or just to proclaim your love for the water.



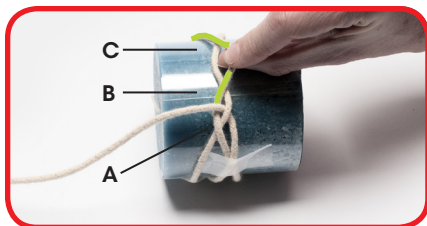
1 bracelet • Cut a 9-ft. (2.7 m) piece of macramé cord. Apply glue to the working end to stiffen it. Tape the other end to the left side of a cylindrical object. Make one wrap, crossing the cords to make an X (point A).



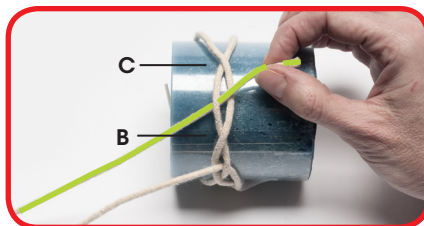
2 Make another wrap, bringing the working cord between the two fixed cords and crossing over the right cord to form another X (Tape trick, next page). Tape the X.



3 Above point A, string the working cord under the cord on the right.



4 Cross the left fixed cord over the right. Note the new crossings at points B and C.



5 Between B and C, string the working cord under the left cord and over the right cord.



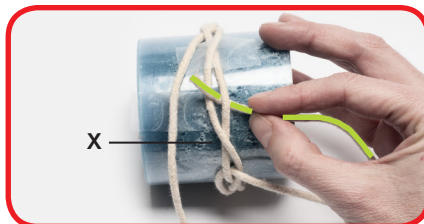
6 Above C, string the working cord under the right cord.



7 Cross the left fixed cord over the right as in step 4.



8 String the working cord under the left cord and over the right cord as in step 5.



9 Above the X, string the working cord under the right cord, then over the left cord as in step 6. Repeat steps 4, 5, and 6 until you reach the starting point. Remove the tape from step 2.



10 String the working cord following the path in steps 1 to 9 to double the plait. Continue until you reach the starting point.



11 Remove the bracelet from the cylinder. String the working cord through again, following the path to triple the plait.



12 String the ends to the inside of the bracelet. Trim the ends to ½ in. (1.3 cm).



13 If desired, use a lighter to seal the ends. Glue each end to the inside of the bracelet. *

What you'll need

bracelet

- ♦ 9 ft. (2.7 m) 2-3 mm macramé cord
- ♦ bracelet mandrel or other cylindrical object, 2¾ in. (7 cm) or 3 in. (7.6 cm) diameter
- ♦ Super New Glue
- ♦ scissors
- ♦ lighter (optional)

Jane Konkell

Jane is a swimmer and a former lifeguard and swim instructor. She serves on a committee of the Washington Park Partners, a nonprofit whose mission is to lead a community-wide effort of diverse people working together to build a thriving neighborhood. This year they worked to bring swimming lessons to the park's pool in central Milwaukee. "Rope bracelets are a symbol of connection and continuity and seem like the perfect gift for the folks who share their love of the water with others," she says.



Supply notes

- I made the version in the how-tos for a man, using a candle with a 3-in. (7.6 cm) diameter. When I make bangles for my gal pals, I use a candle with a 2¾-in. (7 cm) diameter.
- I learned this knot from Suzen Millodot. You can find instructions for other knots in *Celtic Knots for Beaded Jewelry* by Suzen Millodot, available from Fire Mountain Gems and Beads, 800.355.2137, firemountaingems.com.

Tape trick

Allow some slack when taping in step 2. You will need to double the plait, then triple it.