2.

Class	Depends on (EC)	Depended on by (AC)	Instability (I = EC / EC+AC)
User	1	2	1 / (1+2) = 0.33
Subscription	3	3	3 / (3+3) = 0.50
Notification	1	4	1 / (1+4) = 0.20
WebsiteMonitor	2	1	2 / (2+1) = 0.67
CommunicationChanne l	2	3	3 / (3+2) = 0.40
EmailChannel	3	1	3 / (3+1) = 0.75
PushNotificationChann el	3	1	3 / (3+1) = 0.75
SMSChannel	3	1	3 / (3+1) = 0.75
Frequency	0	1	0 / (0+1) = 0.00 (fully stable)
Main	9	0	9 / (9+0) = 1.00 (max unstable)

Notes:

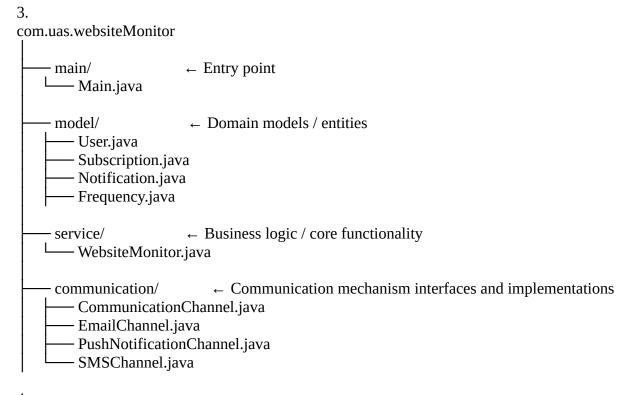
Main is completely unstable (as expected) because it depends on everything and nothing depends on it.

Frequency is fully stable - it's only a referenced enum.

Notification is a stable data class used throughout the system.

EmailChannel and PushNotificationChannel are unstable - they rely on others but are used very little.

Subscription and CommunicationChannel are moderately unstable (0.4) - used and dependent.



4.

Option

User interfaces
Dependency injection
Listener pattern
Limit imports
Layered architecture

Result

Decouples implementation Reduces hard-coded dependencies Removes direct calls between classes Enforces separation of concerns Clarifies direction of dependencies