

Records identified from:
Databases (n = 5):
EBSCOhost (n = 105)
Google Scholar (n = 48)
PSYINDEX (n = 5)
ResearchRabbit (n = 4)
Web of Science (n = 437)

Additional records identified from other sources (n = 4)

Records after duplicates removed (n = 516)

Records screened (n = 516)

Records excluded (n = 440)

Wrong focus (n = 30)
Wrong population (n = 7)
Wrong study design (n = 5)
Wrong publication type (n = 2)

Full-text articles assessed for eligibility (n = 76)

Full-text articles excluded, with reasons (n = 44)

Wrong focus (n = 30)
Wrong population (n = 7)
Wrong study design (n = 5)
Wrong publication type (n = 2)

Studies included in qualitative synthesis (n = 32)

Studies included in
quantitative synthesis
(meta-analysis)

