

## **Child and Youth Well-being Survey**

### **Sample Survey Questions**

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#### **ARE WE SECURE?**

How do you feel about your life at home?

Task: *Choose an emoji to describe how you feel about your life at home*

Do you feel safe in your home? (This question would not be presented to the child, only the scenario below)

Task: *You're going to sleep, do you...*

1. Close your door?
2. Leave your door open?
3. I don't know?

*What kind of home do you live in?*

1. Apartment / condo
2. House
3. Shelter
4. I don't have a home
5. I don't know

Can the child's family afford to take them to the dentist? - This will reveal how many parents have benefits that cover their child's medical needs (This question would not be presented to the child, only the scenario below)

Task: *Oh no! You have a toothache. You tell your parents. What do they say?*

1. You need to go to the dentist
2. You can't go to the dentist
3. I don't know

#### **DO WE BELONG?**

Do you feel accepted and comfortable around your family? (This question would not be presented to the child, only the scenario below)

Task: *It's dinnertime. Do you eat in your room or with your family at the dining table?*

1. I eat alone
2. I eat with my family
3. I don't know

Do you feel accepted within your school and community?

(This question would not be presented to the child, only the scenario below)

Task: *It's free time. Do you want to spend it alone or with friends?*

1. I spend it alone
2. I spend it with friends / family
3. I don't know

Do you feel left out at school? (This question would not be presented to the child, only the scenario below)

Task: *What is your favourite thing to do during recess / lunch at school?*

1. text box
2. I don't know

How do your teachers make you feel?

Task: *Choose an emoji to describe how you feel about your teachers*

Do you have a pet?

Task: *Yes or no*

1. Yes = choose a pet - that pet appears in the virtual home
2. No = nothing happens

## **ARE WE LEARNING?**

How do you feel on the morning of a school day?

Task: *Choose an emoji to describe how you feel the morning of a school day*

Question: *Do you enjoy learning new things?*

1. Yes - Books and laptop appear
2. No
3. I don't know

Question: *How do you feel about your grades in school?*

1. Good (smiley face button)
2. Bad (sad face button)
3. Confused (confused button)
4. I don't know

Question: *Have you ever gotten into trouble at school?*

1. Yes
2. No

Question: *What do you want to be when you grow up?*

1. Happy
2. Successful
3. Well-educated
4. Smart
5. Creative
6. Loved
7. All of the above
8. I don't know

Question: *Do you play an instrument?*

1. Yes
  - What kind of instrument? (after this pick an option, it appears in the virtual home)
2. No

Question: *Are you able to get all your homework done?*

1. Yes
2. No (Do you get easily distracted?)

## **ARE WE HEALTHY?**

Question: *Pick an emoji that best represents how you feel every day*

Question: *How many hours do you play video games every day?*

1. Under 1 hour
2. 1-3 hours
3. 3-5 hours
4. 5+ hours
5. I don't know

Question: *How many meals do you eat every day?* (reveals if they do not have enough food at home)

1. 1
2. 2
3. 3 or more

Question: *What does your dinner often look like?* (reveals if they eat healthy at home)

1. A takeout food container or a pizza box
2. A home cooked meal on a plate
3. I don't know

Question: *How often do you go to the dentist?*

1. Once a year
2. A few times a year
3. Never
4. I don't know

### **ARE WE FREE TO PLAY?**

Question: *Do you play sports?*

1. Yes
  - What sport do you play? (drop-down menu - whichever one they choose, an item associated with that sports pop up in to the virtual home)
2. No
3. I don't know

Question: *How does playing make you feel?*

1. Happy
2. Tired
3. Confused
4. Lonely
5. I don't know

Question: *Who do you play with?*

1. Mom and/or Dad
2. Brother and/or Sister
3. Alone
4. Friends
5. Other - text box
6. I don't know

### **ARE WE PARTICIPATING?**

Question: *Are you a part of any clubs at school?*

1. Yes - what club? (text box)
2. No
3. I don't know

Question: *Are you on a sports team?*

1. Yes - what team? (text box)
2. No
3. I don't know

Question: *Are you in a club or team outside of school?*

1. Yes - what team or club? (text box)
2. No
3. I don't know

### **ARE WE PROTECTED?**

Question: *Have you ever been bullied at school?*

1. Yes
2. No
3. I don't know

Question: *Have you ever been bullied at home?*

1. Yes
2. No
3. I don't know

Do you feel like you have a safe space in your life? (This question would not be presented to the child, only the scenario below)

Scenario: *Someone at school is being mean to you. Who do you talk to about it?*

1. A teacher (picture of blob teacher)
2. A friend (picture of blob friend)
3. A parent (picture of blob parent - mom or dad)
4. A sibling (picture of blob sibling - sister or brother)
5. I don't know

### **ARE WE HAPPY AND RESPECTED?**

Do your parents listen to your needs? (This question would not be presented to the child, only the scenario below)

Task: *You are wanting to go play with your friends because you have been busy with school and it's nice out. You ask your parents. What would they say?*

1. Yes
2. No
3. Clean your room first
4. I don't know

What is your typical mood on a normal day? (This question would not be presented to the child, only the scenario below)

Task: *Pick an emoji that best describes how you feel on a typical day!*

Question: *Do you feel that when you speak, you are heard and understood?*

1. Yes

2. No
3. I don't know

### **ARE WE CONNECTED TO OUR ENVIRONMENT?**

Do you have clean drinking water? (This question would not be presented to the child, only the scenario below)

Task: *Oh no! Looks like your character is thirsty. Where will they get their drinking water from?*

1. Click on sink tap
2. Click on fridge for bottled water
3. I don't know

How much time do you spend outside in a day? (This question would not be presented to the child, only the scenario below)

Task: *You have some free time, do you...*

1. Go outside to the playground
2. Stay inside and play video games
3. I don't know

Question: *Do you visit your local park?*

1. Yes
2. No
3. I don't know