Contextual Inquiry Notes

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TASKS

- **Task 1:** Find our "Why... Support After Suicide Loss" group.
- **Task 2:** Go back to the home page without clicking the browser's back button.
- **Task 3:** You are a parent, and your child is struggling with mental health. Where could you find information and resources that could help you support your child?
- **Task 4:** You are an adult who is not in immediate crisis, but you are looking for mental health support options in the Waterloo Region. Where could you find these resources?
- **Task 5:** You are a journalist looking to learn about what kind of language to use when reporting on suicide. Where could you find information about safe language?
- **Task 6:** You are looking for information on managing your own stress and promoting mental health. Where do you look?

Final open-ended questions: Were these tasks reflective of what people might be looking to do on our website? What else do you think people might be using our website for aside from the tasks we have given you?

Data Analysis Categories

- 1. Aesthetics
- 2. Things that work
- 3. Content / information
- 4. Navigation
- 5. Quick fixes
- 6. Other / emerging categories
- 7. Suggestions

Table 1: Contextual Inquiry Session #1

Task	User Actions	User Issues	User Comments / Observations
1	1. Went to Coping with Suicide Loss tab 2. Found the Why? Support Group	 No navigation issues Issues with visual design and consistency on the Why? Support Group page 	 Group was easy to find Picture on page provides important information, but it doesn't go with the flow of the rest of the website - Photo should visually tie in with the blue and the rest of the website color theme Clear information on how to sign up for group Suggestion: instead of the picture, this information could be content on the page with the hyperlink of how to sign up right underneath (rather than at the bottom of the page)
2	1. Clicked on the logo at the top of the page – found how to get back to the home page easily	- No 'Home' tab or button	 Clicking on logo to get back to the home page is standard, but it requires making an assumption If clicking on the logo to get back to the home page isn't common knowledge for people, they would not know to do that

3	 Hovered over Supporting Others tab Clicked on How Can I Help Someone I Love? 	- There isn't much useful information under the Get Help section on the How Can I Help Someone I Love? Page	 It may be useful to have links with resources under the Get Help section on the How Can I Help Someone I Love? page The link at the end of this page is not useful (I think someone I know is at risk for suicide)
	3. Quick skim - looked under <i>Get Help</i> section		 Needs to know who to call in the region who can give some services and support - there are a lot of clicks to get to that point
	4. Clicked on the link at the bottom of the How Can I Help Someone I Love? page (I think someone I know is at risk for suicide)		 There is a need for more information in the above points – hyperlinks are important, offering quick, clear, and direct instructions "Get Help" section should be more obvious and include more information (for individuals in distress) - Other information should be secondary if people choose to
	5. After this, she hovered over the Need Help? page		further navigate through the website (for individuals who are not in direct distress but are curious)

Help? tab un 2. Clicked on Getting Help - skimmed - Se	oo much secondary and innecessary information at st click elf Help and Peer Support ee dead links	 Here 24/7 on the right side is important, but "Here 24/7" should be a hyperlink to the website Hyperlinks provide good, quick information Wants a list (phone numbers, hyperlinks) under Getting Help of where to get help – current information on the page isn't useful Information on Adult Resources page would be better on the Getting Help page. Users would not think to go there first, they would go to Getting Help first when thinking about their personal mental health Titles like How Can I Help Myself? are reflective of what someone in immediate distress is thinking Provide immediate help options on most of the pages - links to resources for immediate help (quick list) All the information is there, but not in the spot I expected it to be - not at the forefront
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5	 Hovered over Understanding Suicide Clicked on For the Media 	 A lot of information, wordy The Werther Effect and The Papageno Effect are too "researchy" 	 Too "researchy" – should have immediate guidelines, such as "dos and don'ts," followed by the Werther Effect and the Papageno Effect Wants to know: "What should I do and not do?" - Do not cut content, but restructure it and make sure the most useful information is at the top
			Structure Suggestion 1. For the Media
			2. Media Guidelines3. Dos and Don'ts bullet points (Why? E.g. Why do I not say committed suicide? - hyperlink to external resource saying why)
			4. Hyperlinks on more external information and updated suicide language guidelines

6	 Hovered over Life Promotion Clicked on 101 Ways to Cope with Stress 	 101 Ways to Cope with Stress – no issues Mental Health and Wellbeing – too wordy, there are dead links 	 Valuable information within hyperlinks Stress Symptoms has a good list – quiz on handling stress could go under stress symptoms (near the end, after looking at the symptoms list)
	3. Clicked on <i>Mental</i> Health and		- All three stress sub-categories can be placed on the same page
	Wellbeing 4. Clicked on Handling Stress		 "Life Promotion" title is confusing – people who are not in the organization may not know what that means
			Suggestions:
			- "Self-Care" or "Mental Health Check-in"
			- Rethink headings - for ex: <i>Mental Health & Well-being</i> can be the main tab title
			User goes to: (1) Need Help? then (2) How Can I Help Myself
			They may not know to go to Life Promotion - hyperlinks in How Can I Help Myself page

Final openended questions

- Overall: Good questions and tasks

Aesthetics

- Top tab is blended into the background – have it more colourful or have a coloured background

Suggestions

- Task suggestion: a professional or community partner may want to know more about the council-where could they find this information?
- People who are coping with loss could bring someone to the website
- Lists and hyperlinks are ideal
- Try to merge some of the stress pages into one, so that there are not so many options
- Change the name of "Life Promotion" to something else users may not know what it means possibly have "Mental Health & Wellbeing" as the main title
- "Events" no information (can have "no events now due to COVID-19") or add current virtual groups
- "Programs" tab or "Services" tab What is being offered?
- Have "Resources" tab with quick resources and links

Table 2: Contextual Inquiry Session #2

Task	User Actions	User Issues	User Comments / Observations

1	 Scrolled down home page Clicked on Coping with Suicide Loss button Clicked on "click here to register" at the top of the page 	- When navigating this way, the user did not get to the main page with information about the Why Support Group	- Thought registration form was easy and information was useful
2	Clicked on the logo found how to get back to the home page	- Hesitated before clicking on the logo – made an assumption	 It would be helpful to have a home button Took a chance and clicked on the logo, it was an assumption Recognition over recall - need to make sure users have enough cues to recognize what to do rather than think about it and recall from past experiences

3	- Wondered whether
	to click on <i>How Can</i>
	I Help Myself?
	button or <i>How Can</i> i
	Support Someone
	Else? button on the
	home page

- Clicked on How Can
 I Support Someone
 Else? button
- Went back to the home page
- Clicked on How Can
 I Help Myself?
 button
- Hovered over Supporting Others tab and looked at the items under it
- Clicked on How Can I Help Someone I Love?
- Clicked on the "I Think Someone I Know is at Risk" link

- Did not find useful information on the How Can I Help Myself? page leading from the home page button
- Took too many clicks to find the correct information
- Never found Youth
 Resources (found later
 when completing task 4)
 - Existing three buttons on the home page did not help when looking for resources for a child

- Wondered if the information is under the How Can I Help Myself? button on the home page because she wants to know more information about suicide
- Nothing glaring stating how to support a child too much navigating to get to information
- Wants more buttons on the home page, would click those buttons hoping to find linking resources -Existing buttons don't help much
- Information under Supporting Others tab was useful (based on the titles) - found this after a while, so this information may be buried for users
- Would like useful links to resources on the pages visited as there is only advice, nothing else (Pages: 1) How Can I Help Myself? 2) How Can I Support Someone Else? 3) How Can I Help Someone I Love? 4) I Think Someone I Know is at Risk)
- Youth Resources page was helpful when found
- How Can I Support "Someone Else" seems so vague

4	 Hovered over Need Help? tab Clicked Need Help? main title Clicked on How Can I Help Myself? Clicked on Getting Help Above pages were all found under the Need Help? tab 	 Never found Adults / All Ages Resources page Never looked at the Life Promotion tab 	 Didn't find Need Help? page helpful based on task How Can I Help Myself? page has helpful information, thought it would also be helpful to have attached articles or resources through hyperlinks Getting Help page has helpful information about the process, but it was the third place clicked - should be more obvious Immediate Help should have more resources, not just 911
5	 Scrolled down main page, but nothing popped out Hovered over Understanding Suicide tab Clicked on For the Media Clicked on Frequently Asked Questions under Understanding Suicide tab Checked under Life Promotion Clicked on Facts and Figures 	 Couldn't find references to language anywhere Did not take the time to read through For the Media page - important information needs to stand out more 	 For the Media and FAQ pages didn't tell her a lot about language at first glance For the Media page layout worked, but didn't notice the points about language - thought it was informative Suggested highlighting something like endorsements from WRSPC, WHO, AASP that have set these standards for language

6	Life Promotion	 Headings under <i>Life Promotion</i> tab were straight forward and user friendly - informative of each page's content Found task easy - liked title: "Life Promotion" 			
Final open-ended question	someone looking to help someone else, the media (or	- Overall: Questions captured the main types of people that visit the website – someone in distress, someone looking to help someone else, the media (or students looking for research), and support after suicide loss			
S	Functionality / Navigation				
	 Appreciates sections on the main page that either have having to click on buttons 	ve animation or graphics describing sections without			
	 Mentioned that not everyone would know the meaning hidden unless you change the title of that 	g of "Life Promotion" – information here might be			
	Suggestions				
	- Information under each tab should pop out more - a lo	ot of information under teach tab			
	- Wants Why Support Group information more visible connected to website?	- How can we keep support group participants			
	 Mentioned a portal through the website that board / coencourages those involved with the council to use the 	3			
	 Wondered where content being dished out on social r news feed tab, or button that would connect users to social media - Updated on a weekly basis 				
	- Make the top banner "for 24/7 crisis support" more vis (different font, format) – use wording like "Are you in o				
	 Home page: Promoting Hope, Help, and Healing band could be shrunk, not helpful for someone looking for st 	·			

Table 3: Contextual Inquiry Session #3

Task	User Actions	User Issues	User Comments / Observations
1	 Hovered and clicked on Coping with Suicide Loss page Skimmed through page, clicked on "Click here to register" button Hovered over Coping with Suicide Loss tab Clicked on Why Support Group page 	- Did not go to the main Why Support Group page at first, but found it after a while	 Looks simple - information on how to sign up is clear First instinct was to click on the Coping with Suicide Loss title Coping with Suicide Loss is a proper title for introducing the group - Knew the group would be there
2	 Clicked on Need Help? page Finally found the home page through the top logo. 	 Did not find a way to do it at first – she assumed because there no clear way to do it 	- Thinks a "Home" tab should be listed in the navigation menu

3	 Hovered over Need Help? Tab and skimmed through the titles
	- Clicked on Youth

- Hovered over Supporting Others tab
- Clicked on Education and Support for Families
- After thinking a while, clicked on How Can I Help Someone I Love?

- Youth resources and other resources - not sure if this information would outline a plan for me to provide support
- Resources are helpful but there was not enough advice and other information

- Clicked on Need Help? as a parent in need of help
- Takes a lot of investigating to find information needed - Wants guick resources as a parent and child's issues addressed right away
- Youth Resources page has useful resources to provide a child, but not enough to outline a support plan
- List Front Door as a resource to talk to somebody
- Does not like that the only option is 911 under Immediate Help
- "Immediate Help" title is misleading as there are not immediate help resources available other than 911
- Here 24/7 tab on the right is important put a brief description of what to expect when calling
- Website should provide a resource for desperate parents - Who can I call? - should be identified right away
- A lot of people are scared to pick up the phone online resources are important
- More information on what each service provides

4	 Hovered over Need Help? tab Clicked on How Can I Help Myself? Clicked on "Canadian Mental Health" link Went back to the page, clicked on the "Self Help and Peer Support at CMHA" link 	 Did not look under Self Promotion tab Content under Self Promotion tab is, again, proven to be hidden Hesitant whether the content was enough 	 Should include "what to do if your feelings increase" Add calling family doctor at the bottom of the How Can I Help Myself? page - family doctors have a lot of mental health connections
5	 Skimmed through the home page – confused Hovered over Understanding Suicide Clicked on For the Media - found the information Skimmed through Facts and Figures page 	- Said information is interesting and informative, but was a quite hesitant (seemed like it was not)	 Thinks some info could also be in Facts and Figures two different places Facts and Figures for blog For the Media for journalists Helpful information under Understanding Suicide tab

6	 Hovered over Life Promotion tab Clicked on Mental Health and Wellbeing Then clicked on Handling Stress Clicked on "Stress in your everyday life" link 	- Multiple dead links	 Likes external links / hyperlinks - easy and quick access, user friendly Likes options under the <i>Life Promotion</i> tab "Self-care Series" title is misleading – makes her think about a podcast or blog series
Final open- ended questions	 Thinks the website is used to suggestions Because it's called WR does WRSPC do? Howeld to emphasize whether main page – everytee. Where does the funding of the first two menu items a information better. 	been impacted by suice ander-utilized among Lase. The title leads her do they assist people at the council actually thing else should be seg come from?	er to think this is information about the council. What e in the community? does (based on this, this info should be emphasized on

Table 4: Contextual Inquiry Session #4

Task	User Actions	User Issues	User Comments / Observations
1	 Hovered over Coping With Suicide Loss tab Clicked on the Why Support Group Clicked on "register" link 	- No issues	 Easy to find because she knew where it was Doesn't like graphic image at the top of the page Likes sidebar saying "we don't offer support" and having the "here 24/7" information Registration form is helpful – likes that there is option of either calling or filling out online form (may be easier to type than call for some people)
2	- Did not find it	- Way to get back to home page is not clear	- Would have clicked the browser's back button, never the logo button

3	 Hovered over Supporting Others tab Clicked on How Can I Help Someone I Love? Clicked on Education & Support for Families Went back to How Can I Help Someone I Love? Clicked the "risk factors and warning signs" link 	- Did not find the Youth Resources page	 For parents, risk factors and warning signs are helpful to know (link on How Can I Help Someone I Love?) Wants hyperlinks / options to 'go down the rabbit hole' from one page to another on the website Likes the "I think someone I know is at risk for suicide" link at the bottom of Risk Facts & Warning Signs page
4	 Hovered over Life Promotion tab Look at various pages under the tab Clicked on Mental Health and Wellbeing Clicked on 101 Ways to Cope with Stress 	- Did not look on the <i>Need Help?</i> page like others, only <i>Life Promotion</i>	 101 Ways to Deal With Stress page - talked about creating an infographic with that information, something visual people could print and post Likes the hyperlinks and different options, enough variety of material that users can find something they could use If I didn't work in the mental health field I wouldn't know what the title "Life Promotion" means, so I might not go there, and if I did I would ask: "What is that?"

5	 Hovered over Supporting Others tab Hovered over Understanding Suicide tab Clicked on For the Media 	- Took some time to find it, hovered over other tabs, but realized where it was	 Liked the For the Media page - neat facts, liked that there are different resources linked, and a way to be proactive with hyperlinks Journalists are probably looking for brief bits of information, felt that was clear here
6	- Hovered over <i>Life Promotion</i> tab - said she would look through there if she was the user	- No issues	- Didn't like the title 'Self-care Series' - thought it sounded like a workshop, not a descriptive title - misleading

Final openended question s

- Overall: Our questions and tasks were good

Aesthetics

- Likes the website's colour theme likes blues and greens
- Likes the font clear and easy to read

Functionality / Navigation

- Likes button options on the home page
- Likes that crisis support came up right away when they google us
- People may be hesitant to call 911, police response can be scary, might not be an avenue people are comfortable accessing depending on relationship with police
- Likes the site, there's lots of good stuff, but the language may not be accessible for everyone outside of the field (i.e 'life promotion').

Suggestions

- Could add in information about 911 talk about crisis nurses / mental health supports that can come when you call 911. Almost a 'what happens when you call' for 911 mental health visits
- Students researching for a project might be on our website, young professionals starting in the field or healthcare professionals might use our website, counsellor working with client looking for resources
- Could include a "where do you start" post / page, talk to your family doctor first, and other things you can
- Our website is more for adults, not necessarily youth possibly add graphics and interesting content catering to youth
- 'Need help now' button can click and it shows them immediate options

Task	User Actions	User Issues	User Comments / Observations
1	 Hovered over Coping with Suicide Clicked on Why Support Group page 	- No issues	 Easy to find – knew where It was Don't need Why title in two places Easy information to register No information on when next group is running – put at bottom of the Why page "Is it a closed group?" - "running virtually" is misleading because it seems like you can join anytime - specify
2	 Hovered over current page and multiple menu items Clicked on logo 	- Tricky to find home button – assumed / guessed	 Not clear, made assumption / guess Should have 'Home' button Used to how other websites have a 'Home' button (recognition)

3	 Hovered over Supporting Others and Understanding Suicide tabs Clicked on Education & Support for Families, but did not find information needed Went back, clicked on How Can I Help Someone I Love? 	- A lot of information, hesitant on where to click	 Info on How Can I Help Someone I Love? is skinny - add more information and resources Likes hyperlinks – add more, wants to go down the rabbit hole through hyperlinks "SafeTALK and ASIST training through LivingWorks" should be hyperlink(s) Beyond Blue website could be a link on How Can I Help Someone I Love? page How do I do empathetic listening? - idea for How Can I Help Someone I Love? page "How Can I Help Someone I Love?" title is misleading – what if I want to help someone I don't love, like a coworker - "How Can I Help Someone I Love or am Worried About?" "Never Do It Alone" section on How Can I Help Someone I Love? Page – How do I do what is listed here? What do I say? Talk about stigma "Someone I know is at risk" link is good for this (make this resource more prominent)
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5	 Hovered over Life Promotion Skimmed through items Clicked on Mental Health & Wellbeing Hovered over 	 Did not find Adult Resources and did not look under Need Help? - hidden Dead links A lot of information 	 "Life Promotion" title is confusing for people who are not in the field Mental Health & Wellbeing page resources are good, but add more hyperlinks Resource duplication (video) - "Understanding Mental Health, Mental Illness and Wellbeing" and "What is the Meaning of the Term Mental Health?" Dead link on Mental Health & Wellbeing page - "Things We Can Do To Build Good Mental Health" Jack.org is a good resource, link more to that page (e.g. COVID page) Mental Health & Wellbeing page is for depression / anxiety, the rest are for tips for wellbeing Valuable content
	Understanding Suicide 2. Clicked on For the Media	issues	- Add call Elisa or reach out to WRSPC
6	N/A	N/A	N/A
Final open- ended questions	 Loves butterfly design Noticed Need Help? at the end – hidden Link to Need Help? resources somewhere in Supporting Others pages – find ways to correlatinfo between the two sections Did not know to click on main navigation titles (e.g. Need Help? And Supporting Others) - not an instinct, info is hidden There would be lots of professionals going on the website – teachers, child youth care worked mental health professionals Information is all there, but a lot of it is hidden or misplaced 		

Data Analysis Categories

- 8. Aesthetics
- 9 Things that work
- 10. Content / information
- 11. Navigation
- 12. Quick fixes
- 13. Other / emerging categories
- 14. Suggestions

DATA ANALYSIS

Table 6: User Actions Summary

Task	Action Path	Frequency
1	Coping with Suicide Loss tab → Why Support Group page	3
	Coping with Suicide Loss button on home page → Register button	1
	Coping with Suicide Loss main page → Register button	1
2	Clicked on logo	2
	Clicked on Need Help? page, then clicked on logo	1
	Hovered over multiple menu items, then clicked on logo	1
	Did nothing	1
3	Supporting Others tab → How Can I Help Someone I Love? page	2
	How Can I Support Someone Else? button → home page → How Can I Help Myself? button → Supporting Others tab → How Can I Help Someone I Love? page	1

	Need Help? tab → Youth Resources page → Supporting Others tab → Education & Support for Families page → How Can I Help Someone I Love? page	1
	Supporting Others tab → Education & Support for Families page → How Can I Help Someone I Love? page	1
4	Heed Help? tab → Getting Help page → How Can I Help Myself? page	1
	Need Help? tab → Need Help? page → How Can I Help Myself? page → Getting Help page	1
	Need Help? tab → How Can I Help Myself? page	1
	Life Promotion tab → Mental Health & Wellbeing page → 101 Ways to Cope with Stress page	1
	Life Promotion tab → Mental Health & Wellbeing page	1
5	Understanding Suicide tab → For the Media page	3
	Understanding Suicide tab → For the Media page → FAQ page → Facts and Figures page	1
	Understanding Suicide tab → For the Media page → Facts and Figures page	1
6	Life Promotion tab → 101 Ways to Cope with Stress page → Mental Health & Wellbeing page → Handling Stress page	1
	Life Promotion tab, skimmed tab but did not go to any pages	2
	Life Promotion tab → Mental Health & Wellbeing page → Handling Stress page	1

Table 7: User Issues Summary

Task	# of Users Without Issues	Users with Issues
1	3	- Did not find main Why Support Group page (2)
2	0	- No clear home button, hard to get to home page (5 - all)

3	0	- Never found Youth Resources (2)
		 Not enough information on How Can I Help Myself? page (2) under "Get Help" section (1)
		- Too many clicks to get to correct information (1)
		- Existing home page buttons did not help for child resources (1)
		- Youth Resources doesn't outline a plan for child support (1)
		- A lot of information, hesitant where to click (1)
4	1	- Too much unnecessary information at first click - <i>Life Promotion</i> tab content (2)
		- Never found Adult / All Ages Resources page (2)
		- Never looked under <i>Life Promotion</i> tab (2)
		- Did not look under Need Help? tab (2)
		- Dead links - Mental Health & Wellbeing page (1)
5	1	- A lot of information, wordy (1)
		- Could not find references to language when skimming page (1)
		- Hesitant on whether information was informative (1)
		- Took a while to find page (1)
6	2	- Dead links (2)

Table 8: Categories & Codes summary of User comments

Categories	Codes Why group			
Aesthetics				
	- Why group picture does not look good (2)			
	Home page			
	- Promoting Hope, Help, and Healing banner takes up too much space (1)			
	- Likes butterfly design (1)			
	- Good website color scheme and font (1)			
	- Likes buttons on main page (1)			
	- Likes sections on main page with graphics describing pages without clicking (1)			

Things that work

Why... group

- Signing up for *Why...?* group is simple (4)
- Why..?. group easy to find (3)
- "Coping with Suicide Loss" is a good title for introducing *Why...?* group (1)

Hyperlinks

- Hyperlinks provide good, quick information (5 all)
- Likes to go down rabbit hole through hyperlinks (2)
- "Risk factors and warning signs" link on *How Can I Help Someone I Love?* page is helpful (1)
- "I think someone I know is at risk for suicide" link on *Risk Factors & Warning Signs* page is useful (1)
- Good facts and hyperlinks on *For the Media* page clear information (1)

Here 24/7

- Here 24/7 section on the right is important (2)
- Here 24/7 part mentioning "we don't offer support" is important (1)

Tab and page content

- Informative headings and content under *Life Promotion* tab (2)
- Stress Symptoms page has a good list (1)
- Youth Resources page is helpful (1)
- For the Media page is informative (1)
- Helpful information under *Understanding Suicide* tab (1)
- Good resources on Mental Health & Wellbeing page (1)
- Valuable content on For the Media page (1)

Good titles

- Likes titles like "How Can I Help Myself?" (1)

Content / information

Why... group

- There is no information on when next Why...? group is running (1)
- "Running virtually" on *Why...?* page is misleading because it seems like you can join anytime confusing whether it's a closed or open group (1)

Information is not enough / not helpful

- "Get Help" section on *How Can I Help Someone I Love?* Page should be more obvious and include more information (2)
- At quick glance, For the Media and FAQ pages show nothing about suicide language for journalists (1)
- Youth Resources page doesn't have enough information to outline a support plan for a child (1)
- "I think someone I know is at risk for suicide" link on *How Can I Help Someone I Love?* page is not helpful (1)
- Events page has no information (1)
- Does not like that the only resource on *Immediate Help* page is 911 (1)

Reorganize content

- Need Help? and Supporting Others menu tab contents are confusing correlate information better (2)
- Information on *Adult Resources* page would be better on *Getting Help* page because that's where users go first (1)
- Handling Stress quiz should be at the end of Stress Symptoms page (1)

Hidden content

- Points on suicide language hidden on For the Media page (1)
- Top navigation area blends into the background, may be hidden (1)

Misleading or confusing

Not everyone knows what "Life Promotion" means - confusing (4)

Navigation

Hidden content

- 'Home' button is not clear user is assuming by clicking on logo (5 all)
- Too many clicks to find child resources hidden (3)
- All information is on the website, but hidden or not where is should be when looking for adult mental health support (2)
- Information under *Supporting Others* tab is hidden (1)
- Getting Help page is useful, but it takes too many clicks to get there (1)
- Content in Need Help? section is hidden noticed only at the end (1)
- Did not know to click main navigation titles (e.g., Need Help?) hidden pages (1)
- Content under *Life Promotion* is hidden (2)

Other

- Thought to click on main *Need Help?* title when looking for child resources as a parent in need of help (2)
- The three sub-menu items on stress under *Life Promotion tab* can be merged (1)
- More buttons on home page would allow users to easily discover resources existing ones don't help much (1)
- When looking for *Why...?* group, the first instinct was to click on main *Coping with Suicide* tab page instead of the group page (1)

Quick fixes	Here 24/7				
	- Brief description in "24/7" tab of what it is and what to expect when calling (2)				
	- Make top "24/7" banner more visible – add "Are you in crisis? Call" (1)				
	Hyperlink issues				
	 Resource duplication (video) - "Understanding Mental Health, Mental Illness and Wellbeing" and "What is the Meaning of the Term Mental Health?" 				
	 Dead links on Mental Health & Wellbeing page - "Things We Can Do to Build Good Mental Health" and others (3) 				
	 Dead links on How Can I Help Someone I Love? page - "Self Help" and "Peer Support" (1) 				
	General				
	- Information under each menu tab should pop out more (1)				
	- How Can I Help "Someone Else" title seems vague and cold (1)				
Other	- WRSPC website is under-utilized by Lutherwood employees (1)				

Suggestions

Why... group

- Why... group should be more visible (1)
- Move *Why...* link to sign up at the top of the page (1)
- Keep Why... group participants connected to the WRSPC website (1)
- Add info on when next *Why...* group is running at bottom of Why... main page (1)
- Why... picture content can just be content written on the page (1)

Home page

- Add 'Home' button (5 all)
- Add more buttons with important information on home page (1)
- Emphasize what WRSPC does on main page, everything else secondary (1)
- Add "Need Help Now" button on home page leading to immediate resources (1)

Hyperlinks / Resources

- Add more hyperlinks to "go down the rabbit hole" (2)
- Need more information and resources on How Can I Help Someone I Love? page (2)
- *Immediate Help* page should have more resources, not just 911 (2)
- Add more hyperlinks and resources on these pages: How Can I Help Myself? (2), How Can I Support Someone Else?, How Can I Help Someone I Love?, I Think Someone I Know is at Risk (1)
- Add list with phone numbers and hyperlinks on *Getting Help* page (1)
- "Here 24/7" should be a hyperlink to the website (1)
- Add Beyond Blue website hyperlink on How Can I Help Someone I Love? page (1)
- Add more hyperlinks on *Mental Health & Wellbeing* page (1)
- Provide immediate help options on most pages list with numbers and hyperlinks (1)
- Jack.org is a good resource, link more to that page e.g., COVID page (1)
- List Front Door as a resource to talk to somebody (1)