Sound Soups

999 3RD AVE SEATTLE - 206-284-1355

BROTH SOUPS

Comfort food in its simplest form.

8 oz 12 oz 16 oz 4.00 4.75 5.50

Chicken Noodle with Seashell Pasta 🖤

Tender pieces of chicken, fresh vegetables and fresh seashell noodles mixed together in a rich chicken broth.

Creamy Chicken and Dumpling

Tender slices of chicken and creamy dumplings with carrots and celery in a traditional chicken stock.

Split Pea and Black Forest Ham

Thick and hearty with lots of split peas and tender pieces of smoked ham and bacon for added flavor.

Italian Wedding Soup with Meatballs

A great mixture of vegetables, meatballs and pasta that will make you say "I do!" Now, that's amore!

Vegetarian Lentil (V) 🖤

Lentils simmered with onion, garlic, cumin, and chili pepper, ganished with shredded carrots and cilantro.

Hearty Beef Vegetable Barley - Seasonal

Big chunks of beef and nutritious barley, potatoes, carrots, corn, green beans, and onion. A twist on the classic vegetable beef.

BAKED POTATO

Plain Baked Potato 3.0	0
Potato with 3 Toppings* 4.5	0
Potato with 8oz Soup and 3 Toppings*	
Broth 6.5	0
Cream 7.0	0
Gourmet7.5	0

*Toppings: Butter, Sour Cream, Cheddar Cheese, Bacon Bits, Black Olives, White/Green Onions, or Jalapenos



This heart means that less than 30% of the calories are from fat and it is also lower in sodium.

(V) Vegetarian

CREAM SOUPS

Delicious Pacific Northwest favorites.

8 oz	12 oz	16 oz
4.75	5.75	6.75

Ivar's Clam Chowder

One of Seattle's jewels - thick and rich, full of flavor.

Fully Loaded Baked Potato & Cheddar

Russet potatoes with all the fixings: cheddar, butter, sour cream, bacon and onions.

Tomato Gorgonzola with Basil (V)

This delightfully creamy soup is loaded with tomatoes and gorgonzala and spiced to perfection!

Chicken with White and Wild Rice

A Midwest favorite! Made with wild and white rice and savory chicken in a rich, creamy broth.

Lemon Chicken Quinoa Soup 🖤

Delicious and healthy chicken soup with a tangy lemon juice bonus.

Kale & Potato Soup w/ Italian Sausage (Gluten Free)

Enjoy a healthy low-fat, low-calorie soup filled with kale, potatoes, carrots, onions and savory chicken breast.

SOUP COMBO

All soups come with a fresh baked roll.

Any soup, roll, and beverage combo gets .25 off.

Subsitute chips, apple, or cookie for the roll for free.

Make your own: Try a 1/2 and 1/2 soup mix.

SOURDOUGH BOWL

GOURMET SOUPS

Need something more than soup? Try one of these!

8 oz	12 oz	16 oz
5.75	6.75	7.75

Coconut Curried Chicken

Not your average chicken soup! Spiced up with coconut and curry, it will warm you up any day!

Macaroni & Cheese (V)

The all-time facorite comfort food, this rich and satistying dish is simply made with tender elbow macaroni and creamy cheddar cheese.

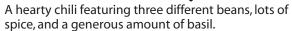
Southwest Chicken Chili

Huge strips of chicken in a zesty and creamy Southwestern sauce. Jalapenos and fire roasted corn make this an instant hit!

Vegetarian Chili with Beans (V)

This vegan chili is loaded with hearty veggiesblack, pinto, kidney, and garbanzo beans, combined with diced tomatoes, corn, zucchini, and more.

Basil Chicken Chili with Beans 🖤



Jambalaya

A mixture of Andouille sausage, shrimp, chicken, ham, crawfish and rice in a spicy Cajun style stock.

Sirloin Beef Stroganoff with Egg Noodles

Tender slices of sirloin beef sauteed with real butter, garlic, onions and fresh mushrooms, in a rich beef stock with Burgundy wine and cream.

Chili - Mac

1/2 Macaroni & Cheese and 1/2 any chili.

ADD A SIDE

Chocolate Chunk Cookie	
Salad3.00	Fruit Bowl3.50
Canned Soda 1.00	Whole Fruit 1.00
Bottled Teas/Juice 2.00	Roll 1.00
Water 1.00	Chips 1.00