

Julie Y. A. Cachia
Curriculum Vitae

Stanford University
Department of Psychology
420 Jordan Hall, Room 171
Stanford, CA 94305

EDUCATION

2023 (Expected)	Ph.D. in Psychology, Affective Science Area Stanford University
2021	M.A. in Psychology Stanford University
2017	M.A. Research and Experimental Psychology New York University
2015	B.A. in Psychology, minor in French New York University

PUBLICATIONS

Refereed Journal Articles

Fülöp, F., Böthe, B., Gál, É., **Cachia, J. Y. A.**, Demetrovics, Z., & Orosz, G. (2020). A two-study validation of a single-item measure of relationship satisfaction: RAS-1. *Current Psychology*, 1-13.

Book Chapters

Oettingen, G., & **Cachia, J. Y. A.** (2016). Problems with positive thinking and how to overcome them. In K. D. Vohs & R. F. Baumeister (Eds.). *Handbook of self-regulation* (3rd ed.). New York: Guilford.

Manuscripts in Submission

Cachia, J. Y. A. & Tsai, J. L. (2022). The cultural logic of models of self and emotion. In J. De Leersnyder (Ed.), *The socio-cultural shaping of emotion: Studies into the logic as well as dynamic interplay of culture and emotion*. Cambridge University Press.

Manuscripts in Preparation

Cachia, J. Y. A., Blevins, E., Ko, M., Knutson, B., Chen, Y., Tsai, J. L. (2021). *When your smile matters: The role of culture, ideal affect, and reputation on trust*. Manuscript in preparation.

AWARDS AND HONORS

2022 Centennial Teaching Assistant (CTA) Award (\$500)

2017 First Place Poster Award Winner of the NYU Master's Psychology Conference (\$200)

GRANTS AND FELLOWSHIPS

2021 Leadership in Inclusive Teaching (LIT) Fellow, Stanford University (\$1,600)

2019 Norman H. Anderson Research Fund (\$2,000)

2019 Bing Overseas Studies Program Companion Grant, with Prof. Jeanne Tsai (\$15,000)

INVITED TALKS

2021 When Your Smile Matters: The Role of Culture, Ideal Affect, and Reputation on Trust, New York University

2019 The Role of Culture and Ideal Affect in Romantic Relationships, New York University

2015 The Culture of Communication: When is it Beneficial? University of Hamburg

CONFERENCE ACTIVITY

Symposia/Conference Presentations

Cachia, J. Y. A., Uchida, Y. & Tsai, J. L. (2022, July). "Passive or Critical Partner Responses to Good News are Associated with Lower Relationship Satisfaction among European Americans but not Japanese." In Schouten, A (chair). *Cross-Cultural Perspectives on Emotions and Coping in Close Relationship*. Symposium conducted at the Annual International Society for Research on Emotion.

Cachia, J. Y. A. & Tsai, J. L. (2021, July). "Cultural differences in the emotional content of popular love songs: A comparison of U.S. and Japan." In Liew, K (chair). *A Cultural Psychological Perspective to Music Preference in Contemporary Society*. Symposium

conducted at the 16th Annual International Conference on Music Perception and Cognition (virtual).

Cachia, J. Y. A. & Cachia, P. (2016, August). Passionate Love Is Better Lived Than Imagined: A Cross-Cultural Perspective. Presentation given at the 22nd Annual Conference of the International Association for Cross-Cultural Psychology, Nagoya, Japan.

Cachia, J. Y. A. & Oettingen, G. (2015, May). What's Holding You Back? The Role of Internal Versus External Obstacles in Mental Contrasting with Implementation Intentions (MCII). Presentation given at the 41st Annual Undergraduate Research Conference, New York, New York.

Poster Presentations

Cachia, J. Y. A., Uchida, Y., & Tsai, J. L. (2022, March). The Ideal Development of Passion Over the Course of a Romantic Relationship: Cultural Differences Among European Americans and Japanese. Poster presented at the 9th Annual Conference of the Society for Affective Science (virtual).

Cachia, J. Y. A., Uchida, Y., & Tsai, J. L. (2022, February). Partners' "Negative" Responses to Good News Hurt American But Not Japanese Relationships. Poster presented at the 23rd Annual Conference of the Society for Personality and Social Psychology, San Francisco, California.

Cachia, J. Y. A., Blevins, E., Ko, M., Knutson, B., Chen, Y., & Tsai, J. L. (2021, April). When Your Smile Matters: The Role of Culture, Ideal Affect, and Reputation on Trust. Poster presented at the 8th Annual Conference of the Society for Affective Science (virtual).

Cachia, J. Y. A., Uchida, Y., & Tsai, J. L. (2020, February). European Americans Value Partner Attractiveness and Relationship Excitement More Than Japanese. Poster presented at the 21st Annual Conference of the Society for Personality and Social Psychology, New Orleans, Louisiana.

Cachia, J. Y. A., Moon, A., & Tsai, J. L. (2019, March). European Americans Have More Romantic Partners Because They Seek Eros Love. Poster presented at the 6th Annual Conference of the Society for Affective Science, Boston, Massachusetts.

Cachia, J. Y. A., Moon, A., & Tsai, J. L. (2019, February). European Americans Have More Romantic Partners Because They Seek Eros Love. Poster presented at the 20th Annual Conference of the Society for Personality and Social Psychology, Portland, Oregon.

Cachia, J. Y. A. & Wallisch, P. (2017, March). Focusing on the Individual as the Unit of Analysis: An Idiographic Approach to the Study of Probiotics on Mental Health. Poster presented at the 21st Annual NYU Master's Psychology Research Conference, New York, New York.

Cachia, J. Y. A. & Oettingen, G. (2016, January). Mental Contrasting with Implementation Intentions (MCII) Regulates Effective Communication in Relationships. Poster presented at the 17th Annual Conference of the Society for Personality and Social Psychology, San Diego, California.

Cachia, J. Y. A. & Oettingen, G. (2015, March). Promoting Relationship Commitment Through Communication: The Role of Obstacles within Mental Contrasting with Implementation Intentions (MCII). Poster presented at the 19th Annual NYU Master's Psychology Research Conference, New York, New York.

CAMPUS AND DEPARTMENTAL TALKS

- 2022 How Does Culture Influence Our Relationships?, guest lecture given at Stanford University, Introduction to Personality and Affective Science
- 2021 Building Student Motivation in the Classroom, workshop at Stanford University, Leadership in Inclusive Teaching (LIT) Fellowship Program
- 2021 Preregistration and Registered Reports, guest lecture given at Stanford University, Experimental Methods
- 2021 Version Control and Github, guest lecture given at Stanford University, Experimental Methods
- 2021 Open Science Workshop: Why and How to Preregister, Stanford University, Quantitative Sciences Unit (QSU) Brown Bag
- 2020 When Your Smile Matters: The Role of Culture, Ideal Affect, and Reputation on Trust, Stanford University, Affective Science Seminar
- 2020 Teaching Online During COVID-19, Stanford University, Teaching Town Hall
- 2020 Personality and Affect in Relationships, guest lecture given at Stanford University, Introduction to Personality and Affective Science
- 2020 Version Control and Github, guest lecture given at Stanford University, Experimental Methods
- 2019 Version Control and Github, guest lecture given at Stanford University, Experimental Methods
- 2019 Does it *Feel* Right? Culture and the Importance of Excitement in Romantic Love, Stanford University, Affective Science Seminar

- 2017 Using MCII to Strengthen Relationship Commitment: The Role of Developmental Goals, New York University, Motivation Lab
- 2015 Regulating Relationship Commitment Using Mental Contrasting with Implementation Intentions (MCII): The Moderating Role of Obstacles, New York University, Motivation Lab

TEACHING EXPERIENCE

Stanford University

Leadership in Inclusive Teaching (LIT) Fellow (2021 – 2022)

Experimental Methods (Fall 2019, Fall 2020, Fall 2021)

Learning and Memory (Spring 2020)

Introduction to Personality and Affective Science (Winter 2020, Winter 2022)

New York University

Advanced Psychological Statistics (Fall 2016, Spring 2017, Fall 2017)

Social Psychology (Spring 2016)

Cognitive Neuroscience (Fall 2015)

RESEARCH EXPERIENCE

2016 – 2017 Graduate Lab Member, NYU Motivation Lab

2017 – 2018 Junior Research Scientist, Calibre Institute for Quality Medical Education

2016 – 2018 Research Collaborator, National Chengchi University in Taiwan

SERVICE TO PROFESSION

Journal Reviewer: *Journal of Social and Personal Relationships*, *Emotion*, *Personality and Social Psychology Bulletin*

DEPARTMENTAL SERVICE

Organizer, Teaching Assistant Training Workshop for first-time graduate teaching assistants (2021)

Panelist, Psychology Beyond Undergrad, an undergraduate class (2021)

Panelist, Diversity Committee for admitted students (2021)

Development of Psychology Pathways for undergraduate students (2020)

Creation of graduate student funding resource spreadsheet for department website (2020)

Organizer, Prospective Students' Weekend (2019)

Poster session judge, Stanford Research Conference (2019)

Volunteer, Paths to PhD (2019)

Class Representative (2018-2019)

LANGUAGES

English — Native

Japanese — Fluent

French — Fluent

AFFILIATIONS

Society for Personality and Social Psychology, Student Affiliate

Association for Psychological Science, Student Affiliate

American Psychological Association, Student Affiliate