June 2025

### Empirical Risk Minimization and Regularization

Julio Antonio Soto Vicente

IE University (demo class)

#### Outline

- 1 Empirical Risk Minimization
- ${f 2}$   $L_2$  regularization
- $\begin{tabular}{l} \begin{tabular}{l} \begin{tabu$

**Empirical Risk Minimization** 

#### A tale of two terms

$$\min_{\mathbf{w},b} \ \ \underbrace{\sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n)}_{\text{Loss}}$$

s.t. 
$$r(\mathbf{w}) \leq C$$
Regularization

The regulzarization generates a **constraint** that limits learned parameter values in some way, in order to favour simpler solutions

#### A tale of two terms

$$\min_{\mathbf{w},b} \ \ \underbrace{\sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n)}_{\text{Loss}}$$

s.t. 
$$\underline{r(\mathbf{w}) \leq C}$$
Regularization

The regulzarization generates a **constraint** that limits learned parameter values in some way, in order to favour simpler solutions

We can also write the same in Lagrangian form:

$$\min_{\mathbf{w},b} \quad \sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n) + \underbrace{\lambda r(\mathbf{w})}_{\text{Regularization}}$$

#### A tale of two terms

$$\min_{\mathbf{w},b} \ \ \underbrace{\sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n)}_{\text{Loss}}$$

s.t. 
$$\underbrace{r(\mathbf{w}) \leq C}_{\text{Regularization}}$$

The regulzarization generates a **constraint** that limits learned parameter values in some way, in order to favour simpler solutions

We can also write the same in Lagrangian form:

$$\min_{\mathbf{w},b} \quad \underbrace{\sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n)}_{\text{Loss}} + \underbrace{\lambda r(\mathbf{w})}_{\text{Regularization}} \quad C \downarrow \quad \lambda \uparrow$$

#### **Empirical Risk Minimization**

$$\min_{\mathbf{w},b} \quad \underbrace{\sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n)}_{\text{Loss}} + \underbrace{\lambda r(\mathbf{w})}_{\text{Regularization}}$$

Lots of ML theory is built on top of this framework: linear models, Support Vector Machines, neural networks...

#### **Empirical Risk Minimization**

$$\min_{\mathbf{w},b} \quad \sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n) + \underbrace{\lambda r(\mathbf{w})}_{\text{Regularization}}$$

Lots of ML theory is built on top of this framework: linear models, Support Vector Machines, neural networks...

The regularization term can take many different forms. The most popular ones are:

- ullet  $L_2$  regulatization
- ullet  $L_1$  regularization

#### $L_2$ regularization

The regularizer forces the model to minimize the squared  $L_2$  norm of the weight vector  $\rightarrow r(\mathbf{w}) = \|\mathbf{w}\|_2^2$ :

$$\min_{\mathbf{w},b} \quad \sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n), y_n) + \lambda \|\mathbf{w}\|_2^2$$

The regularizer forces the model to minimize the squared  $L_2$  norm of the weight vector  $\rightarrow r(\mathbf{w}) = \|\mathbf{w}\|_2^2$ :

$$\min_{\mathbf{w},b} \quad \sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n),y_n) + \lambda \left\| \mathbf{w} \right\|_2^2$$

Where

$$\|\mathbf{w}\|_{2}^{2} = (\|\mathbf{w}\|_{2})^{2} = (\sqrt{w_{1}^{2} + w_{2}^{2} + \dots + w_{d}^{2}})^{2} = \sum_{i=1}^{d} w_{i}^{2}$$

The regularizer forces the model to minimize the squared  $L_2$  norm of the weight vector  $\rightarrow r(\mathbf{w}) = \|\mathbf{w}\|_2^2$ :

$$\min_{\mathbf{w},b} \quad \sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_n), y_n) + \lambda \left\| \mathbf{w} \right\|_2^2$$

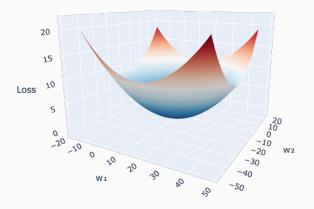
Where

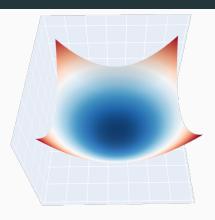
$$\left\| \mathbf{w} \right\|_2^2 = \left( \left\| \mathbf{w} \right\|_2 \right)^2 = \left( \sqrt{w_1^2 + w_2^2 + \dots + w_d^2} \right)^2 = \sum_{i=1}^d w_i^2$$

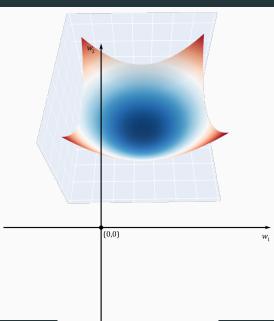
 $\lambda$  is the *regularization strength* o controls the tradeoff between loss and regularization

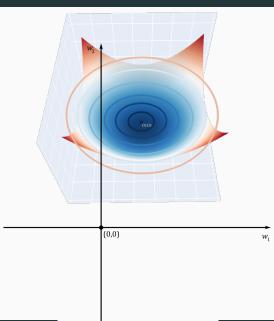
 $L_2$  regularization has the effect of **shrinking** the estimated parameters  ${f w}$  to smaller values

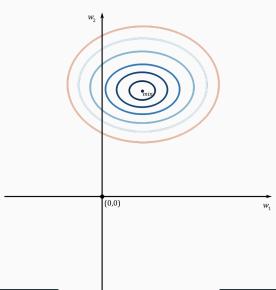
Smaller values for  ${\bf w}$  generate more *conservative* predictions, potentially preventing overfitting

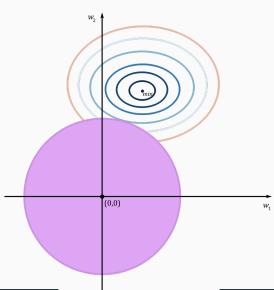


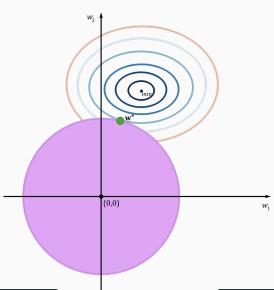




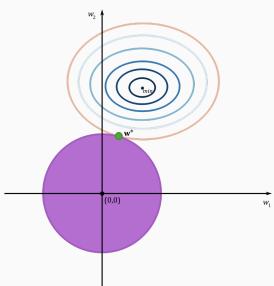




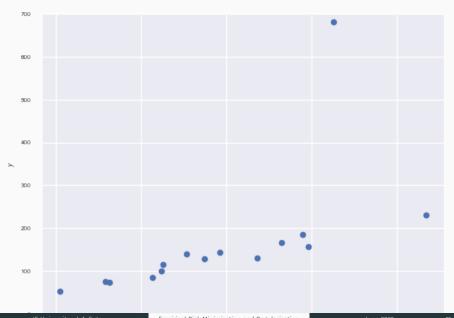




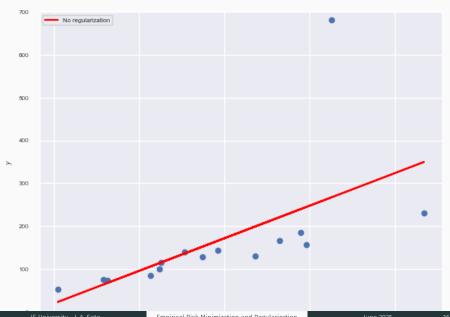
#### What happens if we increase $\lambda$ ?



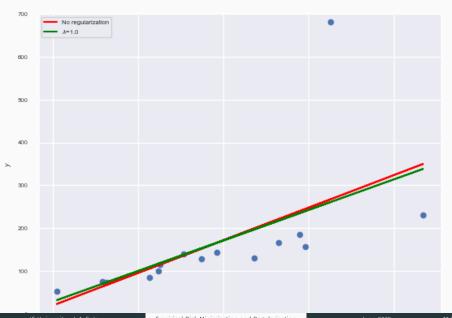
#### Sample dataset



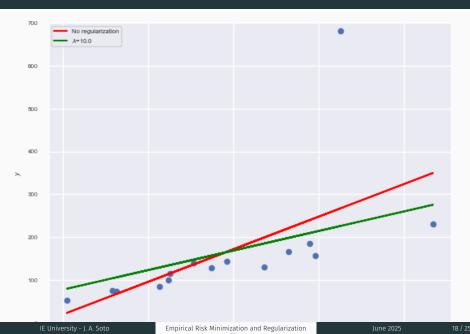
#### Linear regression



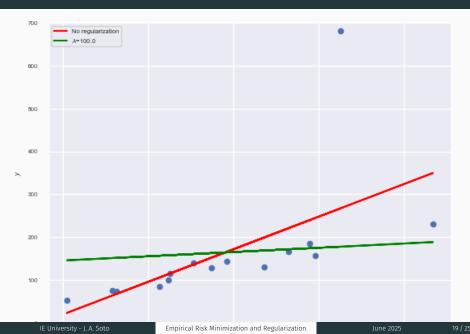
#### ${\cal L}_2$ -regularized linear regression



#### ${\cal L}_2$ -regularized linear regression



#### ${\cal L}_2$ -regularized linear regression



# $L_1$ regularization \_\_\_\_\_\_

The regularizer forces the model to minimize the  $L_1$  norm of the weight vector  $\rightarrow r(\mathbf{w}) = \|\mathbf{w}\|_1$ :

$$\min_{\mathbf{w},b} \quad \sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_{n}), y_{n}) + \lambda \left\| \mathbf{w} \right\|_{1}$$

The regularizer forces the model to minimize the  $L_1$  norm of the weight vector  $\rightarrow r(\mathbf{w}) = \|\mathbf{w}\|_1$ :

$$\min_{\mathbf{w},b} \quad \sum_{n=1}^{N} \ell(h_{\mathbf{w},b}(\mathbf{x}_{n}), y_{n}) + \lambda \left\| \mathbf{w} \right\|_{1}$$

Where

$$\left\|\mathbf{w}\right\|_1 = \sum_{i=1}^d |w_i|$$

 $L_1$  regularization has the effect of turning some of the parameters in  ${f w}$  to exactly 0

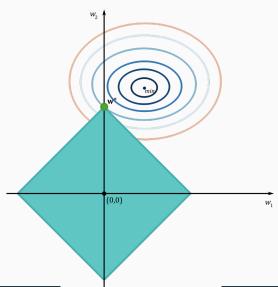
This induces **model sparsity**, where some of the features/dimensions are completely disregarded—a  $w_i$  of 0 makes the feature it multiplies to have no effect on the final prediction

 $L_1$  regularization has the effect of turning some of the parameters in  ${f w}$  to exactly 0

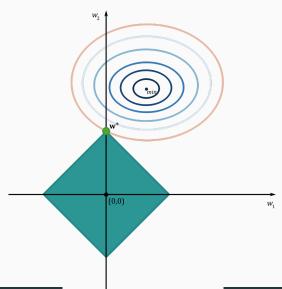
This induces **model sparsity**, where some of the features/dimensions are completely disregarded—a  $w_i$  of 0 makes the feature it multiplies to have no effect on the final prediction

Therefore,  ${\cal L}_1$  regularization performs feature selection implicitly

#### $\overline{L_1}$ regularization



#### What happens if we increase $\lambda$ ?



#### $L_2$ and $L_1$ regularization

For the specific case of linear regression:

- ullet Linear regression with  $L_2$  regularization o Ridge
- Linear regression with  $L_1$  regularization  $\rightarrow$  LASSO
- ullet Linear regression with both  $L_1$  and  $L_2$  regularization o Elastic Net

#### ${\cal L}_2$ and ${\cal L}_1$ regularization

For the specific case of linear regression:

- Linear regression with  $L_2$  regularization ightarrow Ridge
- Linear regression with  $L_1$  regularization  $\rightarrow$  LASSO
- ullet Linear regression with both  $L_1$  and  $L_2$  regularization o Elastic Net

$$\text{Elastic Net } = \min_{\mathbf{w},b} \ \frac{1}{N} \sum_{n=1}^{N} (\mathbf{w}^{\top} \mathbf{x}_n + b - y_n)^2 + \lambda (\underbrace{\alpha \left\| \mathbf{w} \right\|_1}_{\text{regularization}} + \underbrace{\left(\frac{1-\alpha}{2}\right) \left\| \mathbf{w} \right\|_2^2}_{\text{L2 regularization}})$$

$$\alpha \in [0,1)$$

## Questions?