

## Variable Definitions

<b>Col.</b>	<b>Variable</b>	<b>Definition</b>
A	ID	Identification number
B	Age	Age (years)
C	Female	1 if female
D	Racegrp	Self-reported race/ethnic group (white, black, Hispanic, other)
E	Educ	1 if more than high school
F	Unmarried	1 if unmarried
G	Income	1 if household income is above the median
H	CareSource	Self-reported source of medical care (Dr./HMO, clinic, noplac, other)
I	Insured	1 if covered by health insurance.
J	Weight	Weight (kg)
K	Height	Height (cm)
L	BMI	Body mass index (kg/m <sup>2</sup> )
M	Obese	1 if BMI is greater than 30 kg/m <sup>2</sup>
N	Waist	Waist circumference (cm)
O	SBP	Systolic blood pressure (max)
P	DBP	Diastolic blood pressure (min)
Q	HDL	(mg/dL) the "good" cholesterol
R	LDL	(mg/dL) the "bad" cholesterol
S	Total Chol	(mg/dL) the sum of good and bad cholesterol
T	Dyslipidemia	Too high LDL or too low HDL
U	PVD	Peripheral vascular disease reflected by reduced SBP at the leg relative to the arm.
V	Activity	Mostly sit (1); stand or walk a lot (2); lift light loads or climb stairs often (3); heavy work and heavy loads (4).
W	Poor Vision	Self-reported poor vision
X	Smoker	Smoked at least 100 cigarettes
Y	Hypertension	The presence of at least one of four indicators of high blood pressure
Z	Fam Hypertension	Family history of hypertension (high blood pressure)
AA	Diabetes	Self-reported physician diagnosed or lab test result
AB	Fam Diabetes	Family history of diabetes
AC	Stroke	Self-reported response to "Has a doctor ever told you that you had a stroke?"
AD	CVD	Response to "Has a doctor ever told you that you had angina pectoris, myocardial infarction, or stroke?"
AE	Fam CVD	Family history of cardiovascular disease
AF	CHF	Self-reported response to "Has a doctor ever told you that you had congestive heart failure?"
AG	Anemia	Treatment for anemia received in past 3 months or hemoglobin at exam lower than 11g/dL
AH	CKD	Chronic kidney disease as indicated by measured serum creatinine.