

**COPYRIGHT AND DISCLAIMER**

The information provided in these information packages is intended for information purposes only. While every reasonable effort has been made to ensure the accuracy of the information packages, no guarantee can be given that the information is free from error or omission. These information packages are not meant to treat depression, social anxiety, bipolar disorder or any other mental illness. The diagnosis and treatment of clinical depression, anxiety, bipolar disorder or any other mental illness requires the attention of a physician or other properly qualified mental health professional. If you are seeking diagnosis or treatment of depression, anxiety, bipolar disorder, or any other mental illness, you should consult a physician or mental health professional.