

Control of the metal-insulator transition in vanadium dioxide by modifying orbital occupancy

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External control of the conductivity of correlated oxides is one of the most promising schemes for realizing energy-efficient electronic devices. Vanadium dioxide (VO₂), an archetypal correlated oxide compound, undergoes a temperature-driven metal-insulator transition near room temperature with a concomitant change in crystal symmetry. Here, we show that the metal-insulator transition temperature of thin VO₂(001) films can be changed continuously from ~285 to ~345 K by varying the thickness of the RuO₂ buffer layer (resulting in different epitaxial strains). Using strain-, polarization-and temperature-dependent X-ray absorption spectroscopy, in combination with X-ray diffraction and electronic transport measurements, we demonstrate that the transition temperature and the structural distortion across the transition depend on the orbital occupancy in the metallic state. Our findings open up the possibility of controlling the conductivity in atomically thin VO₂ layers by manipulating the orbital occupancy by, for example, heterostructural engineering.

ransitions from itinerant to localized electronic behaviour are ubiquitous in condensed-matter systems¹. These transitions, especially in systems with d-electrons, originate from a complex interplay of instabilities in the charge, spin, orbital and lattice degrees of freedom^{2–7}. VO_2 is a $3d^1$ system and conventional electron-counting rules would suggest a metallic ground state due to a half-filled outer shell. However, VO2 exhibits a metal-insulator transition (MIT) near room temperature ($T_{\rm MIT} \sim 340 \, {\rm K}$ in bulk) with an accompanying structural phase transition8. The nature of the low-temperature insulating phase of VO₂ is one of the longstanding debates, with recent literature suggesting that this phase should be considered a Peierls-Mott insulator wherein electronelectron correlations and dimerization of V ions both contribute to the opening of an insulating gap⁹⁻¹¹. On the other hand, despite being extensively studied, the role of the metallic phase of VO₂ in triggering this transition and the electronic property that sets the energy scale for the transition temperature, $T_{\rm MIT}$, have not yet been fully understood and identified. Yet, a fundamental understanding of the metallic phase and its role in triggering the MIT is critical to engineering devices based on the MIT in VO₂ and related materials. In this study, we elucidate the role of orbital occupations in the metallic phase and the lattice changes across the transition in differently strained single-crystalline VO₂ thin films where $T_{\rm MIT}$ is varied in a well-controlled manner by over $\sim 60 \, {\rm K}$. We furthermore find that the insulating state's orbital occupation changes little with strain, thus underlining the importance of the metallic state's electronic properties in governing the energy scale of the metal-insulator transition.

The high-temperature metallic phase of VO_2 has a rutile crystal structure with $P4_2/mnm$ space symmetry¹². In this structure, shown in Fig. 1a with three rutile VO_2 unit cells, vanadium ions (orange)

occupy the octahedral interstices formed by oxygen ions (blue). The oxygen octahedra at the body-centre and the corner of a rutile unit cell are related by a 90° rotation about the rutile c axis (c_R) and share a common vertex. The octahedra of adjacent unit cells along c_R share a common edge. Across the MIT, the V⁴⁺ ions move away from the octahedral-interstice centre by a combination of an anti-ferroelectric distortion along the rutile [110] and [110] directions and a dimerization along the [001] direction resulting in the monoclinic phase with a lowered crystal symmetry of $P2_1/c$ (ref. 13). This transition and the relationship between the rutile and the monoclinic phases are shown in the figure (also see Supplementary Fig. S1). The octahedra in VO₂ are orthorhombically distorted, making it possible to differentiate the apical and equatorial V–O bonds, as shown in Fig. 1b.

The structural transition in VO₂ is accompanied by changes in the electronic band structure near the Fermi level (E_F) that can be qualitatively understood within a crystal-field model, first proposed in ref. 14, resulting from the octahedral environment and the associated hybridization of the O 2p orbitals with V 3d orbitals (p-d hybridization) that are involved in chemical bonding. The 3d electronic levels of the V ion are crystal-field split into a combination of low-energy t_{2g} states (Fig. 1b) and high-energy e_{g}^{σ} states, where σ represents the symmetry of the V–O bonds. The small orthorhombic component of the crystal field associated with the different equatorial and apical V-O distances further separates the t_{2g} orbitals into a single a_{1g} orbital and a doubly degenerate e_g^{π} combination with π -type V–O bonds. The e_g^{π} and the e_g^{σ} orbitals hybridize with the O 2p orbitals and form low-energy bonding combinations with predominantly O 2p character and high-energy anti-bonding combinations with predominantly V 3d character. The a_{1g} orbitals (d_{\parallel}) are directed parallel to the rutile c axis $(c_{\rm R})$

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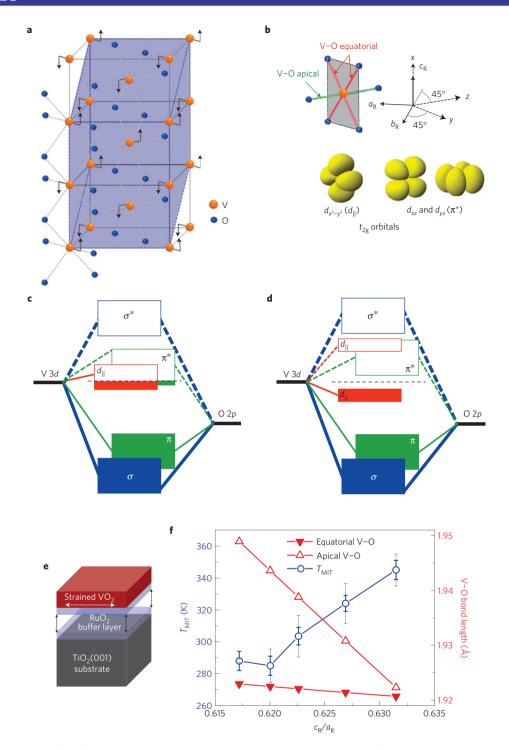


Figure 1 | **Overview and strain-dependent MIT in VO₂. a**, A schematic of the inter-relationship between the rutile (three adjacent units along the rutile c axis, c_R , are shown) and the monoclinic (shaded) crystal structures in VO₂. The oxygen octahedra at the body-center and the corners of the rutile unit cell are related by a 90° rotation about c_R . Across the MIT, the vanadium ions move away from the octahedral-site centre as shown by the black arrows. **b**, An octahedron at the centre of a rutile unit cell of VO₂ is redrawn to illustrate the orthorhombic distortion and the different apical and equatorial V-O bond lengths. The vanadium t_{2g} d orbitals that form the valence electronic states in VO₂ are shown along with the relationship between the rutile crystallographic axes (solid arrows) and the geometric axes of the orbitals (dashed arrows). **c**,**d**, Schematic of the VO₂ band structure in the metallic (**c**) and insulating (**d**) states. **e**, Schematic of strain transfer to the VO₂ thin films through a RuO₂ buffer layer of variable thickness deposited on a single-crystalline TiO₂(001) substrate. **f**, Experimental data showing the continuous variation in T_{MIT} as a function of the axial ratio in the rutile phase (c_R/a_R). T_{MIT} is defined as the average of transition temperatures during cooling and warming. The thicker error bars represent the hysteresis in the resistance-temperature curves. The thinner error bars represent the width of the transition during cooling. The changes in the apical and the equatorial V-O bond lengths are also plotted.

and are relatively non-bonding with respect to O 2*p* (refs 14,15). In the metallic state, shown schematically in Fig. 1c, the density of states at $E_{\rm F}$ is formed from a mixture of the d_{\parallel} orbitals that

are directed along c_R and the more isotropic and anti-bonding e_g^π orbitals (π^*) . The π^* orbitals have a smaller p–d overlap in comparison with the e_g^σ orbitals (σ^*) and thus the latter are centred

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at \sim 3.5 eV (ref. 16) above $E_{\rm F}$. Across the MIT, the dimerization of the V ions along the c axis splits the highly directional d_{\parallel} orbitals that mediate V–V bonds into a bonding and an anti-bonding combination. In addition to this, the anti-ferroelectric displacement perpendicular to $c_{\rm R}$ and parallel to the crystallographic $\langle 110 \rangle$ directions increases p–d overlap¹³ and results in an energy upshift of the π^* orbitals. The net result, as shown in Fig. 1d, is orbital polarization^{15,17} in the insulating state with bonding d_{\parallel} orbitals being fully occupied and the anti-bonding d_{\parallel} (d_{\parallel}^*) and π^* being empty. In this work, we induce systematic changes in the electronic structure near $E_{\rm F}$ by changing the p–d hybridization through lattice strain in thin films of VO₂.

We modify the strain in VO₂ thin films by depositing a buffer layer of ruthenium dioxide (RuO₂) between the film and the TiO₂ (001) substrate. RuO₂ is used because it has the same crystal structure and space group as both TiO₂ and metallic VO₂ $(P4_2/mnm; refs 12,18,19)$. Furthermore, the lattice parameters of bulk RuO₂ ($a_{RuO_2} = 4.4910 \text{ Å}$, $c_{RuO_2} = 3.1064 \text{ Å}$) are such that the VO₂ (001) film (bulk $a_{VO_2} = 4.5546 \,\text{Å}$) is compressively strained in-plane when deposited on relaxed RuO₂ (001) whereas tensile-strained on TiO_2 (001) (bulk $a_{TiO_2} = 4.5937 \text{ Å}$). This is shown schematically in Fig. 1e. Although the strain in VO₂ films can be changed by depositing VO₂ on differently oriented TiO₂ substrates²⁰, or by applying a uniaxial strain along [110] as has been done on VO₂ single crystals²¹, such approaches change the structural symmetry of the metallic state of VO₂, making it difficult to distinguish between the effects of strain and/or symmetry. Our approach, in contrast, retains the tetragonal symmetry of the metallic state for all of the differently strained films and hence any accompanying electronic structure changes can be unambiguously attributed to changes in lattice parameters alone. Our work also identifies a way to continuously control the T_{MIT} in VO₂ thin films by epitaxial strain of a buffer layer of varying thickness.

VO₂ films were prepared by pulsed laser deposition on TiO₂ (001) substrates, with and without RuO2 buffer layers. RuO2 buffer layers of different thicknesses, namely ~10 nm, ~20 nm, \sim 40 nm and \sim 80 nm, were reactively sputtered (Methods), θ –2 θ X-ray diffraction analysis of the films shows a continuous change in the out-of-plane lattice constant, c_R , of the VO₂ films as a function of increasing RuO2 buffer layer thickness (Supplementary Fig. S3). In general, epitaxial strain in thin-film heterostructures is relieved by misfit dislocation formation²². Typically, as the thickness of the strained film is increased there will be a critical thickness below which the film is coherently strained and above which the strain will be partially relieved by the formation of increasing numbers of misfit dislocations, until eventually the film is completely relaxed. Our data indicate that the VO₂ films, each 30 nm thick, are coherently strained for each RuO₂ under-layer thickness, such that there is a monotonic decrease in the VO₂ (002) peak position with increasing RuO₂ thickness. On the other hand, the RuO2 films themselves are rather incoherently strained such that the lower portion of the RuO₂ layer is clamped to the TiO₂ substrate and the upper portion of the film has a different lattice parameter owing to strain relaxation throughout the thickness of the RuO₂ film (Supplementary Fig. S2). As a consequence, the angular position of the diffraction peak from the VO₂ (002) planes decreases with increasing RuO2 thickness (Supplementary Fig. S3), which is indicative of an increasing c_R . From the measured c_R , the in-plane lattice parameter of the VO_2 films, a_R , was calculated by assuming an isotropic biaxial stress induced in the VO₂ thin film (Supplementary Section S5). Temperature-dependent electrical transport measurements (Supplementary Figs S4 and S6) showed that the T_{MIT} , averaged over the warming and cooling curves that are different owing to the hysteretic transition, decreased by a maximum value of ~60 K for the maximally strained sample for which the axial ratio of the rutile phase, c_R/a_R , was decreased by \sim 2.3% (Fig. 1f and Supplementary Table S1). The decrease in $c_{\rm R}/a_{\rm R}$ results in a significant increase in the apical V–O bond length, whereas the equatorial V–O bond length changes very little. These changes are also plotted in Fig. 1f.

On the basis of crystal-field arguments, we suggest that the increase in the apical V–O bond length decreases the *p*–*d* overlap and, consequently, decreases the energy level of the π^* orbitals relative to those of the d_{\parallel} orbitals. This relative energy shift should then result in an increase of the orbital occupancy of the π^* orbitals and in a decrease of the occupancy of the d_{\parallel} orbitals. Note that both the π^* and d_{\parallel} orbitals are partially occupied at $E_{\rm F}$ in the metallic state. To test this hypothesis, we carried out polarization-dependent soft X-ray absorption spectroscopy measurements at the V $L_{2,3}$ edges for three VO₂ films with different transition temperatures to determine their orbital occupations in the insulating and in the metallic states¹¹. These measurements were performed using total electron yield (TEY) detection²³. Owing to the narrow bandwidth of the 3d valence electronic states and the relatively large valence-electron core-hole Coulomb interaction, the exciton created by the X-ray absorption process can be assumed to be strongly localized^{9,24}. Thus, the X-ray absorption spectroscopy (XAS) data can be interpreted by means of dipole-allowed atomiclike transitions from the V 2p core level to the 3d valence electronic states, that is, a $2p^63d^1 \rightarrow 2p^53d^2$ transition. Linearly polarized X-rays with the electric-field orientation parallel ($\mathbf{E} \parallel c_{\mathbb{R}}$) and perpendicular ($\mathbf{E} \perp c_{\mathrm{R}}$) to the rutile c axis (Fig. 2a) probe the vacant d_{\parallel} and π^* valence-electron states, respectively¹¹.

We first discuss the orbital occupation changes in the metallic and the insulating states for the sample with $T_{\rm MIT} = \sim 345 \, \rm K$. In Fig. 2b, we plot the metallic-state polarization-dependent XAS spectra for this sample collected at 380 K. The main peaks in the spectra at ~518 eV and 524 eV, respectively, correspond to the V L_3 and L_2 absorption edges that originate from the $2p_{3/2} \rightarrow 3d$ and $2p_{1/2} \rightarrow 3d$ transitions⁹. XAS spectra collected with $\mathbf{E} \parallel c_{\mathbf{R}}$ and $\mathbf{E} \perp c_{\mathrm{R}}$ are similar, as expected from the isotropic orbital occupation in the metallic state, as shown in Fig. 1c, and demonstrated in previous experimental and theoretical studies^{11,17}. However, there are subtle but notable differences between the two spectra that can be seen more readily in the dichroic signal that is also plotted in Fig. 2b. In contrast, in the insulating state the XAS spectra that were collected on the same sample at 270 K show a much larger dichroism (Fig. 2c), which is a clear signature of orbital polarization expected from the well-known V–V dimerization in the insulating state and the consequential selective filling of d_{\parallel} orbitals^{11,14}. The differences in the XAS spectra between the metallic and insulating states can be qualitatively understood from Fermi's golden rule by which the XAS intensity scales with the unoccupied density of states^{17,25}. This means that $I_{\parallel} \propto \rho_{d_{\parallel}}$ and $I_{\perp} \propto \rho_{\pi*}$, where I_{\parallel} and I_{\perp} are the XAS intensities for $\mathbf{E} \parallel c_{\mathrm{R}}$ and $\mathbf{E} \perp c_{\mathrm{R}}$, and $\rho_{d_{\parallel}}$ and $\rho_{\pi*}$ are the unoccupied densities of states of the d_{\parallel} and π^* orbitals, respectively. Of particular importance are the changes in the spectral features in the excitonic part of the spectra for photon energies in the range from 512.5 to 516 eV that probe the valence electron states. This energy range is indicated by the dashed vertical lines in Fig. 2a,b. Over this energy range, the intensity difference $(I_{\parallel} - I_{\perp})$ is clearly more negative in the insulating state by comparison with the metallic state. This can be understood as arising from orbital polarization in the insulating state due to the selective filling of d_{\parallel} orbitals; in the metallic state, on the other hand, the filling is isotropically distributed between the d_{\parallel} and π^* orbitals (Fig. 1c,d). Consequently, the intensity difference at the first peak in the $I_{\parallel} - I_{\perp}$ curve²⁶ is approximately -0.55 (at ~ 514.3 eV) in the insulating state; by comparison this is ~ 0.1 (at ~ 514.1 eV) in the metallic state. The measured changes in the spectral features across the MIT agree very well with those previously reported¹¹ on single-crystalline bulk VO2 and highlight the high quality of the thin-film samples

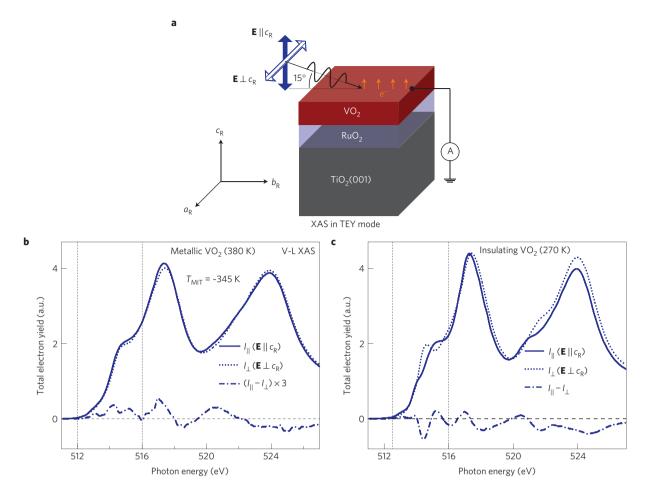


Figure 2 | **Polarization-dependent XAS. a**, Schematic of the XAS measurement geometry. The X-ray beam is incident at 15° to the sample surface and the photon polarization is either parallel ($\mathbf{E} \parallel c_R$) or perpendicular ($\mathbf{E} \perp c_R$) to c_R . The orange arrows represent the X-ray-excited electron current. **b.c.**, Polarization-dependent. V L edge XAS spectra are shown in the metallic state (\mathbf{b}) and the insulating state (\mathbf{c}), for a VO₂ film with $T_{\text{MIT}} = \sim 345 \text{ K}$. I_{\parallel} and I_{\perp} are the TEY intensities corresponding to $\mathbf{E} \parallel c_R$ and $\mathbf{E} \perp c_R$. The differences between these spectra are also shown. The vertical dashed lines indicate the approximate energy range of excitations into the vacant I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} are the TEY intensities corresponding to I_{\parallel} and I_{\parallel} and I_{\parallel} are the

used in this study, because the V 2*p* core-level binding energies are sensitive to the local atomic environment and the valence state of the vanadium ion^{23,26,27}. More importantly, they validate our qualitative interpretation of the XAS data, which will form the basis for understanding the strain-dependent changes in orbital occupation discussed below.

In Fig. 3a, we plot $I_{\parallel} - I_{\perp}$ for three samples with different T_{MIT} . A comparison within the excitonic region of the spectra clearly shows that $I_{\parallel} - I_{\perp}$ increases with decreasing $T_{\rm MIT}$. The sample with the smallest $T_{\rm MIT}$ has the largest apical V–O bond length (Fig. 1f) and consequently the smallest p-d overlap along the apical direction. This means that the energy of the π^* valence electronic states is lowered relative to that of the d_{\parallel} valence states, thereby transferring electrons from the d_{\parallel} to the π^* orbitals. The transfer of electrons between the valence orbitals is a direct consequence of charge conservation assuming that the V ion is in the $3d^1$ valence state for the three different strains. This transfer increases $ho_{d_{\parallel}}$ and correspondingly decreases $ho_{\pi *}$ that account for the increasingly positive $I_{\parallel} - I_{\perp}$ that we measure for decreasing $T_{\rm MIT}$. In particular, $I_{\parallel} - I_{\perp}$ increases from 0.1 for the least strained sample ($T_{\rm MIT}$ of ~ 345 K) to 0.3 for the most strained sample ($T_{\rm MIT}$ of \sim 288 K). The magnitude of this strain-dependent change in $I_{\parallel} - I_{\perp}$ is almost one-third the change in $I_{\parallel} - I_{\perp}$ across the MIT for the sample with a $T_{\rm MIT}$ (~345 K) closest to that of bulk VO_2 (\sim 340 K). This means that the strain-dependent orbital occupation changes in the metallic state are comparable in magnitude to the orbital occupation changes across the MIT.

In the insulating state, the π^* orbitals lie above $E_{\rm F}$ and a transfer of electrons is not expected for the relatively small changes in lattice parameters that we measure. This is in accord with the negligible changes in $I_{\parallel}-I_{\perp}$ that we find for the same three samples in the insulating state within the energy range of 512.5–516 eV (Fig. 3b). These changes in the relative orbital energies in the metallic and the insulating states are shown schematically in Fig. 3c,d, respectively. Remarkably, these results suggest that the metallic state's orbital occupation is directly related to $T_{\rm MIT}$, while the insulating state's electronic distribution changes little.

To elucidate the role of orbital occupation in the MIT of VO₂, we compare in Fig. 4 the changes in dichroism and the magnitude of the structural changes across the transition to $T_{\rm MIT}$. First, we find that the dichroic signal summed over the energy range from 512.5 to 516 eV, that is, $100(I_{\parallel}-I_{\perp})/(I_{\parallel}+I_{\perp})$, increases as the $T_{\rm MIT}$ is decreased. Positive dichroism is a consequence of increased $\rho_{d_{\parallel}}$ (unoccupied d_{\parallel}), as explained earlier, and thus correlates with a decrease in d_{\parallel} orbital occupation. Second, we find that the magnitude of the structural change inferred from the change in the average out-of-plane lattice spacing across the MIT decreases with decreasing $T_{\rm MIT}$ (Supplementary Section S8). As the d_{\parallel} orbitals participate in the dimerization of the V ions along $c_{\rm R}$, we conclude that there is a correlation between a decrease in the occupancy of the d_{\parallel} valence electron states and the magnitude of the structural change as $T_{\rm MIT}$ is varied.

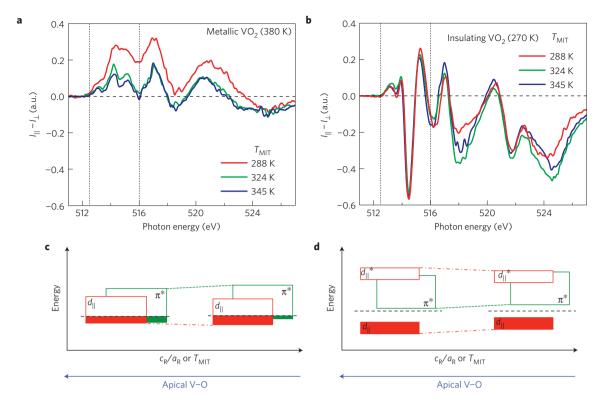


Figure 3 | Strain-dependent orbital-occupation changes. a,b, $I_{\parallel} - I_{\perp}$ in the metallic state (a) and the insulating state (b) for samples with various T_{MIT} . c,d, Schematic of changes in the valence electron states in the metallic state (c) and the insulating state (d) as T_{MIT} is changed.

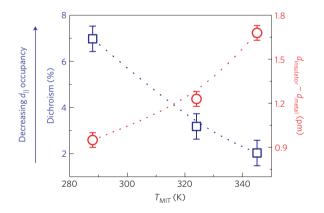


Figure 4 | **Orbital-lattice correlation.** Dichroism versus $T_{\rm MIT}$ in the metallic state for the three samples shown in Fig. 3. The dichroism is defined as $100(l_{\parallel}-l_{\perp})/(l_{\parallel}+l_{\perp})$ integrated over the energy range from 512.5 to 516 eV. A more positive dichroism corresponds to a lower $T_{\rm MIT}$ and a smaller d_{\parallel} occupancy. The error bars correspond to the standard deviation in the dichroism measured for the three insulating state spectra in Fig. 3b, which are nominally identical in our model. Corresponding changes in the lattice are plotted on the right axis as the difference between the mean out-of-plane spacing of the VO₂(001) film in the insulating ($d_{\rm insulator}$) and the metallic ($d_{\rm metal}$) states. The error bars correspond to measurement accuracy. $d_{\rm insulator}-d_{\rm metal}$ decreases with decreasing $T_{\rm MIT}$ and d_{\parallel} occupancy, highlighting the significant role that the d_{\parallel} orbital occupation plays in the MIT of VO₂. The dotted lines are a guide to the eye.

The electron–electron correlation energy²⁸ ($U_{\rm d-d}$) could also influence $T_{\rm MIT}$. However, this energy will be largest for the sample with the lowest $T_{\rm MIT}$ that has the largest apical V–O bond length and therefore the smallest bandwidth (the equatorial V–O bond length also changes but by only $\sim 0.1\%$ as shown in Fig. 1f). The presence of orbital-specific correlations can be ruled out

because it has been experimentally observed that both d_{\parallel} and π^* bands have comparable bandwidths¹⁶. It therefore seems likely that orbital–lattice coupling plays a more significant role than $U_{\rm d-d}$ in determining $T_{\rm MIT}$ in VO₂. These conclusions are valid only when the bandwidth influences the Mott transition rather than changes in d band filling.

These experimental findings are clear evidence that the orbital occupancy in the metallic state of VO₂ sets the energy scale for the MIT. A similar orbitally driven Peierls state with tetramer ordering leading to a metal–insulator transition was suggested for compounds crystallizing in the spinel structure²⁹ and trimeron formation was experimentally shown in Fe₃O₄ (ref. 30). Both rutile and spinel compounds have edge-sharing octahedra that mediate metal–metal bonding¹⁵ and the presence of a Peierls-like distortion along the metal–metal chains might very well suggest that they have a common origin. In addition, our findings open new ways to the orbital control of the MIT in VO₂, for example, by an interface-mediated orbital reconstruction³¹ or by the formation of quantum wells³². Our experimental results should inspire further theoretical work on predicting the role of orbital filling and metal–metal bonding in triggering an MIT in VO₂ and other related materials.

Methods

Before thin-film deposition, $10~\text{mm} \times 10~\text{mm}$ TiO $_2(001)$ substrates were pre-cleaned by ultrasonically soaking in deionized water for 20 min and etching for 60 s in ammonium fluoride (NH₄F)-buffered hydrofluoric acid (commercially available 7:1 buffered oxide etch from J. T. Baker). The substrates were then baked at $400~^\circ\text{C}$ for 1 h in the deposition chamber. RuO $_2$ buffer layers were reactively sputtered from a metallic ruthenium target in a 3 mtorr Ar + O $_2$ gas mixture with \sim 8% oxygen. The substrates were maintained at a temperature of $300~^\circ\text{C}$ during deposition. After RuO $_2$ deposition, the substrates were transferred in situ to a pulsed laser deposition system and VO $_2$ films were laser deposited in \sim 10 mtorr of O $_2$ with a laser energy density of \sim 1 J cm $^{-2}$ operating at a pulse frequency of 2 Hz. Deposition was carried out at the optimal substrate temperatures of $400~^\circ\text{C}$ for VO $_2$ /TiO $_2$ and $300~^\circ\text{C}$ in the case of VO $_2$ /RuO $_2$ /TiO $_2$ to minimize inter-diffusion at the VO $_2$ and RuO $_2$ interface. VO $_2$ films, \sim 30 nm thick, were deposited on RuO $_2$ -buffered substrates

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and \sim 10-nm-thick VO₂ films were deposited on substrates without the buffer layer (also see Supplementary Sections S4 and S6).

X-ray absorption and linear dichroism measurements were carried out at the undulator beamline 4.0.2 of the Advanced Light Source in TEY mode with an energy resolution of ~0.1 eV. The average probing depth for soft X-rays in TEY mode was estimated to be about 5 nm, thus providing a bulk-sensitive probe of the VO₂ films, and minimizing the effects from surface adsorbates. The X-ray measurement spot size in the normal incidence geometry was focused down to ~100-μm diameter. Each sample was characterized using nearly 100% horizontally or vertically polarized X-ray beams at an incidence angle of 15° as measured from the sample plane. In such a grazing measurement geometry the X-ray electric field is oriented parallel to the surface for vertically polarized light, and almost perpendicular to the surface for horizontally polarized light, thus providing maximum sensitivity to changes in orbital character along the different crystallographic axes. Cryogenic cooling with liquid nitrogen and conductive heating with a built-in heating element was used to control the sample temperature to within ± 0.1 K. Measurements were carried out at several locations on each sample, to exclude the possibility of X-ray beam damage. Data collected in the TEY mode were normalized to the O K post-edge background intensity after the V L₃ pre-edge background intensity was set to zero.

X-ray diffraction measurements were performed on a Bruker D8 discover system with monochromatic Cu K\$\alpha\$ radiation that gives \$\leq 0.01^\circ\$ angular resolution. A variable-temperature stage with a tungsten-heating element and cryogenic cooling by liquid nitrogen was used to control the sample temperature to within \$\pm 0.5 K. The stage was fitted with a beryllium window that is largely transparent to X-rays. Samples were maintained at the measurement temperature for at least 15 min before data acquisition. Electrical transport measurements were performed in a Quantum Design DynaCool cryostat in the four-point measurement geometry. Electrical connections to the VO2 films were made by ultrasonically wire-bonded aluminium contacts. Resistance of the samples was continuously measured during continuous cooling or warming at a rate of 5 K min^-1.

Received 2 April 2013; accepted 23 July 2013; published online 22 September 2013

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Acknowledgements

The authors thank S. Yang, X. Jiang and A. Pushp for useful discussions and J. Jeong for help with $\rm VO_2$ deposition. Research at Stanford is supported by the US Department of Energy, Office of Basic Energy Sciences, Materials Sciences and Engineering Division under contract DE-AC02-76SF00515. The Advanced Light Source is supported by the Director, Office of Science, Office of Basic Energy Sciences, US Department of Energy under Contract No. DE-AC02-05CH11231. Part of this research was supported by the Stanford Synchrotron Radiation Lightsource, a national user facility operated by Stanford University on behalf of the US Department of Energy, Office of Basic Energy Sciences.

Author contributions

N.B.A., M.G.S. and S.S.P.P. designed the study. N.B.A. deposited VO $_2$ films and L.G. deposited RuO $_2$ films. X-ray diffraction and electrical transport measurements were performed and analysed by N.B.A., M.D. and M.C. with help from L.G. A.X.G., N.B.A., A.H.R., R.K. and H.O. carried out and analysed the X-ray absorption measurements, with assistance from C.A.J. and E.A. and under the supervision of H.A.D. M.G.S. helped with X-ray absorption data analysis and along with K.P.R. provided thin-film deposition expertise. N.B.A. and S.S.P.P. wrote the paper with contributions from A.X.G., H.A.D. and M.G.S. All authors discussed the results and commented on the manuscript.

Additional information

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Competing financial interests

The authors declare no competing financial interests.