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Kinetic magnetism at the interface between Mott and band insulators

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We show that the interplay of a high-density two-dimensional electron gas and localized electrons in a neighboring Mott insulator leads to kinetic magnetism unique to the Mott and band insulator interface. Our study is based upon a bilayer Hubbard model at $U=\infty$ with a potential difference between the two layers. We combine analytic results with DMRG simulations to show that magnetism, and especially ferromagnetism, is greatly enhanced relative to the proximity of the two subsystems. The results are potentially relevant to recent experiments, suggesting magnetism in $RTiO_3/SrTiO_3$ heterostructures.

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I. INTRODUCTION

Kinetic magnetism is a very old and elegant idea, whereby magnetic order appears solely due to the *motion* of the correlated itinerant electrons. The concept dates back to an argument by Nagaoka from 1966 in which he proved that ferromagnetism must exist in the Hubbard model [1]. While there have been attempts to extend these results to a wide range of models [2,3], it has become apparent that Nagaoka's ferromagnetism is a subtle effect that seems to be destroyed for any straightforward extension to realistic parameters [4]. It remains an outstanding goal to achieve this effect in an experimentally realizable model.

In this paper, we consider the relevance of this venerable idea to artificial heterostructures of perovskite transition metal oxides. These systems have emerged as a novel venue to explore correlated electron physics in a highly controlled environment [5]. The dominant motif is that of a cubic lattice of Ti d orbitals, with from 0 to one electron per site. This is a canonical Mott material, with small overlap-induced hopping among neighboring d orbitals, and large onsite Hubbard repulsion U. Most of the physics explored experimentally originates from the so-called "polar discontinuity." This produces a high-density two-dimensional electron gas (2DEG) at the interface between two such materials with different stacking of polar and nonpolar atomic layers, ideally consisting of half an electron per planar Ti unit cell for the case of a unit polar discontinuity. Correlation effects may be observed for these electrons.

Such a 2DEG is in principle induced for any such polar structure, independent of other details of the constituent materials. For example, it should occur at the junction between two band insulators, LaAlO₃/SrTiO₃ (LAO/STO), which is the most studied such oxide interface [6–8]. In practice, the electron concentration observed in LAO/STO is greatly reduced from the expected value, for reasons which are not clear. A polar discontinuity 2DEG is also expected for the interfaces between Mott insulating titanates *R*TiO₃ (where *R* is a rare earth) and SrTiO₃ (STO), where the proper electron density has been measured experimentally [9–11]. These latter studies have been interpreted by treating the STO as a quantum well, viewing the *R*TiO₃ (*R*TO) as entirely inert and serving only to confine the electrons of the 2DEG. When the 2DEG is sufficiently narrowly confined on both sides by *R*TO,

indications of magnetism in the 2DEG are found [12,13]. In this paper, we tentatively connect this observation to the storied problem of kinetic magnetism.

A cautionary note is in order. Ferromagnetism is ubiquitous in theoretical treatments of correlated electron materials [14,15]. Most theoretical descriptions of magnetism rest on a mean field analysis, which notoriously overestimates the tendency to ferromagnetism. The vast majority of theoretical treatments of oxide heterostructures fit into this category, including all first principles calculations of magnetism, and even sophisticated variants like dynamical *mean field* theory. While such calculations are useful and suggestive, a controlled approach is desirable.

We take a distinct view of polar Mott insulator and band insulator (MI/BI) interfaces. Unlike a band insulator like LAO, the insulating RTO contains a very high density of correlated *localized* electrons, even higher than in the 2DEG. We suggest that the mobile electrons in STO can have a dramatic effect on these localized electrons, driving magnetism. We introduce a model that takes into account both the Mott insulating and itinerant electron degrees of freedom. We then present a controlled limit whereby kinetic magnetism in the interface emerges independent of the bulk physics of either material. We will further support this analysis with unbiased numerical evidence, which constitutes some of the first exact numerical results on these systems.

II. THE MODEL

We consider a minimal model that captures the physics of the MI/BI interface. It consists of a two layer square lattice, as shown in Fig. 1, with one layer each for the MI and BI. If the two were decoupled, the MI would have "exactly" one electron per site, and the BI a lower concentration n per site, where we expect $n \le 1/2$, the maximum achievable if all the electrons in the 2DEG are in the first layer of the BI. In reality, interlayer hopping allows the charge to redistribute, and we include a (large) potential offset Δ to favor more electrons in the MI layer, and fix the total electron concentration to 1 + n per two Ti sites. We further stress our use of an *effective* single-band model, which captures the effects of orbital splitting at the interface [16,17] and includes only the electrons, which make up the large majority of the Fermi surface [18–20].

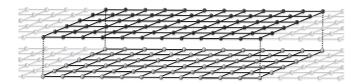


FIG. 1. The bilayer lattice geometry. For the numerical simulations, an elongated geometry that is optimal for the DMRG algorithm was used.

We model interactions by the extreme limit $U = \infty$, which forbids double occupancy. The justification is that exchange in the RTO titanates is quite weak; for example, the most studied materials with R = Sm, Gd show antiferromagnetism and ferromagnetism, respectively, with $T_c \approx 30K$ in both cases [21], indicating exchange |J| is of order 1 meV, while $t \sim$ 0.3 eV and $U \sim 4-8$ eV. Since $J \sim t^2/U \ll t, U$, the very small exchange supports the large U limit.

With this motivation, the $U = \infty$ limit maps the Hubbard model to the so-called "t-J model" with J=0:

$$H = -t \sum_{\langle ij \rangle z\sigma} \mathcal{P} c_{i\sigma z}^{\dagger} c_{j\sigma z} \mathcal{P} - t \sum_{i\sigma} \mathcal{P} (c_{i\sigma 1}^{\dagger} c_{i\sigma 2} + \text{H.c.}) \mathcal{P}$$
$$+ \sum_{i\sigma\sigma} (\Delta \delta_{z,1} - \mu) n_{i\sigma z}, \tag{1}$$

where $\mathcal{P} = \prod_i (1 - n_{i\uparrow} n_{i\downarrow})$. The only free parameters are the filling $1 + n = \frac{1}{L_x L_y} \sum_{iz\sigma} \langle n_{i\sigma z} \rangle$ (or chemical potential μ) and the ratio of hopping to the potential difference (t/Δ) .

The single-layer, single-band, $U = \infty$ Hubbard model has been the subject of many studies. At half filling, the system is a Mott insulator since the projection operator prevents electron hopping. Nagaoka famously showed in Ref. [1] that when the half-filled system is doped with a single hole, the exact ground state is the fully polarized state with maximum S_{total} . This magnetism is the result of delicate quantum effects arising from the kinetic motion of the single hole through the lattice. The question of whether this ferromagnetism can be extended to finite doping has been attacked via mean field calculations [22], variational studies [23,24], and unbiased numerical approaches including quantum Monte Carlo [25] and most recently DMRG calculations [26]. While it appears that a ferromagnetic metal is stable over a finite range of filling n, it is clear that at lower densities $(0 \le n \le 0.75)$, the ground state is a paramagnetic metal. In this paper we will show that the bilayer model with finite band separation, Δ , contains much richer magnetic structure at all filling densities. In particular, at large band separation we are able to stabilize Nagaoka's ferromagnetism over a wide range of electron densities n.

III. PERTURBATIVE REGIME $(\Delta \gg t)$

In the limit of large Δ we can demonstrate analytic control over the model. At $\Delta = \infty$, the two layers are completely decoupled, where the upper layer is a degenerate spin system and the bottom layer behaves according to the results of Ref. [26]. In particular, for $\langle n \rangle < \frac{3}{4}$, the bottom layer is a paramagnetic metal. If we now tune away from $\Delta = \infty$, we can derive an effective low-energy Hamiltonian perturbatively

in (t/Δ) . To lowest order in the perturbative expansion,

$$\mathcal{H}_{\text{eff}} = H_{00} + H_{01} \frac{1}{E - H_{11}} H_{10}. \tag{2}$$

where H_{10} hops an electron from the top to the bottom layer, and H_{01} brings us back into the ground-state subspace of no holes in the top layer. Assume that the density in the bottom layer is such that there is a paramagnetic metal. In this case, the virtual contribution to the energy when there is a single hole in the top layer, by Nagaoka's result, is minimized when the top layer is a fully polarized ferromagnet. Then for nearly all densities at large Δ , the degenerate ground-state subspace splits in a way that causes the ferromagnetic state to become the true ground state. However, this argument breaks down at the lowest electron densities, since here there are no electrons present at different spatial sites to fill the virtual hole in the top layer. The electron is then effectively localized and the ferromagnetism is lost.

We will now make this argument precise. We expand the Hamiltonian to order $(t/\Delta)^3$, by using the identity

$$\frac{1}{\omega - H} = \frac{1}{\omega} + \frac{1}{\omega} H \frac{1}{\omega - H}.$$
 (3)

The lowest-order effect, which occurs at order $(t/\Delta)^2$, is

$$H^{\prime(1)} = -\frac{t^3}{\Delta^2} \sum_{\langle ij \rangle} \sum_{\sigma \sigma' \sigma''} c_{i2\sigma}^{\dagger} c_{i1\sigma} c_{j2\sigma'}^{\dagger} c_{i2\sigma} c_{j1\sigma''}^{\dagger} c_{j2\sigma''}$$

$$= -\frac{t^3}{\Delta^2} \sum_{\langle ij \rangle} \sum_{\alpha\beta} \left[\vec{S}_i \cdot \vec{S}_j \, \delta_{\alpha\beta} + \frac{1}{2} (\vec{S}_i + \vec{S}_j) \cdot \vec{\sigma}_{\alpha\beta} \right]$$

$$-i(\vec{S}_i \times \vec{S}_j) \cdot \vec{\sigma}_{\alpha\beta} \right] \mathcal{P} c_{j1\alpha}^{\dagger} c_{i1\beta} \mathcal{P}. \tag{4}$$

This expression suggests an obvious way to decouple the terms at the mean field level, by taking expectation values of operators in the same layer. This leaves us with an effective spin model for the upper layer and a doped electron system in the bottom layer. The antisymmetric form of the third term in Eq. (4) implies we can ignore its mean field effect at this order in perturbation theory. The first term then gives the effective interaction in the upper layer as a ferromagnetic Heisenberg interaction with $J_{\rm FM} = -t^3 \langle c_i^{\dagger} c_i \rangle / \Delta^2 \sim (t^3 n) / \Delta^2$.

At zero temperature, the energy can be lowered at the mean-field level if the upper layer forms a fully polarized ferromagnet. The second term of Eq. (4) then provides an effective magnetic field in the ordering direction of the upper layer spins. If $n \to 0$ then $J_{\text{FM}} \to 0$ also, and we must look at the next order in perturbation theory. At this order, we derive additional antiferromagnetic interactions, which compete with the lowest order term. These can be written as

$$H^{\prime(2)} = \frac{4t^4}{\Delta^3} \langle (1-n) \rangle^2 \sum_{\langle ij \rangle} \vec{S}_i \cdot \vec{S}_j + \frac{t^4}{\Delta^3} \sum_{\langle \langle ijk \rangle \rangle} \langle c_i^{\dagger} c_k \rangle [(\vec{S}_i + \vec{S}_j + \vec{S}_k) \cdot (\vec{S}_i + \vec{S}_j + \vec{S}_k)],$$

$$(5)$$

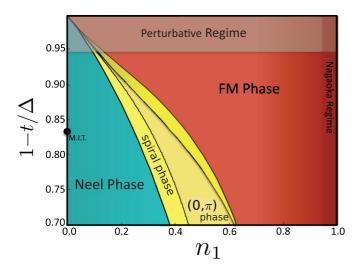


FIG. 2. We embed the classical phases of the J_1 - J_2 - J_3 Heisenberg model into our bilayer Hubbard phase diagram, using the form of J_1 , J_2 , and J_3 given in the text. These results become rigorous for large Δ/t . The highest densities are ferromagnetic by Nagaoka's theorem.

where $\langle\langle ijk\rangle\rangle$ implies the sum is over all connected clusters of three sites on the same layer. This therefore describes next and third nearest-neighbor interactions.

When (t/Δ) is small, we can treat the upper layer of our bilayer model as a spin system with nearest, next-nearest, and third-nearest neighbor interactions. The resulting effective Hamiltonian is equivalent to the so called J_1 - J_2 - J_3 Heisenberg model. The parameters, J_1 , J_2 , and J_3 , are related to the original parameters t and Δ via the results of the previous section. J_1 can thus be either ferromagnetic (FM) or antiferromagnetic (AFM), but J_2 and J_3 are always antiferromagnetic. Away from $n \approx 1$ and $\Delta/t \approx \infty$, this effective Hamiltonian is frustrated. While a full quantum solution for such a model on the square lattice is still lacking, the classical solution is well understood [27–31]. We embed this classical solution in the t-n phase diagram in Fig. 2. There are four distinct phases. When Δ is large, J_1 is large and positive and the ground state is a simple ferromagnet. At lower densities, J_1 is large and negative and the system is in a Néel phase. Between these limits, the two contributions to J_1 nearly cancel, and the second and third neighbor terms become important. In these cases the ground state is either a striped phase with wave-vector peaked at $(0,\pi)$ or a spiral phase, which interpolates between the striped and FM or the striped and Néel phases. We note that, quantum mechanically, the regime of competing exchanges might host another exotic state such as a valence bond solid or quantum spin liquid.

IV. INSTABILITY OF FERROMAGNETISM

We next study the instability of ferromagnetism using a variational method. Since double occupancy is forbidden automatically in the fully polarized or "half-metallic ferromagnet" (HMF) state due to fermi statistics, its energy can be calculated exactly. We then can prove that this state is *not* the ground state if we find any state with lower variational energy. We consider

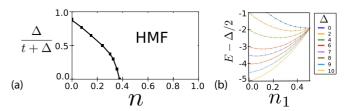


FIG. 3. Results of (a) the variational calculation and (b) the Gutzwiller approximation. (a) The stability of the fully polarized FM state to the Gutzwiller projected trial state with a single flipped spin. The FM state becomes unstable inside the area bounded by the solid line. (b) Ground-state energy with respect to $n_1 = \sum_{\sigma} \langle n_{i\sigma 1} \rangle$ calculated by Gutzwiller approximation at n = 0.

the same trial state as in Ref. [24],

$$|\psi\rangle = \mathcal{P}\psi_{\downarrow}^{\dagger}|\mathbf{F}\mathbf{M}'\rangle,\tag{6}$$

$$\psi_{\downarrow} = \sum_{i\alpha} \xi_{i\alpha} c_{i\alpha\downarrow}^{\dagger}, \tag{7}$$

where $|FM'\rangle = c_{\vec{k}_F}|FM\rangle$ is the fully polarized metal with one less electron than $|\psi\rangle$, and \mathcal{P} is the Gutzwiller projection operator, which forbids double occupancy of any site, and $\xi_{i\alpha}$ are variational parameters.

Further details of the variational calculation are given in the Appendices. The results are shown in Fig. 3(a). The trend is toward increased ferromagnetism for larger $\Delta,$ in agreement with the perturbative results. This implies that for large enough hole concentrations, the Nagaoka state is unstable to flipping an electron spin, consistent with the intuitive picture. The instability, however, weakens for larger Δ and we could not find an unstable region for $\Delta\gtrsim 6.5.$

We next turn our attention to the metal-insulator transition (MIT) at n=0 with increasing Δ . To investigate the MIT, we here study the model in Eq. (1) by the Gutzwiller approximation assuming a paramagnetic solution [32–35]. In this framework, the MIT is characterized by the absence of electrons in the bottom layer. As is shown in Fig. 3(b), this occurs at $\Delta \simeq 8t$. This is consistent with our DMRG results, where we find the single particle excitation gap $E_g = E(n+1) - 2E(n) + E(n-1)$ becomes nonzero continuously in the four-leg ladder at $\Delta = 6t$.

V. NUMERICAL RESULTS

We will now demonstrate the consistency of our analytic arguments with unbiased numerical results. We performed a series of DMRG calculations on bilayer systems of up to six-leg ladders. The total number of sites is then $2 \times 24 \times 6$. We keep 4000 to 6000 states and the truncation error is of the order of 10^{-6} in the ferromagnetic phase, but increases to 10^{-4} in the paramagnetic phase.

In our DMRG set up, we first combine the two-layer system into an effective one-layer system. The new rung index is $R_x^{\text{new}} = 2*(R_x - 1) + \tau$ where R_x is the rung index of each layer, and $\tau = 1$, 2 is the layer index. The DMRG study for the effective one-layer system follows the standard DMRG for a cylinder. The two-layer system is reflected in the Hamiltonian

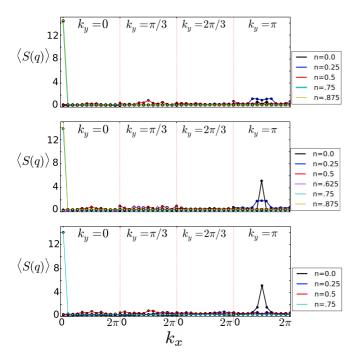


FIG. 4. The structure factors for the $6 \times 24 \times 2$ system for (*from top to bottom*) $\Delta = 4$, 6, and 10. The highest densities are always ferromagnetic. Néel order becomes more stable for smaller Δ , and the intermediate regions show no strong peaks.

of the effective one-layer system (which has a doubled unit cell along x, besides the open boundary conditions we used). The convergence crucially depends on which state we obtain in the different parameter regimes. For the ferromagnetic ground state, we are able to go to a large total S_z subspace, which has a substantially reduced Hilbert space dimension. For other phases (the metallic phase in particular), DMRG indeed has a large truncation error and the results are not converged for such a bilayer system (which is not the focus of our study).

Due to the difficulty of the simulations, we limit our search over phase space to values of $\Delta/t=4$, 6, and 10 and the fillings n=0,0.25,0.5,0.75, and 0.875. We focus mainly on the spin-spin structure factor $S(q)=\sum_j e^{i\vec{q}\cdot\vec{x}_{ij}}\langle \vec{S}_i\cdot\vec{S}_j\rangle$. These results are summarized in Fig. 4.

For $n \ge 0.75$ and all $\Delta \ge 4$, we find very large peaks in the structure factor at wave-vector $(q_x, q_y) = (0,0)$, consistent with a nearly fully polarized ground state. In all cases, the total spin S satisfies $S \ge 0.90S_{\text{max}}$. In fact, for $\{n = 0.875; \Delta = 4,6\}$, we find $S \ge 0.98S_{\text{max}}$. Note that this does extend the range of ferromagnetism from the results of Ref. [26], which find the HMF in the single-layer model only up to fillings n = 0.8.

At the lowest densities n=0 and n=0.25, we find very strong agreement with our predicted results from perturbation theory. At $\{n=0, \Delta=6, 10\}$, there are large peaks in the structure factor at the (π, π) wave vector. This suggests the presence of strong staggered magnetism consistent with a Néel phase. For n=0.25, we find a smaller Néel peak at $\Delta=6$, which then disappears as Δ is increased to $\Delta=10$. This is again consistent with our perturbative results, which suggest that AFM exchange is stronger for smaller Δ .

From the classical phase diagram of the effective perturbative spin model we expect striped or spiral order to interpolate between the Néel and FM phases. Our results on six-leg ladders for $\{n=0.5; \Delta=6, 10\}$ and $\{n=0.25; \Delta=10\}$ show no strong evidence of magnetic order. We do observe small peaks that may presage spiral or stripe order in larger systems.

We provide further evidence for this magnetic ordering in the Appendices, by calculating the momentum distribution function.

Finally, we would like to stress that although ferromagnetism occurs over a smaller range of densities in the numerical results, our perturbative phase diagram must be exactly correct for sufficiently large Δ . However, it is possible that the range of Δ accessible in our simulations is not large enough to see the full extent of this effect.

VI. CONCLUSIONS

In closing we note that a more faithful representation of the oxide interface would include additional complications such as multiple t_{2g} electron orbitals and super-exchange interaction J. For R = Gd, Sm, which are strongly distorted from the cubic structure, the intrinsic J is so weak that the kinetic mechanism described here is dominant or at least competitive with J, and orbital splittings are large. In general, however, these effects may work to stabilize certain types of magnetic order [36]. For example, directional hopping of the t_{2g} orbitals may act to favor ferromagnetism for smaller values of Δ . Our model avoids these complications by considering a simple limit where only the filling n and band offset Δ are free parameters, yet nevertheless provides a picture of the physics. We suggest that scattering experiments to directly probe the magnetic order in the vicinity of these interfaces would be the most direct test of our theoretical predictions.

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APPENDIX A: MOMENTUM DISTRIBUTION FUNCTION

In this section, we present the momentum distribution function as calculated using DMRG for a six-leg ladder and $\Delta=4$. We can estimate the position of the Fermi surface from the apparent discontinuity in the distribution function. We only show the results for $\Delta=4$. We again exclude $2L_yL_x/4$ sites on each end of the ladder for the purpose of reducing boundary effects.

For the largest two densities, n = 0.75 and n = 0.875, the volume enclosed by the Fermi surface, as shown in Fig. 5, is $Vol/(2\pi)^2 = 0.75$ and 0.875, respectively. This Luttinger volume is consistent with a polarized Fermi gas, whereby the upper band is completely filled and every electron fills a different momentum state in the lower band. The discontinuity

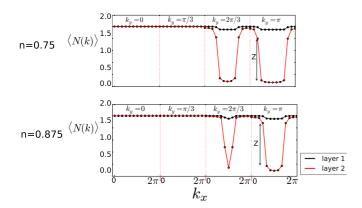


FIG. 5. The momentum distribution function of the six-leg bilayer model, for $\Delta=4$ and high electron densities. The Luttinger volume is consistent with a polarized state. We show only the k_y cuts that are not related by inversion symmetry.

gives the quasiparticle residue. We see that this value is slightly less than that of a noninteracting polarized Fermi gas, signaling the fact that the ground state here is nearly fully polarized with a few flipped spins (i.e., $S > 0.90S_{\rm max}$).

Figure 6 shows the same calculation for n = 0.25 and n =0.5. The top layer is filled very uniformly, with all momentum states occupied. The Fermi surface then encloses a volume equal to half that of the number of electrons in the bottom layer. This is consistent with the small Fermi volume of an unpolarized Fermi liquid. For n = 0.25 the structure factor indicates the presence of Néel order, which implies there is a doubling of the unit cell. This allows the upper layer electrons to form a completely filled band so that only the lower layer electrons contribute to the Luttinger volume. For n = 0.5, we find the same Luttinger volume as the n = 0.25 case. Here, however, the structure factor showed no evidence of magnetic order. The fact that only the lower layer electrons contribute to the Fermi volume, however, rules out the possibility of a trivial paramagnetic metal. If the absence of magnetic order survived to the thermodynamic limit, this would be the FL* phase, which describes a quantum paramagnetic metal with a "small" Fermi volume. We also see that the quasiparticle

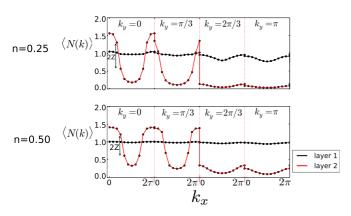


FIG. 6. The momentum distribution function for n = 0.25 and n = 0.5. With the smaller Luttinger volume, the discontinuity now gives twice the quasiparticle residue.

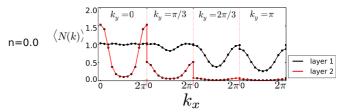


FIG. 7. When n=0, and at $\Delta=4$, there appear to be no sharp discontinuities.

residue is much smaller in this regime, indicating that the ground state here is a strongly interacting state.

Finally, we look at the case when n=0. For this filling, there exists a metal insulator transition at a critical Δ_c . When $\Delta=4$, we are on the metallic side of this transition. From Fig. 7, we see no apparent discontinuities in the momentum distribution. This could indicate the existence of a non-Fermi liquid ground state in this parameter range. Note that although we are on the metallic side of the MIT, the structure factor shows a small (π,π) peak. This type of spin-density wave transition coupled to a Fermi surface has been studied extensively in the literature and is strongly suspected to show non-Fermi liquid behavior.

APPENDIX B: VARIATIONAL RESULTS

In the main text, we show the instability of the fully polarized ferromagnetic state by comparing the energy to a trial state. Here, we present details of the method we used.

In the variational calculation, we consider a trial state

$$|\psi\rangle = \mathcal{P}\psi_{\perp}^{\dagger}|\text{FM}'\rangle,$$
 (B1)

$$\psi_{\downarrow} = \sum_{i\alpha} \xi_{i\alpha} c_{i\alpha\downarrow}^{\dagger}, \tag{B2}$$

where $|\mathrm{FM'}\rangle = c_{\vec{k}_F}|\mathrm{FM}\rangle$ is the fully polarized metal with one less electron than $|\psi\rangle$, and $\mathcal P$ is the Gutzwiller projection operator, which forbids double occupancy of any site, and $\xi_{i\alpha}$ are variational parameters.

With some calculation, we obtain

$$\varepsilon_{\downarrow} = \frac{\langle \psi | H - E_{\text{FM}} | \psi \rangle}{\langle \psi | \psi \rangle} = \sum_{k} \hat{\xi}_{k} h_{k} \hat{\xi}_{k}, \tag{B3}$$

where $E_{\rm FM}$ is the ground-state energy for the fully polarized state and $\hat{\xi}_k = (\xi_{k1}, \xi_{k2})$ with $\xi_{k\alpha} = \sum_i \xi_{i\alpha} \exp(i \vec{k} \cdot \vec{r}_i)$, $\alpha = 1, 2$. Additionally, $h_{\bf k}$ is a 2 × 2 effective Hamiltonian whose explicit form is

$$h_{\mathbf{k}} = \begin{pmatrix} -\tilde{t}_0 \epsilon_{\mathbf{k}} - T_0 & -\tilde{t}' \\ -\tilde{t}' & \tilde{t}_1 \epsilon_{\mathbf{k}} + \tilde{\Delta} - T_1 \end{pmatrix}, \tag{B4}$$

with

$$\tilde{t}_a = \frac{t}{R} \langle (1 - n_{ia\uparrow})(1 - n_{ja\downarrow}) \rangle, \tag{B5}$$

$$\tilde{t}' = \frac{t'}{R} \langle (1 - n_{i1\uparrow})(1 - n_{j2\downarrow}) \rangle, \tag{B6}$$

$$\tilde{\Delta} = \frac{\Delta}{R},\tag{B7}$$

$$T_{a} = \frac{1}{R} \sum_{i,b} t_{ia,jb} \langle c_{ia\uparrow}^{\dagger} c_{jb\uparrow} \rangle,$$
 (B8)

and where $R^2 = \langle \psi | \psi \rangle$. The optimal variational parameters are then just given via the solution of this single-particle problem, and ϵ_{\downarrow} is given by the smallest eigenvalue of $h_{\bf k}$.

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