

TRACE VIEW
DAILY CURE

Overview

Health Stats

Heart Rate **117 bpm**

Cholesterol Level **156 mg**

Glucose Level **124 ml**

BMI Calculator [Edit](#)

Height **175cm**

Weight **65kg**

Body Mass Index (BMI)

23.8 You are Healthy

15 18.5 25 30 40

Fitness Chart

2025 ▾

● Water ● Steps ● Calories Burnt

Month	Water (%)	Steps (%)	Calories Burnt (%)
Jan	70	52	35
Feb	60	68	45
Mar	65	78	52
Apr	75	82	58
May	95	78	60
Jun	70	98	68

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Calander

May 2025 ▾

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

TRACE VIEW
DAILY CURE

Reports

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Drop your files [here](#) or click here to upload

PDF, DOCX, XLCS, IMG etc files with max size 15 MB

All Reports (12) Recycle Bin (12)

Add +

- Blood Test Overview**
blood_test_report_v1.pdf | 2.5MB
- Hematology Summary Report**
hematology_report_v2.docx | 4.0MB
- CBC Results Overview**
cbc_results_document.png | 3.5MB
- Complete Blood Count Summary**
cbc_summary_report.png | 5.0MB
- Blood Analysis Report**

2:00 PM

1:45 PM

4:15 PM

11:30 AM

9:00 AM

8:30 AM - 9:00 AM

Comprehensive Heart Screening

Health Plus Clinic - Dr. Sarah Lee

9:00 AM - 9:30 AM

Regular Cardiac Evaluation

City Health Center - Dr. Emily Carter

11:00 AM - 11:30 AM

Annual Heart Assessment

Downtown Medical - Dr. John Smith