**GQM Paradigm: Determining What to Measure**

**Goal**: Analyzing the productivity of software developers based on attributes related to physical fitness.

**Questions**:

Q1. Who is the target audience?

Q2. What does productivity mean?

Q3. What are the sources of biological and physical fitness factors?

**Metrics for Q1:** Who is the target audience?

* Designation
* Age
* Gender

**Metrics for Q2:** What does productivity mean?

* Average Daily Working Hour
* Decision Contribution
* Spontaneous Participation
* Task Satisfaction
* Interaction Willingness
* External Interaction
* Deadline Crossing Frequency
* Overtime Frequency
* Frequency of Smartphone Usage
* Frequency of Absence/Leave
* Frequency of Being Late
* Appreciation/Motivation for Colleagues
* Cheerfulness

**Metrics for Q3:** What are the sources of biological and physical fitness factors that are related to productivity?

* Average Sleep Duration
* Body Mass Index
* Sleep Start Time
* Breakfast Time
* Lunch Time
* Dinner Time
* Frequency of Physical Exercise
* Sitting Time
* Resting Time
* Frequency of Sickness
* Frequency of Smoking Habit
* Frequency of Vegetables in Diet
* Frequency of Sugar in Diet
* Frequency of Fast Food in Diet