

Sure, here's an example of email and password validation using PHP 5:

HTML form:

php

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```
<form action="submit.php" method="post">
    <label for="email">Email:</label>
    <input type="email" id="email" name="email">
    <br>
    <label for="password">Password:</label>
    <input type="password" id="password" name="password">
    <br>
    <input type="submit" value="Submit">
</form>
```

PHP code in submit.php:

php

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```
$email = $_POST['email'];
$password = $_POST['password'];

// Validate email
if (!filter_var($email, FILTER_VALIDATE_EMAIL)) {
    echo "Invalid email format";
}

// Validate password
if (strlen($password) < 8) {
    echo "Password must be at least 8 characters long";
}
```

In this example, we first retrieve the values of the email and password fields using the `$_POST` superglobal. Then, we use the `filter_var()` function with the `FILTER_VALIDATE_EMAIL` filter to check if the email address is valid. Finally,

we use the `strlen()` function to check if the password is at least 8 characters long.

Note that this is a very basic example and you may need to implement additional validation and security measures depending on the specific requirements of your application.