arp欺骗：
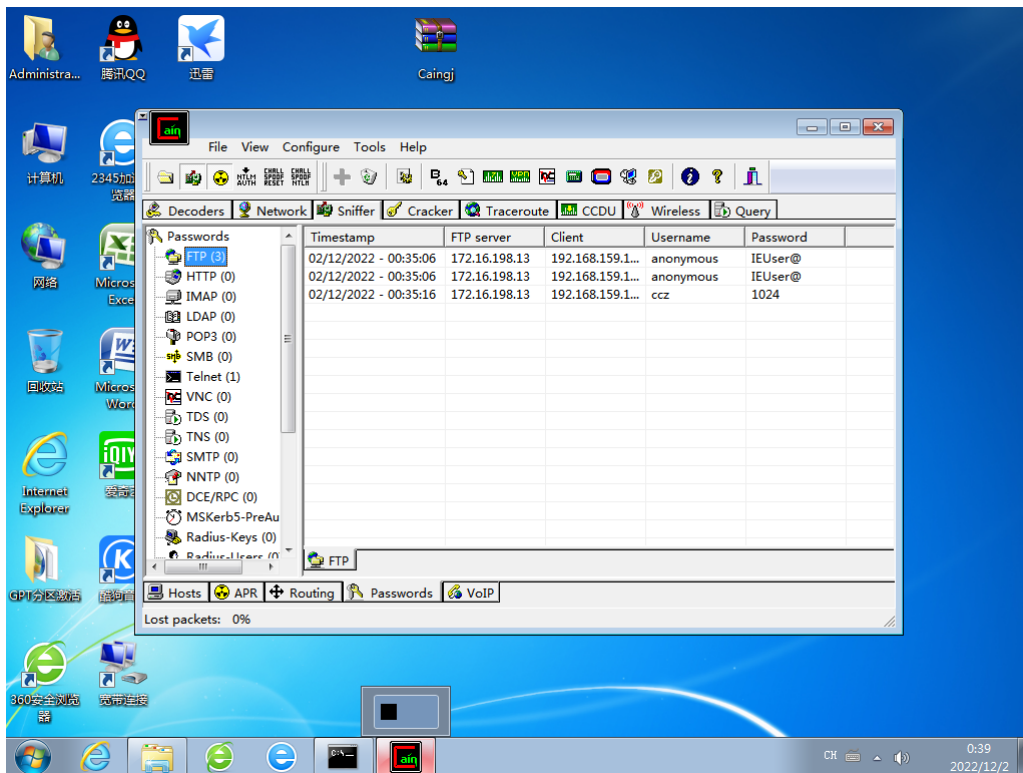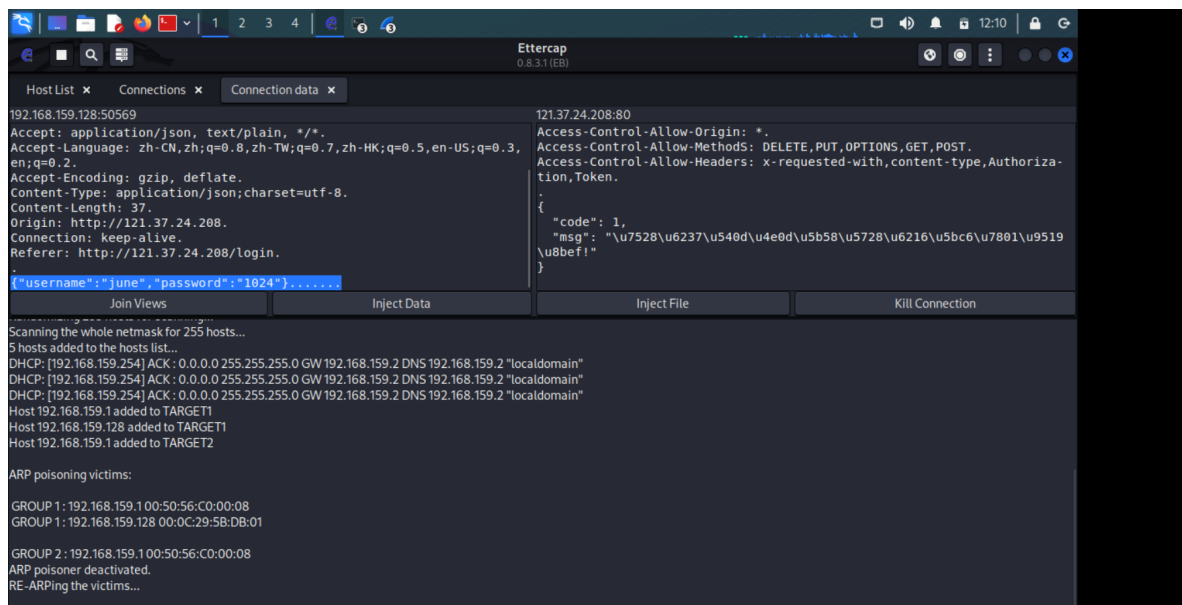
大概就是伪装网关截获数据包，需借助工具，在同一局域网下

linux kali工具ettercap 配合wireshark事半功倍

Wireshark · Follow TCP Stream (tcp.stream eq 0) · eth0

Host: 121.37.24.208
User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64; rv:107.0) Gecko/20100101 Firefox/107.0
Accept: application/json, text/plain, */*
Accept-Language: zh-CN,zh;q=0.8,zh-TW;q=0.7,zh-HK;q=0.5,en-US;q=0.3,en;q=0.2
Accept-Encoding: gzip, deflate
Content-Type: application/json;charset=utf-8
Content-Length: 37
Origin: http://121.37.24.208
Connection: keep-alive
Referer: http://121.37.24.208/login

{"username":"june","password":"1024"}HTTP/1.1 200 OK
Server: nginx/1.21.5
Date: Thu, 01 Dec 2022 17:05:42 GMT
Content-Type: application/json
Content-Length: 97
Connection: keep-alive
Access-Control-Allow-Origin: *
Access-Control-Allow-MethodS: DELETE,PUT,OPTIONS,GET,POST
Access-Control-Allow-Headers: x-requested-with,content-type,Authorization,Token

{
    "code": 1,
    "msg": "\u7528\u6237\u540d\u4e0d\u5b58\u5728\u6216\u5bc6\u7801\u9519\u8bef!"
}