

Aging Well with HIV Manual

		Paragraph	Page
Part One	Introduction		
Chapter 1	User guide_____	1-1 to 1-4	2-3
Chapter 2	Chronic HIV and its effects_____	2-1 to 2-4	4
Part Two	Common problems in people aging with HIV		
Chapter 3	Pain_____	3-1 to 3-8	5-6
Chapter 4	Too many pills_____	4-1 to 4-7	7-8
Chapter 5	Memory problem_____	5-1 to 5-6	9-10
Chapter 6	Weakness/frailty_____	6-1 to 6-10	11-12
Chapter 7	Weak bones_____	7-1 to 7-9	13-14
Chapter 8	Heart disease_____	8-1 to 8-9	15-16
Chapter 9	Lung disease_____	9-1 to 9-9	17-18
Chapter 10	Kidney disease_____	10-1 to 10-6	19-20
Chapter 11	Sexual health_____	11-1 to 11-9	21-22