

How To Ensure Delivery Of Your Fit&FabLiving Newsletters

With increased privacy and security concerns around the inbox, you may not always receive all of your emails. When you do, sometimes images are not displayed, or a lot of times it ends up in your spam folder.

To help you receive your [Fit&FabLiving](#) newsletters, we have provided instructions below for the most commonly used email services and programs.

Please take a few moments to browse the following ISP instructions and add email@fitandfabliving-newsletter.com to your address book or safe list so you don't miss a newsletter!

Click on your domain below for specific instructions:

[Gmail](#)

[AOL](#)

[Hotmail, MSN and Live.com](#)

[Yahoo](#)

[Comcast](#)

[SBCGlobal](#)

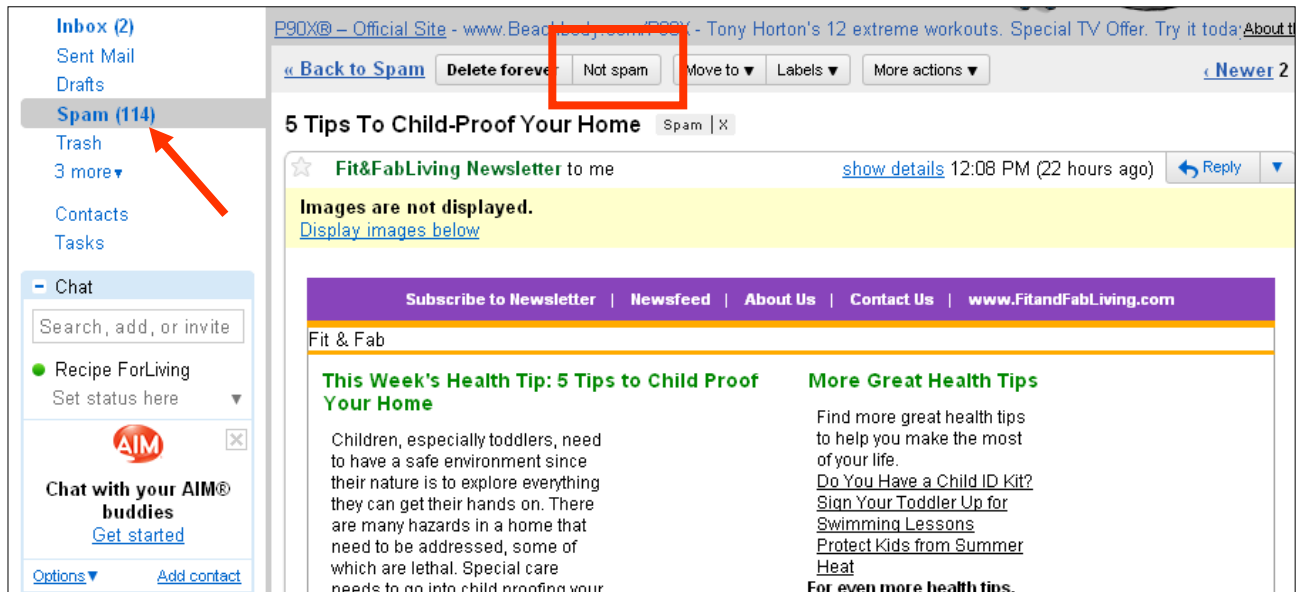
[OptOnline](#)

[Other Domains](#)

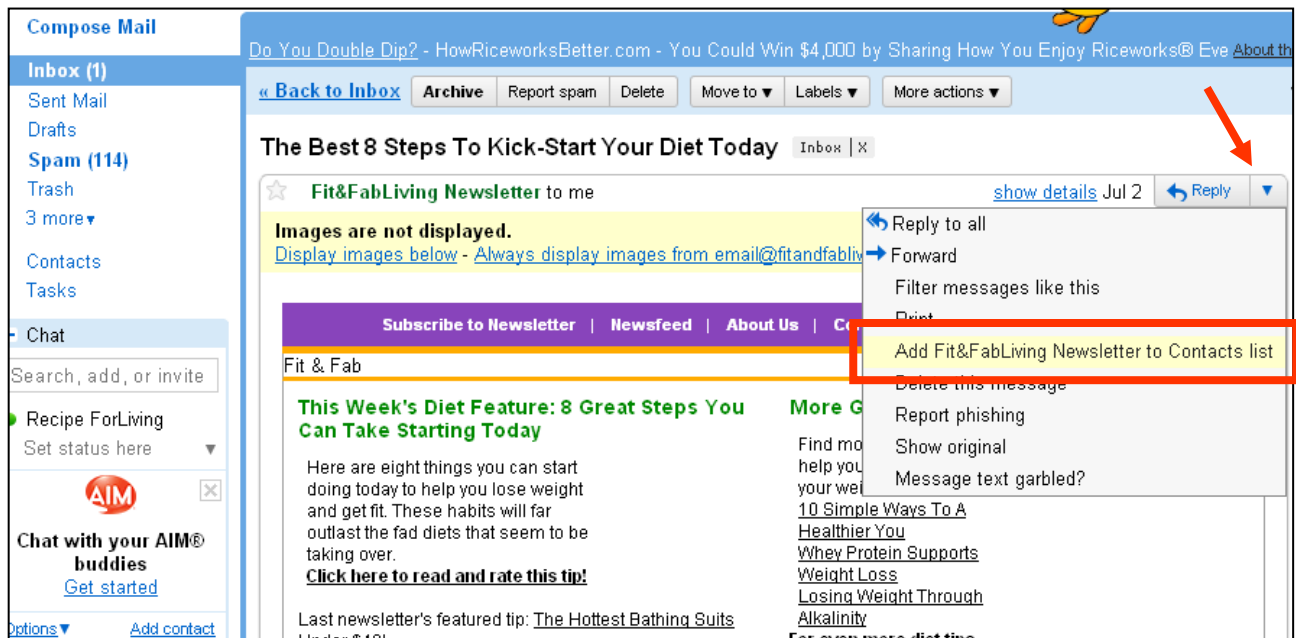


Gmail

1. Check your Spam folder for mail from Fit&FabLiving Newsletter.
2. Open the email
3. Above the email, click the button that says “Not Spam”

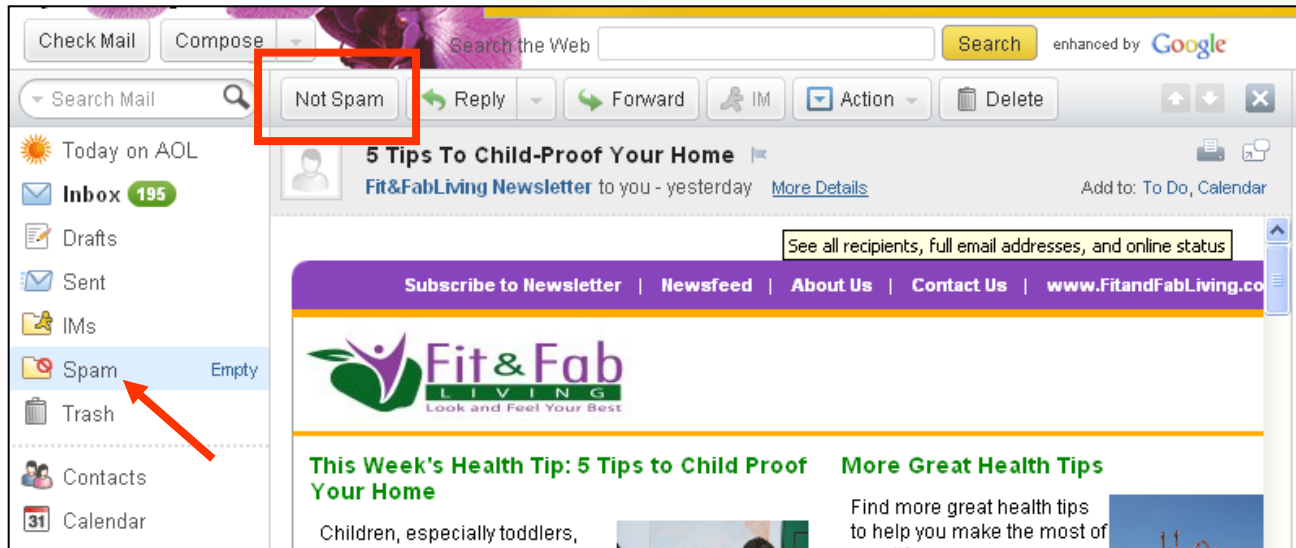


4. Find the email in your inbox and open again.
5. Click on the “Reply” button drop-down menu.
6. Click "Add Fit&FabLiving Newsletter to Contacts List.”



AOL

1. Check your spam folder for your Fit&FabLiving newsletter. (If in inbox, skip to step #3)
2. Click “Not Spam” in the toolbar, to the left of “Reply”



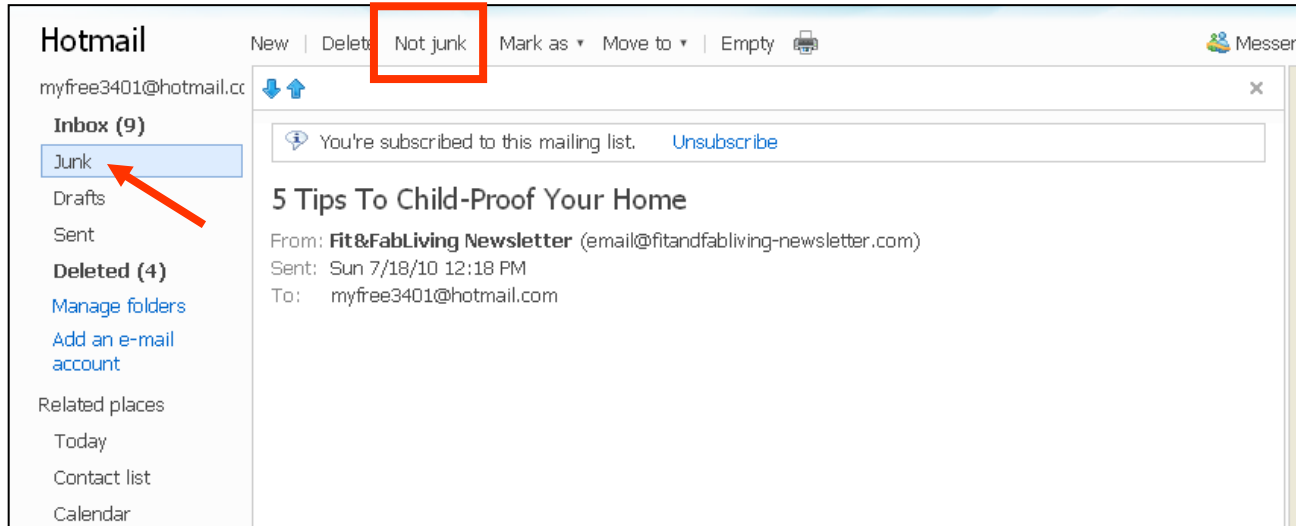
3. Visit your inbox and open the Fit&FabLiving newsletter.
4. Place your mouse over the Fit&FabLiving email address for a couple seconds.
5. Click “Add Contact”



6. Verify the sender's contact details
7. Click “save” or “add contact”

Hotmail, MSN and Live.com

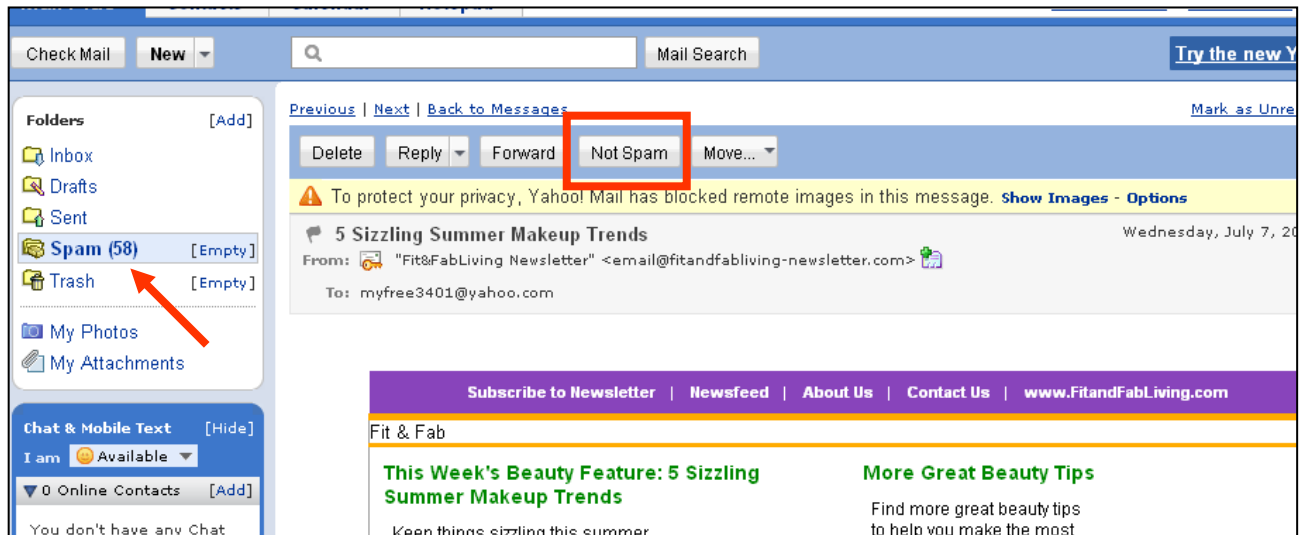
1. Check your spam/junk folder for your Fit&FabLiving newsletter. (If in inbox, skip to step #3)
2. Click “Not Junk” in the header, next to “Delete.”



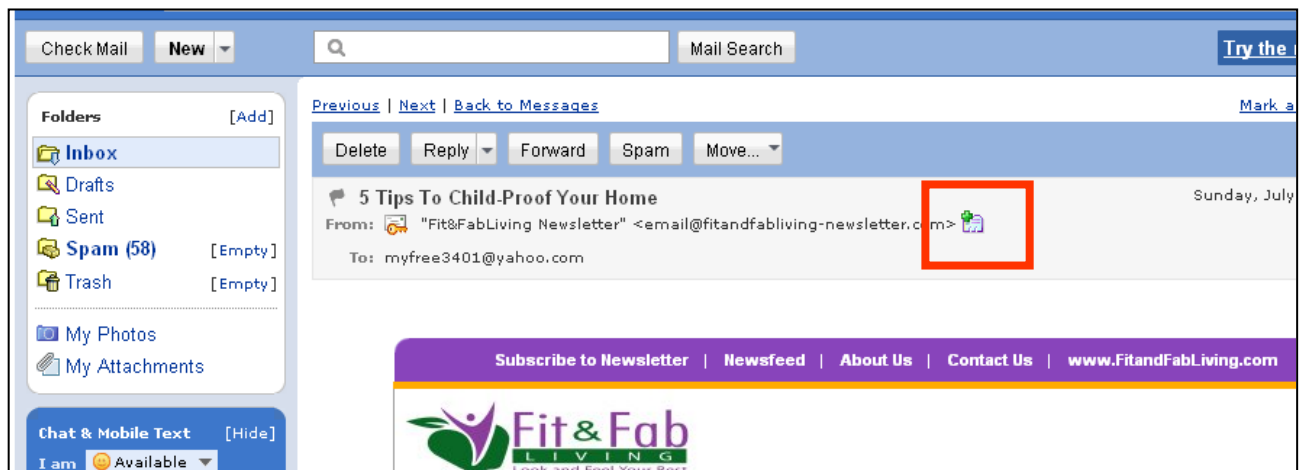
3. Visit your inbox and open the Fit&FabLiving newsletter.
4. Click "save address" in the toolbar (email@fitandfabliving-newsletter.com)
5. Verify the sender's contact information
6. Click "ok"

Yahoo

1. Check your spam/junk folder for your Fit&FabLiving newsletter. (If in inbox, skip to step #3)
2. Click "Not Spam" in the toolbar, between "Forward" and "Move"



3. Visit your inbox and open the Fit&FabLiving newsletter.
4. Click "add to address book" image to the right, next to the sender's name



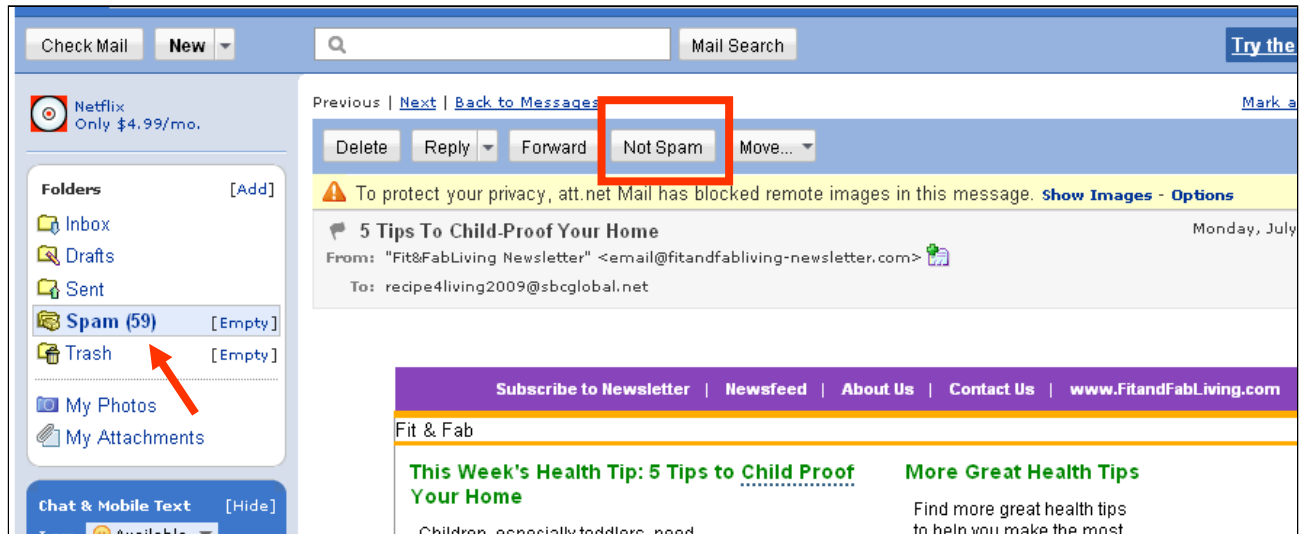
5. Verify the sender's contact details
6. Click "add to address book"

Comcast

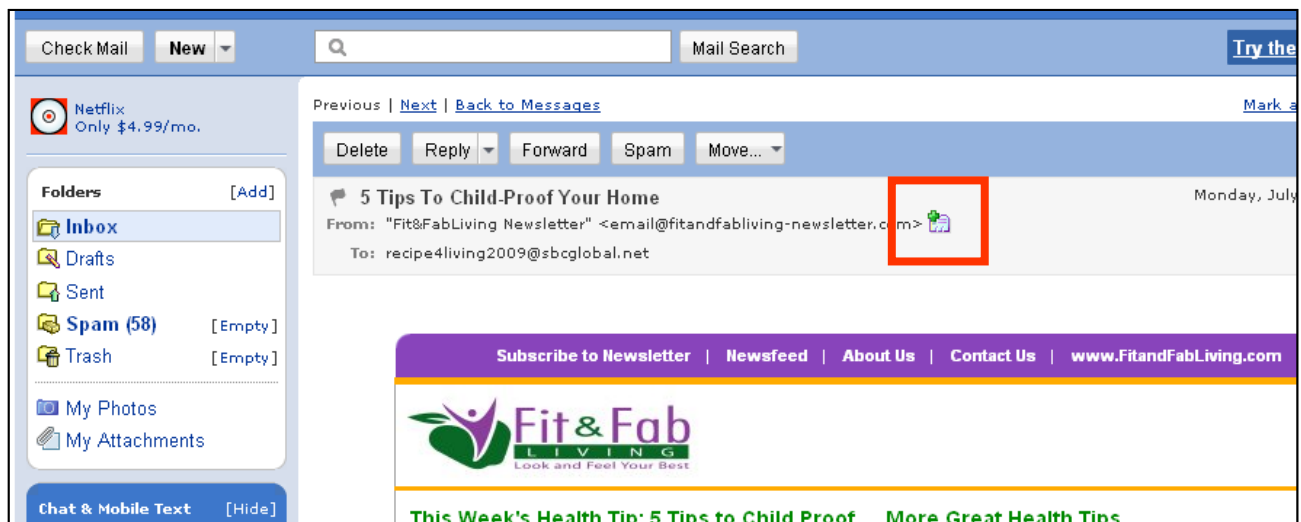
1. Check your spam/junk folder for your Fit&FabLiving newsletter. (If in inbox, skip to step #3)
2. Click “Not Spam” in the toolbar, to the left of the printer image and button.
3. Visit your inbox and open the Fit&FabLiving newsletter.
4. Click “Add to Address Book,” on the right, next to the time and date sent
5. Verify the sender’s contact details
6. Click “Save” in the toolbar

SBCGlobal

1. Check your spam/junk folder for your Fit&FabLiving newsletter. (If in inbox, skip to step #3)
2. Click “Not Spam” in the toolbar, in the middle of “Forward” and “Move”



3. Visit your inbox and open the Fit&FabLiving newsletter.
4. Click "add sender to Contacts" image to the right, next to the sender's name



5. Verify the sender's contact details
6. Click “Add to Address Book”

OptOnline

1. Visit your inbox and open the Fit&FabLiving newsletter.
2. Click “Add Addresses” in the toolbar, between “Forward Inline” and “Close”
3. Check the box for email@fitandfabliving-newsletter.com.
4. Click “Add Addresses”

Other Domains

1. Check your spam/junk folder for your Fit&FabLiving newsletter. (If in inbox, skip to step #4)
2. Click “Not Spam” or “Mark as Safe”
3. Visit your inbox and make sure that you see the Fit&FabLiving newsletter.
4. Go to your Address Book to add a new entry
5. Add the email address email@fitandfabliving-newsletter.com to your address book.