


勇者无惧，强者不屈，直面人生，不离不弃，致敬理想和热血

朱俊帆 评论 黎明墙

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这篇影评可能有剧透

The steepest, blankest, most forlorn impressive part of El Captain, Yosemite, is the Dawn Wall.

We go to a therapist but nobody knows how to deal with this situation. My way of dealing with it was to get back on that horse and go climb again. This has always been my safe place, my way to deal with life. I didn't know what to think about Kyrgyzstan, part of me was feeling kind of empowered: when the shit really hit the fan, I was able to do what needed to be done to get us out of there. And slowly we get back into our groove, and started setting these lofty goals.

I knew finger cut wasn't going to be easy, but ever since Kyrgyzstan, I just have this fire in me, that is different from anything I've had before.

I knew I was cold, I was hungry, but those things didn't matter anymore. We all have this idea of where our limits lie, if you're hurting really bad, you get to a point where you're like "I can't endure any more." And it takes something to force you past that. In Kyrgyzstan, **I realized that my preconceived limits were totally off base**, that we're capable of so much more than we could ever imagine. 大佬的蜕变：他手指断之前就尝试过没有成功，一年后，没了手指的他再次回来，却成功了。他切断了手指：没啥大事，我会更好的。Tommy来到黎明墙，少一根手指，开始要一个一个击败它们。He became hypnotized, where is the ultimate limit. Anything he could dream up, he did it.

Over time, little cracks started to form, the first inklings of almost hostility towards me, there was all this weird tension. Well, we've been together for 8 years now, marriages go through troubling times, we'll get through this. - I think there was a natural growing apart, desires we had outside of climbing. We go through a super intense experience like Kyrgyzstan, we were so young, years later, there's probably a lot that started to come out, healing that I hadn't done. 我们都太年轻，多年以后，也会发生许多我无法完成的心理愈合。At some point, the climbing we had wasn't enough glue to hold it together anymore. 那时候，我们一起攀岩的状态也无法弥合彼此。那6天的吉尔吉斯斯坦经历，对Beth的心理创伤很严重，Tommy救了他们，他俩之间存在一种依赖，并不等于真爱。最终结果是，她爱上了别人。她和那人的关系已经稳定，她当时无法一走了之，比起需要我，她那时更需要他，等离婚落定，当时我是崩溃的。我开车到酋长岩，好像酋长岩就是我的一切。我知道这条攀岩路很难，我可能根本就完成不了。I was hurting so bad that I had to figure out a distraction in life. I couldn't just sit there and feel the pain. I decided to go up there alone and beat myself up on the walls as just a way to cope. 但在心灵受伤的那时刻，我必须找到生活的另一面。不能一味坐着，经历悲伤。我决定独自攀登，用攀岩黎明墙来战胜自我，作为面对生活的方式。Just finding something to obsess about so I wouldn't obsess about my divorce.

When you observe yourself in some magnificent challenge, there's no space to be thinking about anything else. If you're heartbroken, just throw yourself into an impossible wall. 因此那时，我面临内心的暴风骤雨，枯坐着。老婆离开了，她是我攀岩的唯一同行，十年之久。那一夜，在悬吊帐篷里，泪奔，自怨自怜，企图找到逃避的路也许根本就不存在。Weeping and really sorry for myself, trying to find this elusive thing that probably didn't even exist.

Without Beth, I needed to find a partner, somebody that I could rely on, to help me solve this puzzle. 说不定他正好就是那个真正的搭档。

我真的不敢相信这怎么可能呢，直到看见Kevin在尝试。So many reasons to give up, but Tommy is committed.

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当我们不在攀岩时，我们回到自己的世界，拥抱家人，好好休息，充电了好继续尝试。Find motivation for the next round of attempts. 实话实说，很孤独，后来遇到Becca，我们开始约会。

Long for years, Tommy put his whole life on hold, so he could give every last ounce of his body and soul to this impossible quest. 多年来，Tommy把他的全部生活都后置了，这样才能把他所有的身心都投放进这个不可能的探索中。I could never tell if we were wasting our time, or we were in pursuit of something grand. Sometimes you start to wonder, where are the lines between dedication and obsession? 完成一个没人完成过的事，不是很浪漫吗？He was going through emotional agony, this climb has been gut wrenching. 你已经失败800次了，怎么才能继续头顶着墙攀岩下去呀？经年的努力，我们甚至都没接近梦想一点点。If he bit off more than he could chew如果他能咬牙顶住，而不是咽下。重重失败后我开始想，攀岩真是不可行，也许我还不够good enough。

In the moment, on the push （在完全没有准备好的屡屡失败的时候）这一刻，出发！Go get it. 只有一条通路可以过，由最小单位组成，只有完美无误的动作才能完成，失去一个握抓、抓错地方，就前功尽弃。突然我就感到自信，知道每一节手指怎么做到彼此相握。After years of working on that pitch, it just came together in this amazing magical way. For the first time, these guys actually have a shot at maybe doing this thing. It was a big moment. Everything was rolling, and now it's my turn. 他鼓舞了他。

住在岩墙上真的很消磨斗志，很严酷，这种条件下很难发挥攀岩最佳水平。

下岩攀爬，是如此不自然，就像向后跑。这个回环，就像兜了一圈穿过街道，看起来很荒唐，但真的是才华横溢。The thing that had been shutting him down for all these years, and then he just look at it with a new set of eyes, and finds a new way of solution. 阻碍他的东西，阻碍了这么多年，然后他现在用一个新的视角去看它，就找到了新的解决方案。

纯新人，上来就最高难度，就是要有这股冲劲。

It was a battle and I didn't win. It's like you had your chance but you weren't good enough. What's the ethos in climbing?

即使我自己没有成功，我还是替Tommy感到快乐，一个特别的时刻，亲眼目睹这个历史。我参与去帮助Tommy实现了梦想。他经过的每一步，这么多挣扎、伤痛、疑惑，对他来说，this is it. 多年来我都在臆想登上Wino Tower的那一刻，内心深处都沸腾了。虽然这还不是终点，但这是一大步。

不急，我耐心极了，我们会通过的，别吓坏了，别管那个盯着你的世界，忘了他们，就关注你我。Tommy被抛弃过，所以他不会抛弃Kevin。但我还是要自己去完成平生最难的事，去得到一个好结果。

Seeing him in his element, I saw this focus and this purpose. You can't stop now, you have to do everything to make this happen.

Sometimes you zoom out and you think about what a process it has been, this wild 6-year journey with Tommy, and now here we are, at the moment of truth.

Watching him do it, I was just awestruck. 眼望他成功，我肃然起敬。

We're reunited at our high points now. Going up from there on out together to the top. 我们在彼此的最高绳距处汇合。从下往上，一路并肩。19 days, we were going to miss that experience. 为了完成这一刻，花了多少年。That moment, he describes as bittersweet. The whole experience that drove him for so long, it was over.

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