

**Julia Culkin, LCAT, ATR-P, CASAC-T trainee**  
Art Therapist with 5 years experience in the field of behavioral health practicing psychotherapy with adult and young adult population. Involved in a multimodal, person-centered, trauma informed approach to mental health treatment for individuals with serious mental illness and substance abuse history.

**Bridging Access to Care, Bridge to Recovery (Article 31 OMH clinic): New York, NY**

*Psychotherapist, 2/2018 - Present*

Responsible for a caseload of up to 65 clients, male and female adults ages 19-65. Completion of intakes including psychosocial evaluations and assessments. Creation and implementation of treatment planning, treatment reviews, group psychotherapy and individual psychotherapy using multimodal scope of evidence based practices.

**ACI Chemical Dependency Treatment Centers (Inpatient Detox) : New York, NY**

*Detox Counselor, Art Therapist, 7/2017 - 10/2017*

Responsible for a caseload of up to 10 male patients on one floor of ACI's Inpatient Medically Managed Withdrawal Services offering integrative substance abuse treatment for adults. Caseload responsibilities included initial assessments, treatment planning, clinical progress notes, collateral contact services for referrals, and patient discharge planning. Conducted group therapy in rehab and detox programs weekly.

**PROS Rebound: Astoria, NY**

*Art Therapist/Counselor, 10/2016 - 7/2017*

Facilitated approximately six groups per week, including art therapy based groups and 1:1 sessions, with participants age 20-55. Completion of progress documentation, assessments and psychosocials, and creating and implementing individual recovery-based plans,

**FREE Enterprises, Inc. (OMH Supported Housing): Farmingdale, NY**

*Direct Support Specialist, 5/2016 - 8/2016*

Responsible for the creation of progress and collateral notes within the service/treatment plans of clients in OMH supported housing (Community Residences and the Apartment Treatment Program). Implemented goals and objectives concerning medication management, daily living skills, symptom management, and progress documentation. Utilized art therapy techniques to lead group therapy sessions with both an inpatient population of dual diagnosis patients and adult outpatient services.

**Terry's Place PROS: Old Bethpage, NY**

*Art Therapist, Counselor, 5/2016 - 8/2016*

*Art Therapy Intern, 9/2014 - 5/2015*

Implemented art therapy practices to assist clients with a population ages 18 to 60 with varying MI/MR diagnosis. Facilitated up to seven group therapy sessions a week with on site supervision. Running community art projects and PROS program art workshops. Assisted in completing psychosocials, treatment planning and reviews, assessment and progress documentation.

**South Oaks Inpatient Psychiatric Hospital: Amityville, NY**

*Art Therapy Intern, 9/2015 - 4/2016*

Responsible for completing daily intake assessments for adult patient admission and updating individual progress notes in acute inpatient unit. Facilitated groups for dual diagnosis patients.

## **EDUCATION**

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**School of Visual Arts**                      **New York, NY**

*Masters of Professional Studies in Art Therapy, May 2016*

**Boston University**                      **Boston, MA**

*Bachelor's of Fine Art in Painting, May 2010*  
*Minor degree in Art History*

## **SPECIAL PROJECTS/ART THERAPY WORKSHOPS**

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*School of Visual Arts, New York, NY*  
*September 21, 2016*

MPS Art Therapy Class of 2016 and Summer 2016 Alumni Residents Stephanie Carter, Celeste Classon, Julia Culkin, and Amanda Smith discuss their recent alumni residency show, *TENA(CITY)*, and conduct a workshop highlighting the tape transfer process utilized for the exhibit. For alumni, faculty, and new students of the MPS Art Therapy Program

*School of Visual Arts, New York, NY*  
*July 2016 - September 2016*

Art Therapy Alumni; Artists Residency and Exhibition Planning

*Veterans Hospital, 423 East 23rd St, New York*  
*October 20, 2014*

Art Therapist Supervisor: Jess Benston, MPS, ATR-BC, LCAT

Predominantly male group of veterans who have either chronic illness or PTSD.

*Camp YES, The Osbourne Association, Brooklyn, NY*

*August 11, 2015*

Art Therapist Supervisor: Valerie Sereno, MPS, ATR-BC, LCAT

Mixed group adolescents whose parents have been or currently are incarcerated.

*Beth Israel Outpatient: Addiction Treatment Services, New York, NY.*

*October 22, 2015*

Art Therapist Supervisor: Gemma Burgio, MPS, ATR-BC, LCAT

Mixed group of patients currently undergoing Methadone Maintenance Treatment Program at Mt. Sinai Beth Israel, a non-profit methadone clinic.