## **Thanksgiving**

The American story of Thanksgiving dates back to the early 17th century when a group of English Pilgrims, seeking religious freedom, sailed across the Atlantic Ocean aboard the Mayflower. After enduring a long and arduous journey, they arrived at what is now known as Plymouth, Massachusetts. in 1620.

The Pilgrims faced numerous challenges upon their arrival, including harsh weather, disease, and unfamiliar terrain. Many of them did not survive the harsh winter, and by the following spring, only about half of the original passengers remained.

However, with the help of the indigenous Wampanoag people, who taught them how to cultivate corn, hunt local game, and navigate the land, the Pilgrims were able to establish their settlement. The Wampanoag, led by Chief Massasoit, shared their knowledge and resources with the struggling newcomers, forging a fragile alliance that would shape the course of history. In the fall of 1621, after a successful harvest, the Pilgrims held a feast to express their gratitude for the blessings they had received. They invited Chief Massasoit and other Wampanoag leaders to join them in a celebration that lasted for three days. This event is now widely regarded as the first Thanksgiving.

During the feast, the Pilgrims and the Wampanoag shared food, stories, and cultural traditions, fostering goodwill and camaraderie between the two groups. It was a moment of unity and mutual respect, a testament to the power of cooperation and friendship in the face of adversity. The tradition of Thanksgiving continued to evolve over the years, with various colonies and states holding their own harvest celebrations. In 1863, during the height of the Civil War, President Abraham Lincoln proclaimed Thanksgiving as a national holiday, declaring it a day of "Thanksgiving and Praise to our beneficent Father who dwelleth in the Heavens." Today, Thanksgiving is celebrated on the fourth Thursday of November in the United States. It is a time for families and friends to come together, share a meal, and reflect on the blessings in their lives. While the holiday has evolved over time, its core message of gratitude and unity remains as relevant as ever, serving as a reminder of the importance of coming together as a community, regardless of our differences.