Practical Machine Learning - Course Project

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Weight Lifting Activity Recognition

Executive Summary

Qualitative activity recognition differs from conventional activity recognition in a distinctive way. While the latter is concerned with recognising which activity is performed, the former is concerned with assessing how (well) it is performed. The term `quality` is defined as 'conformance to specifications'. If the manner of execution of an activity is specified, then the quality can be measured by comparing its execution against this specification. Accelerometers were placed on the belt, arm-band and glove of 6 participants and on the dumbell to classify different exercises and count training repetitions. They performed barbell lifts correctly and incorrectly in 5 different ways.

The goal of this project is to apply machine learning techniques to accurately predict the manner in which the participants did the exercise. This report describes how the model for the project was built, its cross validation, expected out of sample error calculation, and the choices made. It was used successfully to accurately predict all 20 different test cases.

Source: Weight Lifting Dataset

Intended Results

The goal of this project is to predict the manner in which they did the exercise. This is the "classe" variable in the training set. You may use any of the other variables to predict with. You should create a report describing how you built your model, how you used cross validation, what you think the expected out of sample error is, and why you made the choices you did. You will also use your prediction model to predict 20 different test cases.

1. Your submission should consist of a link to a Github repo with your R markdown and compiled HTML file describing your analysis. Please constrain the text of the writeup to < 2000 words and the number of figures to be less than 5. It will make it easier for the graders if you submit a repo with a gh-pages branch so the HTML page can be viewed online (and you always want to make it easy on graders :-).
2. You should also apply your machine learning algorithm to the 20 test cases available in the test data above. Please submit your predictions in appropriate format to the programming assignment for automated grading. See the programming assignment for additional details.

Data Preprocessing

In order to reproduce the same results, you need a certain set of packages as well as setting a pseudo random seed equal to the one I have used.
`Note`: To install, for instance, the `corrplot` package in R, run this command: `install.packages("corrplot")`.
The following Libraries were used for this project, which you should install and load them in your working environment.

```
library(rattle)
library(caret)
library(rpart)
```

```
library(rpart.plot)
library(corrplot)
library(randomForest)
library(RColorBrewer)
```

Finally, load the same seed with the following line of code:

```
set.seed(56789)
```

Getting Data

First of all, set your current working directory.
The following code fragment downloads the dataset to the `data` folder in the current working directory.

```
trainUrl <-"https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv"
testUrl <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv"
trainFile <- "./data/pml-training.csv"
testFile  <- "./data/pml-testing.csv"
if (!file.exists("./data")) {
  dir.create("./data")
}
if (!file.exists(trainFile)) {
  download.file(trainUrl, destfile = trainFile, method = "curl")
}
if (!file.exists(testFile)) {
  download.file(testUrl, destfile = testFile, method = "curl")
}
rm(trainUrl)
rm(testUrl)
```

Reading Data

After downloading the data from the data source, we can read the two csv files into two data frames.

```
trainRaw <- read.csv(trainFile)
testRaw <- read.csv(testFile)
dim(trainRaw)
```

```
## [1] 19622   160
```

```
dim(testRaw)
```

```
## [1]  20 160
```

```
rm(trainFile)
rm(testFile)
```

The training data set contains 19622 observations and 160 variables, while the testing data set contains 20 observations and 160 variables. The `classe` variable in the training set is the outcome to predict.

Cleaning Data

In this step, we will clean the dataset and get rid of observations with missing values as well as some meaningless variables.

1. We clean the Near Zero Variance Variables.

```
NZV <- nearZeroVar(trainRaw, saveMetrics = TRUE)
head(NZV, 20)
```

```
##                         freqRatio percentUnique zeroVar   nzv
## X                        1.000000  100.00000000   FALSE FALSE
## user_name                1.100679    0.03057792   FALSE FALSE
## raw_timestamp_part_1     1.000000    4.26562022   FALSE FALSE
## raw_timestamp_part_2     1.000000   85.53154622   FALSE FALSE
## cvtd_timestamp           1.000668    0.10192641   FALSE FALSE
## new_window              47.330049    0.01019264   FALSE  TRUE
## num_window               1.000000    4.37264295   FALSE FALSE
## roll_belt                1.101904    6.77810621   FALSE FALSE
## pitch_belt               1.036082    9.37722964   FALSE FALSE
## yaw_belt                 1.058480    9.97349913   FALSE FALSE
## total_accel_belt         1.063160    0.14779329   FALSE FALSE
## kurtosis_roll_belt    1921.600000    2.02323922   FALSE  TRUE
## kurtosis_picth_belt    600.500000    1.61553358   FALSE  TRUE
## kurtosis_yaw_belt       47.330049    0.01019264   FALSE  TRUE
## skewness_roll_belt    2135.111111    2.01304658   FALSE  TRUE
## skewness_roll_belt.1   600.500000    1.72255631   FALSE  TRUE
## skewness_yaw_belt       47.330049    0.01019264   FALSE  TRUE
## max_roll_belt            1.000000    0.99378249   FALSE FALSE
## max_picth_belt           1.538462    0.11211905   FALSE FALSE
## max_yaw_belt           640.533333    0.34654979   FALSE  TRUE
```

```
training01 <- trainRaw[, !NZV$nzv]
testing01 <- testRaw[, !NZV$nzv]
dim(training01)
```

```
## [1] 19622   100
```

```
dim(testing01)
```

```
## [1]  20 100
```

```
rm(trainRaw)
rm(testRaw)
rm(NZV)
```

2. Removing some columns of the dataset that do not contribute much to the accelerometer measurements.

```
regex <- grepl("^X|timestamp|user_name", names(training01))
training <- training01[, !regex]
testing <- testing01[, !regex]
rm(regex)
rm(training01)
rm(testing01)
dim(training)
```

```
## [1] 19622    95
```

```
dim(testing)
```

```
## [1] 20 95
```

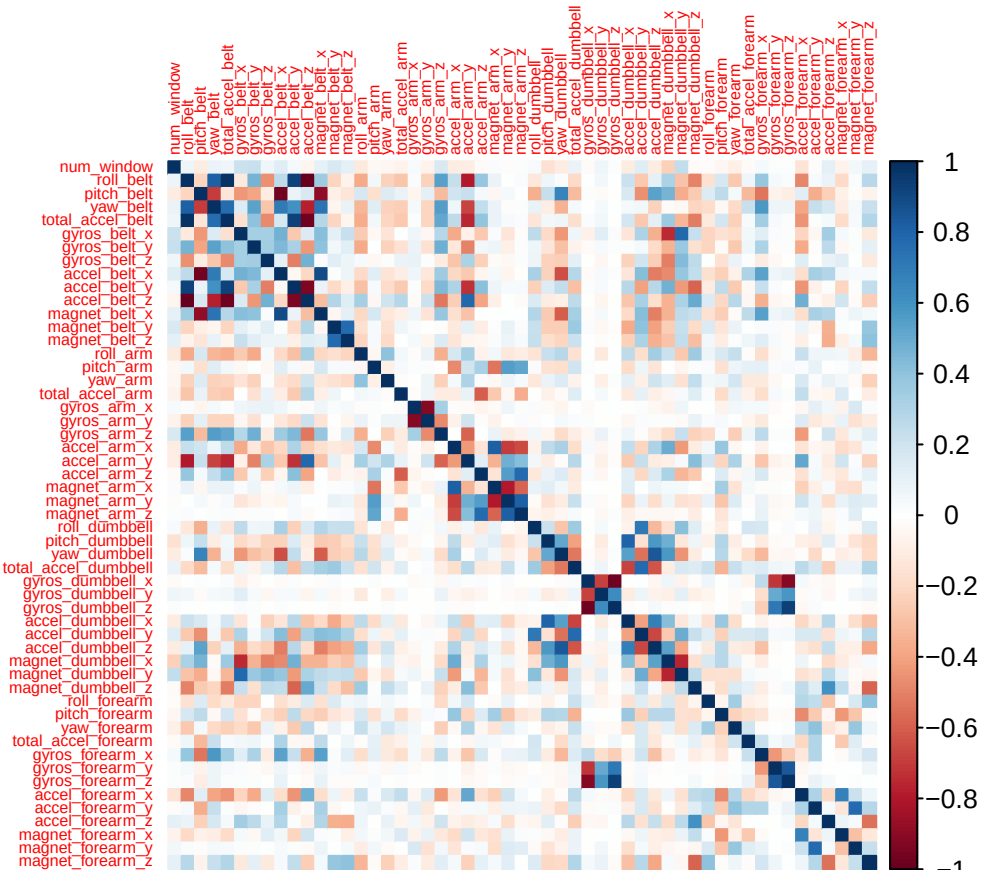
3. Removing columns that contain `NA's`.

```
cond <- (colSums(is.na(training)) == 0)
training <- training[, cond]
testing <- testing[, cond]
rm(cond)
```

Now, the cleaned training data set contains 19622 observations and 54 variables, while the testing data set contains 20 observations and 54 variables.

Correlation Matrix of Columns in the Training Data set.

```
corrplot(cor(training[, -length(names(training))]), method = "color", tl.cex = 0.5)
```



Partitioning Training Set

We split the cleaned training set into a pure training data set (70%) and a validation data set (30%). We will use the validation data set to conduct cross validation in future steps.

```
set.seed(56789) # For reproducibile purpose
inTrain <- createDataPartition(training$classe, p = 0.70, list = FALSE)
validation <- training[-inTrain, ]
training <- training[inTrain, ]
rm(inTrain)
```

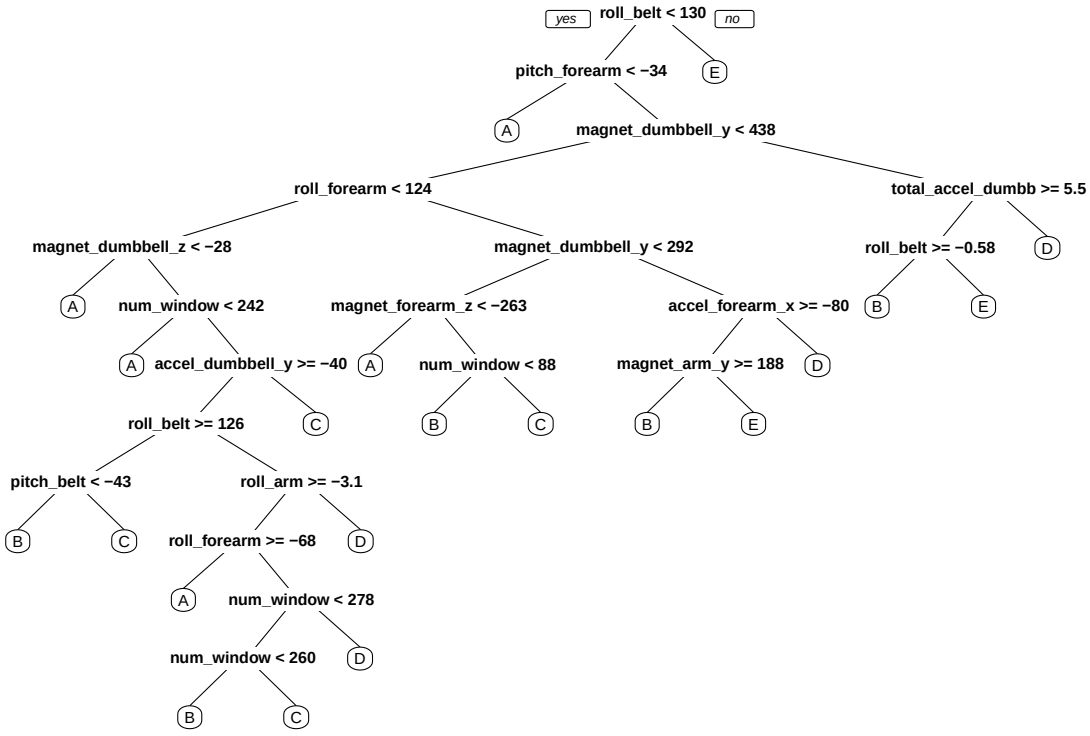
The Dataset now consists of 54 variables with the observations divided as following:
1. Training Data: 13737 observations.
2. Validation Data: 5885 observations.
3. Testing Data: 20 observations.

Data Modelling

Decision Tree

We fit a predictive model for activity recognition using Decision Tree algorithm.

```
modelTree <- rpart(classe ~ ., data = training, method = "class")
prp(modelTree)
```



Now, we estimate the performance of the model on the validation data set.

```
predictTree <- predict(modelTree, validation, type = "class")
confusionMatrix(validation$classe, predictTree)
```

```
## Confusion Matrix and Statistics
##
##           Reference
## Prediction    A    B    C    D    E
##          A 1526   41   20   61   26
##          B  264  646   74  126   29
##          C   20   56  852   72   26
##          D   93   31  133  665   42
##          E   82   85   93  128  694
##
## Overall Statistics
##
##                Accuracy : 0.7448
##                  95% CI : (0.7334, 0.7559)
```

```
##     No Information Rate : 0.3373
##     P-Value [Acc > NIR] : < 2.2e-16
##
##                   Kappa : 0.6754
##  Mcnemar's Test P-Value : < 2.2e-16
##
## Statistics by Class:
##
##                      Class: A Class: B Class: C Class: D Class: E
## Sensitivity            0.7688   0.7520   0.7270   0.6321   0.8494
## Specificity            0.9621   0.9019   0.9631   0.9381   0.9234
## Pos Pred Value         0.9116   0.5672   0.8304   0.6898   0.6414
## Neg Pred Value         0.8910   0.9551   0.9341   0.9214   0.9744
## Prevalence             0.3373   0.1460   0.1992   0.1788   0.1388
## Detection Rate         0.2593   0.1098   0.1448   0.1130   0.1179
## Detection Prevalence   0.2845   0.1935   0.1743   0.1638   0.1839
## Balanced Accuracy      0.8654   0.8270   0.8450   0.7851   0.8864
```

```
accuracy <- postResample(predictTree, validation$classe)
ose <- 1 - as.numeric(confusionMatrix(validation$classe, predictTree)$overall[1])
rm(predictTree)
rm(modelTree)
```

The Estimated Accuracy of the Random Forest Model is 74.4774851% and the Estimated Out-of-Sample Error is 25.5225149%.

Random Forest

We fit a predictive model for activity recognition using Random Forest algorithm because it automatically selects important variables and is robust to correlated covariates & outliers in general.
We will use 5-fold cross validation when applying the algorithm.

```
modelRF <- train(classe ~ ., data = training, method = "rf", trControl = trainControl(method = "cv", 5)
modelRF
```

```
## Random Forest
##
## 13737 samples
##    53 predictor
##     5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 10989, 10988, 10991, 10990, 10990
## Resampling results across tuning parameters:
##
##   mtry  Accuracy   Kappa
##    2    0.9941763  0.9926330
##   27    0.9966511  0.9957639
##   53    0.9948310  0.9934612
##
## Accuracy was used to select the optimal model using  the largest value.
## The final value used for the model was mtry = 27.
```

Now, we estimate the performance of the model on the validation data set.

```
predictRF <- predict(modelRF, validation)
confusionMatrix(validation$classe, predictRF)
```

```
## Confusion Matrix and Statistics
##
##           Reference
## Prediction    A    B    C    D    E
##          A 1674    0    0    0    0
##          B    3 1136    0    0    0
##          C    0    1 1022    3    0
##          D    0    0    3  961    0
##          E    0    0    0    1 1081
##
## Overall Statistics
##
##                Accuracy : 0.9981
##                  95% CI : (0.9967, 0.9991)
##     No Information Rate : 0.285
##     P-Value [Acc > NIR] : < 2.2e-16
##
##                   Kappa : 0.9976
##  Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
##                      Class: A Class: B Class: C Class: D Class: E
## Sensitivity            0.9982   0.9991   0.9971   0.9959   1.0000
## Specificity            1.0000   0.9994   0.9992   0.9994   0.9998
## Pos Pred Value         1.0000   0.9974   0.9961   0.9969   0.9991
## Neg Pred Value         0.9993   0.9998   0.9994   0.9992   1.0000
## Prevalence             0.2850   0.1932   0.1742   0.1640   0.1837
## Detection Rate         0.2845   0.1930   0.1737   0.1633   0.1837
## Detection Prevalence   0.2845   0.1935   0.1743   0.1638   0.1839
## Balanced Accuracy      0.9991   0.9992   0.9981   0.9976   0.9999
```

```
accuracy <- postResample(predictRF, validation$classe)
ose <- 1 - as.numeric(confusionMatrix(validation$classe, predictRF)$overall[1])
rm(predictRF)
```

The Estimated Accuracy of the Random Forest Model is 99.8130841% and the Estimated Out-of-Sample Error is 0.1869159%.
Random Forests yielded better Results, as expected!

Predicting the manner of exercise for Test Data Set

Now, we apply the Random Forest model to the original testing data set downloaded from the data source. We remove the problem_id column first.

```
rm(accuracy)
rm(ose)
predict(modelRF, testing[, -length(names(testing))])
```

```
##  [1] B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E
```

Generating files to submit as answers for the assignment

Function to generate files with predictions to submit for assignment.

```
pml_write_files = function(x){
  n = length(x)
  for(i in 1:n){
    filename = paste0("./Assignment_Solutions/problem_id_",i,".txt")
    write.table(x[i], file = filename, quote = FALSE, row.names = FALSE, col.names = FALSE)
  }
}
```

Generating the Files.

```
pml_write_files(predict(modelRF, testing[, -length(names(testing))]))
rm(modelRF)
rm(training)
rm(testing)
rm(validation)
rm(pml_write_files)
```