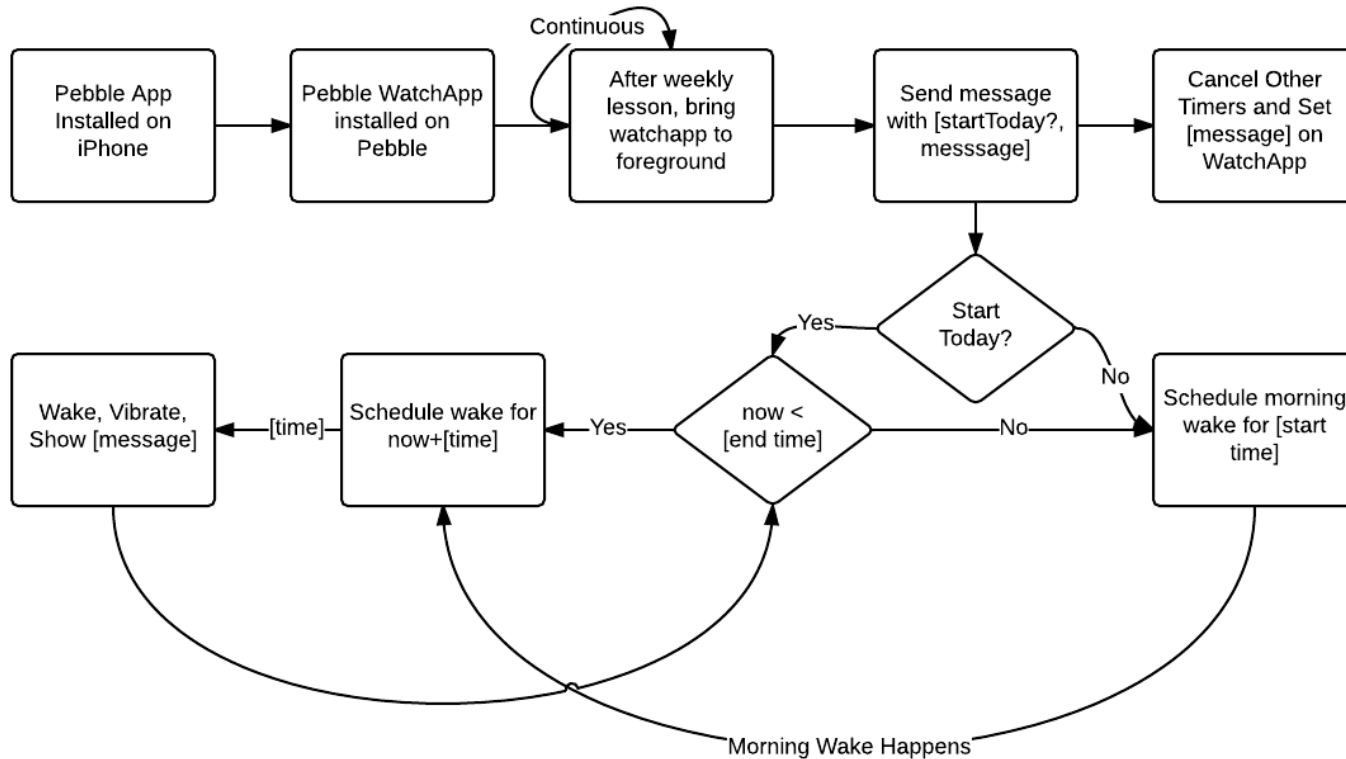


Milestone 1

Kyle Venn, Gavin King, Johnny Zadroga,
Dan Moreh

Pebble

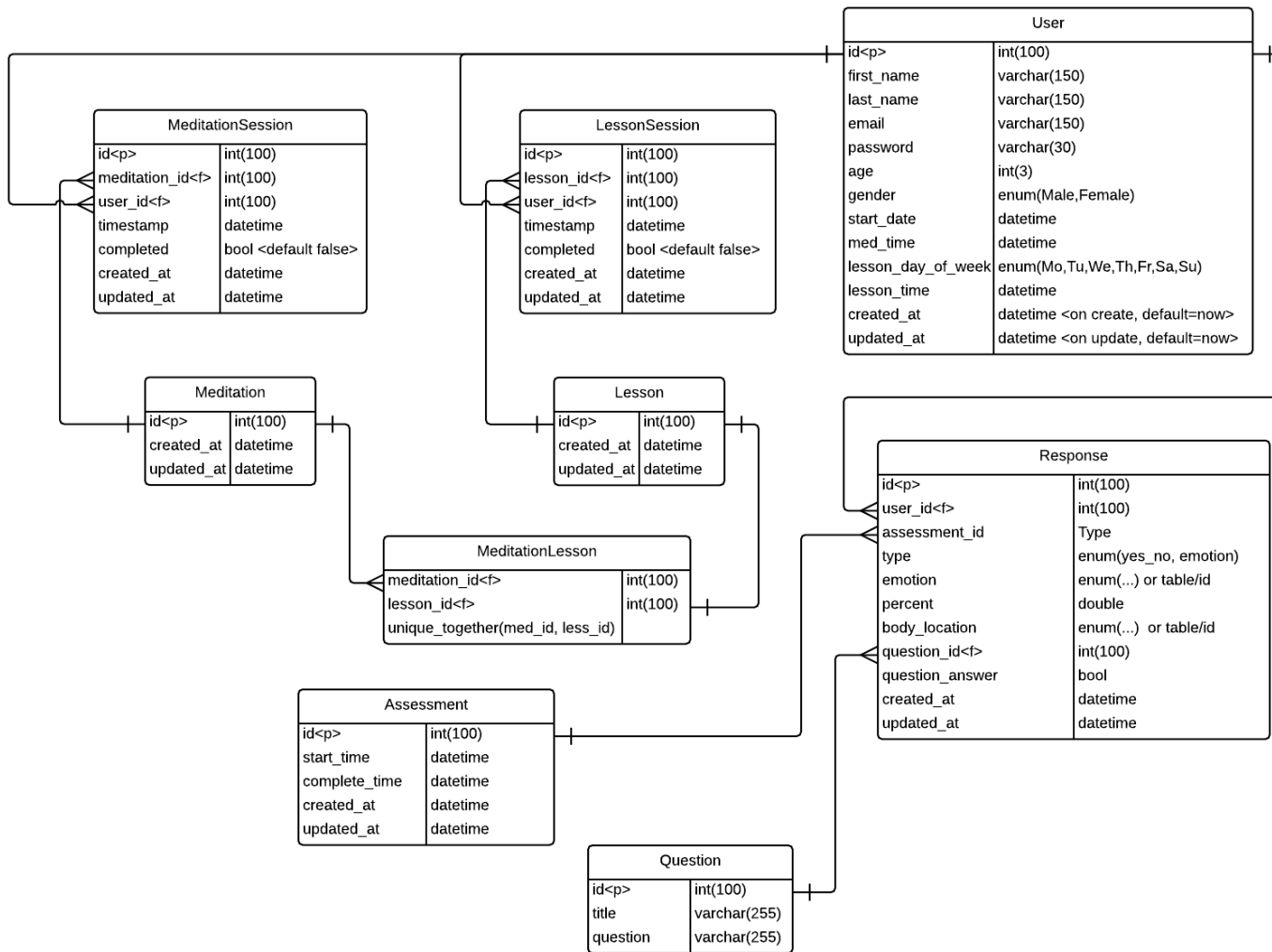
WatchApp Flow



Example of WatchApp

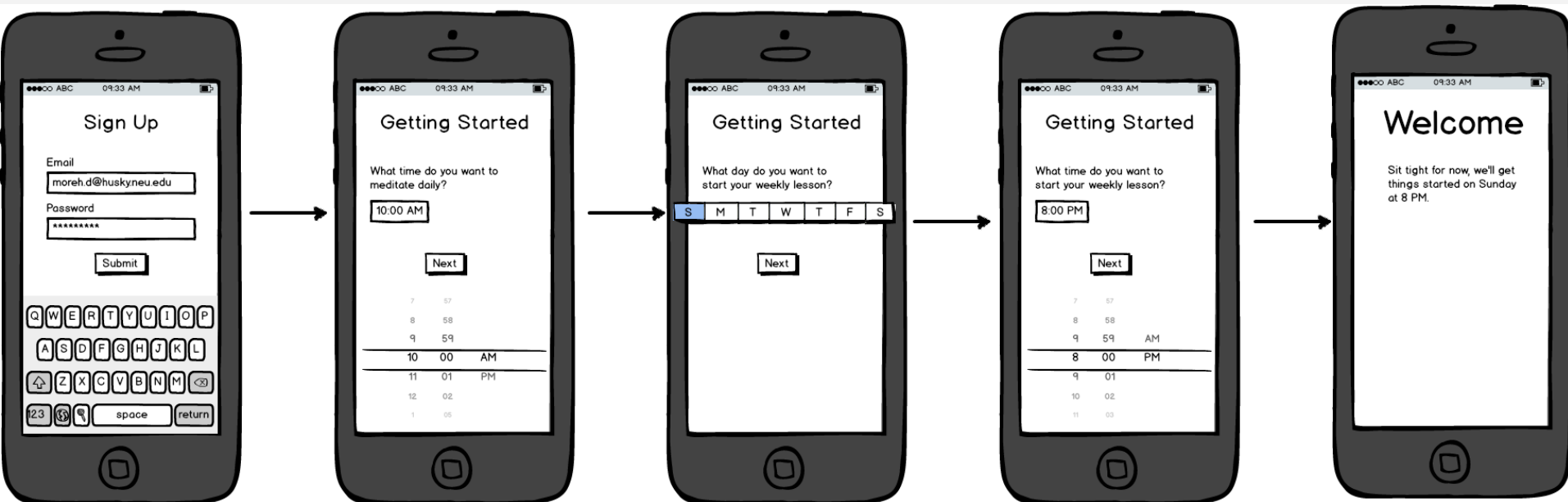


Database UML

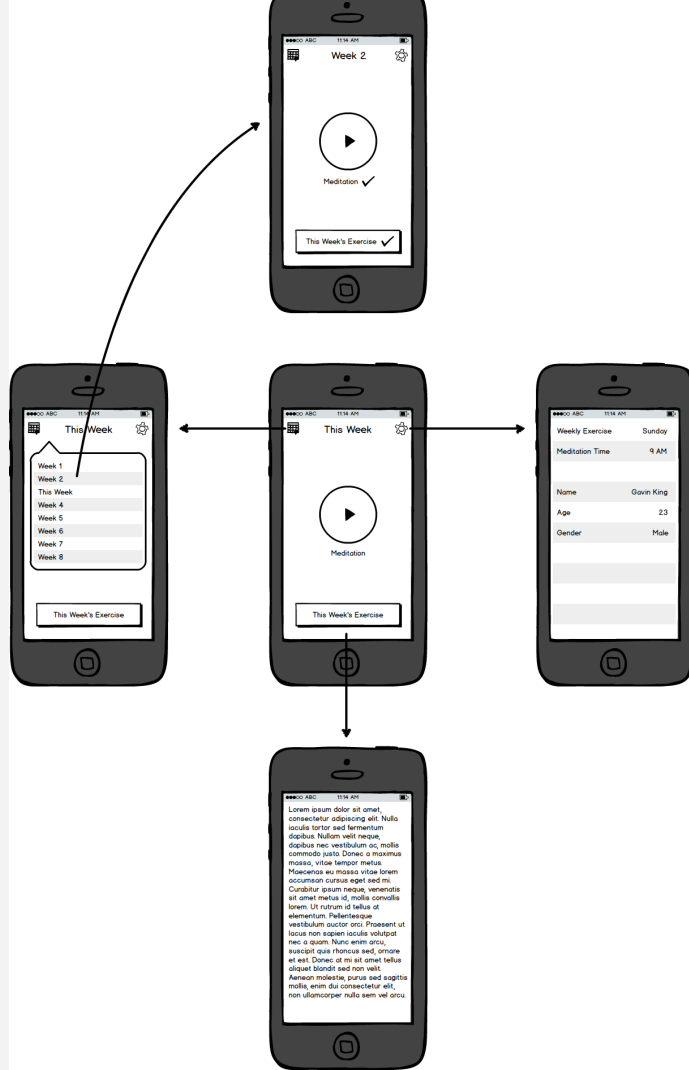


App Wireframes

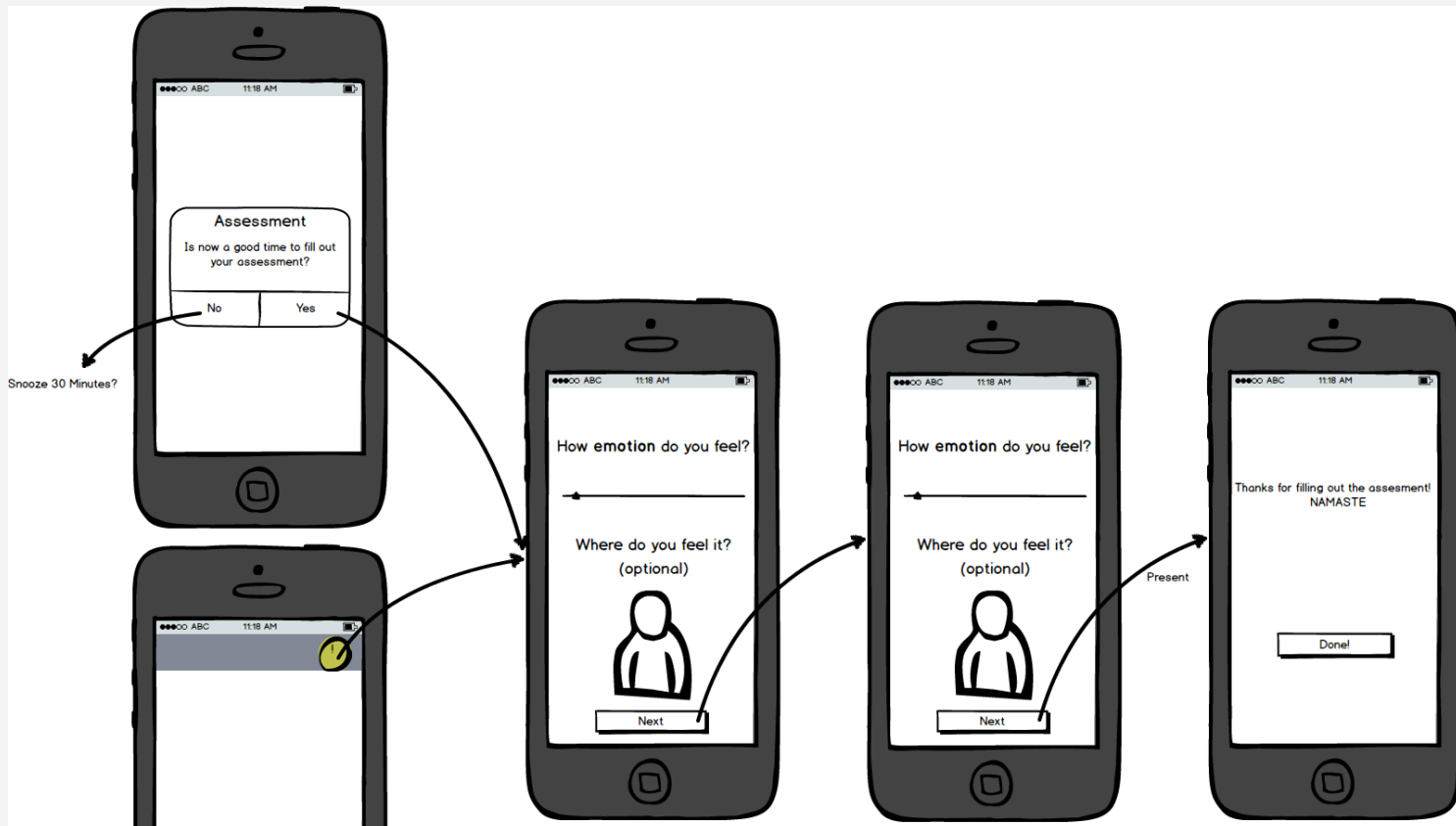
Login Flow



Weekly Flow



Assessment Flow



Implemented Pages

Login Page

Carrier 11:20 AM

Male

Female

Sign Up

Log In

Carrier 11:20 AM

What day would you like to receive your weekly lesson?

Sun

Mon

Tue

Wed

Thu

Fri

Sat

What time on that day would you like to receive the lesson?

89101112123

17181920212223

AMPM

Next

Carrier 11:20 AM

Back

What time do you want to meditate daily?

89101112123

17181920212223

AMPM

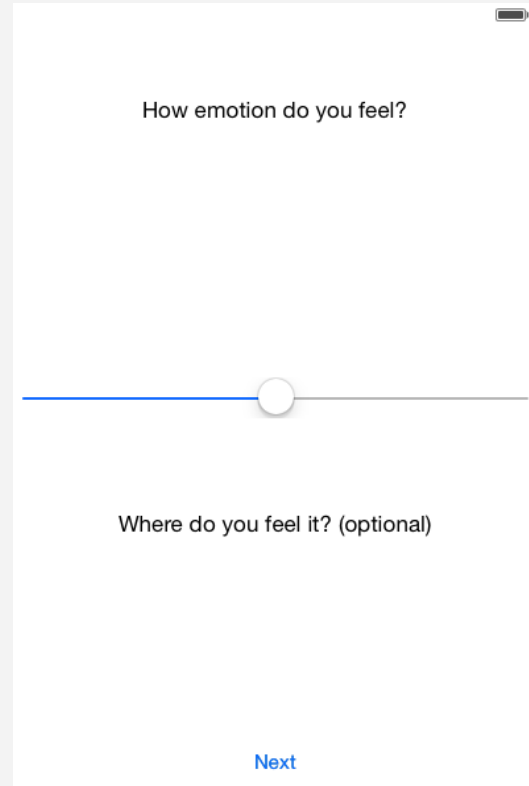
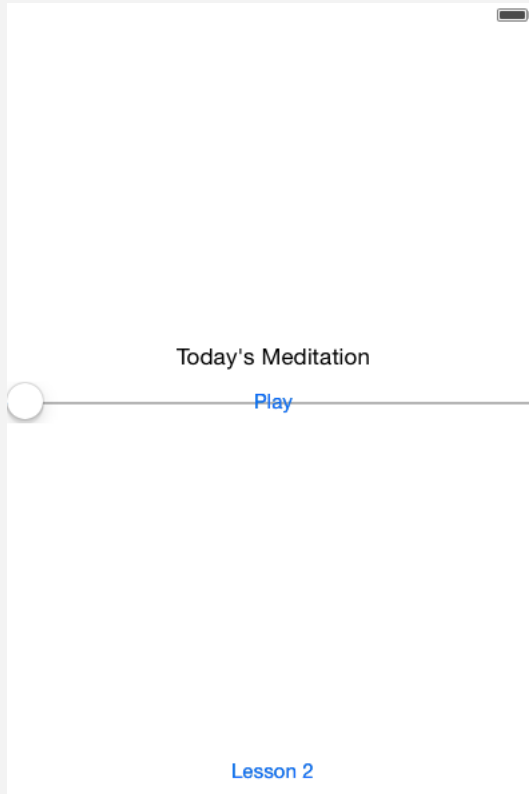
Next

Carrier 11:20 AM

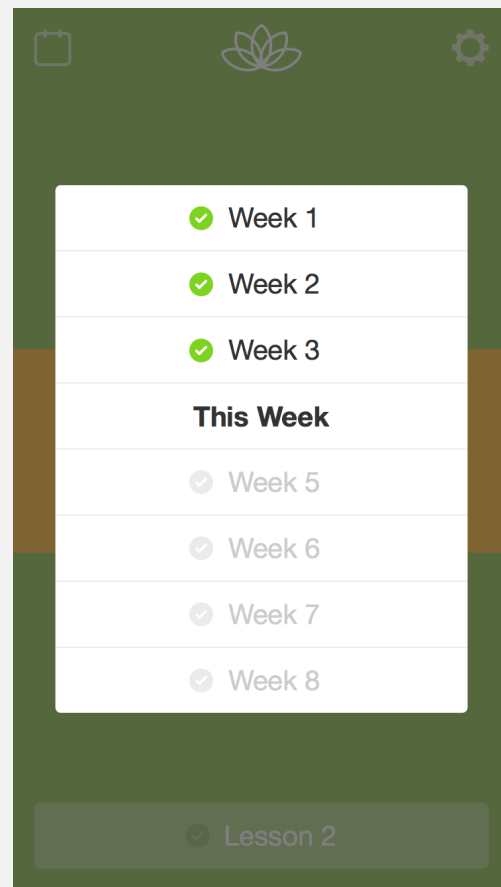
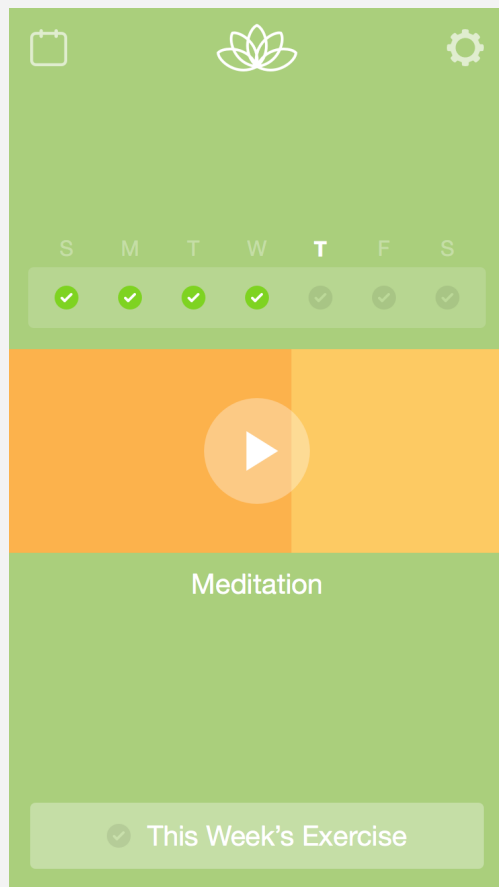
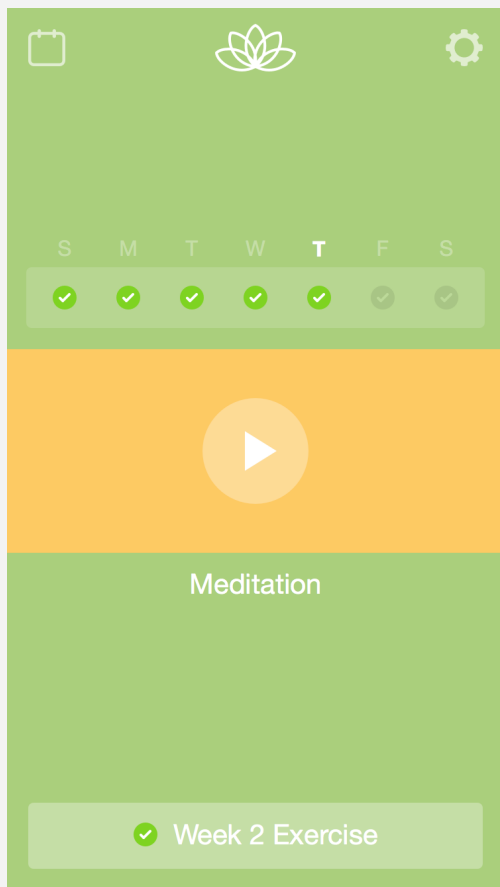
Back

Sit Tight Homie

Meditation/Assessment Page



Designs



Mindfulness

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Curabitur et tellus nec enim malesuada vestibulum posuere sodales mauris. Phasellus pulvinar ipsum lobortis pretium posuere. Donec vel augue at est mollis lacinia. Phasellus vestibulum pellentesque lectus in varius. Pellentesque tristique tincidunt nulla vel vehicula. Proin et mi lacinia, cursus nibh at, vestibulum tellus. Donec et pulvinar arcu. Ut id mattis sapien, id porttitor nulla. Quisque at bibendum turpis. Nunc eu rutrum est. Curabitur at ante nec massa congue convallis ut sed felis. Aenean tempus, sem vitae mollis ornare, dui ante dignissim est, et euismod mauris metus sit amet velit. Etiam tristique diam non commodo interdum. Sed metus ipsum, tincidunt ac mauris ac, vulputate tempor justo. Sed risus arcu, fermentum id nibh a, mattis scelerisque magna. Praesent mi eros, efficitur efficitur commodo non, sagittis sit amet orci.


Nam commodo congue arcu a aliquet. Aliquam erat volutpat. Donec sit amet porttitor dolor. Pellentesque eleifend efficitur ante non pretium. Etiam tincidunt congue est, sed venenatis risus maximus pretium. In quis elit orci. Donec tempus magna in lectus imperdiet, nec volutpat justo tristique. Integer vulputate. nisl eget

First Name	Gavin
Last Name	King
Age	23
Gender	Male
Meditations	Mornings at 8 AM
Lessons	Sundays at 9 PM
Log Out	

Assessment Flow Designs

Assesment ×

How stressed do you feel?



Assesment ×

Did you smoke today?

Yes

No

Assesment ×

How much sleep did you get?

7 Hours ▼

Assesment ×

Where do you feel negative?

