

**Transform the statements and phrases below into SMART goals.**

1. I will climb Mount Kilimanjaro.

2. I will study more.

3. I will decide on a major.

4. I will go to all of my classes.

5. I will graduate from college.

**Write 1 academic SMART goal for Spring 2017 for yourself:**

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**S**

Example: I will get a job assisting with educational after-school programs for children and adolescents.

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**M**

Example: I will earn a 3.00 GPA this year with no grade below a B.

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**A**

Example: I will make an appointment with a Career Center advisor to research careers associated with my major.

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**R**

Example: I will exercise daily by walking from my apartment to my classes.

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**T**

Example: I will set aside \$100 per month for 12 months to cover my study abroad airfare next year.

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Here's a complete SMART goal: