From: Ashley Gjovik ashleygjovik@apple.com Subject: Re: Ashley Gjovik/Dan - 4/9 Action Items

Date: April 21, 2021 at 2:00 PM
To: Dan West dan.west@apple.com



Hello!

One update, Helen urged me to talk to Sedgwick about a workers comp claim for my 9/4 incident. I talked to them today and they actually said it's not too late, especially considering how much medical documentation I have from last year.

Sedgwick just opened up a workers comp claim for me about the several hour long near-fainting spell in office & at my desk and on 9/4/2019 starting at 12pm in SD01. Suspected cause is industrial chemical vapor exposure. Claim # 302174831070001

I'm letting Helen, Dave, Jenna, you, & know its filed. (because he's the witness).

Also, hoping we can talk about opportunities for the you or John re-org sooner than later. I'm very serious about it and I'd prefer to not have to leave PSQ or Apple if I can avoid it, but unfortunately I'm read to make that jump otherwise. I'd be very happy to finish up my time at Apple continuing to do great work for you and PSQ if possible.

Thanks!

Ashley M. Gjøvik Engineering Program Manager (408) 204-9976

On Apr 14, 2021, at 4:28 PM, Ashley Gjovik <ashleygjovik@apple.com> wrote:

Hi again —

I talked to Jenna and Helen this week about everything.

I would like to report to you or John. My biggest concern with either of you would be workload, so I think at least for the next six months or so, if possible, I would love to go to 4 days a week. I think having a time box for project assignments should help drive clear boundaries with either of y'all. And it would give me more space to breath while I'm processing everything that happened / is happening. 4-days a week is not a showstopper, but is strongly desired. Moving under one of you is the showstopper.

Otherwise, I think I will recommit myself to looking for a new opportunity at Apple. I remember I said something in my last peer feedback for Dave in 2020 about how working for him is TERRIBLE for my mental health. I think I might have said that the year before too. I need to change the situation... it's partially on me for waiting so long to leave, regardless of the distracting Patient Zero / Erin Brockovich stuff.

Sorry for the extra chaos while you're already dealing with so much.

P.S.S. my previous neighbors at that toxic apartment complex just told me they saw some guy in a black sedan parked up the road and staring into their apartments with binoculars. Funnnn. I told them to call the cops.

-Ashlev

Ashley M. Gjøvik **★** Engineering Program Manager (408) 204-9976

On Apr 9, 2021, at 7:30 PM, Ashley Gjovik <ashleygjovik@apple.com> wrote:

Ps - my ADT enabled SOS necklace arrived today. It's horrifically awesome! And pretty.

Just set up the Eve camera & door sensor too. Super nice.

Thank you for the recommendations!

iPhone. iTypos. iApologize.

On Apr 9, 2021, at 5:44 PM, Ashley Gjovik ashleygjovik@apple.com> wrote:

Notes from today's meeting below.

Dan To Do

- •
- Think about solutions for DP situation
- Chat with ER/Jenna about SD01 situation

Ashley To Do

Ashley Gjovik/Dan

Scheduled: Apr 9, 2021 at 4:35 PM to 5:00 PM, PDT

Location: Virtual Conference Personal Room

Ashley M. Gjøvik

€ Engineering Program Manager (408) 204-9976