

THE S'ABLE LABS

COUPLE UP CHALLENGE

Share How You Couple Up to Live the Dream

Thank you for learning more about how to share your story,
your dreams, and your goals with S'able Labs.

You shape your reality with other people, whether that be your romantic partner,
your business partner, your friend, or your family member. To activate a dream,
or accomplish a goal, it helps to have a partner. We all know The Obamas,
Ellen and Portia and Stella and Paul McCartney, but there are billions of people living
their dreams and achieving their goals, together. We want to know about them all!

What's your story and how do you make the dream real with another person?

Below, you'll find a short checklist to have the best chance for sharing your story
with the world through S'able Labs. We hope you enjoy telling your story as
much as we enjoy sharing ours.

THE COUPLE UP! CHALLENGE CHECK LIST

- ☒ Register your email at sablelabs.co
- ☒ Download this PDF
- ☐ Couple Up! and make time with your dreamer, maybe 15 minutes
 - ☐ Find a white background
 - ☐ Frame your phone or camera to film landscape [16x9]
 - ☐ Couple Up and record your story in 90 seconds
 - ☐ Upload your video to Vimeo and email us the link
- AND/OR send us your photo at coupleup@sablelabs.co with your story.

Please provide your social handles or URL to your business accounts if you wish to share.

Thanks again for sharing your story with us!

Stay tuned for more from S'able Labs in the coming months
by returning to sablelabs.co and following us on IG @sable.labs

S'ABLE LABS. LOVE THE DREAM.

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