

**Northern Utah United
Recreational Soccer**



U5/6 Program - Special Rules

Our U6 Program uses a small-sided 4 v 4 format with no Goal keeper.

The U6 program has no referees. We encourage coaches to be on the field with the players, gently encouraging and directing them. However, at no point should the coaches be so involved in the play that they affect the outcome of the game.

The main purposes of having coaches on the field are:

- to help develop the players understanding of the game
- to manage the clock
- to point out and stop dangerous play
- and finally, to help teach the kids skills. We encourage the coaches to allow kids 'do-overs' at this age. If they are unsuccessful the first time they throw in the ball, allow them to try again.

Game Day!

- Before the game introduce yourself to the opposing coach. Both coaches should be on the field with the players. Decide which coach will watch the clock and call time.
- Each coach should ask a parent to help you watch the sidelines on their side of the field, and help you call out of bounds.
- We will be playing quarters, so substitutions should be made at the end of each quarter.

Time - Please be mindful of the game times. Even if games start late, they must end on time, or the entire field schedule of the day gets delayed.

Please encourage every player to play learn and play at every position.

Thanks for you time and service in the development of these young players through Youth Soccer.

If you have any questions, or concerns, please feel free to contact me,

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