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Pilates Studio A

12 April 2019

John Doe



Profile

Info

Progress

Schedule

Package

Merchandise

Docs

Communications

John Doe

Jakarta, 22 Jul 1992

Jl. Chedhoya Albasia Raya B-XI no
08169805192

jodoe@gmail.com

Member since 2 Feb 2012



Emergency Contact

Jimmer Frier, Father

Jl. TB Simatupang

081196653654

papa@email.com

<http://pis.co.id>

Pilates Studio A

12 April 2019

John Doe



Personal

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**148 cm****40 kg**

Measured on 1 Jan 2019



Weight chart



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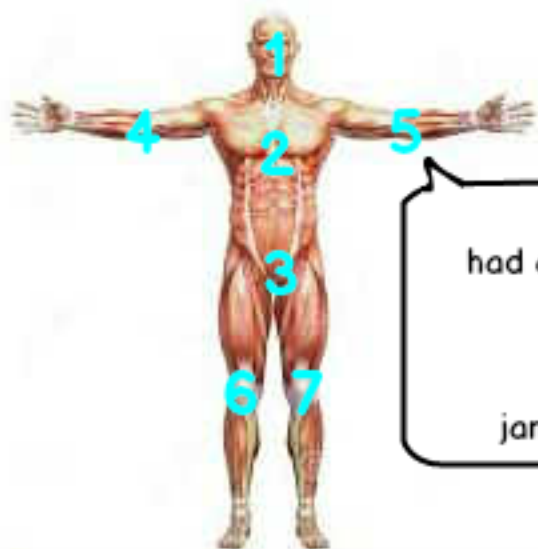
Schedule

Package

Merchandise

Docs

Communications



Left hand
had a surgery to fix broken wrist - 3 May
1996

Index finger
jammed playing bball - 15 April 2003

General Health

Surgery ☐ Yes

When



Why



Pilates Studio A

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General Health

Surgery ☐ Yes

When



Why

Blood Pressure

Diabetic ☐ Yes

Other



Pilates Studio A

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Profession :
Hobby

Architect

Basket ball

Singing



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Session

[1](#) | [2](#) | [3](#) | [4](#) | [5](#) | [6](#) | [7](#) | [8](#) | [9](#) | [10](#)

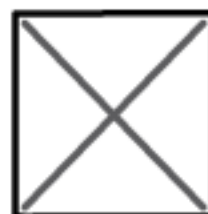
Front



Back



Left



Right

75 Kg
155 cm

Taken on 23 Jun 2006

Comment

Target

Target Date



<http://pis.co.id>

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1 | [2](#) | [3](#) | [4](#) | [5](#)

Front

Comment

Target

Target Date

Target

Target Date

 / / 

Add milestones

Milestones 1

Date

 / /

Milestones 2

Date

 / /

Ok

Cancel

75 Kg
155 cm



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FEBRUARY 2019						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2
3	4	5	6	7	8	9

[Book a session](#)

Blue circle = today
Green circle = planned day
Each green circle is clickable to a
daily detailed plan



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John Doe



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Package Available ▾

Total 10 Sessions

Remaining 3 Sessions

Trainers ▾

/ /

Book

Cancel

S

M

27

28

3

4

10

11

17

18

24

25

3

4

Total

10 Sessions

Remaining

3 Sessions

Trainers

/ /

Book

Cancel

F

S

1

2

8

9

15

16

22

23

1

2

8

9

[Book a session](#)

Calendar will show only available
date and time for selected trainer



Pilates Studio A

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Package A

 purchase date 23 Feb 2017

10 Sessions

Remaining sessions : 5

No	Date	Time	Trainer
1	23 Feb 2017	08:00	Ben
2	1 Mar 2017	10:00	Simon
3	3 Mar 2017	10:00	Ben
4	15 Mar 2017	15:00	Ben
5	18 Mar 2017	08:00	Ben

Package BC

 purchase date 13 Nov 2016

10 Sessions

Package A

10 Sessions

IDR 2,000,000.00

Valid for 12 months

Trainer Zack, 12 years exp

[Details](#)

Package B

5 Sessions

IDR 2,000,000.00

Valid for 12 months

Trainer Greg, 12 years exp

[Details](#)



Pilates Studio

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Merchandise

Docs

Communications

Package A

10 Sessions
Remaining

No	Date
1	23 Feb 2017
2	1 Mar 2017
3	3 Mar 2017
4	15 Mar 2017
5	18 Mar 2017

Package A

Weight Loss Program

A 10 weeks program to get rid of your fat belly



Trainer Simon, with more than 15 years of experience in fitness industry. He had successfully blast in total more than 150 kgs.

With extensive exposure in Body Combat, Ballet, and Zumba, Simon is more than capable in bringing you to your ideal weight.

[Buy](#)[Cancel](#)

Package A

Sessions

R 2,000,000.00

Valid for 12 months

Trainer Zack, 12 years exp

[Details](#)

Package B

Sessions

R 2,000,000.00

Valid for 12 months

Trainer Greg, 12 years exp

[Details](#)

Package BC

purchase date 13 Nov 2016

10 Sessions