```
# ForVsWhile.py
""" Looks at while-loop solutions and for-loop solutions that
are equivalent.
print '\nThe first 5 positive integers via a for-loop:\n'
for k in range(1,6):
  print 'k = \%3d' \% k
print '\nThe first 5 positive integers via a while-loop:\n'
k = 1
while(k \le 5):
  print 'k = \%3d' \% k
  k = k+1
print '\nThe first 5 odd positive integers via a for-loop:\n'
for k in range(1,10,2):
  print 'k = \%3d' \% k
print '\nThe first 5 oddpositive integers via a while-loop:\n'
k = 1
while(k \le 10):
  print 'k = \%3d' \% k
  k = k+2
print '\nThe first 5 odd positive integers via a for-loop:\n'
for k in range(5,0,-1):
  print 'k = \%3d' \% k
print '\nThe first 5 oddpositive integers via a while-loop:\n'
k = 5
while(k>0):
  print 'k = \%3d' \% k
  k = k-1
print \nCount from 100 down to 30 in steps of -10 via a for-loop:\n'
for k in range(100,20,-10):
  print 'k = \%3d' \% k
print \nCount from 100 down to 30 in steps of -10 via a while-loop:\n'
k = 100
while(k \ge 30):
  print 'k = \%3d' \% k
  k = k-10
```